

NBL Track & Field Championship - 5/1/2019 to 5/3/2019

Montgomery High School

Results

Event 1 Girls 4x100 Meter Relay Varsity

49.72 NCS At-Large

Team	Relay	Finals
Finals		
1 Santa Rosa		50.55
1) Zamora, Izel 12	2) Keelty, Bria 12	
3) Schroth, Kassidy 9	4) Wong, Anastasia 10	
2 Maria Carrillo		51.56
1) Adams, Shanti 11	2) Madsen, McKenzie 12	
3) Ouye, Lianah 11	4) Murphy, Francena 10	
3 Rancho Cotate		51.83
1) Soriano, Kelly 11	2) Whitley, Anevay 9	
3) Monroe, Madison 10	4) Auriol, Lois 10	
4 Windsor		52.24
1) Schultz, Savannah 11	2) Chavez, Isabela 10	
3) Campos, Kendall 11	4) Johnson, Emily 10	
5 Ukiah		53.04
1) Clark, Morgan 12	2) Consterdine, Hana 11	
3) Ruffin, Kianna 9	4) Ruffin, Emylia 10	
6 Montgomery		53.47
1) Jones, Mya 10	2) Haley, Emma 12	
3) Dueck, Jessica 11	4) Kelley, Kira 11	
7 El Molino		56.20
1) Fuentes, Kathy 10	2) Posner, Adyson 11	
3) Saunders, Alicia 11	4) Martinez, Jackey 12	

Event 2 Boys 4x100 Meter Relay Varsity

43.23 NCS At-Large

Team	Relay	Finals
Finals		
1 Rancho Cotate		44.24
1) Holzmman, Noah 10	2) Luis, Jay 12	
3) Betti, Dominic 11	4) Reagan, James 11	
2 El Molino		44.93
1) Wilson, Sam 12	2) Stringfellow, Wyatt 12	
3) Ransome, Ethan 11	4) Ransome, Finn 11	
3 Santa Rosa		44.94
1) McAnulty, Travis 11	2) Glascock, Brayden 12	
3) Stringer-Stein, Jonathan 11	4) Dethlefsen, Josef 12	
4 Montgomery		45.94
1) Hurd, Garrett 12	2) Carusone, Jacob 10	
3) Alvarado, Brandon 12	4) Folds, Damen 10	
5 Maria Carrillo		46.70
1) Chen, Ethan 11	2) Shaw, Jeremiah 10	
3) Richards, Jack 10	4) Wood, Cody 10	
6 Elsie Allen		47.98
1) Duong, Alan 12	2) Ingham, Dylan 12	
3) Udarbe, John 12	4) Corrales, Leo 9	
--- Windsor		DNF
1) Manalac, Ralph 12	2) Sievers, Jake 11	
3) Sandwina, Max 11	4) Howley, Jaxson 9	

Event 3 Girls 1600 Meter Run Varsity

5:05.78 NCS At-Large

Name	Yr	School	Finals
Finals			
1 Peterson, Gabrielle	12	Healdsburg	4:49.34 NCS
2 Atkins, Sierra	12	Analy	4:51.84 NCS
3 Armstrong, Aimee	12	Maria Carril	5:12.27
4 Hirth, Jasmin	11	Maria Carril	5:15.20
5 Morris, Nicole	10	Maria Carril	5:16.17
6 Briceno, Mariah	11	Montgomery	5:30.40
7 Cohen-Sandler, Hannah	11	Maria Carril	5:31.39
8 Chung, Lilja	9	Windsor	5:36.53
9 Bozeman, Natalie	12	Healdsburg	5:39.87
10 Jensen, Anahita	10	Maria Carril	5:40.12
11 Howell, Sedona	12	Santa Rosa	5:40.67
12 Loe, Ruby	9	Piner	5:45.12
13 Swoboda, Alexis	12	Ukiah	5:47.88
14 Colvin, Abbey	10	Montgomery	5:50.32
15 O'Mara, Erin	11	Windsor	5:50.69
16 Smith, Ava	11	Windsor	5:50.78
17 Moessing, Audrey	11	Maria Carril	5:53.54
18 Quintero, Elisa	9	Piner	6:03.58
19 Fassett, Sienna	9	El Molino	6:04.48
20 Olivares, Fatima	12	Piner	6:05.26
21 Johnson, Kristianna	9	Piner	6:16.77
22 Velasco, Deisy	12	Healdsburg	6:25.40

Event 4 Boys 1600 Meter Run Varsity

4:23.52 NCS At-Large

Name	Yr	School	Finals
Finals			
1 Swinth, Colton	11	Maria Carril	4:22.91 NCS
2 Godinez, Dante	12	Healdsburg	4:23.01 NCS
3 Chung, Lucas	12	Windsor	4:23.30 NCS
4 Kapustka, Pierce	11	Maria Carril	4:23.76
5 Smail, Rory	11	Maria Carril	4:24.21
6 Engel, Andrew	11	Santa Rosa	4:27.33
7 Vanden Heuvel, Jack	10	Healdsburg	4:31.99
8 Pugh, Owen	11	Maria Carril	4:35.14
9 Vieyra, Noe	9	Maria Carril	4:36.33
10 Larson, Hunter	11	Windsor	4:40.86
11 Ledesma, Daniel	11	Montgomery	4:46.68
12 Tran, Tyler	9	Piner	4:47.40
13 Delgado, Emmanuel	12	Piner	4:47.82
14 McAlister, Landon	10	Windsor	4:48.80
15 Prado, Mario	10	Cardinal New	4:49.16
16 Rodriguez, Oswaldo	9	Maria Carril	4:49.33
17 Ingham, Dylan	12	Elsie Allen	4:49.68
18 Pickle, Jack	11	Maria Carril	4:50.18
19 Thompson, Joey	9	Analy	4:50.53
20 Ball, Ryan	12	Piner	4:51.66
21 Gaspar, Addison	12	Piner	4:51.98
22 Tesfamichael, Kibreab	11	Montgomery	4:51.99
23 Carter, Zack	12	Ukiah	4:53.28
24 Chauvin, Jake	12	El Molino	4:54.75

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Results

Finals ... (Event 4 Boys 1600 Meter Run Varsity)

Name	Yr	School	Finals
25 Hayes, Nathan	12	Piner	4:55.35
26 Jones, Joshua	12	Montgomery	4:58.55
27 Mezey, Tyler	11	Piner	4:58.81
28 Fleischer, Kyle	11	Santa Rosa	5:03.41
29 Dankowski, Jameson	9	Healdsburg	5:09.42
30 Dalsing, Hayden	10	Montgomery	5:11.92
--- Smith, Dustin	9	Windsor	DQ

Event 5 Girls 100 Meter Hurdles Varsity

15.71 NCS At-Large

Name	Yr	School	Finals
Finals			
1 Gutierrez, Susie	12	Healdsburg	16.57 2.0
2 Daffeh, Aminata	12	Santa Rosa	16.71 2.0
3 Williams, Anika	12	Santa Rosa	16.84 2.0
4 Rosales, Cynthia	12	Piner	17.62 2.0
5 Wild, Allison	12	Rancho Cotat	17.70 2.0
6 Naro, Kathleen	12	Rancho Cotat	18.06 2.0
7 Orosz, Beth	10	Maria Carril	18.22 2.0
8 Beck, Fayola	9	Montgomery	18.27 2.0
9 Serrano, Audrey	10	El Molino	18.31 3.1
10 Consterdine, Hana	11	Ukiah	18.50 3.1
11 Clark, Morgan	12	Ukiah	19.39 3.1
12 Kinderman, Ella	12	El Molino	19.83 3.1
--- Hernandez, Luisa	11	Rancho Cotat	DNS 3.1
--- McCabe, Lauren	11	Windsor	DNS 3.1
--- Kryczek, Peyton	12	Santa Rosa	DNS 3.1

Event 6 Boys 110 Meter Hurdles Varsity

15.60 NCS At-Large

Name	Yr	School	Finals
Finals			
1 Rodrigues, Xavier	11	Maria Carril	15.15 NCS
2 Glascock, Brayden	12	Santa Rosa	15.17 NCS
3 Manalac, Ralph	12	Windsor	15.69 2.9
4 Ainlay, Kevin	11	Piner	15.97 2.9
5 Dethlefsen, Josef	12	Santa Rosa	15.98 2.9
6 McLaughlin, Scott	12	Windsor	15.99 2.9
7 Palengat, Bowen	12	Rancho Cotat	16.06 2.8
8 Manning, Alex	9	Santa Rosa	16.16 2.9
9 George, Jaymon	9	Montgomery	16.22 2.9
10 Hurd, Grant	10	Montgomery	17.51 2.8
11 Maltby, Jake	10	Montgomery	18.09 2.8
--- Pagan, Nicholas	11	Windsor	DQ 2.8

Event 7 Girls 400 Meter Dash Varsity

59.93 NCS At-Large

Name	Yr	School	Finals
Finals			
1 Zamora, Izel	12	Santa Rosa	59.93 NCS
2 Windsor, Madeline	11	Analy	60.09
3 Broome, Jeanne	10	El Molino	61.04
4 Keelty, Bria	12	Santa Rosa	61.77
5 Madsen, McKenzie	12	Maria Carril	61.79

6 Monroe, Madison	10	Rancho Cotat	62.19
7 Ruffin, Kianna	9	Ukiah	62.25
8 Hermesen, Zoe	12	Maria Carril	62.77
9 Rowe, Kiely	12	Maria Carril	62.89
10 Dawson, Carolina	9	Analy	63.25
11 Pignataro, Jayda	11	Windsor	64.29
12 Niehaus, Alex	11	Cardinal New	65.33
13 Edwards, Sarah	11	Santa Rosa	66.28
14 Jones, Mya	10	Montgomery	67.12
15 Velasquez, Isabelle	12	El Molino	69.15
16 Kellar, Sakura	12	El Molino	70.73

Event 8 Boys 400 Meter Dash Varsity

50.31 NCS At-Large

Name	Yr	School	Prelims
Preliminaries			
1 Patterson, Justin	11	Cardinal New	50.63Q
2 Ramirez, Severin	12	Maria Carril	51.02Q
3 Van Arden, Tyler	12	Maria Carril	51.79Q
4 Corday, Vince	12	Windsor	52.27q
5 Stringer-Stein, Jonathan	11	Santa Rosa	53.50q
6 Hurd, Garrett	12	Montgomery	53.56q
7 Felix, Jeremy	12	Healdsburg	53.70q
8 Kooba, Jack	12	Healdsburg	53.88q
9 Davis, Cameron	12	Rancho Cotat	54.21q
10 Betti, Dominic	11	Rancho Cotat	54.72q
11 Bugica, Valentino	10	Windsor	55.08q
12 Berna, Soul	10	El Molino	55.27q
13 Howley, Jaxson	9	Windsor	55.98q
14 Cionci, John	11	Windsor	56.09q
15 Tucker, Gabriel	10	Montgomery	56.61q
16 Cibrian, Jacob	10	El Molino	58.43q
17 Shaw, Jaydon	9	Montgomery	59.27
--- Isack, Yonatan	11	Piner	DNS

Event 8 Boys 400 Meter Dash Varsity

50.31 NCS At-Large

Name	Yr	School	Finals
Finals			
1 Ramirez, Severin	12	Maria Carril	49.65 NCS
2 Patterson, Justin	11	Cardinal New	50.09 NCS
3 Van Arden, Tyler	12	Maria Carril	51.50
4 Corday, Vince	12	Windsor	52.05
5 Hurd, Garrett	12	Montgomery	52.95
6 Stringer-Stein, Jonathan	11	Santa Rosa	53.11
7 Berna, Soul	10	El Molino	54.42
8 Felix, Jeremy	12	Healdsburg	54.64
9 Kooba, Jack	12	Healdsburg	54.74
10 Davis, Cameron	12	Rancho Cotat	54.90
11 Betti, Dominic	11	Rancho Cotat	55.68
12 Bugica, Valentino	10	Windsor	55.85
13 Tucker, Gabriel	10	Montgomery	56.16
14 Howley, Jaxson	9	Windsor	56.22
15 Cionci, John	11	Windsor	56.89
16 Cibrian, Jacob	10	El Molino	58.22

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Event 9 Girls 100 Meter Dash Varsity

12.55 NCS At-Large

Name	Yr	School	Prelims
Preliminaries			
1 Schroth, Kassidy	9	Santa Rosa	12.72Q-0.7
2 Chavez, Isabela	10	Windsor	12.80Q1.4
3 Ruffin, Emylia	10	Ukiah	13.02Q2.4
4 Auriol, Lois	10	Rancho Cotat	13.12Q1.3
5 Campos, Kendall	11	Windsor	13.01q 1.4
6 Murphy, Francena	10	Maria Carril	13.06q 2.4
7 Adams, Shanti	11	Maria Carril	13.21q -0.7
8 Gregorio, Lauren	12	Piner	13.21q 1.3
9 Wong, Anastasia	10	Santa Rosa	13.27q 1.4
10 Gutierrez, Susie	12	Healdsburg	13.35q 1.3
11 Whitley, Anevay	9	Rancho Cotat	13.39q 1.3
12 Ouye, Lianah	11	Maria Carril	13.42q 2.4
13 Bonzi, Jenna	10	Cardinal New	13.46q -0.7
14 Soriano, Kelly	11	Rancho Cotat	13.55q 2.4
15 Dueck, Jessica	11	Montgomery	13.61q 1.3
16 Kelley, Kira	11	Montgomery	13.81q 1.4
17 Gierok, Epiphany	11	Maria Carril	13.90 2.4
18 Cargill, Avery	12	Cardinal New	13.91 1.4
19 Fuentes, Kathy	10	El Molino	13.97 1.4
20 Posner, Adyson	11	El Molino	14.04 2.4
21 Parr, Juliette	9	Windsor	14.14 1.3
22 Melman, Amy	10	Analy	14.22 -0.7
23 Galvan, Isabelle	11	Healdsburg	14.41 -0.7
24 Saunders, Alicia	11	El Molino	15.21 -0.7
--- Vadrnawale, Alesi	9	Rancho Cotat	DNS -0.7

Event 9 Girls 100 Meter Dash Varsity

12.55 NCS At-Large

Name	Yr	School	Finals
Finals			
1 Schroth, Kassidy	9	Santa Rosa	12.48 NCS
2 Chavez, Isabela	10	Windsor	12.57 2.3
3 Campos, Kendall	11	Windsor	12.85 2.3
4 Auriol, Lois	10	Rancho Cotat	12.97 2.3
5 Wong, Anastasia	10	Santa Rosa	13.01 3.6
6 Murphy, Francena	10	Maria Carril	13.03 2.3
7 Adams, Shanti	11	Maria Carril	13.21 2.3
8 Gutierrez, Susie	12	Healdsburg	13.28 3.6
9 Gregorio, Lauren	12	Piner	13.29 2.3
10 Whitley, Anevay	9	Rancho Cotat	13.36 3.6
11 Dueck, Jessica	11	Montgomery	13.47 3.6
12 Bonzi, Jenna	10	Cardinal New	13.53 3.6
13 Ruffin, Emylia	10	Ukiah	13.53 2.3
14 Ouye, Lianah	11	Maria Carril	13.54 3.6
15 Kelley, Kira	11	Montgomery	13.63 3.6
16 Soriano, Kelly	11	Rancho Cotat	13.81 3.6

Event 10 Boys 100 Meter Dash Varsity

11.10 NCS At-Large

Name	Yr	School	Prelims
Preliminaries			
1 Luis, Jay	12	Rancho Cotat	11.41Q1.3
2 Holzmman, Noah	10	Rancho Cotat	11.41Q1.3
3 Sandwina, Max	11	Windsor	11.43Q2.9
4 Sievers, Jake	11	Windsor	11.65Q3.4
5 Ball, Reanne	12	Piner	11.72Q1.9
6 Kooba, Jack	12	Healdsburg	11.50q 1.3
7 Wood, Cody	10	Maria Carril	11.55q 1.3
8 Ransome, Ethan	11	El Molino	11.63q 1.3
9 Richards, Jack	10	Maria Carril	11.64q 1.3
10 Folds, Damen	10	Montgomery	11.67q 2.9
11 Stringfellow, Wyatt	12	El Molino	11.68q 1.3
12 Nguyen, Minh	11	Piner	11.71q 3.4
13 Reagan, James	11	Rancho Cotat	11.82q 2.9
14 Wilson, Sam	12	El Molino	11.83q 1.9
15 Peralta Fernandez, Fabian	9	Maria Carril	11.85q 2.9
16 Maurer-Mabanglo, Noa	10	Montgomery	11.86q 2.9
17 Ortiz Martinez, Delon	10	Rancho Cotat	11.94 1.9
18 Carusone, Jacob	10	Montgomery	11.96 2.9
19 Corrales, Leo	9	Elsie Allen	11.99 3.4
20 Reagan, Brian	11	Rancho Cotat	12.01 1.9
21 McAnulty, Travis	11	Santa Rosa	12.09 3.4
22 Vasquez-Mendoza, Xzavier	11	Healdsburg	12.14 3.4
23 Shaw, Jeremiah	10	Maria Carril	12.15 1.3
23 Chen, Ethan	11	Maria Carril	12.15 3.4
25 Maltby, Jake	10	Montgomery	12.20 1.3
26 Murayami, Sato	12	Windsor	12.23 1.9
27 Duong, Alan	12	Elsie Allen	12.25 1.3
28 Yopez, Giovanni	12	Montgomery	12.26 1.3
29 Lorenzo, Justin	9	Montgomery	12.41 1.3
30 Rankin, Rasheed	11	Rancho Cotat	12.56 1.3
31 Udarbe, John	12	Elsie Allen	12.66 1.9
32 Vasquez, Julian	12	Ukiah	12.93 3.4
33 Ransome, Finn	11	El Molino	15.41 1.3
--- Cauckwell, Jasper	11	Ukiah	FS 2.9
--- Chris, Dow	10	Healdsburg	DNS 2.9
--- Fernandez, Jaden	10	Windsor	DNS 3.4
--- Prince, Jalen	12	Santa Rosa	DNS 1.9
--- Bailey, Robert	12	Santa Rosa	DNS 1.9

Event 10 Boys 100 Meter Dash Varsity

11.10 NCS At-Large

Name	Yr	School	Finals
Finals			
1 Sandwina, Max	11	Windsor	11.30 2.5
2 Luis, Jay	12	Rancho Cotat	11.37 2.5
3 Holzmman, Noah	10	Rancho Cotat	11.40 2.5
4 Nguyen, Minh	11	Piner	11.49 2.5
5 Wood, Cody	10	Maria Carril	11.50 2.5
6 Kooba, Jack	12	Healdsburg	11.51 2.5
7 Stringfellow, Wyatt	12	El Molino	11.55 2.5

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Finals ... (Event 10 Boys 100 Meter Dash Varsity)

Name	Yr	School	Finals
8 Ball, Reanne	12	Piner	11.59 2.5
9 Sievers, Jake	11	Windsor	11.60 2.5
10 Ransome, Ethan	11	El Molino	11.64 2.5
11 Reagan, James	11	Rancho Cotat	11.66 2.5
12 Richards, Jack	10	Maria Carril	11.75 2.5
13 Peralta Fernandez, Fabian	9	Maria Carril	11.77 2.5
14 Folds, Damen	10	Montgomery	11.78 2.5
15 Wilson, Sam	12	El Molino	11.83 2.5
16 Maurer-Mabanglo, Noa	10	Montgomery	11.85 2.5

Event 11 Girls 800 Meter Run Varsity

2:20.56 NCS At-Large

Name	Yr	School	Finals
Finals			
1 Peterson, Gabrielle	12	Healdsburg	2:15.23 NCS
2 Atkins, Sierra	12	Analy	2:19.03 NCS
3 Armstrong, Aimee	12	Maria Carril	2:19.42 NCS
4 Haley, Leah	12	Montgomery	2:19.63 NCS
5 Dawson, Carolina	9	Analy	2:23.21
6 Pignataro, Jayda	11	Windsor	2:26.16
7 Hirth, Jasmin	11	Maria Carril	2:26.72
8 Duffy, Caroline	12	Santa Rosa	2:27.98
9 Leano, Talia	12	Maria Carril	2:29.82
10 Cohen-Sandler, Hannah	11	Maria Carril	2:30.57
11 Hale, Jacqueline	12	Santa Rosa	2:31.91
12 Pehlke, Shelby	10	Maria Carril	2:33.69
13 Jensen, Anahita	10	Maria Carril	2:35.90
14 Briceno, Mariah	11	Montgomery	2:36.53
15 Colvin, Abbey	10	Montgomery	2:36.68
16 Loe, Ruby	9	Piner	2:40.28
17 Civello, Ellie	12	Maria Carril	2:40.80
18 Howell, Sedona	12	Santa Rosa	2:41.23
19 Moessing, Audrey	11	Maria Carril	2:41.77
20 Bozeman, Natalie	12	Healdsburg	2:43.68
21 Quintero, Elisa	9	Piner	2:50.40

Event 12 Boys 800 Meter Run Varsity

1:57.78 NCS At-Large

Name	Yr	School	Finals
Finals			
1 Godinez, Dante	12	Healdsburg	1:59.01
2 Swinth, Colton	11	Maria Carril	2:00.99
3 Schott, Conor	12	Santa Rosa	2:01.40
4 McCloud, William	12	Maria Carril	2:01.63
5 Kapustka, Pierce	11	Maria Carril	2:02.67
6 Luong, Austin	11	Piner	2:02.84
7 Vanden Heuvel, Jack	10	Healdsburg	2:03.26
8 Dierke, Alec	11	Analy	2:03.81
9 Pickle, Jack	11	Maria Carril	2:04.06
10 Alvarado, Brandon	12	Montgomery	2:04.23
11 McCorquodale, Adam	9	Maria Carril	2:06.53
12 Vieyra, Noe	9	Maria Carril	2:07.31
13 Ingham, Dylan	12	Elsie Allen	2:08.04
14 Aguayo, Joshua	10	Windsor	2:08.24

15 Ledesma, Daniel	11	Montgomery	2:10.61
16 Tran, Tyler	9	Piner	2:10.80
17 Jones, Joshua	12	Montgomery	2:11.33
18 Ball, Ryan	12	Piner	2:11.50
19 Tesfamichael, Kibreab	11	Montgomery	2:12.58
20 Carter, Zack	12	Ukiah	2:13.10
21 Cionci, John	11	Windsor	2:16.48
22 Gaspar, Addison	12	Piner	2:20.38
--- Rodriguez, Oswaldo	9	Maria Carril	DNF
--- Dalsing, Hayden	10	Montgomery	DQ
--- Phillips, Cassius	12	El Molino	DNS

Event 13 Girls 300 Meter Hurdles Varsity

46.49 NCS At-Large

Name	Yr	School	Prelims
Preliminaries			
1 Dural, Aysia	10	Cardinal New	48.74Q
2 Haley, Leah	12	Montgomery	49.23Q
3 Williams, Anika	12	Santa Rosa	50.18Q
4 Rosales, Cynthia	12	Piner	49.00q
5 Boyd, Alyssa	9	Maria Carril	50.28q
6 Gutierrez, Susie	12	Healdsburg	50.63q
7 Beck, Fayola	9	Montgomery	52.19q
8 Pignataro, Jayda	11	Windsor	52.99q
9 Serrano, Audrey	10	El Molino	53.27q
10 Wild, Allison	12	Rancho Cotat	53.39q
11 Clark, Morgan	12	Ukiah	53.65q
12 Bruce, Eliana	10	Santa Rosa	53.79q
13 Naro, Kathleen	12	Rancho Cotat	53.97q
14 Rowe, Kiely	12	Maria Carril	54.62q
15 Kinderman, Ella	12	El Molino	54.91q
16 Lopez, Lilia	12	Healdsburg	57.46q
17 Hernandez, Luisa	11	Rancho Cotat	60.04
--- McCabe, Lauren	11	Windsor	DNF

Event 13 Girls 300 Meter Hurdles Varsity

46.49 NCS At-Large

Name	Yr	School	Finals
Finals			
1 Dural, Aysia	10	Cardinal New	49.13
2 Williams, Anika	12	Santa Rosa	49.15
3 Boyd, Alyssa	9	Maria Carril	50.10
4 Rosales, Cynthia	12	Piner	50.16
5 Gutierrez, Susie	12	Healdsburg	50.19
6 Haley, Leah	12	Montgomery	50.76
7 Beck, Fayola	9	Montgomery	51.72
8 Serrano, Audrey	10	El Molino	52.57
9 Wild, Allison	12	Rancho Cotat	53.20
10 Clark, Morgan	12	Ukiah	53.81
11 Bruce, Eliana	10	Santa Rosa	54.35
12 Kinderman, Ella	12	El Molino	54.96
13 Naro, Kathleen	12	Rancho Cotat	56.54
14 Rowe, Kiely	12	Maria Carril	57.84
15 Lopez, Lilia	12	Healdsburg	61.42
16 Pignataro, Jayda	11	Windsor	62.32

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Results

Event 14 Boys 300 Meter Hurdles Varsity

40.79 NCS At-Large

Name	Yr	School	Finals
Finals			
1	Glascok, Brayden	12 Santa Rosa	38.76 NCS
2	Palengat, Bowen	12 Rancho Cotat	41.69
3	Ransome, Ethan	11 El Molino	41.85
4	Corday, Vince	12 Windsor	42.35
5	George, Jaymon	9 Montgomery	43.03
6	Ainlay, Kevin	11 Piner	43.14
7	Dethlefsen, Josef	12 Santa Rosa	43.28
8	Duffy, Ryan	12 Cardinal New	43.49
9	Manalac, Ralph	12 Windsor	43.75
10	Pragasa, Brandon	12 Maria Carril	45.58
11	Manning, Alex	9 Santa Rosa	46.93
12	Bugica, Valentino	10 Windsor	47.05
13	Hurd, Grant	10 Montgomery	47.93
14	Below, Walker	9 Maria Carril	48.49
15	Maltby, Jake	10 Montgomery	48.54
---	Chang, Joshua	12 Maria Carril	DNS

Event 15 Girls 200 Meter Dash Varsity

25.60 NCS At-Large

Name	Yr	School	Prelims
Preliminaries			
1	Schroth, Kassidy	9 Santa Rosa	26.38Q0.8
2	Zamora, Izel	12 Santa Rosa	26.57Q2.6
3	Chavez, Isabela	10 Windsor	26.66Q2.6
4	Monroe, Madison	10 Rancho Cotat	27.12Q1.4
5	Campos, Kendall	11 Windsor	26.74q 0.8
6	Dural, Aysia	10 Cardinal New	27.21q 2.6
7	Murphy, Francena	10 Maria Carril	27.32q 0.8
8	Ruffin, Kianna	9 Ukiah	27.43q 1.4
9	Windsor, Madeline	11 Analy	27.43q 2.6
10	Adams, Shanti	11 Maria Carril	27.46q 2.6
11	Wong, Anastasia	10 Santa Rosa	27.50q 2.6
12	Niehaus, Alex	11 Cardinal New	27.51q 2.6
13	Ruffin, Emylia	10 Ukiah	27.85q 1.4
14	Ouye, Lianah	11 Maria Carril	28.15q 0.8
15	Gregorio, Lauren	12 Piner	28.20q 1.4
16	Whitley, Anevay	9 Rancho Cotat	28.40q 2.6
17	Bonzi, Jenna	10 Cardinal New	28.78 0.8
18	Fuentes, Kathy	10 El Molino	28.88 2.6
19	Kelley, Kira	11 Montgomery	29.07 2.6
20	Melman, Amy	10 Analy	29.34 1.4
21	Velasquez, Isabelle	12 El Molino	29.82 2.6
22	Martinez, Jackey	12 El Molino	30.61 0.8
23	Kellar, Sakura	12 El Molino	31.39 2.6
---	Galvan, Isabelle	11 Healdsburg	DNS 0.8
---	Schultz, Savannah	11 Windsor	DNS 1.4
---	Vadranwale, Alesi	9 Rancho Cotat	DNS 2.6

Event 15 Girls 200 Meter Dash Varsity

25.60 NCS At-Large

Name	Yr	School	Finals
Finals			
1	Schroth, Kassidy	9 Santa Rosa	26.18 1.5
2	Campos, Kendall	11 Windsor	26.48 1.5
3	Zamora, Izel	12 Santa Rosa	26.57 1.5
4	Chavez, Isabela	10 Windsor	26.63 1.5
5	Dural, Aysia	10 Cardinal New	26.86 1.5
6	Murphy, Francena	10 Maria Carril	27.21 1.5
7	Monroe, Madison	10 Rancho Cotat	27.31 1.5
8	Wong, Anastasia	10 Santa Rosa	27.40 1.0
9	Windsor, Madeline	11 Analy	27.51 1.0
10	Adams, Shanti	11 Maria Carril	27.54 1.0
11	Ruffin, Kianna	9 Ukiah	27.59 1.5
12	Niehaus, Alex	11 Cardinal New	27.60 1.0
13	Ruffin, Emylia	10 Ukiah	27.87 1.0
14	Ouye, Lianah	11 Maria Carril	28.07 1.0
15	Gregorio, Lauren	12 Piner	28.10 1.0
---	Whitley, Anevay	9 Rancho Cotat	DNS 1.0

Event 16 Boys 200 Meter Dash Varsity

22.49 NCS At-Large

Name	Yr	School	Prelims
Preliminaries			
1	Patterson, Justin	11 Cardinal New	23.02Q2.1
2	Luis, Jay	12 Rancho Cotat	23.34Q2.1
3	Sandwina, Max	11 Windsor	23.56Q2.3
4	Betti, Dominic	11 Rancho Cotat	23.66Q1.9
5	Holzmann, Noah	10 Rancho Cotat	24.32Q0.8
6	Cauckwell, Jasper	11 Ukiah	23.58q 2.3
7	Wood, Cody	10 Maria Carril	23.78q 1.9
8	Ball, Reanne	12 Piner	23.85q 2.1
9	Nguyen, Minh	11 Piner	23.94q 2.3
10	Kooba, Jack	12 Healdsburg	24.05q 2.1
11	Richards, Jack	10 Maria Carril	24.20q 1.9
12	Stringer-Stein, Jonathan	11 Santa Rosa	24.40q 0.8
13	Peralta Fernandez, Fabian	9 Maria Carril	24.41q 2.1
14	Davis, Cameron	12 Rancho Cotat	24.44q 1.9
15	Cibrian, Jacob	10 El Molino	24.51q 2.1
16	McAnulty, Travis	11 Santa Rosa	24.66q 1.9
17	Sievers, Jake	11 Windsor	24.72 2.1
18	Duong, Alan	12 Elsie Allen	24.73 2.3
19	Felix, Jeremy	12 Healdsburg	24.89 0.8
20	Corrales, Leo	9 Elsie Allen	24.91 2.1
21	Coogan, Dallas	9 Cardinal New	24.94 2.3
22	Wilson, Sam	12 El Molino	25.02 0.8
23	Ransome, Finn	11 El Molino	25.04 2.1
24	Shaw, Jeremiah	10 Maria Carril	25.12 0.8
25	Vasquez-Mendoza, Xzavier	11 Healdsburg	25.13 2.3
26	Nicholls, Chase	12 El Molino	25.16 2.1
27	Costello, Truman	11 Healdsburg	25.47 0.8
28	Folds, Damen	10 Montgomery	25.59 2.1
29	Lorenzo, Justin	9 Montgomery	25.64 2.1

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Preliminaries ... (Event 16 Boys 200 Meter Dash Varsity)

Name	Yr	School	Prelims
30 Udarbe, John	12	Elsie Allen	26.31 2.3
31 Vasquez, Julian	12	Ukiah	26.98 1.9
--- Fernandez, Jaden	10	Windsor	DNS 0.8
--- Prince, Jalen	12	Santa Rosa	DNS 2.1
--- Murayami, Sato	12	Windsor	DNS 1.9
--- Chris, Dow	10	Healdsburg	DNS 2.1

Event 16 Boys 200 Meter Dash Varsity

22.49 NCS At-Large

Name	Yr	School	Finals
Finals			
1 Patterson, Justin	11	Cardinal New	22.52 1.5
2 Cauckwell, Jasper	11	Ukiah	23.08 1.5
3 Luis, Jay	12	Rancho Cotat	23.10 1.5
4 Sandwina, Max	11	Windsor	23.43 1.5
5 Betti, Dominic	11	Rancho Cotat	23.56 1.5
6 Wood, Cody	10	Maria Carril	23.62 1.5
7 Kooba, Jack	12	Healdsburg	23.67 1.3
8 Holzmman, Noah	10	Rancho Cotat	23.72 1.3
9 Nguyen, Minh	11	Piner	23.76 1.5
10 Stringer-Stein, Jonathan	11	Santa Rosa	24.08 1.3
11 Davis, Cameron	12	Rancho Cotat	24.08 1.3
12 Richards, Jack	10	Maria Carril	24.14 1.3
13 Peralta Fernandez, Fabian	9	Maria Carril	24.25 1.3
14 Cibrian, Jacob	10	El Molino	24.27 1.3
15 Ball, Reanne	12	Piner	24.34 1.5
16 McAnulty, Travis	11	Santa Rosa	24.45 1.3

Event 17 Girls 3200 Meter Run Varsity

11:03.09 NCS At-Large

Name	Yr	School	Finals
Finals			
1 Peterson, Gabrielle	12	Healdsburg	10:58.52 NCS
2 Morris, Nicole	10	Maria Carril	11:26.37
3 Field, Meghan	12	Maria Carril	12:07.66
4 Chung, Lilja	9	Windsor	12:09.52
5 Frandsen, Katrina	12	Santa Rosa	12:23.25
6 Swoboda, Alexis	12	Ukiah	12:26.27
7 Cohen-Sandler, Hannah	11	Maria Carril	12:27.96
8 O'Mara, Erin	11	Windsor	12:51.26
9 Olivares, Fatima	12	Piner	13:21.09
10 Johnson, Kristianna	9	Piner	13:23.12
11 Velasco, Deisy	12	Healdsburg	13:57.69
12 Fassett, Sienna	9	El Molino	14:25.64
--- L'Heureux, Amaris	12	Ukiah	DNS

Event 18 Boys 3200 Meter Run Varsity

9:27.28 NCS At-Large

Name	Yr	School	Finals
Finals			
1 Chung, Lucas	12	Windsor	9:32.63
2 Smail, Rory	11	Maria Carril	9:33.75
3 Engel, Andrew	11	Santa Rosa	9:49.05
4 Frankl, Harrison	12	Maria Carril	9:50.71

5 Donohue, Jacob	9 Maria Carril	9:54.37
6 Pugh, Owen	11 Maria Carril	9:54.98
7 Ettedgui, Elijah	11 Maria Carril	9:57.95
8 Alvarez-Hernandez, Omar	11 Maria Carril	10:01.52
9 McKamey, Andrew	10 Santa Rosa	10:09.13
10 Smith, Dustin	9 Windsor	10:10.90
11 Philip, Patrick	11 Maria Carril	10:11.26
12 Larson, Hunter	11 Windsor	10:17.59
13 Hayes, Nathan	12 Piner	10:23.43
14 Delgado, Emmanuel	12 Piner	10:25.77
15 Grams, Steven	10 Santa Rosa	10:28.94
16 Mezey, Tyler	11 Piner	10:35.47
17 Prado, Mario	10 Cardinal New	10:42.85
18 McAlister, Landon	10 Windsor	10:43.22
19 Fleischer, Kyle	11 Santa Rosa	10:45.32
20 Chauvin, Jake	12 El Molino	10:48.97
21 Thompson, Joey	9 Analay	10:52.36
22 Ingham, Dylan	12 Elsie Allen	10:59.43
23 Tesfamichael, Kibreab	11 Montgomery	11:01.79
24 Dankowski, Jameson	9 Healdsburg	11:12.37
--- Telfer, Hendrik	12 Ukiah	DNS

Event 19 Girls 4x400 Meter Relay Varsity

4:03.49 NCS At-Large

Team	Relay	Finals
Finals		
1 Santa Rosa		4:06.41
1) Schroth, Cassidy 9	2) Duffy, Caroline 12	
3) Keelty, Bria 12	4) Zamora, Izel 12	
2 Maria Carrillo		4:13.11
1) Hermesen, Zoe 12	2) Armstrong, Aimee 12	
3) Rowe, Kiely 12	4) Madsen, McKenzie 12	
3 Windsor		4:20.27
1) Campos, Kendall 11	2) Chavez, Isabela 10	
3) Pignataro, Jayda 11	4) Schultz, Savannah 11	
4 Montgomery		4:23.01
1) Kelley, Kira 11	2) Jones, Mya 10	
3) Briceno, Mariah 11	4) Haley, Leah 12	
5 El Molino		4:31.94
1) Velasquez, Isabelle 12	2) Kellar, Sakura 12	
3) Serrano, Audrey 10	4) Broome, Jeanne 10	
6 Healdsburg		4:45.71
1) Peterson, Gabrielle 12	2) Lopez, Lilia 12	
3) Bozeman, Natalie 12	4) Gutierrez, Susie 12	
--- Analay		DQ
1) Atkins, Sierra 12	2) Dawson, Carolina 9	
3) Melman, Amy 10	4) Windsor, Madeline 11	
--- Rancho Cotate		DNS
1) Monroe, Madison 10	2) Naro, Kathleen 12	
3) Soriano, Kelly 11	4) Wild, Allison 12	

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Event 20 Boys 4x400 Meter Relay Varsity

3:26.65 NCS At-Large

Team	Relay	Finals
Finals		
1 Healdsburg		3:30.67
1) Kooba, Jack 12	2) Vanden Heuvel, Jack 10	
3) Godinez, Dante 12	4) Felix, Jeremy 12	
2 Maria Carrillo		3:32.45
1) McCloud, William 12	2) Swinth, Colton 11	
3) Wood, Cody 10	4) Ramirez, Severin 12	
3 Montgomery		3:36.99
1) Alvarado, Brandon 12	2) Hurd, Garrett 12	
3) Ledesma, Daniel 11	4) Tucker, Gabriel 10	
4 Cardinal Newman		3:39.58
1) Duffy, Ryan 12	2) Coogan, Dallas 9	
3) Prado, Mario 10	4) Patterson, Justin 11	
5 Piner		3:40.39
1) Nguyen, Minh 11	2) Ball, Ryan 12	
3) Luong, Austin 11	4) Tran, Tyler 9	
6 El Molino		3:46.36
1) Ransome, Ethan 11	2) Nicholls, Chase 12	
3) Cibrian, Jacob 10	4) Berna, Soul 10	
7 Windsor		3:53.17
1) Aguayo, Joshua 10	2) Bugica, Valentino 10	
3) Cionci, John 11	4) Howley, Jaxson 9	
--- Santa Rosa		DQ
1) Stringer-Stein, Jonathan 11	2) Schott, Conor 12	
3) Glascock, Brayden 12	4) Bourdage, Rory 12	

Event 21 Girls High Jump Varsity

5-00.00 NCS At-Large

Name	Yr	School	Finals
Finals			
1 Barr, Natalie	10	Montgomery	4-10.00
2 Barr, Ashleigh	11	Montgomery	J4-10.00
3 Orosz, Beth	10	Maria Carril	J4-10.00
4 Burke, Evi	12	Santa Rosa	J4-10.00
5 Lerch, Sara	10	Rancho Cotat	J4-10.00
6 Knebel, Anna	11	Maria Carril	4-08.00
7 Joseph, Lael	10	Santa Rosa	4-06.00
8 Hilberman, Cassandra	10	Cardinal New	4-04.00
9 Loe, Ruby	9	Piner	J4-04.00
9 Rowe, Kiely	12	Maria Carril	J4-04.00
11 Ferrer, Laura	9	Windsor	4-02.00
12 Daniel, Ella	9	Windsor	J4-02.00
13 Kinderman, Ella	12	El Molino	4-00.00
--- Lopez, Lilia	12	Healdsburg	NH
--- Johnson, Kristianna	9	Piner	NH
--- Donlon, Julia	11	Cardinal New	NH
--- Alchemy, Grace	12	Santa Rosa	DNS

Event 22 Girls Pole Vault Varsity

10-08.00 NCS At-Large

Name	Yr	School	Finals
Finals			
1 Daffeh, Aminata	12	Santa Rosa	10-04.00
2 Keelty, Bria	12	Santa Rosa	10-00.00
3 Krasts, Thea	10	Ukiah	9-04.00
3 Murray, Faith	11	Maria Carril	9-04.00
5 Haley, Emma	12	Montgomery	9-00.00
6 Lakemoon, Lakemoon	9	Santa Rosa	8-04.00
7 Bruce, Eliana	10	Santa Rosa	J8-04.00
8 Fassett, Sienna	9	El Molino	J8-04.00
9 Kryczek, Peyton	12	Santa Rosa	8-00.00
10 Seibold, Shaylynn	11	Maria Carril	7-08.00
11 Simpson, Katie	10	Santa Rosa	7-02.00
--- Boyd, Alyssa	9	Maria Carril	NH
--- Serrano, Audrey	10	El Molino	NH
--- Cates, Emilie	10	Santa Rosa	DNS

Event 23 Girls Long Jump Varsity

16-07.75 NCS At-Large

Name	Yr	School	Prelims
Preliminaries			
1 Johnson, Emily	10	Windsor	16-07.25q NWI
2 Dural, Aysia	10	Cardinal New	16-00.50q NWI
3 Lakemoon, Lakemoon	9	Santa Rosa	15-08.75q 1.8
4 Gregorio, Lauren	12	Piner	15-07.75q 3.6
5 Costello, Hayley	12	Healdsburg	15-01.50q 1.8
6 Martinez, Jackey	12	El Molino	14-11.00q NWI
7 Auriol, Lois	10	Rancho Cotat	14-09.00q NWI
8 Madsen, McKenzie	12	Maria Carril	14-07.50q NWI
9 Ferrer, Laura	9	Windsor	14-03.00q NWI
10 McJunkins, Lily	11	Piner	14-02.75q 2.3
11 Sanchez, Secillia	11	Rancho Cotat	14-00.75q 2.2
12 Daniel, Ella	9	Windsor	14-00.00q NWI
13 Le Bechec, Juliette	11	Maria Carril	13-08.25q 2.0
14 Bruce, Eliana	10	Santa Rosa	13-07.25q NWI
15 Posner, Adyson	11	El Molino	13-06.50q NWI
16 Seibold, Shaylynn	11	Maria Carril	13-06.25q 3.6
17 Abraha, Lily	11	Montgomery	13-05.25 NWI
18 Parr, Juliette	9	Windsor	13-01.25 NWI
19 Hilberman, Cassandra	10	Cardinal New	12-08.00 1.1
--- Whitehall, Megan	12	Rancho Cotat	DNS NWI

Event 23 Girls Long Jump Varsity

16-07.75 NCS At-Large

Name	Yr	School	Finals
Finals			
1 Johnson, Emily	10	Windsor	16-09.75 NCS
2 Gregorio, Lauren	12	Piner	16-06.75 NWI
3 Dural, Aysia	10	Cardinal New	J16-06.75 NWI
4 Lakemoon, Lakemoon	9	Santa Rosa	16-06.00 NWI
5 Costello, Hayley	12	Healdsburg	15-10.25 NWI
6 Madsen, McKenzie	12	Maria Carril	15-08.75 NWI
7 Auriol, Lois	10	Rancho Cotat	15-03.50 NWI

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Finals ... (Event 23 Girls Long Jump Varsity)

Name	Yr	School	Finals
8 Le Behec, Juliette	11	Maria Carril	14-06.00 NWI
9 Martinez, Jackey	12	El Molino	14-04.00 NWI
10 McJunkins, Lily	11	Piner	14-03.75 NWI
11 Seibold, Shaylynn	11	Maria Carril	14-02.75 NWI
12 Posner, Adyson	11	El Molino	13-10.00 NWI
13 Bruce, Eliana	10	Santa Rosa	13-08.75 NWI
14 Ferrer, Laura	9	Windsor	13-03.75 NWI
15 Daniel, Ella	9	Windsor	12-07.75 NWI
--- Sanchez, Secillia	11	Rancho Cotat	DNS NWI

Event 24 Girls Triple Jump Varsity

35-05.25 NCS At-Large

Name	Yr	School	Finals
Finals			
1 Johnson, Emily	10	Windsor	34-02.00 NWI
2 Gregorio, Lauren	12	Piner	33-07.00 NWI
3 Lakemoon, Lakemoon	9	Santa Rosa	33-04.00 NWI
4 Costello, Hayley	12	Healdsburg	32-05.00 NWI
5 Sani, Cassidy	11	El Molino	31-05.00 NWI
6 Bruce, Eliana	10	Santa Rosa	31-02.00 NWI
7 Barr, Ashleigh	11	Montgomery	30-03.00 NWI
8 McJunkins, Lily	11	Piner	29-11.00 NWI
9 Le Behec, Juliette	11	Maria Carril	29-08.00 NWI
10 Posner, Adyson	11	El Molino	29-03.00 NWI
11 Seibold, Shaylynn	11	Maria Carril	28-08.00 NWI
12 Abraha, Lily	11	Montgomery	27-10.00 NWI
13 Kellar, Sakura	12	El Molino	27-09.00 NWI
14 Niehaus, Alex	11	Cardinal New	27-07.00 NWI
15 Hilberman, Cassandra	10	Cardinal New	24-11.00 NWI
--- Whitehall, Megan	12	Rancho Cotat	DNS NWI
--- Sanchez, Secillia	11	Rancho Cotat	DNS NWI

Event 25 Girls Shot Put Varsity

36-00.50 NCS At-Large

Name	Yr	School	Prelims
Preliminaries			
1 Cunningham, Danielle	11	Ukiah	34-06.25q
2 Grace, Caitlin	12	Santa Rosa	33-08.00q
3 Sani, Cassidy	11	El Molino	33-00.75q
4 Kelleher, Paige	10	Maria Carril	31-09.25q
5 Schroth, Kendall	11	Santa Rosa	29-08.75q
6 Jones-Hubbart, Amena	9	Montgomery	29-03.75q
7 Broome, Jeanne	10	El Molino	28-09.00q
8 Macauley, Kaitlyn	12	Windsor	28-09.00q
9 Krasts, Thea	10	Ukiah	28-01.25q
10 Maki, Samantha	9	Ukiah	27-02.50q
11 Ainlay, Samantha	10	Piner	27-01.50q
12 Cargill, Avery	12	Cardinal New	27-01.25q
13 West, Riley	11	Windsor	26-09.25q
14 Samii, Bella	11	Maria Carril	26-08.25q
15 Velasquez, Isabelle	12	El Molino	26-07.50q
16 Burger, Savannah	9	Windsor	26-00.25q
17 Saunders, Alicia	11	El Molino	24-11.50
18 Lopez, Lilia	12	Healdsburg	23-07.50

19 Rogers, Jordan	12	El Molino	22-09.75
20 McQuery, Sydney	11	Ukiah	21-03.50

Event 25 Girls Shot Put Varsity

36-00.50 NCS At-Large

Name	Yr	School	Finals
Finals			
1 Sani, Cassidy	11	El Molino	36-01.50 NCS
2 Grace, Caitlin	12	Santa Rosa	35-11.50
3 Cunningham, Danielle	11	Ukiah	35-09.25
4 Kelleher, Paige	10	Maria Carril	33-11.50
5 Schroth, Kendall	11	Santa Rosa	31-02.00
6 Jones-Hubbart, Amena	9	Montgomery	30-11.50
7 Macauley, Kaitlyn	12	Windsor	30-00.75
8 Krasts, Thea	10	Ukiah	28-07.25
9 West, Riley	11	Windsor	28-00.00
10 Ainlay, Samantha	10	Piner	27-09.25
11 Broome, Jeanne	10	El Molino	27-08.75
12 Cargill, Avery	12	Cardinal New	27-06.00
13 Maki, Samantha	9	Ukiah	27-05.25
14 Samii, Bella	11	Maria Carril	26-10.50
15 Burger, Savannah	9	Windsor	26-09.00
16 Velasquez, Isabelle	12	El Molino	25-10.50

Event 26 Girls Discus Throw Varsity

119-10 NCS At-Large

Name	Yr	School	Prelims
Preliminaries			
1 Sani, Cassidy	11	El Molino	115-08.00q
2 Grace, Caitlin	12	Santa Rosa	114-06.00q
3 Ainlay, Samantha	10	Piner	104-06.00q
4 Schroth, Kendall	11	Santa Rosa	102-11.00q
5 Macauley, Kaitlyn	12	Windsor	100-03.00q
6 Cunningham, Danielle	11	Ukiah	98-10.00q
7 Donlon, Julia	11	Cardinal New	93-06.00q
8 Samii, Bella	11	Maria Carril	88-08.00q
9 Schultz, Anna	11	Montgomery	85-05.00q
10 Germay, Sara	12	Montgomery	78-11.00q
11 Burger, Savannah	9	Windsor	75-09.00q
12 Joseph, Lael	10	Santa Rosa	72-07.00q
13 Abraha, Lily	11	Montgomery	70-09.00q
14 Williams, Anika	12	Santa Rosa	66-06.00q
15 Lerch, Sara	10	Rancho Cotat	65-10.00q
16 Krasts, Thea	10	Ukiah	65-10.00q
17 West, Riley	11	Windsor	65-02.00
18 Burke, Evi	12	Santa Rosa	64-00.00
19 Rogers, Jordan	12	El Molino	62-10.00
20 McQuery, Sydney	11	Ukiah	61-07.00
21 Kryczek, Peyton	12	Santa Rosa	61-00.00
22 Helbig, Felicia	11	Maria Carril	56-01.00
23 Maki, Samantha	9	Ukiah	49-00.00

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Event 26 Girls Discus Throw Varsity

119-10 NCS At-Large

Name	Yr	School	Finals
Finals			
1 Grace, Caitlin	12	Santa Rosa	119-01.00
2 Sani, Cassidy	11	El Molino	115-06.00
3 Ainlay, Samantha	10	Piner	106-04.00
4 Cunningham, Danielle	11	Ukiah	100-07.00
5 Macauley, Kaitlyn	12	Windsor	95-04.00
6 Schroth, Kendall	11	Santa Rosa	94-10.00
7 Schultz, Anna	11	Montgomery	89-04.00
8 Samii, Bella	11	Maria Carril	89-03.00
9 Joseph, Lael	10	Santa Rosa	85-05.00
10 Gernay, Sara	12	Montgomery	82-05.00
11 Donlon, Julia	11	Cardinal New	79-03.00
12 Williams, Anika	12	Santa Rosa	76-06.00
13 Krasts, Thea	10	Ukiah	71-11.00
14 Abraha, Lily	11	Montgomery	70-10.00
15 Lerch, Sara	10	Rancho Cotat	70-08.00
16 Burger, Savannah	9	Windsor	59-08.00

Event 27 Boys High Jump Varsity

6-02.00 NCS At-Large

Name	Yr	School	Finals
Finals			
1 Rodrigues, Xavier	11	Maria Carril	6-02.00 NCS
2 Rydell, Pontus	10	Santa Rosa	J6-02.00 NCS
3 Murgatroyd, Ryan	11	Maria Carril	5-10.00
3 Adams, Mason	12	Maria Carril	5-10.00
5 Salmon, Luca	10	Maria Carril	5-08.00
6 Tucker, Gabriel	10	Montgomery	J5-08.00
7 Manville, Alex	11	Cardinal New	J5-08.00
8 Bessire, Nolan	9	Montgomery	5-06.00
9 Holland, Chris	11	Santa Rosa	J5-06.00
9 Manning, Alex	9	Santa Rosa	J5-06.00
11 Ngo, Vu	12	Piner	5-02.00
12 Bugica, Valentino	10	Windsor	5-00.00
--- Gack, Remington	10	Santa Rosa	NH
--- Chris, Dow	10	Healdsburg	DNS

Event 28 Boys Pole Vault Varsity

13-08.00 NCS At-Large

Name	Yr	School	Finals
Finals			
1 Dowdall, Orion	10	Montgomery	11-08.00
2 Bourdage, Rory	12	Santa Rosa	10-08.00
3 Moeller, Michael	11	Maria Carril	J10-08.00
4 Turley, Benjamin	11	Maria Carril	J10-08.00
5 Coogan, Dallas	9	Cardinal New	10-02.00
6 Ainlay, Kevin	11	Piner	9-08.00
7 Vasquez, Julian	12	Ukiah	J9-08.00
8 Manville, Alex	11	Cardinal New	J9-08.00
9 Nicholls, Chase	12	El Molino	9-02.00
--- Gaspar, Addison	12	Piner	NH
--- Moreno, Kenny	10	Santa Rosa	NH

--- Petersen, Zane 12 Ukiah DNS

Event 29 Boys Long Jump Varsity

20-11.00 NCS At-Large

Name	Yr	School	Prelims
Preliminaries			
1 Luis, Jay	12	Rancho Cotat	20-10.75q NWI
2 Ball, Reanne	12	Piner	20-08.50q NWI
3 Adams, Mason	12	Maria Carril	20-04.00q NWI
4 Ngo, Vu	12	Piner	20-03.25q NWI
5 Berna, Soul	10	El Molino	20-00.50q NWI
6 Cook, Nathan	11	Santa Rosa	19-08.00q NWI
7 Murgatroyd, Ryan	11	Maria Carril	19-04.50q NWI
8 Yopez, Giovanni	12	Montgomery	19-04.00q NWI
9 Tucker, Gabriel	10	Montgomery	19-00.75q NWI
10 Pham, Kyle	12	Ukiah	19-00.00q NWI
11 Corday, Vince	12	Windsor	18-07.50q NWI
12 Stringfellow, Wyatt	12	El Molino	J18-07.50q NWI
13 Reagan, James	11	Rancho Cotat	J18-07.50q NWI
14 Reagan, Brian	11	Rancho Cotat	18-06.25q NWI
15 Duong, Alan	12	Elsie Allen	18-04.00q NWI
16 McLaughlin, Casey	12	Windsor	18-02.75q NWI
17 Chen, Ethan	11	Maria Carril	18-01.00 NWI
18 Carusone, Jacob	10	Montgomery	17-11.00 NWI
19 Moeller, Michael	11	Maria Carril	17-08.00 NWI
20 Murayami, Sato	12	Windsor	17-07.50 NWI
21 Maltby, Jake	10	Montgomery	17-05.00 NWI
22 Nicholls, Chase	12	El Molino	J17-05.00 NWI
23 Ball, Ryan	12	Piner	17-03.75 NWI
24 Peck, Jakob	11	Santa Rosa	16-10.00 NWI
25 Cibrian, Jacob	10	El Molino	16-09.50 NWI
26 Lorenzo, Justin	9	Montgomery	16-06.75 NWI
27 Maurer-Mabanglo, Noa	10	Montgomery	15-11.25 NWI
28 Udarbe, John	12	Elsie Allen	15-08.00 NWI
--- Richards, Jack	10	Maria Carril	FOUL NWI
--- Costello, Truman	11	Healdsburg	FOUL NWI
--- Martinez, Dayian	11	Rancho Cotat	FOUL NWI
--- Isack, Yonatan	11	Piner	FOUL NWI
--- Pagan, Nicholas	11	Windsor	DNS NWI

Event 29 Boys Long Jump Varsity

20-11.00 NCS At-Large

Name	Yr	School	Finals
Finals			
1 Ball, Reanne	12	Piner	21-07.50 NCS
2 Ngo, Vu	12	Piner	20-09.25 NWI
3 Luis, Jay	12	Rancho Cotat	20-04.50 NWI
4 Adams, Mason	12	Maria Carril	20-00.00 NWI
5 Cook, Nathan	11	Santa Rosa	19-09.50 NWI
6 Tucker, Gabriel	10	Montgomery	19-08.00 NWI
7 Pham, Kyle	12	Ukiah	19-06.75 NWI
8 Berna, Soul	10	El Molino	19-06.25 NWI
9 Corday, Vince	12	Windsor	19-03.50 NWI
10 Duong, Alan	12	Elsie Allen	19-02.75 NWI
11 Reagan, James	11	Rancho Cotat	19-02.50 NWI
12 Murgatroyd, Ryan	11	Maria Carril	19-02.00 NWI

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Finals ... (Event 29 Boys Long Jump Varsity)

Name	Yr	School	Finals
13 Yepez, Giovanni	12	Montgomery	18-09.25 NWI
14 Stringfellow, Wyatt	12	El Molino	18-04.75 NWI
15 Reagan, Brian	11	Rancho Cotat	17-02.75 NWI

Event 30 Boys Triple Jump Varsity

43-02.25 NCS At-Large

Name	Yr	School	Finals
Finals			
1 Ball, Reanne	12	Piner	42-05.50 NWI
2 Gack, Remington	10	Santa Rosa	42-02.50 NWI
3 Berna, Soul	10	El Molino	41-08.50 NWI
4 Costello, Truman	11	Healdsburg	40-05.75 NWI
5 Ainlay, Kevin	11	Piner	40-04.25 NWI
6 Corday, Vince	12	Windsor	39-10.50 NWI
7 Ngo, Vu	12	Piner	38-06.75 NWI
8 Reagan, Brian	11	Rancho Cotat	38-05.00 NWI
9 Lorenzo, Justin	9	Montgomery	37-06.25 NWI
10 Murgatroyd, Ryan	11	Maria Carril	37-00.50 NWI
11 Shaw, Jaydon	9	Montgomery	37-00.00 NWI
12 Moeller, Michael	11	Maria Carril	36-10.50 NWI
13 Coogan, Dallas	9	Cardinal New	34-11.00 NWI
14 Peck, Jakob	11	Santa Rosa	33-10.00 NWI
15 Chen, Ethan	11	Maria Carril	33-08.75 NWI
--- Adams, Mason	12	Maria Carril	FOUL

Event 31 Boys Shot Put Varsity

48-07.00 NCS At-Large

Name	Yr	School	Prelims
Preliminaries			
1 Laiwa-McKay, Kalathan	11	Ukiah	52-05.00q NCS
2 Davison, Samuel	11	Cardinal New	47-01.00q
3 Kelsey, Austin	12	El Molino	44-07.00q
4 Vega, Hector	12	Cardinal New	42-01.75q
5 Frowick, Kiefer	9	Montgomery	40-08.00q
6 Weaver, Camden	11	Cardinal New	39-01.50q
7 Hayes, Colman	11	El Molino	38-06.50q
8 Glascock, Logan	10	Santa Rosa	38-06.00q
9 Cuevas Garcia, Alberto	11	Santa Rosa	38-03.00q
10 Rankin, Rasheed	11	Rancho Cotat	37-11.50q
11 Kruse, Michael	11	Rancho Cotat	37-06.50q
12 McNamara, Patrick	11	El Molino	36-00.00q
13 Rico, Spencer	12	Ukiah	35-11.50q
14 Kraemer, Logan	11	Ukiah	35-09.00q
15 Zamora, Jordan	9	Santa Rosa	35-08.00q
16 Auetri, Gino	11	Rancho Cotat	35-02.50q
17 Grace, Conor	9	Santa Rosa	34-09.50
18 Warner, Jason	9	Montgomery	33-08.50
19 Brantley, Gil	10	Windsor	33-01.50
20 Erlendson, Jayden	11	Santa Rosa	33-00.50
21 Murayami, Sato	12	Windsor	32-06.50
22 Brooke, Cody	12	El Molino	32-05.50
23 O'Sullivan, David	12	Santa Rosa	32-04.00
24 Salazar, Fernando	12	Healdsburg	30-05.00
25 Foley, Jack	11	Santa Rosa	28-02.00

---	Hayes, Demetrius	12	Windsor	DNS
---	Hall, Jalen	11	El Molino	DNS

Event 31 Boys Shot Put Varsity

48-07.00 NCS At-Large

Name	Yr	School	Finals
Finals			
1 Laiwa-McKay, Kalathan	11	Ukiah	53-03.50 NCS
2 Davison, Samuel	11	Cardinal New	45-06.50
3 Vega, Hector	12	Cardinal New	43-10.00
4 Kelsey, Austin	12	El Molino	43-02.00
5 Weaver, Camden	11	Cardinal New	40-11.75
6 Frowick, Kiefer	9	Montgomery	40-08.50
7 Rankin, Rasheed	11	Rancho Cotat	39-08.25
8 Glascock, Logan	10	Santa Rosa	39-02.50
9 Hayes, Colman	11	El Molino	38-08.75
10 Auetri, Gino	11	Rancho Cotat	37-05.50
11 McNamara, Patrick	11	El Molino	36-10.25
12 Cuevas Garcia, Alberto	11	Santa Rosa	36-08.25
13 Rico, Spencer	12	Ukiah	36-05.25
14 Kruse, Michael	11	Rancho Cotat	36-02.00
15 Kraemer, Logan	11	Ukiah	36-01.75
16 Zamora, Jordan	9	Santa Rosa	33-08.75

Event 32 Boys Discus Throw Varsity

147-01 NCS At-Large

Name	Yr	School	Prelims
Preliminaries			
1 Davison, Samuel	11	Cardinal New	158-10.00q NCS
2 Kelsey, Austin	12	El Molino	136-09.00q
3 Laiwa-McKay, Kalathan	11	Ukiah	134-09.00q
4 Hayes, Colman	11	El Molino	122-00.00q
5 Rico, Spencer	12	Ukiah	115-05.00q
6 Brooke, Cody	12	El Molino	114-03.00q
7 McNamara, Patrick	11	El Molino	114-00.00q
8 Glascock, Logan	10	Santa Rosa	113-06.00q
9 Kruse, Michael	11	Rancho Cotat	110-08.00q
10 Vega, Hector	12	Cardinal New	107-09.00q
11 Frowick, Kiefer	9	Montgomery	106-01.00q
12 Foley, Jack	11	Santa Rosa	105-09.00q
13 O'Sullivan, David	12	Santa Rosa	104-06.00q
14 Grace, Conor	9	Santa Rosa	100-04.00q
15 Warner, Jason	9	Montgomery	95-10.00q
16 Auetri, Gino	11	Rancho Cotat	95-08.00q
17 Kraemer, Logan	11	Ukiah	94-02.00
18 Weaver, Camden	11	Cardinal New	85-08.00
19 Hayes, Demetrius	12	Windsor	81-07.00
20 Zamora, Jordan	9	Santa Rosa	78-05.00
21 Salazar, Fernando	12	Healdsburg	76-07.00
--- Erlendson, Jayden	11	Santa Rosa	FOUL
--- Brantley, Gil	10	Windsor	DNS
--- Hall, Jalen	11	El Molino	DNS

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Event 32 Boys Discus Throw Varsity

147-01 NCS At-Large

Name	Yr	School	Finals
Finals			
1 Davison, Samuel	11	Cardinal New	159-01.00 NCS
2 Kelsey, Austin	12	El Molino	141-02.00
3 Laiwa-McKay, Kalathan	11	Ukiah	133-07.00
4 Hayes, Colman	11	El Molino	132-10.00
5 Brooke, Cody	12	El Molino	117-06.00
6 O'Sullivan, David	12	Santa Rosa	117-05.00
7 McNamara, Patrick	11	El Molino	114-00.00
8 Glascock, Logan	10	Santa Rosa	109-02.00
9 Frowick, Kiefer	9	Montgomery	108-09.00
10 Vega, Hector	12	Cardinal New	108-01.00
11 Rico, Spencer	12	Ukiah	108-00.00
12 Foley, Jack	11	Santa Rosa	105-04.00
13 Kruse, Michael	11	Rancho Cotat	105-03.00
14 Grace, Conor	9	Santa Rosa	103-07.00
15 Warner, Jason	9	Montgomery	94-11.00
16 Auetri, Gino	11	Rancho Cotat	87-11.00

Event 33 Girls 4x100 Meter Relay Junior Varsity

Team	Relay	Finals
Finals		
1 Montgomery		56.12
1) Perkins, Loka 10	2) Monk, Grace 10	
3) Ballard, DaRina 9	4) Devoulin, Lulu 11	
2 Santa Rosa		57.02
1) Garey, Julia 9	2) Markoff, Lydia 9	
3) Alvarez, Jasmine 9	4) Fike, Megan 11	
3 Analy		59.22
1) Adhikari, Tara 9	2) Brown, Kristina 12	
3) Chelsey, Allison 11	4) Habeeb, Anya 11	

Event 34 Boys 4x100 Meter Relay Junior Varsity

Team	Relay	Finals
Finals		
1 Montgomery		47.72
1) Luong, Tan 10	2) Perkins, Turner 9	
3) Kozlowski, Joshua 10	4) Yap, Rey 10	
2 Maria Carrillo		48.94
1) Gutteridge, Alexander 11	2) Bocalig, Ethan 9	
3) Corona, Jorge 10	4) Jagdfeld, Austin 10	
3 Piner		49.87
1) Mendoza, Victor 10	2) Huynh, Vincent 10	
3) Silakul, Justin 10	4) Lalli, Tyler 10	
4 Cardinal Newman		53.89
1) Beerbower, Albert 9	2) Diep, Kenny 11	
3) Stanford, Ethan 9	4) Elias, Jorge 9	
--- Santa Rosa		DNF
1) Garcia-Diaz, Justin 9	2) Zimmerman, Logan 11	
3) Mooney, Dylan 9	4) Phillips, Dylan 9	
--- Analy		DNF
1) Fox, Kaden 11	2) Logan, Ethan 10	
3) Vermeulen, Quinn 12	4) Shine, Ian 10	

--- Windsor DNS
 1) Beck, Nathan 12 2) Pring, Patrick 10
 3) Pigg, Marques 11 4) Arballo, Koda 9

Event 35 Girls 1600 Meter Run Junior Varsity

Name	Yr	School	Finals
Finals			
1 Huntsinger, Emma	11	Maria Carril	6:02.71
2 Mezey, Luisa	9	Piner	6:04.82
3 Nava, Natalie	9	Rancho Cotat	6:05.97
4 Mitchell, Nyema	10	Rancho Cotat	6:07.37
5 Pride, Jordan	11	Santa Rosa	6:10.12
6 Elsa, Tara	9	Santa Rosa	6:11.67
7 Rivera, Sara	9	Maria Carril	6:13.26
8 Green, Julia	10	Santa Rosa	6:18.09
9 Juarez-Flores, Chelsea	10	Santa Rosa	6:22.91
10 Sterck, Leilah	9	Santa Rosa	6:28.55
11 Cruz, Daphne	10	Windsor	6:31.61
12 Parker, Joy	9	Maria Carril	6:32.20
13 Delgado, Suhail	9	Piner	6:32.27
14 Rozelski, Ella	10	Ukiah	6:42.20
15 Wu, Sage	12	Maria Carril	6:58.16
16 Logan, Shelby	11	Montgomery	6:59.58
17 Avelar, Cristina	11	Maria Carril	7:00.91
18 Dempsey, Ciara	12	Montgomery	7:23.34
19 Ottolenghi, Michol	12	Montgomery	7:27.56
20 Tejada, Ashley	11	Piner	7:42.01
21 Bogner, Riley	9	Ukiah	7:42.43
--- Banuelos, Leslie	12	Rancho Cotat	DNS
--- Tesfamariam, Missy	9	Piner	DNS

Event 36 Boys 1600 Meter Run Junior Varsity

Name	Yr	School	Prelims
Preliminaries			
1 Cheek, Misha	9	Maria Carril	5:00.08q
2 Perez, Harim	10	Elsie Allen	5:01.75q
3 Chavez Hernandez, Isaías	12	Santa Rosa	5:01.81q
4 Rubio, Ivan	10	Ukiah	5:02.08q
5 Cooper, Patrick	10	Maria Carril	5:05.91q
6 Schott, James	9	Santa Rosa	5:06.80q
7 Abel, Daniel	12	Maria Carril	5:07.10q
8 McCormick, Garin	11	Analy	5:08.26q
9 Hirth, Kyle	10	Maria Carril	5:08.85q
10 Delgado, Faris	10	Santa Rosa	5:09.94q
11 Hildago, Max	9	Windsor	5:09.96q
12 Page, Jason	9	Maria Carril	5:10.84q
13 Singleton, Tristan	11	Maria Carril	5:11.62q
14 Burger, Adrian	12	Windsor	5:12.94q
15 Theiss, Tallen	9	Windsor	5:13.38q
16 Gallo, Max	10	Cardinal New	5:13.50q
17 Kvamme, Ben	10	Windsor	5:18.20
18 Guarino, Giulio	11	Montgomery	5:18.42
19 Cheshier-Fraenkle, Jack	9	Analy	5:18.68
20 Medina, Jonathan	10	Rancho Cotat	5:18.78
21 Martinez, Ajany	11	Windsor	5:18.79

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Preliminaries ... (Event 36 Boys 1600 Meter Run Junior Varsity)

Name	Yr	School	Prelims
22 Mucho, Caleb	10	Ukiah	5:18.80
23 Lopez, Javier	9	Piner	5:19.78
24 Freitas, Michael	12	Windsor	5:19.88
25 Hopkins, Ian	10	Windsor	5:20.06
26 Edgar, Ortiz	10	Healdsburg	5:20.41
27 Carreras, Jimmy	12	Analy	5:21.37
28 Kvamme, David	10	Windsor	5:22.76
29 Vigil, Marquez	9	Windsor	5:24.19
30 Morthole, Lucas	9	Montgomery	5:26.80
31 Laugterwasser, Jakob	12	Ukiah	5:26.98
32 Melvin, Garrett	9	Windsor	5:27.01
33 Manni, Kevin	9	Windsor	5:30.03
34 Leggett, Michael	10	Ukiah	5:30.33
35 Vail, Steven	12	Windsor	5:31.04
36 Raugewitz, Walker	10	Ukiah	5:32.37
37 Clark, Anthony	10	Rancho Cotat	5:34.78
38 Hartman, Stuart	9	Piner	5:35.28
39 Stout, Nate	12	Cardinal New	5:35.80
40 Willis, Elijah	12	Santa Rosa	5:36.34
41 Kiernan, Dillon	10	Montgomery	5:36.40
42 Esparza, Brandon	10	Elsie Allen	5:37.25
43 Pfann, Colton	9	El Molino	5:37.96
44 Bishop, Elijah	9	Ukiah	5:38.83
45 Omiple, Bernard	12	Maria Carril	5:41.77
46 Trebilcock, Peter	10	Healdsburg	5:42.47
47 Perelta-Fernandez, Leon	12	Maria Carril	5:42.96
48 Weng, Max	9	Windsor	5:43.06
49 Alcaraz Parra, Erick	10	Montgomery	5:43.42
50 Finegan, Aiden	9	Analy	5:46.03
51 Prendiville, Matthew	11	Cardinal New	5:46.47
52 Stearns, Shane	9	Ukiah	5:50.73
53 Pfann, Kiernan	11	El Molino	5:50.87
54 Acosta, Diego	10	Rancho Cotat	5:51.65
55 Perez-Pacheco, Carlos	12	Rancho Cotat	5:53.08
56 Candalera, Tristan	12	Maria Carril	5:53.73
57 Bernal, Juan Carlos	10	Healdsburg	6:00.61
58 Cano, Ruben	9	Piner	6:01.98
59 Zamora, Daniel	12	Maria Carril	6:15.43
60 Aguirre, Bryan	9	Montgomery	6:35.00
61 Madriz, Ivan	11	Piner	6:44.87
--- Hilberg, Kazuki	9	El Molino	DQ
--- Phillips, Dylan	9	Santa Rosa	DQ
--- Anjeh, Emmanuel	10	Analy	DQ
--- Paden, Zach	9	Rancho Cotat	DNS
--- Ramirez, Alan	9	Windsor	DNS
--- Nguyen, Viet	9	Piner	DNS
--- Liebenberg, Ray	10	Montgomery	DNS
--- Nahmens, Codey	12	Rancho Cotat	DNS

Event 36 Boys 1600 Meter Run Junior Varsity

Name	Yr	School	Finals
1 Chavez Hernandez, Isaias	12	Santa Rosa	4:55.25
2 McCormick, Garin	11	Analy	4:55.30

3 Perez, Harim	10	Elsie Allen	4:58.30
4 Schott, James	9	Santa Rosa	4:59.20
5 Delgado, Faris	10	Santa Rosa	5:01.63
6 Abel, Daniel	12	Maria Carril	5:01.76
7 Burger, Adrian	12	Windsor	5:02.40
8 Cooper, Patrick	10	Maria Carril	5:02.68
9 Singleton, Tristan	11	Maria Carril	5:05.07
10 Page, Jason	9	Maria Carril	5:05.32
11 Hildago, Max	9	Windsor	5:08.65
12 Theiss, Tallen	9	Windsor	5:11.26
13 Cheek, Misha	9	Maria Carril	5:31.69
--- Gallo, Max	10	Cardinal New	DQ
--- Hirth, Kyle	10	Maria Carril	DQ

Event 37 Girls 100 Meter Hurdles Junior Varsity

Name	Yr	School	Finals
1 Garey, Julia	9	Santa Rosa	19.03 1.5
2 Habeeb, Anya	11	Analy	19.08 1.5
3 Righetti, Christina	10	Analy	23.17 1.5
--- Canelis, Mason	11	Healdsburg	DQ 1.5
--- Miloglav, Emma	11	Analy	DNS 1.5

Event 38 Boys 110 Meter Hurdles Junior Varsity

Name	Yr	School	Prelims
1 Vermeulen, Quinn	12	Analy	18.82q 2.2
2 Dold, Trey	11	Maria Carril	19.23q 1.5
3 Pastene, Luca	11	Healdsburg	20.56q 2.2
4 Jagdfeld, Austin	10	Maria Carril	20.98q 1.5
5 Bozeman, Aidan	10	Healdsburg	21.24q 2.2
6 Solano, Canyon	9	Analy	21.47q 2.2
7 Vallejo, Jaden	10	Rancho Cotat	22.18q 1.5
8 Ruiz, Alexis	10	Piner	22.31q 1.5
9 Luke, Larson	10	Healdsburg	22.34 2.2
10 Borba, Eddie	9	Analy	23.35 1.5

Event 38 Boys 110 Meter Hurdles Junior Varsity

Name	Yr	School	Finals
1 Vermeulen, Quinn	12	Analy	18.24 3.1
2 Pastene, Luca	11	Healdsburg	19.76 3.1
3 Solano, Canyon	9	Analy	19.89 3.1
4 Jagdfeld, Austin	10	Maria Carril	20.22 3.1
5 Bozeman, Aidan	10	Healdsburg	20.72 3.1
6 Vallejo, Jaden	10	Rancho Cotat	21.39 3.1
7 Ruiz, Alexis	10	Piner	21.55 3.1
8 Dold, Trey	11	Maria Carril	21.89 3.1

Event 39 Girls 400 Meter Dash Junior Varsity

Name	Yr	School	Prelims
1 Tyohannes, Liyah	9	Piner	68.06q
2 Bell, Nia	9	Rancho Cotat	68.12q

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Preliminaries ... (Event 39 Girls 400 Meter Dash Junior Varsity)

Name	Yr	School	Prelims
3 Moore, Dylan	9	Maria Carril	68.47q
4 Markoff, Lydia	9	Santa Rosa	68.58q
5 Williams, Jennifer	11	Santa Rosa	69.01q
6 Fike, Megan	11	Santa Rosa	70.69q
7 Adhikari, Tara	9	Analy	71.10q
8 Erlandson, Abigail	12	Analy	71.46q
9 Perkins, Loka	10	Montgomery	71.92
10 Christensen, Maddy	9	Analy	72.58
11 Joerger, Haley	11	Maria Carril	74.61
12 Watkins, Emma	11	Santa Rosa	75.76
13 Torres, Christina	9	Santa Rosa	76.54
14 Parks, Emma	12	El Molino	77.02
15 Kurzmeier, Clara	12	Analy	79.27

Event 39 Girls 400 Meter Dash Junior Varsity

Name	Yr	School	Finals
Finals			
1 Williams, Jennifer	11	Santa Rosa	67.57
2 Bell, Nia	9	Rancho Cotat	67.75
3 Tyohannes, Liyah	9	Piner	67.87
4 Moore, Dylan	9	Maria Carril	68.53
5 Markoff, Lydia	9	Santa Rosa	69.88
6 Fike, Megan	11	Santa Rosa	69.96
7 Erlandson, Abigail	12	Analy	71.22
8 Adhikari, Tara	9	Analy	71.32

Event 40 Boys 400 Meter Dash Junior Varsity

Name	Yr	School	Prelims
Preliminaries			
1 Meechan, Sebastian	9	Analy	55.21q
2 Perkins, Turner	9	Montgomery	56.69q
3 Garcia-Diaz, Justin	9	Santa Rosa	56.81q
4 Rodriguez, Jose	9	Analy	56.83q
5 Valenzuela, Eli	9	Windsor	57.00q
6 Gillaspie, Conner	9	Maria Carril	58.99q
7 Sanchez Ramos, Sebastian	9	Windsor	59.12q
8 Mendoza, Victor	10	Piner	59.87q
9 Torres-Sosa, Oscar	10	Analy	59.96
10 Tang, Patrick	9	Piner	61.89
11 Jesus, Reyna	10	Healdsburg	62.01
12 Cruz, David	10	Elsie Allen	63.46
13 Borba, Jesse	10	Analy	65.96
14 Bernal, Juan Carlos	10	Healdsburg	66.22
15 Esparza, Brandon	10	Elsie Allen	66.50
16 Mello, Jacob	10	Ukiah	66.63
17 Gonzalez, Fabian	9	Piner	67.16
18 Brown, Joshua	9	Ukiah	75.81
--- Drake, Joshua	10	Analy	DNS
--- Pravin, Anib	10	Maria Carril	DNS
--- Gartner, Alexander	11	Healdsburg	DNS
--- White, Kaleb	12	Analy	DNS
--- Swanson, Kaden	10	Maria Carril	DNS

Event 40 Boys 400 Meter Dash Junior Varsity

Name	Yr	School	Finals
Finals			
1 Meechan, Sebastian	9	Analy	54.77
2 Perkins, Turner	9	Montgomery	56.88
3 Garcia-Diaz, Justin	9	Santa Rosa	56.94
4 Valenzuela, Eli	9	Windsor	57.57
5 Sanchez Ramos, Sebastian	9	Windsor	58.77
6 Gillaspie, Conner	9	Maria Carril	60.04
7 Mendoza, Victor	10	Piner	63.55
--- Rodriguez, Jose	9	Analy	DQ

Event 41 Girls 100 Meter Dash Junior Varsity

Name	Yr	School	Prelims
Preliminaries			
1 Monk, Grace	10	Montgomery	13.87q 1.1
2 Ballard, DaRina	9	Montgomery	14.05q 4.2
3 Brown, Kristina	12	Analy	14.26q 3.5
4 Chelsey, Allison	11	Analy	14.71q 1.1
5 Donis, Cielo	10	Elsie Allen	14.75q 3.5
6 Hebert, Savannah	10	El Molino	14.85q 3.5
7 Parker, Keeley	9	Healdsburg	15.00q 1.1
8 Contreras, Mila	11	Elsie Allen	15.09q 4.2
9 Nordvedt, Sofia	9	Healdsburg	15.10 3.5
10 Alvarez, Jasmine	9	Santa Rosa	15.28 3.5
11 Husary, Talia	9	El Molino	15.62 1.1
12 Gonzalez-Carmona, Elyza	9	Santa Rosa	15.69 4.2
13 Denbo, Olivia	10	Ukiah	15.77 4.2
14 Alcocer, Joceyln	12	Analy	15.78 3.5
15 Lovera, Elizabeth	10	El Molino	15.84 1.1
16 Guerra, Lucia	11	Elsie Allen	16.34 1.1
17 Everson, Madeline	11	Analy	16.73 3.5
--- Dixon, Preciouss	10	Ukiah	DQ 4.2
--- Brownlee, Elise	10	Windsor	DNS 4.2
--- Calva, Anahi	12	Rancho Cotat	DNS 4.2
--- Henriquez, Daniela	11	Rancho Cotat	DNS 3.5

Event 41 Girls 100 Meter Dash Junior Varsity

Name	Yr	School	Finals
Finals			
1 Ballard, DaRina	9	Montgomery	13.48 2.7
2 Monk, Grace	10	Montgomery	13.62 2.7
3 Brown, Kristina	12	Analy	14.28 2.7
4 Chelsey, Allison	11	Analy	14.42 2.7
5 Donis, Cielo	10	Elsie Allen	14.87 2.7
6 Parker, Keeley	9	Healdsburg	14.87 2.7
7 Contreras, Mila	11	Elsie Allen	15.18 2.7
--- Hebert, Savannah	10	El Molino	DNS 2.7

Event 42 Boys 100 Meter Dash Junior Varsity

Name	Yr	School	Prelims
Preliminaries			
1 Taganashi, Arthur	11	Analy	11.83q 1.5

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Preliminaries ... (Event 42 Boys 100 Meter Dash Junior Varsity)

Name	Yr	School	Prelims
2 Beck, Nathan	12	Windsor	12.12q 1.9
3 Zimmerman, Logan	11	Santa Rosa	12.19q 1.2
4 Kozlowski, Joshua	10	Montgomery	12.32q 1.8
5 Gutteridge, Alexander	11	Maria Carril	12.33q 2.4
6 Fox, Kaden	11	Analy	12.43q 1.8
7 Bocalig, Ethan	9	Maria Carril	12.44q 1.2
8 Pigg, Marques	11	Windsor	12.51q 2.6
9 Luong, Tan	10	Montgomery	12.51 1.5
10 Elias, Jorge	9	Cardinal New	12.53 1.9
11 Yap, Rey	10	Montgomery	12.55 1.8
12 Lalli, Tyler	10	Piner	12.59 1.8
13 Jagdfeld, Austin	10	Maria Carril	12.62 1.0
14 Begley, Eli	10	El Molino	12.65 1.2
15 Corona, Jorge	10	Maria Carril	12.69 2.4
16 Arballo, Koda	9	Windsor	12.74 1.8
17 Victor, Joe	9	Rancho Cotat	12.74 1.8
18 Beerbower, Albert	9	Cardinal New	12.81 1.9
19 Rogers, Bennett	11	Maria Carril	12.83 1.5
20 Stras, Dagan	12	Montgomery	12.83 2.6
21 Tran, Kenny	10	Montgomery	12.83 1.8
22 Malpartida Rodriguez, Juan	10	Maria Carril	12.85 1.0
23 Jennings, Brennan	10	Analy	12.89 2.4
24 Ramirez Paz, Miguel	11	Maria Carril	13.01 2.4
25 Sword, Tyler	9	El Molino	13.02 2.6
26 Staples, Matthew	10	Montgomery	13.05 1.8
27 Mendoza, Victor	10	Piner	13.07 1.5
28 Nguyen, Brian	10	Montgomery	13.10 1.0
29 Rodriguez Gonzalez, Emilio	9	Montgomery	13.19 1.9
30 Diep, Kenny	11	Cardinal New	13.20 2.4
31 Madriz, Ivan	11	Piner	13.22 1.2
32 Pring, Patrick	10	Windsor	13.27 1.0
33 Fuller, Loki	9	Montgomery	13.28 1.8
34 Nguyen, Taylor	10	Elsie Allen	13.29 1.2
35 Cordova, Marcus	9	Maria Carril	13.30 1.8
36 Moskowitz, Daniel	11	Analy	13.36 2.4
37 Strom, Bryant	9	Analy	13.47 1.9
38 Grassl, Luke	9	El Molino	13.48 1.9
39 Ruiz, Alexis	10	Piner	13.50 1.8
40 Richards, Nathan	10	El Molino	13.52 1.5
41 Martin, Coby	10	Windsor	13.64 2.6
42 Perdomo, Luis	12	Elsie Allen	13.79 2.4
43 Yopez-Ruiz, Jason	9	Montgomery	13.82 1.0
44 Mejia, Nico	11	Elsie Allen	13.96 2.6
45 Stanford, Ethan	9	Cardinal New	14.12 1.2
46 Hernandez, Kiko	9	Cardinal New	14.12 1.2
47 Waite, Ricky	9	Cardinal New	14.22 1.2
48 Harralson, Nathan	11	Maria Carril	14.50 2.6
49 Soos, Chris	11	Montgomery	15.06 1.8
50 Paredes-Gutierrez, Jesus	9	Santa Rosa	15.13 1.8
51 Gonzalez, Michael	9	Cardinal New	16.25 1.8
52 Tewelde, Sened	12	Elsie Allen	16.89 1.9
--- Pravin, Anib	10	Maria Carril	DQ 1.9
--- Mares, Heriberto	10	Piner	DNS 2.6
--- Kozlowski, Jack	11	Santa Rosa	DNS 1.0

---	Tuaua, Fautua	11	Rancho Cotat	DNS 2.6
---	Borromeo, Gabe	9	Santa Rosa	DNS 1.5
---	Ashmore-Dering, Leif	11	Analy	DNS 1.0
---	Hill, Alex	11	Rancho Cotat	DNS 1.5
---	Babson, Wyatt	9	Elsie Allen	DNS 1.8

Event 42 Boys 100 Meter Dash Junior Varsity

Name	Yr	School	Finals
Finals			
1 Fox, Kaden	11	Analy	12.14 1.6
2 Kozlowski, Joshua	10	Montgomery	12.26 1.6
3 Zimmerman, Logan	11	Santa Rosa	12.39 1.6
3 Gutteridge, Alexander	11	Maria Carril	12.39 1.6
5 Pigg, Marques	11	Windsor	12.67 1.6
6 Bocalig, Ethan	9	Maria Carril	12.85 1.6
--- Taganashi, Arthur	11	Analy	DQ 1.6

Event 43 Girls 800 Meter Run Junior Varsity

Name	Yr	School	Finals
Finals			
1 Alapa, Jasmine	9	Santa Rosa	2:41.07
2 Joerger, Haley	11	Maria Carril	2:49.71
3 Pride, Jordan	11	Santa Rosa	2:52.58
4 Green, Julia	10	Santa Rosa	2:53.48
5 Delgado, Suhail	9	Piner	2:54.28
6 Rivera, Sara	9	Maria Carril	2:55.39
7 Cruz, Daphne	10	Windsor	2:57.44
8 Huntsinger, Emma	11	Maria Carril	2:59.14
9 Watkins, Emma	11	Santa Rosa	2:59.42
10 Mitchell, Nyema	10	Rancho Cotat	2:59.90
11 Devoulin, Lulu	11	Montgomery	3:00.52
12 Logan, Shelby	11	Montgomery	3:01.63
13 Rozelski, Ella	10	Ukiah	3:01.92
14 Parker, Joy	9	Maria Carril	3:03.13
15 Wu, Sage	12	Maria Carril	3:07.23
16 Salnas, Abby	10	Cardinal New	3:07.95
17 Avelar, Cristina	11	Maria Carril	3:10.38
18 Ottolenghi, Michol	12	Montgomery	3:21.28
19 Bogner, Riley	9	Ukiah	3:23.27
20 Wilder, Avery	9	Windsor	3:24.09
--- Bell, Nia	9	Rancho Cotat	DNS

Event 44 Boys 800 Meter Run Junior Varsity

Name	Yr	School	Prelims
Preliminaries			
1 McCormick, Garin	11	Analy	2:17.64q
2 Valenzuela, Eli	9	Windsor	2:19.19q
3 Burger, Adrian	12	Windsor	2:19.58q
4 Delgado, Faris	10	Santa Rosa	2:19.90q
5 Singleton, Tristan	11	Maria Carril	2:19.97q
6 Perez, Harim	10	Elsie Allen	2:20.41q
7 Edgar, Ortiz	10	Healdsburg	2:20.67q
8 Melvin, Garrett	9	Windsor	2:20.82q
9 Cheshier-Fraenkle, Jack	9	Analy	2:21.13q
10 Schott, James	9	Santa Rosa	2:21.16q

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Preliminaries ... (Event 44 Boys 800 Meter Run Junior Varsity)

Name	Yr	School	Prelims
11 Hilberg, Kazuki	9	El Molino	2:21.33q
12 Hoyt, Michael	9	Ukiah	2:21.44q
13 Rauch, Christian	10	Cardinal New	2:21.77q
14 Rubio, Ivan	10	Ukiah	2:23.42q
15 Lopez, Javier	9	Piner	2:23.89q
16 Cheek, Misha	9	Maria Carril	2:23.91q
17 Campbell-Voss, Rowan	10	Analy	2:24.03
18 Gallo, Max	10	Cardinal New	2:24.25
19 Guarino, Giulio	11	Montgomery	2:24.25
20 Freitas, Michael	12	Windsor	2:24.46
21 Cooper, Patrick	10	Maria Carril	2:25.55
22 Theiss, Tallen	9	Windsor	2:25.81
23 Kvamme, Ben	10	Windsor	2:26.40
24 Kiernan, Dillon	10	Montgomery	2:27.04
25 Vigil, Marquez	9	Windsor	2:27.33
26 Kvamme, David	10	Windsor	2:27.53
27 Laugterwasser, Jakob	12	Ukiah	2:27.69
28 Stout, Nate	12	Cardinal New	2:28.00
29 Morthole, Lucas	9	Montgomery	2:28.24
30 Pfann, Colton	9	El Molino	2:28.78
31 Tang, Patrick	9	Piner	2:30.85
32 Hildago, Max	9	Windsor	2:31.73
33 Manni, Kevin	9	Windsor	2:32.98
34 Raugewitz, Walker	10	Ukiah	2:33.73
35 Anjeh, Emmanuel	10	Analy	2:35.03
36 Alcaraz Parra, Erick	10	Montgomery	2:35.04
37 Willis, Elijah	12	Santa Rosa	2:35.38
38 Abel, Daniel	12	Maria Carril	2:37.68
39 Esparza, Brandon	10	Elsie Allen	2:39.07
40 Bishop, Elijah	9	Ukiah	2:39.22
41 Pfann, Kiernan	11	El Molino	2:42.03
42 Finegan, Aiden	9	Analy	2:43.89
43 Stearns, Shane	9	Ukiah	2:43.99
44 Moessing, Daniel	9	Maria Carril	2:45.23
45 Chamberlin, Elijah	10	Analy	2:47.42
--- Ramirez, Alan	9	Windsor	DQ
--- Cisneros, Lissandro	9	Rancho Cotat	DNS
--- Hirth, Kyle	10	Maria Carril	DNS
--- Nguyen, Viet	9	Piner	DNS
--- Acosta, Diego	10	Rancho Cotat	DNS
--- Trebilcock, Peter	10	Healdsburg	DNS

Event 44 Boys 800 Meter Run Junior Varsity

Name	Yr	School	Finals
Finals			
1 McCormick, Garin	11	Analy	2:12.17
2 Valenzuela, Eli	9	Windsor	2:13.27
3 Perez, Harim	10	Elsie Allen	2:15.32
4 Edgar, Ortiz	10	Healdsburg	2:15.89
5 Singleton, Tristan	11	Maria Carril	2:16.77
6 Hilberg, Kazuki	9	El Molino	2:16.86
7 Cheshier-Fraenkle, Jack	9	Analy	2:17.77
8 Burger, Adrian	12	Windsor	2:17.93
9 Delgado, Faris	10	Santa Rosa	2:18.22

10 Melvin, Garrett	9	Windsor	2:18.51
11 Lopez, Javier	9	Piner	2:18.79
12 Schott, James	9	Santa Rosa	2:19.55
13 Cheek, Misha	9	Maria Carril	2:20.51
14 Hoyt, Michael	9	Ukiah	2:21.26
15 Rauch, Christian	10	Cardinal New	2:28.22

Event 45 Girls 300 Meter Hurdles Junior Varsity

Name	Yr	School	Finals
Finals			
1 Gaylord, Kaylee	9	Ukiah	55.52
2 Habeeb, Anya	11	Analy	57.56
3 Christensen, Maddy	9	Analy	58.45
4 Righetti, Christina	10	Analy	67.55
--- Kurzmeier, Clara	12	Analy	DNS
--- Miloglav, Emma	11	Analy	DNS
--- Varela, Alexia	11	Santa Rosa	DNS

Event 46 Boys 300 Meter Hurdles Junior Varsity

Name	Yr	School	Prelims
Preliminaries			
1 Stras, Dagan	12	Montgomery	49.51q
2 Elias, Jorge	9	Cardinal New	50.03q
3 Knebel, Aidan	9	Maria Carril	50.37q
4 Dierke, Ethan	9	Analy	50.53q
5 Solano, Canyon	9	Analy	50.83q
6 Bozeman, Aidan	10	Healdsburg	52.13q
7 Gillaspie, Conner	9	Maria Carril	54.32q
8 Cruz, David	10	Elsie Allen	54.64q
9 Luke, Larson	10	Healdsburg	54.80
10 Valliejos, Jaden	10	Rancho Cotat	56.44
11 Gonzalez, Fabian	9	Piner	56.49
12 Borba, Eddie	9	Analy	59.34
--- Vermeulen, Quinn	12	Analy	DQ
--- Miloglav, Luka	9	Analy	DNS
--- Solano, Aydan	10	Cardinal New	DNS

Event 46 Boys 300 Meter Hurdles Junior Varsity

Name	Yr	School	Finals
Finals			
1 Stras, Dagan	12	Montgomery	47.91
2 Solano, Canyon	9	Analy	48.71
3 Knebel, Aidan	9	Maria Carril	50.09
4 Bozeman, Aidan	10	Healdsburg	50.80
5 Elias, Jorge	9	Cardinal New	51.23
6 Cruz, David	10	Elsie Allen	52.48
7 Gillaspie, Conner	9	Maria Carril	53.75
--- Dierke, Ethan	9	Analy	DNS

Event 47 Girls 200 Meter Dash Junior Varsity

Name	Yr	School	Prelims
Preliminaries			
1 Garey, Julia	9	Santa Rosa	29.17q 3.5
2 Moore, Dylan	9	Maria Carril	29.34q 3.5

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Preliminaries ... (Event 47 Girls 200 Meter Dash Junior Varsity)

Name	Yr	School	Prelims
3 Ballard, DaRina	9	Montgomery	29.50q 2.0
4 Monk, Grace	10	Montgomery	29.53q 2.5
5 Brown, Kristina	12	Analy	30.29q 2.5
6 Gaylord, Kaylee	9	Ukiah	30.42q 3.5
7 Chelsey, Allison	11	Analy	30.56q 2.0
8 Tyohannes, Liyah	9	Piner	30.75q 3.5
9 Bell, Nia	9	Rancho Cotat	30.80 2.5
10 Donis, Cielo	10	Elsie Allen	31.64 2.0
11 Contreras, Mila	11	Elsie Allen	31.83 2.0
12 Adhikari, Tara	9	Analy	31.85 2.5
13 Hebert, Savannah	10	El Molino	31.98 3.5
14 Husary, Talia	9	El Molino	33.11 3.5
15 Gonzalez-Carmona, Elyza	9	Santa Rosa	33.20 3.5
16 Parks, Emma	12	El Molino	33.45 2.5
17 Denbo, Olivia	10	Ukiah	34.49 2.5
18 Guerra, Lucia	11	Elsie Allen	34.92 3.5
19 Everson, Madeline	11	Analy	35.77 2.0
--- Canelis, Mason	11	Healdsburg	DNS 2.5
--- Henriquez, Daniela	11	Rancho Cotat	DNS 2.0

Event 47 Girls 200 Meter Dash Junior Varsity

Name	Yr	School	Finals
Finals			
1 Ballard, DaRina	9	Montgomery	28.66 1.4
2 Garey, Julia	9	Santa Rosa	28.94 1.4
3 Monk, Grace	10	Montgomery	29.28 1.4
4 Moore, Dylan	9	Maria Carril	29.62 1.4
5 Brown, Kristina	12	Analy	30.00 1.4
6 Chelsey, Allison	11	Analy	30.87 1.4
7 Gaylord, Kaylee	9	Ukiah	31.50 1.4
--- Tyohannes, Liyah	9	Piner	DNS 1.4

Event 48 Boys 200 Meter Dash Junior Varsity

Name	Yr	School	Prelims
Preliminaries			
1 Fox, Kaden	11	Analy	25.05q 1.7
2 Meechan, Sebastian	9	Analy	25.24q 1.1
3 Zimmerman, Logan	11	Santa Rosa	25.44q 2.1
4 Logan, Ethan	10	Analy	25.48q 0.1
5 Gutteridge, Alexander	11	Maria Carril	25.66q 2.2
6 Rodriguez, Jose	9	Analy	25.77q 1.6
7 Luong, Tan	10	Montgomery	25.92q 2.2
8 Corona, Jorge	10	Maria Carril	26.31q 1.6
9 Malpartida Rodriguez, Juan	10	Maria Carril	26.35 2.1
10 Torres-Sosa, Oscar	10	Analy	26.36 2.5
11 Begley, Eli	10	El Molino	26.40 1.7
12 Victor, Joe	9	Rancho Cotat	26.41 2.1
13 Lalli, Tyler	10	Piner	26.42 0.1
14 Tran, Kenny	10	Montgomery	26.42 2.5
15 Jagdfeld, Austin	10	Maria Carril	26.43 0.1
16 Sanchez Ramos, Sebastian	9	Windsor	26.44 1.1
17 Arballo, Koda	9	Windsor	26.78 2.1
18 Jennings, Brennan	10	Analy	26.81 1.6

19 Cliburn, Charles	10 Ukiah	26.84 2.2
20 Beck, Nathan	12 Windsor	26.92 2.5
21 Staples, Matthew	10 Montgomery	27.07 2.1
22 Pigg, Marques	11 Windsor	27.38 2.5
23 Cordova, Marcus	9 Maria Carril	27.40 1.7
24 Liam, O'Gorman	9 Healdsburg	27.44 1.7
25 Richards, Nathan	10 El Molino	27.74 2.2
26 Sword, Tyler	9 El Molino	27.79 1.6
26 Jesus, Reyna	10 Healdsburg	27.79 0.1
28 Diep, Kenny	11 Cardinal New	28.07 2.5
29 Strom, Bryant	9 Analy	28.15 1.1
30 Martin, Coby	10 Windsor	28.33 0.1
31 Grassl, Luke	9 El Molino	28.58 2.1
32 Bernal, Juan Carlos	10 Healdsburg	28.83 1.6
33 Perdomo, Luis	12 Elsie Allen	29.25 1.7
34 Peinkofer, Max	10 Analy	30.10 2.2
35 Waite, Ricky	9 Cardinal New	30.17 1.6
36 Tewelde, Sened	12 Elsie Allen	37.17 2.5
37 Mejia, Nico	11 Elsie Allen	49.99 2.2
--- Pravin, Anib	10 Maria Carril	DQ 1.6
--- Paredes-Gutierrez, Jesus	9 Santa Rosa	DNS 0.1
--- Ashmore-Dering, Leif	11 Analy	DNS 1.1
--- Mares, Heriberto	10 Piner	DNS 0.1
--- Moskowitz, Daniel	11 Analy	DNS 1.1
--- Rice, Aidan	10 Analy	DNS 1.1
--- Taganashi, Arthur	11 Analy	DNS 1.7
--- Kozlowski, Jack	11 Santa Rosa	DNS 2.2
--- Gartner, Alexander	11 Healdsburg	DNS 1.1
--- Pring, Patrick	10 Windsor	DNS 2.1
--- Borromeo, Gabe	9 Santa Rosa	DNS 2.5
--- Babson, Wyatt	9 Elsie Allen	DNS 1.7

Event 48 Boys 200 Meter Dash Junior Varsity

Name	Yr	School	Finals
Finals			
1 Fox, Kaden	11	Analy	24.96 1.9
2 Zimmerman, Logan	11	Santa Rosa	25.03 1.9
3 Meechan, Sebastian	9	Analy	25.08 1.9
4 Luong, Tan	10	Montgomery	25.48 1.9
5 Gutteridge, Alexander	11	Maria Carril	25.94 1.9
6 Corona, Jorge	10	Maria Carril	26.53 1.9
--- Rodriguez, Jose	9	Analy	DQ 1.9
--- Logan, Ethan	10	Analy	DNS 1.9

Event 49 Girls 3200 Meter Run Junior Varsity

Name	Yr	School	Finals
Finals			
1 Mezey, Luisa	9	Piner	13:30.07
2 Elsa, Tara	9	Santa Rosa	14:26.22
3 Sterck, Leilah	9	Santa Rosa	14:26.57
4 Tejada, Ashley	11	Piner	16:33.65
--- Banuelos, Leslie	12	Rancho Cotat	DNS
--- Nava, Natalie	9	Rancho Cotat	DNS
--- Dempsey, Ciara	12	Montgomery	DNS

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Event 50 Boys 3200 Meter Run Junior Varsity

Name	Yr	School	Finals
Finals			
1 Hilberg, Kazuki	9	El Molino	10:38.03
2 Phillips, Dylan	9	Santa Rosa	10:38.05
3 Perez, Harim	10	Elsie Allen	10:56.43
4 Neargarder, Ben	10	Analy	11:14.62
5 Page, Jason	9	Maria Carril	11:17.93
6 Medina, Jonathan	10	Rancho Cotat	11:18.42
7 Martinez, Ajany	11	Windsor	11:20.24
8 Field, Logan	10	Maria Carril	11:20.57
9 Hopkins, Ian	10	Windsor	11:20.61
10 Leggett, Michael	10	Ukiah	11:31.97
11 Morthole, Lucas	9	Montgomery	11:32.76
12 Carreras, Jimmy	12	Analy	11:33.52
13 Mucho, Caleb	10	Ukiah	11:36.75
14 Vail, Steven	12	Windsor	11:44.92
15 Clark, Anthony	10	Rancho Cotat	11:56.17
16 Pfann, Colton	9	El Molino	12:11.42
17 Weng, Max	9	Windsor	12:20.90
18 Pfann, Kiernan	11	El Molino	12:38.25
19 Chamberlin, Elijah	10	Analy	12:39.13
20 Perez-Pacheco, Carlos	12	Rancho Cotat	12:44.67
21 Cano, Ruben	9	Piner	13:05.60
--- Vazquez, Juan	11	Piner	DNS
--- Paden, Zach	9	Rancho Cotat	DNS

Event 51 Girls 4x400 Meter Relay Junior Varsity

Team	Relay	Finals
Finals		
1 Santa Rosa		4:39.20
1) Alapa, Jasmine 9	2) Markoff, Lydia 9	
3) Fike, Megan 11	4) Varela, Alexia 11	
2 Montgomery		4:43.34
1) Perkins, Loka 10	2) Monk, Grace 10	
3) Ballard, DaRina 9	4) Devoulin, Lulu 11	
3 Analy		4:51.21
1) Christensen, Maddy 9	2) Adhikari, Tara 9	
3) Erlandson, Abigail 12	4) Parks, Molly 10	
4 Maria Carrillo		5:00.81
1) Rivera, Sara 9	2) Parker, Joy 9	
3) Joerger, Haley 11	4) Moore, Dylan 9	

Event 52 Boys 4x400 Meter Relay Junior Varsity

Team	Relay	Finals
Finals		
1 Santa Rosa		3:50.38
1) Mooney, Dylan 9	2) Chavez Hernandez, Isaia 12	
3) Garcia-Diaz, Justin 9	4) Schott, James 9	
2 Analy		3:51.71
1) McCormick, Garin 11	2) Meechan, Sebastian 9	
3) Vermeulen, Quinn 12	4) Rodriguez, Jose 9	
3 Montgomery		3:58.58
1) Luong, Tan 10	2) Kiernan, Dillon 10	
3) Perkins, Turner 9	4) Stras, Dagan 12	

4 Piner	4:02.31
1) Silakul, Justin 10	2) Mendoza, Victor 10
3) Tang, Patrick 9	4) Huynh, Vincent 10
--- Ukiah	DNS
1) Brown, Joshua 9	2) Hoyt, Michael 9
3) Mello, Jacob 10	4) Rubio, Ivan 10
--- Windsor	DNS
1) Hildago, Max 9	2) Melvin, Garrett 9
3) Sanchez Ramos, Sebastian 9	4) Valenzuela, Eli 9
--- Cardinal Newman	DNS
1) Stout, Nate 12	2) Prendiville, Matthew 11
3) Rauch, Christian 10	

Event 53 Girls High Jump Junior Varsity

Name	Yr	School	Finals
Finals			
1 Grace, Pastene	9	Healdsburg	4-02.00
2 Tyohannes, Liyah	9	Piner	4-00.00
3 Lovera, Elizabeth	10	El Molino	3-10.00
4 Williams, Jennifer	11	Santa Rosa	J3-10.00

Event 54 Girls Pole Vault Junior Varsity

Name	Yr	School	Finals
Finals			
1 Alapa, Jasmine	9	Santa Rosa	8-06.00
2 Garey, Julia	9	Santa Rosa	7-06.00
3 Wheeler, Ivy	10	Ukiah	6-06.00
4 Lovera, Elizabeth	10	El Molino	J6-06.00
--- Denbo, Olivia	10	Ukiah	NH
--- Dixon, Preciouss	10	Ukiah	DNS

Event 55 Girls Long Jump Junior Varsity

Name	Yr	School	Finals
Finals			
1 Alvarez, Jasmine	9	Santa Rosa	13-08.75 NWI
2 Donis, Cielo	10	Elsie Allen	12-07.00 NWI
3 Husary, Talia	9	El Molino	12-04.25 NWI
4 Habeeb, Anya	11	Analy	12-03.25 NWI
5 Vanden Heuvel, Grace	12	Healdsburg	12-01.50 NWI
6 Hebert, Savannah	10	El Molino	11-11.75 NWI
7 Lovera, Elizabeth	10	El Molino	11-05.25 NWI
8 Parks, Emma	12	El Molino	11-04.75 NWI
9 Grace, Pastene	9	Healdsburg	10-11.00 NWI
--- Brownlee, Elise	10	Windsor	DNS NWI
--- Kurzmeier, Clara	12	Analy	DNS NWI
--- Joerger, Haley	11	Maria Carril	DNS NWI

Event 56 Girls Triple Jump Junior Varsity

Name	Yr	School	Finals
Finals			
1 Williams, Jennifer	11	Santa Rosa	30-07.00 NWI
2 Hebert, Savannah	10	El Molino	27-09.00 NWI
3 Grace, Pastene	9	Healdsburg	27-08.00 NWI
4 Erlandson, Abigail	12	Analy	26-03.00 NWI

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Event 57 Girls Shot Put Junior Varsity

Name	Yr	School	Finals
Finals			
1 Achacon, Angelica	11	Montgomery	26-03.00
2 Gonzalez, Briselda	11	Ukiah	24-11.25
3 Parker, Keeley	9	Healdsburg	23-09.50
4 Wheeler, Ivy	10	Ukiah	22-11.00
5 McKamey, Elisha	10	Santa Rosa	22-06.00
6 Alcocer, Joceyln	12	Analy	21-10.00
7 Vanden Heuvel, Grace	12	Healdsburg	21-09.50
8 Cargill, Kaia	11	Cardinal New	21-06.50
9 Hart, Ame	10	Windsor	20-04.00
10 McQueary, Emily	10	Ukiah	19-00.50
11 Stevens, Madison	9	Rancho Cotat	18-10.00
12 Nordvedt, Sofia	9	Healdsburg	17-03.75
13 Kiernan, Catherine	9	Montgomery	13-00.75
--- Folds, Leela	9	Montgomery	DQ
--- Gebremedhin, Lydia	12	Montgomery	DNS
--- Malachowski, Nora	9	Montgomery	DNS
--- Canelis, Mason	11	Healdsburg	XDNS
--- Woods, Sophie	9	Healdsburg	DNS

Event 58 Girls Discus Throw Junior Varsity

Name	Yr	School	Prelims
Preliminaries			
1 McKamey, Elisha	10	Santa Rosa	71-10q
2 Achacon, Angelica	11	Montgomery	66-00q
3 Erlandson, Abigail	12	Analy	65-03q
4 Alcocer, Joceyln	12	Analy	63-06q
5 McQueary, Emily	10	Ukiah	60-11q
6 Cargill, Kaia	11	Cardinal New	60-08q
7 Wheeler, Ivy	10	Ukiah	59-00q
8 Parker, Keeley	9	Healdsburg	58-02q
9 Stevens, Madison	9	Rancho Cotat	53-04
10 Green, Julia	10	Santa Rosa	51-03
11 Vanden Heuvel, Grace	12	Healdsburg	50-10
12 Hart, Ame	10	Windsor	48-05
13 Nordvedt, Sofia	9	Healdsburg	45-09
14 Gonzalez, Briselda	11	Ukiah	J45-09
15 Husary, Talia	9	El Molino	45-08
16 Gebremedhin, Lydia	12	Montgomery	44-04
17 Kiernan, Catherine	9	Montgomery	43-05
18 Malachowski, Nora	9	Montgomery	42-02
19 Woods, Sophie	9	Healdsburg	41-01
--- Folds, Leela	9	Montgomery	DNS

Event 58 Girls Discus Throw Junior Varsity

Name	Yr	School	Finals
Finals			
1 McKamey, Elisha	10	Santa Rosa	69-03
2 McQueary, Emily	10	Ukiah	65-09
3 Erlandson, Abigail	12	Analy	64-02
4 Alcocer, Joceyln	12	Analy	62-06
5 Cargill, Kaia	11	Cardinal New	57-06
6 Wheeler, Ivy	10	Ukiah	J57-06

7 Achacon, Angelica	11	Montgomery	55-08
8 Parker, Keeley	9	Healdsburg	49-08

Event 59 Boys High Jump Junior Varsity

Name	Yr	School	Finals
Finals			
1 Elliott, Collin	10	Analy	5-04.00
2 Gillaspie, Conner	9	Maria Carril	5-01.00
3 Bozeman, Aidan	10	Healdsburg	4-06.00
3 Waite, Ricky	9	Cardinal New	4-06.00
--- Brauninger, Brent	10	Windsor	DQ
--- Miloglav, Luka	9	Analy	DQ
--- Luke, Larson	10	Healdsburg	DNS
--- Ponzini, Shaun	9	Rancho Cotat	DNS

Event 60 Boys Pole Vault Junior Varsity

Name	Yr	School	Finals
Finals			
1 Contreras, Alejandro	11	Santa Rosa	10-00.00
2 Knebel, Aidan	9	Maria Carril	9-00.00
3 Hilberg, Kazuki	9	El Molino	8-06.00
4 Moessing, Daniel	9	Maria Carril	8-00.00
5 Pfann, Kiernan	11	El Molino	J8-00.00
6 Waite, Ricky	9	Cardinal New	7-00.00
--- Stanford, Ethan	9	Cardinal New	NH
--- Gallo, Max	10	Cardinal New	DNS

Event 61 Boys Long Jump Junior Varsity

Name	Yr	School	Prelims
Preliminaries			
1 Pigg, Marques	11	Windsor	17-11.50q NWI
2 Huynh, Vincent	10	Piner	17-11.25q NWI
3 Mello, Jacob	10	Ukiah	17-09.50q NWI
4 Bocalig, Ethan	9	Maria Carril	17-08.25q NWI
5 Elias, Jorge	9	Cardinal New	17-07.50q NWI
6 Victor, Joe	9	Rancho Cotat	17-00.25q NWI
7 Silakul, Justin	10	Piner	16-11.25q NWI
8 Logan, Ethan	10	Analy	16-11.00q NWI
9 Pastene, Luca	11	Healdsburg	16-09.00 NWI
10 Staples, Matthew	10	Montgomery	16-08.25 NWI
11 Rogers, Bennett	11	Maria Carril	J16-08.25 NWI
12 Cliburn, Charles	10	Ukiah	16-06.00 NWI
13 Dierke, Ethan	9	Analy	J16-06.00 NWI
14 Nguyen, Brian	10	Montgomery	16-04.75 NWI
15 Campbell-Voss, Rowan	10	Analy	16-04.00 NWI
16 Elliott, Collin	10	Analy	16-02.50 NWI
17 Jagdfeld, Austin	10	Maria Carril	16-01.00 NWI
17 Corona, Jorge	10	Maria Carril	16-01.00 NWI
19 Begley, Eli	10	El Molino	15-10.25 NWI
20 Grassl, Luke	9	El Molino	15-10.00 NWI
21 Liam, O'Gorman	9	Healdsburg	15-09.75 NWI
22 Yap, Rey	10	Montgomery	15-09.25 NWI
23 Nearnard, Ben	10	Analy	15-09.00 NWI
24 Cordova, Marcus	9	Maria Carril	15-05.25 NWI
25 Torres-Sosa, Oscar	10	Analy	15-05.00 NWI
26 Diep, Kenny	11	Cardinal New	15-04.00 NWI

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Preliminaries ... (Event 61 Boys Long Jump Junior Varsity)

Name	Yr	School	Prelims
27 Richards, Nathan	10	El Molino	15-03.00 NWI
28 Malpartida Rodriguez, Juan	10	Maria Carril	15-01.00 NWI
29 Peinkofer, Max	10	Analy	15-00.00 NWI
30 Hernandez, Kiko	9	Cardinal New	14-11.50 NWI
31 Ruiz, Alexis	10	Piner	14-10.00 NWI
32 Yopez-Ruiz, Jason	9	Montgomery	14-09.00 NWI
33 Gillaspie, Conner	9	Maria Carril	14-07.00 NWI
34 Nguyen, Taylor	10	Elsie Allen	14-06.75 NWI
35 Rodriguez Gonzalez, Emilio	9	Montgomery	14-06.00 NWI
36 Sword, Tyler	9	El Molino	14-05.50 NWI
37 Dold, Trey	11	Maria Carril	14-02.75 NWI
38 Perdomo, Luis	12	Elsie Allen	13-09.50 NWI
39 Knebel, Aidan	9	Maria Carril	13-04.00 NWI
40 Soos, Chris	11	Montgomery	13-00.75 NWI
41 Mejia, Nico	11	Elsie Allen	9-03.75 NWI
--- Tang, Patrick	9	Piner	FOUL NWI
--- Gonzalez, Fabian	9	Piner	FOUL NWI
--- Rodriguez, Jose	9	Analy	DNS NWI
--- Harralson, Nathan	11	Maria Carril	DNS NWI
--- Babson, Wyatt	9	Elsie Allen	DNS NWI

Event 61 Boys Long Jump Junior Varsity

Name	Yr	School	Finals
Finals			
1 Bocalig, Ethan	9	Maria Carril	18-03.75 NWI
2 Mello, Jacob	10	Ukiah	17-10.00 NWI
3 Silakul, Justin	10	Piner	17-05.00 NWI
4 Huynh, Vincent	10	Piner	17-03.00 NWI
5 Pigg, Marques	11	Windsor	17-01.50 NWI
6 Victor, Joe	9	Rancho Cotat	16-10.00 NWI
7 Elias, Jorge	9	Cardinal New	16-06.00 NWI
--- Logan, Ethan	10	Analy	DNS NWI

Event 62 Boys Triple Jump Junior Varsity

Name	Yr	School	Finals
Finals			
1 Neargarder, Ben	10	Analy	36-09.75 NWI
2 Grassl, Luke	9	El Molino	34-11.75 NWI
3 Logan, Ethan	10	Analy	34-05.75 NWI
4 Huynh, Vincent	10	Piner	34-03.75 NWI
5 Silakul, Justin	10	Piner	34-03.25 NWI
6 Dierke, Ethan	9	Analy	33-08.00 NWI
7 Peinkofer, Max	10	Analy	33-07.00 NWI
8 Pastene, Luca	11	Healdsburg	33-02.00 NWI
9 Rogers, Bennett	11	Maria Carril	32-10.75 NWI
10 Liam, O'Gorman	9	Healdsburg	32-10.00 NWI
11 Begley, Eli	10	El Molino	32-08.50 NWI
12 Nguyen, Brian	10	Montgomery	30-07.50 NWI
13 Sword, Tyler	9	El Molino	28-11.50 NWI
14 Cruz, David	10	Elsie Allen	28-11.00 NWI
--- Miloglav, Luka	9	Analy	DQ NWI
--- Campbell-Voss, Rowan	10	Analy	DNS NWI

Event 63 Boys Shot Put Junior Varsity

Name	Yr	School	Prelims
Preliminaries			
1 Perdue, Samuel	11	Analy	41-11.00q
2 Brauninger, Brent	10	Windsor	38-00.00q
3 Moskowitz, Daniel	11	Analy	37-09.50q
4 Pires, Matthew	11	Cardinal New	36-01.75q
5 Beerbower, Albert	9	Cardinal New	35-11.00q
6 June, Mikhail	10	Windsor	35-06.75q
7 Him, Kobe	11	Santa Rosa	35-03.25q
8 Rice, Aidan	10	Analy	35-03.00q
9 Drake, Joshua	10	Analy	35-02.75
10 Fox, Kaden	11	Analy	35-01.00
11 Tuaua, Fautua	11	Rancho Cotat	33-11.00
12 Costello, Kaison	9	Ukiah	33-08.50
13 Casteneda, Aaron	9	Ukiah	32-05.00
14 Fraser, Hudson	9	Windsor	32-02.50
15 White, Kaleb	12	Analy	32-00.00
16 Glattfelder, Karsen	9	Montgomery	J32-00.00
17 Moosman, Owen	10	Elsie Allen	31-11.00
18 Bevilacqua, Michael	10	Cardinal New	31-10.50
19 Madriz, Ivan	11	Piner	31-07.50
20 Heng, Boyd	11	Elsie Allen	31-07.00
21 Marcarian, Jack	10	Maria Carril	31-03.50
22 Perez Garfias, Jose Luis	10	Elsie Allen	31-03.00
23 Leitch, Elijah	9	Maria Carril	30-10.50
24 O'Sullivan, Stephen	9	Santa Rosa	30-07.75
25 Kofahl, Ethan	11	Santa Rosa	30-05.00
26 Garrone, Marcus	11	Cardinal New	29-11.00
27 Chim, Dimitri	12	Elsie Allen	28-06.00
28 Gonzalez, Michael	9	Cardinal New	27-08.00
29 Tinoco Jimenez, Adrian	10	Montgomery	27-07.75
30 Gartner, Alexander	11	Healdsburg	27-07.00
31 Garrison, Christian	10	Santa Rosa	27-06.00
32 Lippincott, Trey	9	Healdsburg	26-10.50
33 Mackey, James	10	Santa Rosa	26-03.50
34 Howe, Ben	10	Montgomery	20-03.50
--- Ashmore-Dering, Leif	11	Analy	DNS
--- Mares, Heriberto	10	Piner	DNS
--- Post, James	11	Santa Rosa	DNS
--- Lopez, Brian	11	Healdsburg	DNS

Event 63 Boys Shot Put Junior Varsity

Name	Yr	School	Finals
Finals			
1 Perdue, Samuel	11	Analy	39-11.50
2 Beerbower, Albert	9	Cardinal New	38-00.25
3 Pires, Matthew	11	Cardinal New	37-05.50
4 Him, Kobe	11	Santa Rosa	32-01.00
--- June, Mikhail	10	Windsor	DQ
--- Moskowitz, Daniel	11	Analy	DQ
--- Rice, Aidan	10	Analy	DQ
--- Brauninger, Brent	10	Windsor	DQ

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Event 64 Boys Discus Throw Junior Varsity

Name	Yr	School	Prelims
Preliminaries			
1 Drake, Joshua	10	Analy	98-07q
2 Pires, Matthew	11	Cardinal New	92-01q
3 O'Sullivan, Stephen	9	Santa Rosa	88-11q
4 Perez Garfias, Jose Luis	10	Elsie Allen	87-03q
5 Moosman, Owen	10	Elsie Allen	84-06q
6 Fraser, Hudson	9	Windsor	84-01q
7 Mackey, James	10	Santa Rosa	83-11q
8 Leitch, Samuel	10	Maria Carril	83-08q
9 White, Kaleb	12	Analy	83-04
10 Perdue, Samuel	11	Analy	78-07
11 Madriz, Ivan	11	Piner	78-04
12 Heng, Boyd	11	Elsie Allen	J78-04
13 Costello, Kaison	9	Ukiah	77-08
14 Glattfelder, Karsen	9	Montgomery	76-11
15 Him, Kobe	11	Santa Rosa	76-07
16 Marshall, Andrew	10	Maria Carril	75-09
17 Bevilacqua, Michael	10	Cardinal New	73-06
18 Garrison, Christian	10	Santa Rosa	70-02
19 Casteneda, Aaron	9	Ukiah	68-07
20 Rice, Aidan	10	Analy	J68-07
21 Rarick, Nick	11	Maria Carril	67-00
22 Pastene, Luca	11	Healdsburg	60-10
23 Chim, Dimitri	12	Elsie Allen	57-05
24 Lippincott, Trey	9	Healdsburg	57-03
25 Howe, Ben	10	Montgomery	50-00
--- Kofahl, Ethan	11	Santa Rosa	DNS
--- Moskowitz, Daniel	11	Analy	DNS
--- Post, James	11	Santa Rosa	DNS
--- June, Mikhail	10	Windsor	DNS
--- Lopez, Brian	11	Healdsburg	DNS
--- Brauningner, Brent	10	Windsor	DNS
--- Mares, Heriberto	10	Piner	DNS

Event 64 Boys Discus Throw Junior Varsity

Name	Yr	School	Finals
Finals			
1 Drake, Joshua	10	Analy	117-10
2 Fraser, Hudson	9	Windsor	95-10
3 O'Sullivan, Stephen	9	Santa Rosa	95-00
4 Perez Garfias, Jose Luis	10	Elsie Allen	92-02
5 Pires, Matthew	11	Cardinal New	91-05
6 Leitch, Samuel	10	Maria Carril	90-00
7 Moosman, Owen	10	Elsie Allen	89-09
8 Mackey, James	10	Santa Rosa	70-00

Women - Varsity - Team Rankings - 16 Events Scored

1) Santa Rosa	141
2) Maria Carrillo	75
3) Windsor	63
4) Healdsburg	49

5) Montgomery	32
6) Piner	30
7) El Molino	28
8) Analy	26
9) Ukiah	18
9) Cardinal Newman	18
11) Rancho Cotate	16

Women - Junior Varsity - Team Rankings - 16 Events Scored

1) Santa Rosa	140
2) Analy	76
3) Montgomery	62
4) Piner	38
5) Ukiah	37
6) Maria Carrillo	31
7) El Molino	25
7) Healdsburg	25
9) Rancho Cotate	18
10) Elsie Allen	10
11) Cardinal Newman	2

Men - Varsity - Team Rankings - 16 Events Scored

1) Maria Carrillo	120
2) Santa Rosa	67
3) Cardinal Newman	50
4) Rancho Cotate	46
4) Windsor	46
6) Piner	43
7) El Molino	39
8) Healdsburg	33
9) Montgomery	27
10) Ukiah	24
11) Elsie Allen	1

Men - Junior Varsity - Team Rankings - 16 Events Scored

1) Analy	137
2) Santa Rosa	73
3) Maria Carrillo	64
4) Montgomery	46
5) Cardinal Newman	28
6) El Molino	27
7) Windsor	26
7) Piner	26
9) Healdsburg	23
9) Elsie Allen	23
11) Ukiah	8
12) Rancho Cotate	3