

Bay Area Relays - 3/25/2023
Foothill High School
Meet Program - Track Events

Event 5 Girls 4x100 Meter Relay Frosh/Soph**Saturday 3/25/2023 - 10:00 AM**

Meet: 50.50 3/28/2015 St. Mary's -NC

Lane	Team	Relay	Seed Time
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Section 1 of 3 Finals

3	Foothill - P	D	1:05.00
	1) Moore, Hattie	2) Austin, Naomi	
	3) Kumar, Neily	4) Alcaide, Kaitlyn	
4	Foothill - P	B	1:00.88
	1) William, Anishka	2) Umentum, Amelia	
	3) Bevers, Marisa	4) Zou, Jiaen	
5	Foothill - P	C	1:02.75
	1) Karkare, Prutha	2) Bondarenko, Brooke	
	3) Tawdros, Marinela	4) Alfaro, Siena	

Section 2 of 3 Finals

1	Pittsburg (N	C	59.99
	1) Bruno, Sicily	2) Ubiera Castro, Chantel	
	3) Johnson, Riya	4) Wright, Dakeela	
2	Amador Valle	A	57.34
3	California (A	56.70
	1) Shiferaw, Leya	2) Griffin, Callan	
	3) Shah, Jaina	4) Osicka, Rachael	
	5) Nudo, Grace		
4	St. Mary's C	B	55.70
	1) Bey, Maleah	2) Davis, Charli	
	3) Fite, Niassa	4) Reed, Jaiden	
5	Foothill - P	A	56.35
	1) Boyapati, Kayla	2) Byrne, Samantha	
	3) Konduru, Sushrutha	4) Claitman, Alison	
6	Pittsburg (N	B	56.95
	1) Hartwell, Mekhai	2) Elzie, Janiyah	
	3) Reyes, Allison	4) Calhoun, Courtney	
7	Tamalpais (N	B	58.00
	1) Ulvestad, Tessa	2) Shapiro, Laura	
	3) Stevens, Lilah	4) Sanders, Indeya	
8	Amador Valle	B	1:00.00

Section 3 of 3 Finals

1	San Ramon Va	A	53.70
2	Carondelet (B	53.50
	1) Carrie, Dominique	2) Patterson, Paige	
	3) Yamamoto, Elizabeth	4) Cannizzo, Emerson	
3	Dougherty Va	A	52.34
	1) Caranto, Janika Reese	2) Hangad, Rachael	
	3) Pradhan, Soumya	4) Rajkumar, Shalini	
4	Carondelet (A	50.46
	1) Margate, Ayla	2) Reese, Amaya	
	3) Velasco, Malia	4) Boneberg, Brooke	
5	Pittsburg (N	A	51.00
	1) Batiste, Jayla	2) Gill, Rayana	
	3) Tims, Nyla	4) Johnson, Tasharah	
6	Tamalpais (N	A	52.80
	1) Harrosh, Jordan	2) Wong, Mia	
	3) Popper, Natalie	4) Szylko, Sabine	
7	St. Mary's C	A	53.65
	1) Gant Hatcher, Kira	2) McIntyre, Saniya	
	3) Ballard, Callie	4) Scott, Jacla	
8	Irvington (N	A	54.57
	1) Lin, Annabelle	2) Manjunthy, Rhea	
	3) Chandrahasan, Deepika	4) Lee, Nicole	

Event 6 Boys 4x100 Meter Relay Frosh/Soph**Saturday 3/25/2023 - 10:12 AM**

Meet: 45.90 3/26/2016 James Logan

Lane	Team	Relay	Seed Time
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Section 1 of 3 Finals

3	Pittsburg (N	C	50.00
	1) West, Triston	2) Amos, Deonte	
	3) Fofonongaloa, Maikolo	4) Bell, Truly	
4	Foothill - P	A	49.27
	1) Boeschstein, Edward	2) Mutzl, Hunter	
	3) Misra, Viraj	4) LeCount, Cristian	
5	Amador Valle	C	49.90
6	Foothill - P	B	53.22
	1) Mao, Andrew	2) Lynn, James	
	3) Gupta, Kabeer	4) Agarwal, Krishnav	

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Section 2 of 3 Finals...(Event 6 Boys 4x100 Meter Relay Frosh/Soph)

1	St. Mary's C	B	48.50
	1) Harris, Ethan	2) Ghozael, Samy	
	3) Adanandus, Taj	4) Brawley, Ky'mari	
2	Amador Valle	B	47.80
3	California (A	47.21
	1) Fife, Carson	2) Lee, Jordan	
	3) Clark, Raphael	4) Williams, Aiden	
	5) Jadd, Nathan	6) Frye, Kevin	
4	St. Mary's C	A	47.00
	1) Hughes, Marcus	2) Warner, Keowyn	
	3) Gabriel, Ahmad	4) Walton, Trevor	
5	San Ramon Va	B	47.10
6	Emery Second	A	47.63
	1) Kane-Ross, Cameron	2) King, Jordan	
	3) Stymans, Sterling	4) Weber, Aristodile	
	5) Richey, William		
7	Pittsburg (N	B	48.00
	1) Holland, Jaydon	2) Mosley, RJ	
	3) MartinezÂ , Jesus	4) Thompson, Ahmaud	
8	Tamalpais (N	A	49.00
	1) Barbash, James	2) Creedman-Ho, Colby	
	3) Burnett, Dexter	4) Bester, Cole	

Section 3 of 3 Finals

1	Amador Valle	A	46.65
2	Dougherty Va	B	46.00
	1) Punaroor, Ashwin	2) Unni, Aditya	
	3) Kolli, Mohit	4) Fook, Evan	
3	De La Salle	B	45.70
	1) Caleb, Jones	2) Dean, Anthony	
	3) Carlos, Ochoa	4) Joseph, Bubar	
4	De La Salle	A	44.89
	1) Dominique, Kelly	2) King, Marquis	
	3) Trisshon, Wright	4) Wesley, Gholson	
5	Dougherty Va	A	45.02
	1) Shen, Jeffery	2) Srivastava, Ashmit	
	3) Mantyvaara, Luukas	4) Sun, Chris	
6	Pittsburg (N	A	45.81
	1) Kenion, Makari	2) Bow, Elijah	
	3) Blanche, Zion	4) Edwards, Tim	
7	San Ramon Va	A	46.10
8	De La Salle	C	46.75
	1) Marcos, Reyes	2) Amar, Kalra	
	3) Ryan, Roy	4) David, Recoder	

Event 7 Girls 4x100 Meter Relay Varsity**Saturday 3/25/2023 - 10:24 AM****Meet: 49.04 3/28/2015 St. Mary's -NC**

<u>Lane</u>	<u>Team</u>	<u>Relay</u>	<u>Seed Time</u>
Section 1 of 3 Finals			
2	California (B	58.37
	1) Thios, Abigail	2) Saucedo-Sims, Hazelia	
	3) Desai, Saanvy	4) Sehring, Kaelah	
3	Urban of San	B	57.84
	1) Hayward, Amelia	2) Cohen, Chloe	
	3) Tarm, Saya	4) Kanios, Sia	
4	Granada (Nc)	B	57.25
	1) Mashlakian, Anoush	2) Ogle, Addison	
	3) Richards, Kelsey	4) Aluzzi, Avery	
5	Amador Valle	A	57.34
6	Granada (Nc)	C	58.25
	1) Masingale, Scarlett	2) Roa, Victoria	
	3) De Vera, Rhianna	4) Vo, Amelia	
7	Tamalpais (N	A	59.00
	1) Steel, Annabel	2) Friedman-Lowenthal, Emma	
	3) Nevolo, Ava	4) Keane, Kira	
Section 2 of 3 Finals			
1	Granada (Nc)	A	54.75
	1) Holmes, Catlyn	2) Cockrell, Delaney	
	3) Kowal, Isabella	4) Pham, Ioni	
2	Foothill - P	B	53.60
	1) Townsend, Lesley	2) Burstein, Ariel	
	3) Lam, Megan	4) Diwan, Reva	
3	Dougherty Va	A	52.34
	1) Jiang, Raelyn	2) Mathews, Rachel	
	3) Hernandez, Danielle	4) Peng, Fiona	
4	Foothill - P	A	52.06
	1) Kamble, Aditi	2) Fraher, Elizabeth	
	3) Patterson, Ella	4) Van Horn, Claire	
5	Urban of San	A	52.16
	1) Hoe, Dawson	2) Richter, Chiara	
	3) Torres, Ari	4) Romano, Oona	
6	James Logan	B	53.14
	1) Dalman, Camryn	2) Austria, Rebecca	
	3) Vazquez, Amy		
7	Lower Lake (A	53.85
	1) Saucedo, Yamilet	2) Holland, Maya	
	3) Pelcastre, Gabby	4) Lopez, Laniese	
8	Foothill - P	C	56.90
	1) VanCleave, Lilian	2) Terpstra, Bethlehem	
	3) House, Rianna	4) Oh, Allison	

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Section 3 of 3 Finals...(Event 7 Girls 4x100 Meter Relay Varsity)

1	Redwood (Nc)	A	51.81
	1) Beauchamp, Jenna	2) Chancellor, Trinity	
	3) Hauth, Ruby	4) Barras, Gabriella	
	5) Walker, Liv		
2	California (A	51.24
	1) Lee, Elise	2) Zibblatt, Mia	
	3) Lanza, Jasmine	4) Okorie, Jessica	
	5) Lanza, Mia		
3	James Logan	A	50.34
	1) Mendoza, Michaelah	2) Anderson-Brown, Nyarah	
	3) Jones, Lena	4) Vuong, Heidi	
	5) Vuong, Heather		
4	Pittsburg (N	A	48.82
	1) Rockmore, Janai	2) Bell, Milani	
	3) Russell, Anaya	4) Aganju, Amirat (Temi)	
	5) Jenkins, Billie		
5	Maria Carril	A	49.44
	1) Bronston, Bailey	2) Mulligan, Lily	
	3) Moore, Sydney	4) O'Malley, Kathryn	
	5) DeMange, Elianah		
6	Carondelet (A	50.46
	1) David, Paige	2) Luna, Jaycelyn	
	3) Kenion, Kiana	4) Pardo, Victoria	
	5) Castagnetto, Carli		
7	San Ramon Va	A	51.70
8	St. Mary's C	A	52.00
	1) Hedgspeth, Dylan	2) Fettig, Taryn	
	3) Rogers, Georgia	4) Dwyer, Brooklyn	

Event 8 Boys 4x100 Meter Relay Varsity**Saturday 3/25/2023 - 10:36 AM****Meet: 42.84 3/23/2019 San Leandro****J Bailey, O Elendu, D Johnson, J Ward**

<u>Lane</u>	<u>Team</u>	<u>Relay</u>	<u>Seed Time</u>
Section 1 of 3 Finals			
1	Pittsburg (N	C	49.99
	1) Jones, Erick	2) Kala-Abrego, Isaiiah	
	3) Karnley, Ephraim	4) Shackelford, Areon	
2	Granada (Nc)	B	48.85
	1) Smith-Calónico, Conor	2) Rielly, Aidan	
	3) Liao, Anderson	4) Hahn, Haven	
3	Pittsburg (N	B	46.91
	1) Quesada, Noah	2) Barnes, Emery	
	3) Richardson-Mack, Mekhi	4) Telfor, Dominic	
4	Redwood (Nc)	B	45.99
	1) Cleary, Marco	2) Vasicek, Theodore	
	3) Swanson, Beach	4) Bayon, Antonio	
5	San Ramon Va	B	46.10
6	Urban of San	A	48.00
	1) Wong, Evan	2) Rhodes, Nolan	
	3) Penrose, Bode	4) Classen, Tobias	
	5) Infield, Julian	6) Yang, Alex	
7	California (B	49.85
	1) Alemayehu, Elias	2) Hoang, Tyler	
	3) Ramakrishnan, Rohan	4) Yang Caro, Zac	
8	Bishop O'Dow	A	NT
	1) Sweeney, Ian	2) Orias, Aidan	
	3) Jones, Cameron	4) Ajose, Ayodeji	
Section 2 of 3 Finals			
1	Foothill - P	B	45.80
	1) Go, Isaac	2) Meonske, Landen	
	3) Salehi, Yousef	4) Johns, Noah	
2	Irvington (N	B	45.50
	1) Insixiangmay, Ethan	2) Devadason, Samuel	
	3) Roy, Navin	4) Chao, Abraham	
3	Dougherty Va	A	45.02
	1) Yee, Brandon	2) Sattley, Wyatt	
	3) Sapida, Lance	4) Yang, Aaron	
4	Tamalpais (N	A	44.70
	1) Peterson, Quincy	2) VanDien, Hunter	
	3) Wanger, Nate	4) Engel, Harrison	
5	Dougherty Va	B	45.02
	1) Krishna, Rohit	2) Dutta, Amandip	
	3) Roxas, Shawn	4) Padiseti, Vajraang	
6	Amador Valle	A	45.31
7	Irvington (N	A	45.50
	1) Lim, Kyle	2) Sung, Kaiwie	
	3) Nguyen, Ethan	4) Retika, Kyle	
8	Granada (Nc)	A	45.85
	1) Dattilo, Landon	2) Ladner, Matthew	
	3) Atwal, Ruhaan	4) Lagapa-Barcinas, Kekoa	

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Section 3 of 3 Finals...(Event 8 Boys 4x100 Meter Relay Varsity)

1	Foothill - P	A	44.20
	1) Gavino, Isaac	2) Bongiorno, Ryan	
	3) Arguello, Matthew	4) Payne, Zach	
2	Pittsburg (N	A	44.04
	1) Harrell, Marc	2) Stallworth, Michael	
	3) Taylor, Khai	4) Boyd, Robyn (Budda)	
3	California (A	43.89
	1) Abdul-Kareem, Sayyidi	2) Taylor, Luke	
	3) Fox, Nicholas	4) Love, Devan	
	5) Swamy, Ishan	6) Browne, Ethan	
4	De La Salle	A	42.71
	1) Jefferson, Jaden	2) Udeh, Chukwunonso	
	3) Johnathan, Guerrero	4) Toa, Faavae	
5	Redwood (Nc)	A	43.44
	1) Bunch, Baden	2) Putney, Jack	
	3) Cleary, Anthony	4) Grossman, Miles	
	5) Ghalam, William		
6	Livermore (N	A	44.02
	1) Flores, Diego	2) Johnson, Dominic	
	3) Noel, Dwayne	4) York, Justin	
7	San Ramon Va	A	44.10
8	De La Salle	B	44.20
	1) Farro, Josh	2) Jacob, Dartez	
	3) Keon, Harris	4) Koran, Adams	

Event 1 Girls Distance Medley Frosh/Soph**Saturday 3/25/2023 - 10:48 AM****Meet: 13:21.11 3/23/2019 Granada****A McIntosh, K Neubauer, S Araya, S Hill**

<u>Lane</u>	<u>Team</u>	<u>Relay</u>	<u>Seed Time</u>
Section 1 of 1 Finals			
1	Maria Carril	A	13:12.00
	1) Gross, Isabelle	2) Laughlin, Ruby	
	3) Fogg, Andi	4) Szczekocki, Brooke	
	5) Schubert, Carley	6) Choe, Katherine	
2	Tamalpais (N	A	13:50.00
	1) Bailey, Fiona	2) Douglas, Isabel	
	3) Song, Jane	4) Powell, Alex	
3	Granada (Nc)	A	14:05.00
	1) Beamon, Susie	2) Gurusamy, Esha	
	3) Manley, Audrey	4) Herscu, Jenna	
4	Dougherty Va	A	14:15.00
	1) Nuthi, Varshaa	2) Richards, Sara	
	3) Wu, Joyce	4) Tummala, Bhavya	
5	Monte Vista	B	14:20.00
6	Monte Vista	A	14:20.00
7	Dougherty Va	B	15:09.00
	1) Wang, Joyce	2) Matos, Maria	
	3) Kim, Jia	4) Kumar, Ananya	
8	Foothill - P	A	16:17.40
	1) Miller, Vivian	2) Chong, Jocelyn	
	3) Krishnakumar, Ishana	4) Rodgers, Autumn	
	5) Dong, Yu Xin		
9	Carondelet (A	17:13.11
	1) Condon, Kaitlyn	2) Woolfson, Tianna	
	3) Zachary, Ruby	4) Zachary, Lillian	
10	St. Mary's C	A	NT
	1) Sullivan, Lia	2) St. Clair, Constance	
	3) Scannell, Katherine	4) Potter, Madison	

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Event 2 Boys Distance Medley Frosh/Soph**Saturday 3/25/2023 - 11:08 AM****Meet: 11:16.91 3/25/2017 College Park****M Deboer, J Heinlein, N Doorlay, D Cook**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Dougherty Va	A	11:00.00
	1) Ahmed, Ayaz	2) Rosicker, Edmundas	
	3) Stubbs, William	4) Jones, Nicholas	
2	Tamalpais (N)	A	11:10.00
	1) Turner, Jack	2) Hatch, Cooper	
	3) Gardner, Caeden	4) Ruark, Lucas	
3	Maria Carril	A	11:14.00
	1) Trenam, Kevin	2) Cole, Malachi	
	3) Dawson, Trenton	4) Wilson, Jack	
4	Amador Valle	B	11:25.00
5	Amador Valle	A	11:30.00
6	De La Salle	A	11:35.00
	1) Heath, Salter	2) Tyler, Rubino	
	3) Leonardo, Massa	4) Tadhg, Murray	
7	Granada (Nc)	A	11:40.00
	1) Chen, Hastin	2) Matthews, Diamano	
	3) Espinoza, David	4) Mikhael, George	
8	Maria Carril	B	11:58.00
	1) Petrik, Austin	2) Smith, Aiden	
	3) Weise, Milo	4) Treinen, Trystan	
9	Dougherty Va	C	12:00.00
	1) Lee, Zachary	2) Patel, Milan	
	3) Nguyen, Matthew	4) Shaligram, Anuraag	
10	Monte Vista	B	12:06.66
11	Monte Vista	C	12:06.66
12	Monte Vista	A	12:06.66
13	Tamalpais (N)	B	12:10.00
	1) Ismailer, Sam	2) Zink, Marco	
	3) Hekemian, Christian	4) Sanchez, Leo	
14	De La Salle	B	12:15.00
	1) Dillon, Gaber	2) Cabreira, Ryan	
	3) Danny, Accardo	4) Murdoch, DeLong	
15	Foothill - P	A	12:33.40
	1) Fenstermacher, Liam	2) Agarwal, Krishnav	
	3) Chou, Hao-Cheng Henry	4) Chavez, Nolan	
16	De La Salle	C	12:45.00
	1) Ryan, Nix	2) Sean, Edens	
	3) Aidan, Loberg	4) Luke, Abranches	
17	St. Mary's C	A	13:00.00
	1) Bosio, Brandon	2) Demissie, Jacob	
	3) Doherty, Shane	4) Valle, Kai	
18	Foothill - P	B	13:12.30
	1) Gonzalez, Richard	2) Dai, Joshua	
	3) Lynn, Jacob	4) Arun, Dev	
19	Tamalpais (N)	C	13:20.00
	1) Squires, Campbell	2) Blanco, Warren	
	3) Embree, Cooper	4) Brat, Benjamin	
20	Foothill - P	C	13:46.80
	1) Vidhani, Amod	2) Krishnakumar, Narain	
	3) Lee, Taehwan	4) Mullins, Noah	
21	Foothill - P	D	15:55.30
	1) Jakubowicz, Benjamin	2) George, Shehan Thomas	
	3) O'Dell, James	4) Ko-So, Brandon	

22	St. Mary's C	B	NT
	1) Hall, Adrian	2) Presnell, Tucker	
	3) Schmitt, Javin	4) Tarango, Joaquin	
23	Granada (Nc)	B	NT
	1) Enrique, Daniel	2) Leary, Natnael	
	3) Martin, David	4) Bertrand, Matthew	
24	Granada (Nc)	C	NT
	1) Chakrabarti, Ishaan	2) Bennett, Dylan	
	3) Matthews, Takehiro	4) Ajeesh, Neil	

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Event 3 Girls Distance Medley Varsity**Saturday 3/25/2023 - 11:26 AM**

Meet: 12:25.46 3/26/2016 San Ramon Valley

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Maria Carril	A	12:41.17
	1) Trenam, Gracie	2) Carra, Mia	
	3) Moe, Kira	4) Taylor, Rebekah	
2	St. Mary's C	A	12:50.00
	1) Lawson, Alexa	2) Hedgspeth, Dylan	
	3) Jackson, Sofia	4) Punz, Annika	
3	Granada (Nc)	A	12:50.00
	1) Sauder, Kerrigan	2) Ruckmann-Barnes, Evelyn	
	3) Lnenicka, Mia	4) Stein, Abby	
4	Redwood (Nc)	A	13:06.82
	1) Maclean, Audrey	2) Stolte, Erin	
	3) McPeek, Tatum	4) Novia, Olivia	
	5) Nacco, Marley		
5	Redwood (Nc)	B	13:06.82
	1) Audrey, Markovich	2) Moffett, Larkin	
	3) Davis, Isabelle	4) Hitchcock, Emily	
6	Amador Valle	A	13:10.00
7	Dougherty Va	A	13:17.00
	1) Chan, Natalie	2) Shaligram, Ananya	
	3) Narasimhan, Riyanka	4) Lee, Liana	
8	Monte Vista	B	13:50.00
9	Monte Vista	A	13:50.00
10	Tamalpais (N)	A	13:55.00
	1) Mandala, Shaina	2) Rubinstein, Lilly	
	3) Edmondson, Mia	4) Barnes, Ellery	
11	Dougherty Va	B	14:00.00
	1) Bangalore, Niharika	2) Bangalore, Nikitha	
	3) Abdelmagid, Mayadah	4) Kapur, Abigail	
12	Foothill - P	A	14:21.90
	1) Tsai, Jessica	2) Chang, Celine	
	3) Singh, Arshiya	4) Espino, Katelyn	
13	Foothill - P	B	16:01.40
	1) Gawel, Ruth	2) Izuhara, Lisa	
	3) Dong, Yu Xin	4) Heise, Eliah	
14	Carondelet (A	17:13.11
	1) Addison, Jayla	2) David, Paige	
	3) DeMartini, Mary	4) Foxworthy, Kendall	
	5) Kelley, Jade		

Event 4 Boys Distance Medley Varsity**Saturday 3/25/2023 - 11:44 AM**

Meet: 10:36.73 3/23/2019 Granada

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Granada (Nc)	A	10:39.00
	1) Ruckmann-Barnes, Roland	2) Ladner, Matthew	
	3) Bromley, Erik	4) Gurusamy, Dheeraj	
2	Dougherty Va	A	10:42.00
	1) Municio, Daniel	2) Sagiraju, Arrin	
	3) Srivastava, Aryan	4) Bliss, Carter	
	5) Boutaleb, Elias		
3	California (A	10:43.00
	1) Hussain, Eshaan	2) Dube, Aidan	
	3) Kirrane, Brian	4) Wijesekara, Bryce	
	5) Lemmon, Blake		
4	Dougherty Va	B	10:45.00
	1) Devagudi, Vrishank	2) Chandra, Ishaan	
	3) Punjavi, Pranav	4) Nayak, Siddhanth	
5	Redwood (Nc)	C	10:46.78
	1) Kemsley, Nick	2) Gove, Theodore	
	3) Davani, Kian	4) Cleary, Marco	
6	Redwood (Nc)	A	10:46.78
	1) Martin, Blake	2) Cutter, Daegan	
	3) Werner, Ethan	4) Grossman, Miles	
7	De La Salle	A	10:50.00
	1) Christopher, Coleman	2) Joshua, Glueck	
	3) Ikembuchukwu, Udeh	4) Caldwell, Trey	
8	Tamalpais (N)	A	10:55.00
	1) Lyons, James	2) Jackson, Soren	
	3) Willard, Gavin	4) Dunmire, Max	
9	Granada (Nc)	B	10:55.00
	1) Hart, Luther	2) Schade, Aleksander	
	3) Walton, Jake	4) Singh, Eshaan	
10	Foothill - P	A	10:57.90
	1) Wong, Colin	2) Surridge, Colin	
	3) Karnik, Shiven	4) Benard, Elias	
11	Granada (Nc)	C	11:10.00
	1) McLaughlin, Jacob	2) Nellis Torres, Gabriel	
	3) Sauder, Hudson	4) Cuevas Gomez, Adrian	
12	Foothill - P	B	11:19.90
	1) Lozares, Elijah	2) Rosado, Diego	
	3) Holdren, Brady	4) Kachare, Shon	
	5) DeCoite, Brennan		
13	Amador Valle	A	11:20.00
14	Redwood (Nc)	B	11:27.00
	1) Momsen, Jonah	2) Tudor, Calvin	
	3) Peters, Kai	4) Guerrero, Paolo	
15	Amador Valle	B	11:30.00
16	De La Salle	B	11:47.45
	1) Isaiah, Daco	2) Daniel, Corral	
	3) Jake, Nuti	4) Jack, Williams	
17	Foothill - P	C	12:00.80
	1) Helms Jr, Michael	2) Johns, Noah	
	3) Thomas, Aidan	4) Joseph, Joshua	
	5) Rogers, Brayden		
18	Monte Vista	A	12:06.66
19	Monte Vista	C	12:06.66

Bay Area Relays - 3/25/2023
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Section 1 of 1 Finals

20	Monte Vista	B	12:06.66
21	Tamalpais (N)	B	12:10.00
	1) Wilhelm, Ben	2) Moreno, Jonas	
	3) Goldmacher, Bennett	4) Collister, Dylan	
22	Lower Lake (A	NT
	1) Mora-Lopez, Daniel	2) Perez-Viveros, Armando	
	3) Pelastre, Rotsen	4) Hernandez, Jose	
23	St. Mary's C	A	NT
	1) Vass, Jurgis	2) McAndrew-Kvaerno, Daniel	
	3) Kopchik, Colin	4) Johnson Vigeant, Vale	

Event 17 Boys 4x110 Meter Shuttle Hurdle Frosh/Soph**Saturday 3/25/2023 - 12:05 PM**

Meet: 1:13.40 3/25/2017 James Logan

P Moore, I Garnica, J Tansimore, Y Sears

Lane	Team	Relay	Seed Time
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Section 1 of 2 Finals

1	Amador Valle	A	1:23.00
4	Northgate (N)	A	NT
	1) Chang, Ethan	2) Dinh, Andrew	
	3) Fruchtenicht, Owen	4) Povalyayev, Maxim	

Section 2 of 2 Finals

1	Tamalpais (N)	A	1:17.00
	1) Kellogg, Declan	2) Connolly, Kiernan	
	3) Adkins, Wilson	4) Sorcher, Shea	
4	California (A	1:22.00
	1) Niu, Ziqing	2) Helgren, Thomas	
	3) Yadav, Arihan	4) Rekabi, Matteen	

Event 18 Boys 4x110 Meter Shuttle Hurdle Varsity**Saturday 3/25/2023 - 12:13 PM**

Meet: 1:03.86 3/25/2017 California (San Ramon)

C Cunanan, C Lockhart, S Tsai, D Mai

Lane	Team	Relay	Seed Time
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Section 1 of 3 Finals

1	Foothill - P	A	NT
	1) Chaudhary, Muhammad Hassaan	2) Keenan, Braden	
	3) Raja, Karthikram	4) Go, Isaac	
4	Dougherty Va	A	NT
	1) Yong, Grant	2) Roxas, Shawn	
	3) Peddi, Arnesh	4) Ravipati, Abhin	

Section 2 of 3 Finals

1	Irvington (N)	A	1:30.00
	1) Kowkuntla, Krish	2) Kuruvilla, Jonathan	
	3) Rosario, Peter	4) Beppu, Lucas	
4	Bishop O'Dow	A	NT
	1) Rush, Brandon	2) Vu, Spencer	
	3) Boussut-Ugarte, Mateo	4) Hazer, Jackson	

Section 3 of 3 Finals

1	California (A	1:19.40
	1) Arnett, Nicholas	2) Balla, Vishwas	
	3) Rathi, Abhay	4) Bhegade, Shyam	
	5) Tang, Bryan		
4	De La Salle	A	1:08.20
	1) Udeh, Chukwunonso	2) Cenido, Darrell	
	3) King, Marquis	4) Devyn, Bridgeman	
7	Amador Valle	A	1:17.00

Event 19 Girls 4x100 Meter Shuttle Hurdle Frosh/Soph**Saturday 3/25/2023 - 12:30 PM**

Meet: 1:17.49 3/23/2019 Evergreen Valley

S Farook, R Truong, N Golla, P Nguyen

Lane	Team	Relay	Seed Time
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Section 1 of 1 Finals

1	Dougherty Va	A	NT
	1) Pradhan, Soumya	2) Osagie, Valerie	
	3) Gendron, Brooke	4) Tamboli, Saachi	

Event 20 Girls 4x100 Meter Shuttle Hurdle Varsity**Saturday 3/25/2023 - 12:34 PM**

Meet: 1:02.97 3/21/2014 Vacaville

P Perry, D Cook, J Woodward, N Vance

Lane	Team	Relay	Seed Time
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Section 1 of 4 Finals

1	Clayton Vall	A	NT
	1) Mcdonald, Kimora	2) Luna, Gabriela	
	3) Vojenyi, Stephani	4) Pelcastre, Jocelyn	
	5) Hanson, Kennedy	6) Chapman, Elizabeth	
4	Redwood (Nc)	A	NT
	1) Villanova, Olivia	2) Melbardis, Emily	
	3) Matson, Abigail		

Section 2 of 4 Finals

1	Foothill - P	A	NT
	1) Kamble, Aditi	2) Oh, Allison	
	3) Chang, Celine	4) Xu, Alisia	
4	Dougherty Va	A	NT
	1) Hernandez, Danielle	2) Jiang, Raelyn	
	3) Reymann, Jada	4) Koganti, Tanvi	

Section 3 of 4 Finals

1	Northgate (N)	A	NT
	1) Azcueta, Ashlee	2) Carlson, Finn	
	3) Huang, Jennifer	4) Urmson, Carmen	
4	Tamalpais (N)	A	1:20.00
	1) Everage, Nicole	2) Popper, Natalie	
	3) Shapiro, Laura	4) Nevolo, Ava	
7	California (A	1:22.00
	1) Henderson, Olivia	2) Dutta, Kria	
	3) Millen, Samantha	4) Rogers, Kaylee	

Section 4 of 4 Finals

1	Amador Valle	A	1:18.00
4	Granada (Nc)	A	1:10.37
	1) Hopcus, Ginger	2) Bertolo, Sophia	
	3) Colandine, Adriana	4) DeMello, Kira	
7	San Ramon Va	A	1:15.00

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Event 66 Mixed 4x400 Meter Relay F/S Co-Ed Co-Ed**Saturday 3/25/2023 - 12:53 PM**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
2	Foothill - P	B	4:31.00
	1) Bevers, Marisa	2) Konduru, Sushrutha	
	3) Mao, Andrew	4) Rathore, Aaron	
3	St. Mary's C	A	3:50.00
	1) Wilson, Tatiana	2) Masket, Reggie	
	3) Potter, Madison	4) Tarango, Joaquin	
4	Foothill - P	A	3:30.35
	1) McHugh, Avery	2) Umentum, Amelia	
	3) Misra, Viraj	4) LeCount, Cristian	
5	Dougherty Va	A	3:33.88
	1) Sabido, Hayley	2) Udeh, Kosisochukwu	
	3) Fook, Evan	4) Liu, Michael	
6	Monte Vista	A	4:00.00

Event 63 Mixed 4x400 Meter Relay V Co-Ed Co-Ed**Saturday 3/25/2023 - 12:58 PM**

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
3	Granada (Nc)	A	NT
	1) Mendez, Samuel	2) Henninger, Gabriel	
	3) Aluzzi, Avery	4) Cockrell, Delaney	
4	Foothill - P	A	4:08.20
	1) Fraher, Elizabeth	2) Diwan, Reva	
	3) Kachare, Shon	4) Baesemann, Conor	
5	Foothill - P	B	4:28.90
	1) Singh, Arshiya	2) Terpstra, Bethlehem	
	3) Lozares, Elijah	4) Chaudhary, Muhammad Hassaan	
Section 2 of 2 Finals			
2	California (A	3:59.00
	1) Ziblatt, Mia	2) Fasshauer, Nick	
	3) Henderson, Olivia	4) Henderson, Noah	
3	Irvington (N	A	3:54.18
	1) Aravindhan, Varsha	2) Roy, Navin	
	3) Sha, Linna	4) Chao, Abraham	
4	Dougherty Va	A	3:33.88
	1) Peng, Fiona	2) Shaligram, Ananya	
	3) Krishna, Rohit	4) Dutta, Amandip	
5	St. Mary's C	A	3:40.00
	1) Hedgspeth, Dylan	2) Jackson, Sofia	
	3) Tanisaki, Logan	4) Swanson, Luke	
6	Maria Carril	A	3:55.00
	1) Moore, Emma	2) Ong, Alexander	
	3) O'Malley, Kathryn	4) Gray, Jai	
7	San Ramon Va	A	4:02.00

Event 64 Girls 100 Meter Dash Frosh/Soph**Saturday 3/25/2023 - 1:13 PM**

Lane	Name	School	Seed Time
Section 1 of 6 Finals			
2	Bryan, Ashley	Maria Carril	16.09
3	Chandrasahana, Deepika	Irvington (N	15.69
4	Marron, Cielo	Maria Carril	15.61
5	Lee, Nicole	Irvington (N	15.67
6	Lin, Annabelle	Irvington (N	15.76
7	Kopriva, Makenna	Maria Carril	16.40
Section 2 of 6 Finals			
1	Manjusnthy, Rhea	Irvington (N	15.41
2	Shiferaw, Leya	California (15.36
3	Shah, Aayushi	Amador Valle	15.15
4	Leslie, Amelia	Maria Carril	14.81
5	Carrie, Dominique	Carondelet (14.84
6	Tarm, Saya	Urban of San	15.16
7	Harlan, Joryn	Granada (Nc)	15.40
8	Shah, Jaina	California (15.50
Section 3 of 6 Finals			
1	Shah, Dhruvi	Amador Valle	14.68
2	Boyapati, Kayla	Foothill - P	14.61
3	Hangad, Rachael	Dougherty Va	14.46
4	Davis, Charli	St. Mary's C	14.44
5	Claitman, Alison	Foothill - P	14.44
6	McHugh, Avery	Foothill - P	14.61
7	Kaushik, Anika	Amador Valle	14.62
8	Parker, Sylvia	Amador Valle	14.72
Section 4 of 6 Finals			
1	Martinez - Cruz, Yareli	Pittsburg (N	14.38
2	Udeh, Kosisochukwu	Dougherty Va	14.35
3	Konduru, Sushrutha	Foothill - P	14.22
4	Reed, Jaiden	St. Mary's C	14.00
5	Lee, Marielle	San Ramon Va	14.10
6	Bertolo, Sophia	Granada (Nc)	14.34
7	Velasco, Malia	Carondelet (14.36
8	Byrne, Samantha	Foothill - P	14.44
Section 5 of 6 Finals			
1	Harrosh, Jordan	Tamalpais (N	13.98
2	Yap, Emily Jolie	James Logan	13.91
3	Caranto, Janika Reese	Dougherty Va	13.86
4	Reese, Amaya	Carondelet (13.73
5	Sabido, Hayley	Dougherty Va	13.80
6	Walston, Savannah	Granada (Nc)	13.88
7	Osicka, Rachael	California (13.95
8	Scott, Jaela	St. Mary's C	13.99

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Section 6 of 6 Finals...(Event 64 Girls 100 Meter Dash Frosh/Soph)

1	Torres, Ari	Urban of San	13.51
2	Richter, Chiara	Urban of San	13.49
3	Romano, Oona	Urban of San	13.13
4	Johnson, Tasharah	Pittsburg (N	12.94
5	Rockmore, Janai	Pittsburg (N	13.06
6	Tims, Nyla	Pittsburg (N	13.34
7	Davidson, Emma	San Ramon Va	13.50
8	Margate, Ayla	Carondelet (13.69

Event 65 Boys 100 Meter Dash Frosh/Soph**Saturday 3/25/2023 - 1:26 PM**

Lane	Name	School	Seed Time
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Section 1 of 5 Finals

2	Frost, Kenneth	Tamalpais (N	13.49
3	Lininger, Zach	Livermore (N	13.03
4	Peters, Mason	Livermore (N	12.92
5	Clark, Raphael	California (12.97
6	Barbash, James	Tamalpais (N	13.19

Section 2 of 5 Finals

1	Kundu, Shriyan	Amador Valle	12.83
2	Penrose, Bode	Urban of San	12.70
3	Warner, Keowyn	St. Mary's C	12.65
4	LeCount, Cristian	Foothill - P	12.48
5	Mutzi, Hunter	Foothill - P	12.53
6	Misra, Viraj	Foothill - P	12.67
7	Rhodes, Nolan	Urban of San	12.80
8	Malko-Allen, Luis	St. Mary's C	12.90

Section 3 of 5 Finals

1	Hughes, Marcus	St. Mary's C	12.44
2	Liu, Michael	Dougherty Va	12.37
3	Lee, Jordan	California (12.31
4	Gyamfi, Gabriel	Amador Valle	12.27
5	Sun, Chris	Dougherty Va	12.31
6	Srivastava, Ashmit	Dougherty Va	12.37
7	Shen, Jeffery	Dougherty Va	12.42
8	Fife, Carson	California (12.47

Section 4 of 5 Finals

1	Simon, Zachary	Northgate (N	12.23
2	Williams, Aiden	California (12.17
3	Houston, Noah	San Ramon Va	12.05
4	Cunningham, Ethan	Northgate (N	12.00
5	Gabriel, Ahmad	St. Mary's C	12.00
6	Cole, Malachi	Maria Carril	12.11
7	Miles, Sebastian	San Ramon Va	12.23
8	Boeschstein, Edward	Foothill - P	12.25

Section 5 of 5 Finals

1	Stout, Benjamin	Amador Valle	11.94
2	Kenion, Makari	Pittsburg (N	11.80
3	Bow, Elijah	Pittsburg (N	11.70
4	Bell, Truly	Pittsburg (N	11.63
5	Blanche, Zion	Pittsburg (N	11.64
6	Stern, Matthew	San Ramon Va	11.79
7	Ling, Ethan	Amador Valle	11.92
8	Deutsch, Dylan	San Ramon Va	11.96

Event 61 Girls 100 Meter Dash Varsity**Saturday 3/25/2023 - 1:37 PM**

Meet:	12.42	3/23/2019	Belle Aduaka
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Lane	Name	School	Seed Time
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Section 1 of 6 Finals

3	Hopcus, Ginger	Granada (Nc)	NT
4	Lu, Celine	Amador Valle	15.37
5	Colandine, Adriana	Granada (Nc)	NT

Section 2 of 6 Finals

1	Lam, Tiffany	Amador Valle	15.09
2	Kanios, Sia	Urban of San	14.45
3	Sha, Linna	Irvington (N	14.23
4	Hayward, Amelia	Urban of San	13.99
5	Hoe, Dawson	Urban of San	14.04
6	Polaski, Anne	Livermore (N	14.25
7	Randhawa, Alyssa	Granada (Nc)	14.61
8	Cohen, Chloe	Urban of San	15.37

Section 3 of 6 Finals

1	Aravindhan, Varsha	Irvington (N	13.94
2	Diwan, Reva	Foothill - P	13.81
3	Lanza, Mia	California (13.71
4	Austria, Rebecca	James Logan	13.63
5	McCormick, Annia	Dougherty Va	13.63
6	Jiang, Raelyn	Dougherty Va	13.80
7	DeMello, Kira	Granada (Nc)	13.83
8	Patterson, Ella	Foothill - P	13.94

Section 4 of 6 Finals

1	Mathews, Rachel	Dougherty Va	13.43
2	Pardo, Victoria	Carondelet (13.36
3	Hansen, Kyra	San Ramon Va	13.33
4	Russell, Anaya	Pittsburg (N	13.25
5	Kamble, Aditi	Foothill - P	13.31
6	Lanza, Jasmine	California (13.34
7	McIntyre, Saniya	St. Mary's C	13.41
8	Hernandez, Danielle	Dougherty Va	13.52

Section 5 of 6 Finals

1	Zibblatt, Mia	California (13.22
2	Luna, Jaycelyn	Carondelet (13.07
3	Harvey, India	San Ramon Va	13.02
4	Okorie, Jessica	California (12.93
5	Moore, Sydney	Maria Carril	12.98
6	Anderson-Brown, Essence	James Logan	13.06
7	Kenion, Kiana	Carondelet (13.11
8	Anderson-Brown, Nyarah	James Logan	13.22

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Section 6 of 6 Finals...(Event 61 Girls 100 Meter Dash Varsity)

1	Bronston, Bailey	Maria Carril	12.87
2	Szylko, Sabine	Tamalpais (N	12.60
3	Bell, Milani	Pittsburg (N	12.44
4	Aganju, Amirat (Temi)	Pittsburg (N	12.19
5	Fettig, Taryn	St. Mary's C	12.39
6	O'Malley, Kathryn	Maria Carril	12.55
7	Brooks, Samiyah	Pittsburg (N	12.67
8	Mulligan, Lily	Maria Carril	12.90

Event 62 Boys 100 Meter Dash Varsity**Saturday 3/25/2023 - 1:51 PM**

Meet: 11.12 3/23/2019 Austin Kresley

Lane	Name	School	Seed Time
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Section 1 of 8 Finals

3	Clark, Chad	Granada (Nc)	14.10
4	Winters, Cannan	Maria Carril	12.84
5	Sanders, Nathan	Maria Carril	12.95

Section 2 of 8 Finals

2	Warner, Makaius	St. Mary's C	12.68
3	Devadason, Samuel	Irvington (N	12.63
4	Infield, Julian	Urban of San	12.35
5	Yang, Alex	Urban of San	12.49
6	Anderson, Lucas	Granada (Nc)	12.65
7	Wong, Evan	Urban of San	12.78

Section 3 of 8 Finals

1	Salemi, Hakeem	Granada (Nc)	12.33
2	Insixiengmay, Ethan	Irvington (N	12.16
3	Tucker, Miles	Amador Valle	12.11
4	Zhou, Allen	Amador Valle	12.06
5	Sigua, Carson	Amador Valle	12.09
6	Mitra, Saagnik	Amador Valle	12.13
7	Sung, KaiWei	Irvington (N	12.30
8	Olsen, Wyatt	Maria Carril	12.34

Section 4 of 8 Finals

1	Classen, Tobias	Urban of San	12.01
2	Fox, Nicholas	California (11.98
3	Strange, Emilio	Clayton Vall	11.93
4	Go, Isaac	Foothill - P	11.83
5	Arguello, Matthew	Foothill - P	11.90
6	Ralston, Liam	San Ramon Va	11.97
7	Owens, Devin	St. Mary's C	12.00
8	Farro, Josh	De La Salle	12.02

Section 5 of 8 Finals

1	Gavino, Isaac	Foothill - P	11.78
2	Sapida, Lance	Dougherty Va	11.75
3	Johnson, Dominic	Livermore (N	11.73
4	Jacob, Dartez	De La Salle	11.72
5	Ghalam, William	Redwood (Nc)	11.73
6	Padiseti, Vajraang	Dougherty Va	11.73
7	Noel, Dwayne	Livermore (N	11.77
8	Gainant, Arthur	Northgate (N	11.78

Section 6 of 8 Finals

1	Williams, Seane	San Ramon Va	11.66
2	Flores, Diego	Livermore (N	11.66
3	Molinelli, Boston	Northgate (N	11.60
4	Bypan, Shashank	Dougherty Va	11.55
5	Retika, Kyle	Irvington (N	11.57
6	Abdul-Kareem, Sayyidi	California (11.61
7	Yang, Aaron	Dougherty Va	11.66
8	Payne, Zach	Foothill - P	11.66

Section 7 of 8 Finals

1	York, Justin	Livermore (N	11.52
2	Stallworth, Michael	Pittsburg (N	11.41
3	Nicholas, Jaden	De La Salle	11.40
4	King, Mykel	Pittsburg (N	11.36
5	Harrell, Marc	Pittsburg (N	11.38
6	Taylor, Khai	Pittsburg (N	11.40
7	LeBeau, Noah	San Ramon Va	11.44
8	Padrid, Caleb	San Ramon Va	11.55

Section 8 of 8 Finals

1	Cleary, Anthony	Redwood (Nc)	11.35
2	Tugbenyoh, Myles	Clayton Vall	11.32
3	Love, Devan	California (11.24
4	Bunch, Baden	Redwood (Nc)	10.86
5	Engel, Harrison	Tamalpais (N	11.14
6	Toa, Faavae	De La Salle	11.26
7	Taylor, Luke	California (11.35
8	Putney, Jack	Redwood (Nc)	11.35

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Event 9 Girls 4x800 Meter Relay Frosh/Soph**Saturday 3/25/2023 - 2:12 PM**

Meet: 10:27.76 3/24/2018 Granada

P Leigh, S Hill, A McIntosh, S Araya

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Maria Carril	A	10:20.00
	1) Fogg, Andi	2) Schubert, Carley	
	3) Gross, Isabelle	4) Szczekocki, Brooke	
	5) Laughlin, Ruby		
2	Northgate (N)	A	10:50.00
	1) Cohen, Natasha	2) Hosler, Hannah	
	3) Leininger, Lucy	4) Carcamo, Elena	
	5) Javidi Parsijani, Armita		
3	Granada (Nc)	A	10:57.00
	1) Herscu, Jenna	2) Gurusamy, Esha	
	3) Manley, Audrey	4) Beamon, Susie	
4	Tamalpais (N)	A	11:25.00
	1) Bailey, Fiona	2) Douglas, Izzy	
	3) Powell, Alex	4) Song, Jane	
5	Foothill - P	A	11:58.40
	1) Rodgers, Autumn	2) Krishnakumar, Ishana	
	3) Bondarenko, Brooke	4) Miller, Vivian	
6	Carondelet (A	12:20.00
	1) Condon, Kaitlyn	2) Zachary, Ruby	
	3) Woolfson, Tianna	4) Mclaughlin, Mackenzi	
7	Monte Vista	A	12:25.43
	1) Leahey, Alexa	2) Rudick, Jasmine	
	3) Lee, Emiliana	4) Emmons, Kailey	
8	St. Mary's C	A	NT
	1) Maris, Sierra	2) Pollard, Ella	
	3) Potter, Madison	4) Sullivan, Lia	

Event 10 Boys 4x800 Meter Relay Frosh/Soph**Saturday 3/25/2023 - 2:26 PM**

Meet: 8:46.61 3/25/2017 College Park

M Deboer, N Doorlay, B Thorsen, D Cook

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Tamalpais (N)	A	8:40.00
	1) Ruark, Lucas	2) Hatch, Cooper	
	3) Turner, Jack	4) Gardner, Caeden	
2	Maria Carril	A	8:45.00
	1) Wilson, Jack	2) Trenam, Kevin	
	3) Petrik, Austin	4) Dawson, Trenton	
3	St. Mary's C	A	9:00.00
	1) Bosio, Brandon	2) Demissie, Jacob	
	3) Doherty, Shane	4) Echeverria, Nico	
4	Foothill - P	B	9:00.20
	1) Gonzalez, Richard	2) Dai, Joshua	
	3) Lynn, Jacob	4) Krishnakumar, Narain	
5	Granada (Nc)	A	9:05.00
	1) Mikhael, George	2) Chen, Hastin	
	3) Matthews, Diamano	4) Espinoza, David	
6	Northgate (N)	A	9:06.00
	1) Cunningham, Ethan	2) Makedonsky, David	
	3) Chmielewski, Francis	4) Cook, Caleb	
7	De La Salle	A	9:09.14
	1) Heath, Salter	2) Leonardo, Massa	
	3) Dillon, Gaber	4) Tyler, Rubino	
8	De La Salle	B	9:15.00
	1) Tadhg, Murray	2) Danny, Accardo	
	3) Murdoch, DeLong	4) Ryan, Nix	
9	Tamalpais (N)	B	9:20.00
	1) Ismailer, Sam	2) Zink, Marco	
	3) Hekemian, Christian	4) Sanchez, Leo	
10	Dougherty Va	C	9:20.00
	1) Qazi, Hamza	2) Wang, James	
	3) Lee, Matthew	4) Lee, Nathan	
	5) Jones, Nicholas		
11	Maria Carril	B	9:23.00
	1) Treinen, Trystan	2) Rath, Jonathan	
	3) Wiese, Milo	4) Smith, Aiden	
12	Monte Vista	A	9:27.83
13	Monte Vista	B	9:27.83
14	De La Salle	C	9:30.00
	1) Cabreira, Ryan	2) Luke, Abranches	
	3) Nicholas, Varela	4) George, Tsagaris	
15	Tamalpais (N)	C	9:45.00
	1) Adkins, Wilson	2) Embree, Cooper	
	3) Squires, Campbell	4) Brat, Benjamin	
16	Dougherty Va	A	9:45.00
	1) Lee, Zachary	2) Patel, Milan	
	3) Nguyen, Matthew	4) Shaligram, Anuraag	
17	Foothill - P	A	9:50.00
	1) Chou, Hao-Cheng Henry	2) Arun, Dev	
	3) Fenstermacher, Liam	4) Chavez, Nolan	
18	Dougherty Va	B	10:20.00
	1) Dantuluri, Tanish	2) Redondo Pajaron, Pablo	
	3) Redondo Pajaron, Gonzalo	4) Sadanala, Aniketh	
19	Foothill - P	C	10:47.20
	1) Vidhani, Amod	2) O'Dell, James	

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Section 1 of 1 Finals

	3) Mullins, Noah		4) Lee, Taehwan
	5) Jakubowicz, Benjamin		6) Ko-So, Brandon
20	Granada (Nc)	C	NT
	1) Ajeesh, Neil		2) Matthews, Takehiro
	3) Bennett, Dylan		4) Chakrabarti, Ishaan
21	St. Mary's C	B	NT
	1) Valle, Kai		2) Tarango, Joaquin
	3) Souza, Andres		4) Presnell, Tucker
22	Granada (Nc)	B	NT
	1) Bertrand, Matthew		2) Martin, David
	3) Leary, Natnael		4) Enrique, Daniel

Event 11 Girls 4x800 Meter Relay Varsity**Saturday 3/25/2023 - 2:38 PM****Meet: 9:40.46 3/24/2018 California (San Ramon)****K Neumann, L Sebastiani, M Liem, A Brewer**

Lane	Team	Relay	Seed Time
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Section 1 of 1 Finals

1	Carondelet (A	9:55.40
	1) Addison, Jayla		2) Foxworthy, Kendall
	3) Kelley, Jade		4) DeMartini, Mary
2	Granada (Nc)	A	10:00.00
	1) Ruckmann-Barnes, Evelyn		2) Stein, Abby
	3) Sauder, Kerrigan		4) Lnenicka, Mia
3	Maria Carril	A	10:05.00
	1) Taylor, Rebekah		2) Moe, Kira
	3) Trenam, Gracie		4) Carra, Mia
	5) Choe, Katherine		
4	Northgate (N	A	10:08.00
	1) Kopper, Ella		2) Thomas, Reagan
	3) Carcamo, Sophia		4) Manning, Gabriela
	5) Seman, Abigail		
5	St. Mary's C	A	10:15.00
	1) Tarango, Olivia		2) Macintyre, Cally
	3) Jackson, Sofia		4) Lawson, Alexa
6	Urban of San	A	10:36.16
	1) Mei Ong, Natasha		2) Monty, Ellis
	3) Ye, Linda		4) Sparks, Page
7	Northgate (N	B	11:00.00
	1) Malloy, Megan		2) Fletcher, Rebecca
	3) Tribendis, Sophia		4) Urmson, Carmen
	5) Carlson, Finn		
8	Redwood (Nc)	A	11:01.48
	1) Mckenna, Sophie		2) Churton, Ruby
	3) Nacco, Marley		4) Novia, Olivia
	5) Stolte, Erin		
9	Amador Valle	A	12:20.00
10	Monte Vista	A	12:25.43
	1) Leahey, Alexa		2) Rudick, Jasmine
	3) Lee, Emiliana		4) Emmons, Kailey

Event 12 Boys 4x800 Meter Relay Varsity**Saturday 3/25/2023 - 2:51 PM****Meet: 7:53.68 3/28/2015 James Logan**

Lane	Team	Relay	Seed Time
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Section 1 of 1 Finals

1	Foothill - P	A	8:04.18
	1) DeCoite, Brennan		2) Karnik, Shiven
	3) Surridge, Colin		4) Wong, Colin
2	Granada (Nc)	A	8:06.00
	1) Bromley, Erik		2) Singh, Eshaan
	3) Gurusamy, Dheeraj		4) Ruckmann-Barnes, Roland
3	Granada (Nc)	B	8:23.00
	1) Cuevas Gomez, Adrian		2) Schade, Aleksander
	3) Walton, Jake		4) Hart, Luther
4	Tamalpais (N	A	8:35.00
	1) Lyons, James		2) Willard, Gavin
	3) Jackson, Soren		4) Dunmire, Max
5	De La Salle	A	8:40.00
	1) Joshua, Glueck		2) Christopher, Coleman
	3) Jaydan, Sanchez		4) Caldwell, Trey
6	Urban of San	A	8:41.00
	1) Nielsen, Theo		2) Waterman, Rylan
	3) Hayward, Griffin		4) Kuglen, Matthew
7	Northgate (N	A	8:42.00
	1) Benard, Robert		2) Faustini, Justin
	3) Silveira, Landen		4) Haraguchi, Bradley
	5) Wafadar, Sammy		6) Chang, Gavin
8	St. Mary's C	A	9:00.00
	1) Vass, Jurgis		2) McAndrew-Kvaerno, Daniel
	3) Kopchik, Colin		4) Johnson Vigeant, Vale
9	Dougherty Va	A	9:00.00
	1) Shaw, Riahan		2) Bakshi, Snehal
	3) Wang, Jerry		4) Devagudi, Vrishank
	5) Chandra, Ishaan		6) Punjavi, Pranav
10	Foothill - P	B	9:00.20
	1) Rosado, Diego		2) Helms Jr, Michael
	3) Joseph, Joshua		4) Holdren, Brady
11	Granada (Nc)	C	9:04.00
	1) McLaughlin, Jacob		2) Nellis Torres, Gabriel
	3) Moniz Armstrong, Jason		4) Sauder, Hudson
12	Tamalpais (N	B	9:20.00
	1) Wilhelm, Ben		2) Angus, Foster
	3) Collister, Dylan		4) Moreno, Jonas
13	Monte Vista	A	9:27.83
14	Monte Vista	B	9:27.83
15	Foothill - P	C	10:08.00
	1) Zhang, Kelvin		2) Soares, Andrew
	3) Thomas, Aidan		4) Mello, Griffin
	5) Lai, Matthew		
16	Maria Carril	A	10:32.00
	1) Sanderson, Grant		2) Sitton, Gabriel
	3) Gubera, Sean		4) Nacouzi, Rami
	5) Gross, Lawrence		6) Mello, Donald
17	San Ramon Va	A	NT
18	Redwood (Nc)	A	NT
	1) Momsen, Jonah		2) Peters, Kai
	3) Tudor, Calvin		4) Werner, Ethan
	5) Wollenweber, Nathan		

Bay Area Relays - 3/25/2023
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Event 13 Girls 4x200 Meter Relay Frosh/Soph**Saturday 3/25/2023 - 3:02 PM****Meet: 1:49.16 3/28/2015 St. Mary's -NC**

Lane	Team	Relay	Seed Time
Section 1 of 3 Finals			
2	Irvington (N)	A	NT
	1) Lin, Annabelle	2) Manjusnthy, Rhea	
	3) Chandrahasan, Deepika	4) Lee, Nicole	
3	Foothill - P	D	2:21.60
	1) Kumar, Neily	2) Moore, Hattie	
	3) Deshpande, Nirmohee	4) Austin, Naomi	
4	Tamalpais (N)	B	2:05.00
	1) Ulvestad, Tessa	2) Shapiro, Laura	
	3) Stevens, Lilah	4) Sanders, Indeya	
5	Foothill - P	C	2:12.70
	1) William, Anishka	2) Umentum, Amelia	
	3) Bondarenko, Brooke	4) Alfaro, Siena	
6	Foothill - P	A	2:37.50
	1) Venkataraghavan, Neha	2) Tian, Ella	
	3) Jain, Anisha	4) Jha, Pragya	
Section 2 of 3 Finals			
1	Pittsburg (N)	C	2:03.40
	1) Bruno, Sicily	2) Ubiera Castro, Chantel	
	3) Johnson, Riya	4) Wright, Dakeela	
2	Maria Carril	A	2:00.98
	1) Bryan, Ashley	2) Fogg, Andi	
	3) Marron, Cielo	4) Laughlin, Ruby	
3	Amador Valle	A	2:00.00
	1) Osagie, Valerie	2) Tummala, Bhavya	
	3) Shah, Alyssa	4) Sabido, Hayley	
5	Carondelet (C	1:59.00
	1) Jagurin, Jennice	2) Bentley, Catherine	
	3) Srivastava, Noori	4) Arvizu, Mia	
6	Tamalpais (N)	C	2:00.00
	1) Kunz, Clio	2) Lee, Plum	
	3) Koch-Bergren, Ayla	4) Evans, Kendra	
7	San Ramon Va	A	2:03.00
	1) McHugh, Avery	2) Claitman, Alison	
	3) Bevers, Marisa	4) Boyapati, Kayla	

Section 3 of 3 Finals...(Event 13 Girls 4x200 Meter Relay Frosh/Soph)

1	St. Mary's C	B	1:58.00
	1) Bey, Maleah	2) Ballard, Callie	
	3) Gant Hatcher, Kira	4) McIntyre, Saniya	
2	Carondelet (B	1:56.50
	1) Yamamoto, Elizabeth	2) Boneberg, Brooke	
	3) Patterson, Paige	4) Ruscio, Marisa	
3	St. Mary's C	A	1:55.00
	1) Wilson, Tatiana	2) Scott, Jaela	
	3) Davis, Charli	4) Fite, Niassa	
4	Pittsburg (N)	A	1:50.20
	1) Tims, Nyla	2) Gill, Rayana	
	3) Johnson, Tasharah	4) Batiste, Jayla	
5	Carondelet (A	1:54.42
	1) Margate, Ayla	2) Velasco, Malia	
	3) Reese, Amaya	4) Carrie, Dominique	
6	Tamalpais (N)	A	1:56.00
	1) Harrosh, Jordan	2) Wong, Mia	
	3) Popper, Natalie	4) Szylko, Sabine	
7	Pittsburg (N)	B	1:57.20
	1) Hartwell, Mekhai	2) Elzie, Janiyah	
	3) Reyes, Allison	4) Calhoun, Courtney	
8	Dougherty Va	A	1:58.63
	1) Caranto, Janika Reese	2) Hangad, Rachael	
	3) Pradhan, Soumya	4) Buergi, Elizabeth	

Event 14 Boys 4x200 Meter Relay Frosh/Soph**Saturday 3/25/2023 - 3:17 PM****Meet: 1:35.93 3/25/2017 Tamalpais****L Affeltranger, N Whitaker, W Watkins, A Nicholas**

Lane	Team	Relay	Seed Time
Section 1 of 3 Finals			
3	St. Mary's C	B	NT
	1) Warner, Keowyn	2) Walton, Trevor	
	3) Masket, Reggie	4) Young, Mason	
4	Northgate (N)	A	NT
	1) Chang, Ethan	2) Dinh, Andrew	
	3) Fruchtenicht, Owen	4) Povalyayev, Maxim	
5	San Ramon Va	A	NT
Section 2 of 3 Finals			
1	St. Mary's C	A	NT
	1) Baltrip, CJ	2) Brawley, Ky'mari	
	3) Gabriel, Ahmad	4) Johnson Neal, Christian	
2	Foothill - P	B	2:11.70
	1) Myers, Thomas	2) Salmon, Graydon	
	3) Wong, Dylan	4) Song, Yiheng	
3	Tamalpais (N)	A	1:48.00
	1) Barbash, James	2) Frost, Kenneth	
	3) Burnett, Dexter	4) Bester, Cole	
4	Amador Valle	B	1:46.00
	1) Boeschstein, Edward	2) Mao, Andrew	
	3) Mutzl, Hunter	4) Herbert, Cormac	
5	Foothill - P	A	1:46.40
	1) Boeschstein, Edward	2) Mao, Andrew	
	3) Mutzl, Hunter	4) Herbert, Cormac	
6	Amador Valle	C	1:48.00
	1) Boeschstein, Edward	2) Mao, Andrew	
	3) Mutzl, Hunter	4) Herbert, Cormac	
7	San Ramon Va	B	NT

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Section 3 of 3 Finals

1	Amador Valle	A	1:43.00
2	De La Salle	C	1:40.01
	1) Sundiata, Walker	2) Sandbergen, Aleksey	
	3) Nathan, Raphael	4) Broussard, Reggie	
3	Dougherty Va	A	1:37.38
	1) Unni, Aditya	2) Liu, Michael	
	3) Punaroor, Ashwin	4) Fook, Evan	
4	De La Salle	A	1:33.17
	1) King, Marquis	2) Marcos, Reyes	
	3) Trisshon, Wright	4) Wesley, Gholson	
5	Pittsburg (N	A	1:36.29
	1) Edwards, Tim	2) Kenion, Makari	
	3) Bell, Truly	4) Blanche, Zion	
6	De La Salle	B	1:37.88
	1) Caleb, Jones	2) Dean, Anthony	
	3) Carlos, Ochoa	4) Joseph, Bubar	
7	Pittsburg (N	B	1:40.90
	1) Thompson, Ahmaud	2) Mosley, RJ	
	3) MartinezÂ , Jesus	4) Holland, Jaydon	
8	Pittsburg (N	C	1:45.99
	1) Cinneros, David	2) West, Triston	
	3) Amos, Deonte	4) Fofonongalao, Maikolo	

Event 15 Girls 4x200 Meter Relay Varsity

Saturday 3/25/2023 - 3:32 PM

Meet: 1:42.11 3/25/2017 Sheldon (CA)

E Lemp, T Reid, T McDonald, T LaChapelle

Lane	Team	Relay	Seed Time
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Section 1 of 3 Finals

3	Granada (Nc)	C	2:20.00
	1) Masingale, Scarlett	2) Roa, Victoria	
	3) De Vera, Rhianna	4) Vo, Amelia	
4	Lower Lake (B	2:11.00
	1) Eaton, Alexi	2) Case, Kaylee	
	3) Covarrubias, Ariana	4) Watson, Mary	
5	Granada (Nc)	B	2:16.00
	1) Mashlakian, Anoush	2) Ogle, Addison	
	3) Richards, Kelsey	4) Aluzzi, Avery	

Section 2 of 3 Finals...(Event 15 Girls 4x200 Meter Relay Varsity)

1	Foothill - P	B	2:03.30
	1) VanCleave, Lilian	2) Terpstra, Bethlehem	
	3) House, Rianna	4) Oh, Allison	
2	Foothill - P	C	2:01.30
	1) Huang, Joyce	2) Baldwin, Abigail	
	3) Chandrapati, SriSai Vaishnavi	4) Nair, Aditi	
3	Dougherty Va	A	1:58.63
	1) Desai, Saheli	2) Khannan, Jahnvi	
	3) Reymann, Jada	4) Mathews, Rachel	
4	Lower Lake (A	1:57.66
	1) Saucedo, Yamilet	2) Holland, Maya	
	3) Pelcastre, Gabby	4) Lopez, Laniese	
5	Foothill - P	A	1:58.05
	1) Chapman, Allison	2) Diwan, Reva	
	3) Fraher, Elizabeth	4) Van Horn, Claire	
6	San Ramon Va	A	2:00.00
7	Urban of San	B	2:02.00
	1) Hayward, Amelia	2) Cohen, Chloe	
	3) Tarm, Saya	4) Kanios, Sia	
8	Granada (Nc)	A	2:03.32
	1) Holmes, Catlyn	2) Cockrell, Delaney	
	3) Kowal, Isabella	4) Pham, Ioni	

Section 3 of 3 Finals

1	Urban of San	A	1:52.00
	1) Hoe, Dawson	2) Richter, Chiara	
	3) Torres, Ari	4) Romano, Oona	
2	Clayton Vall	A	1:49.59
	1) Mcdonald, Kimora	2) Magu, Vivienne	
	3) Lahanas, Zoe	4) Ogu, Kellsey	
	5) Ali, Santia	6) Gomez, Jade	
3	California (A	1:47.00
	1) Zibblatt, Mia	2) Lanza, Jasmine	
	3) Lee, Elise	4) Okorie, Jessica	
	5) Lanza, Mia		
4	Pittsburg (N	A	1:43.87
	1) Rockmore, Janai	2) Bell, Milani	
	3) Aganju, Amirat (Temi)	4) Russell, Anaya	
	5) Jenkins, Billie		
5	Maria Carril	A	1:46.78
	1) Bronston, Bailey	2) Moore, Sydney	
	3) Mulligan, Lily	4) O'Malley, Kathryn	
	5) Moore, Emma		
6	Carondelet (A	1:47.42
	1) David, Paige	2) Kenion, Kiana	
	3) Luna, Jaycelyn	4) Pardo, Victoria	
	5) Castagnetto, Carli		
7	St. Mary's C	A	1:52.00
	1) Dwyer, Brooklyn	2) Fettig, Taryn	
	3) Hedgspeth, Dylan	4) Lawson, Alexa	
8	James Logan	A	1:55.35
	1) Vuong, Heather	2) Dalman, Camryn	
	3) Austria, Rebecca	4) Vazquez, Amy	

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Event 16 Boys 4x200 Meter Relay Varsity**Saturday 3/25/2023 - 3:47 PM**

Meet: 1:29.14 3/28/2015 St. Mary's -NC

Lane	Team	Relay	Seed Time
Section 1 of 3 Finals			
1	San Ramon Va	B	NT
2	San Ramon Va	A	NT
3	Irvington (N	A	1:45.00
	1) Beppu, Lucas	2) Kuruvilla, Jonathan	
	3) Kowkuntla, Krish	4) Rosario, Peter	
4	Foothill - P	B	1:42.50
	1) Kim, Haneum	2) Amare, Brook	
	3) Lai, Matthew	4) Baesemann, Conor	
5	Granada (Nc)	A	1:43.06
	1) Dattilo, Landon	2) Ladner, Matthew	
	3) Atwal, Ruhaan	4) Lagapa-Barcinas, Kekoa	
6	Granada (Nc)	B	1:56.84
	1) Smith-Calónico, Conor	2) Rielly, Aidan	
	3) Liao, Anderson	4) Hahn, Haven	
7	Bishop O'Dow	A	NT
	1) AJose, Ayodeji	2) Jones, Cameron	
	3) Orias, Aidan	4) Sweeney, Ian	
Section 2 of 3 Finals			
1	Urban of San	A	1:42.00
	1) Wong, Evan	2) Rhodes, Nolan	
	3) Yang, Alex	4) Classen, Tobias	
	5) Infield, Julian	6) Penrose, Bode	
2	Irvington (N	B	1:40.00
	1) Nguyen, Ethan	2) Lim, Kyle	
	3) Chao, Abraham	4) Insiengmay, Ethan	
3	Dougherty Va	A	1:37.38
	1) Sattley, Wyatt	2) Sapida, Lance	
	3) Bypan, Shashank	4) Srivastava, Aryan	
4	Tamalpais (N	A	1:36.00
	1) Engel, Harrison	2) Wanger, Nate	
	3) VanDien, Hunter	4) Peterson, Quincy	
5	California (A	1:36.10
	1) Abdul-Kareem, Sayyidi	2) Taylor, Luke	
	3) Browne, Ethan	4) Love, Devan	
	5) Fasshauer, Nick	6) Fox, Nicholas	
6	St. Mary's C	A	1:40.00
	1) Swanson, Luke	2) Tanisaki, Logan	
	3) Warner, Makaius	4) Kettler, Myles`	
7	Amador Valle	A	1:42.00
8	Lower Lake (A	1:42.09
	1) Felder, Stephen	2) Jones, Charles	
	3) Alvarez-Ramos, Fidel	4) Johnson, Leslie	

Section 3 of 3 Finals...(Event 16 Boys 4x200 Meter Relay Varsity)

1	Clayton Vall	A	1:34.82
	1) Tugbenyoh, Myles	2) Perez, Fernando	
	3) Strange, Emilio	4) Christy, Ryan	
	5) Brown, Kilwin		
2	De La Salle	B	1:34.17
	1) Farro, Josh	2) Koran, Adams	
	3) Keon, Harris	4) Ikembuchukwu, Udeh	
3	De La Salle	A	1:30.17
	1) Jayden, Jefferson	2) Udeh, Chukwunonso	
	3) Nicholas, Jaden	4) Toa, Faavae	
	5) Johnathan, Guerrero		
4	Pittsburg (N	A	1:29.54
	1) Tezeno, La'Rico	2) Higgins, Keynan	
	3) King, Mykel	4) Shivers, Tramayne	
5	Pittsburg (N	B	1:29.99
	1) Stallworth, Michael	2) Taylor, Khai	
	3) Calhoun, Dominik	4) Boyd, Robyn (Budda)	
6	Pittsburg (N	C	1:34.00
	1) Jones, Erick	2) Barnes, Emery	
	3) Telfor, Dominic	4) Richarson-Mack, Mekhi	
7	Maria Carril	A	1:34.33
	1) Garza, Alberto	2) Jepson, James	
	3) Ong, Alexander	4) Gray, Jai	
8	Foothill - P	A	1:35.13
	1) Payne, Zach	2) Arguello, Matthew	
	3) Gavino, Isaac	4) Salehi, Yousef	

Event 67 Girls 1 Mile Run Frosh/Soph**Saturday 3/25/2023 - 4:02 PM**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Sullivan, Lia	St. Mary's C	5:47.00
2	Schubert, Carley	Maria Carril	5:52.85
3	Li-Chou, Jing	St. Mary's C	6:05.00
4	Potter, Madison	St. Mary's C	6:19.00
5	Miller, Vivian	Foothill - P	6:22.95
6	Javidi Parsijani, Armita	Northgate (N	6:30.00
7	Rogers, Talula	Urban of San	6:30.00
8	Branch, Kate	Irvington (N	6:35.00
9	Graham, Charlotte	St. Mary's C	6:40.00
10	Fogg, Savannah	Maria Carril	6:40.38
11	Reddy, Mahika	Dougherty Va	6:55.00
12	Campos Carmona, Dalila	Maria Carril	7:00.00
13	Krishnakumar, Ishana	Foothill - P	7:21.57
14	Venketsamy, Katelin	Amador Valle	7:35.00
15	Connolly, Rita	Foothill - P	7:37.99
16	Kang, Angelina	Foothill - P	7:50.14
17	Hoffman-Rodriguez, Camila	Carondelet (NT
18	Venkatesh, Vaishali	Granada (Nc)	NT
19	Rodriguez, Gisella	Granada (Nc)	NT
20	Liang, Shirley	Granada (Nc)	NT
21	Zachary, Lillian	Carondelet (NT
22	Sharma, Aadya	Granada (Nc)	NT

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Event 68 Boys 1 Mile Run Frosh/Soph**Saturday 3/25/2023 - 4:11 PM**

Lane	Name	School	Seed Time
Section 1 of 2 Finals			
1	Mullins, Noah	Foothill - P	5:34.27
2	Jensen, Shay	Maria Carril	5:39.36
3	Blanco, Warren	Tamalpais (N)	5:40.00
4	Thom, Keon	Maria Carril	5:40.26
5	George, Tsagaris	De La Salle	5:50.00
6	Aidan, Loberg	De La Salle	5:52.11
7	Oliveira, Porthos	Tamalpais (N)	6:00.00
8	Kumar, Aaditya	Dougherty Va	6:00.00
9	Jakubowicz, Benjamin	Foothill - P	6:16.93
10	Shay, Kashif	De La Salle	7:04.72
11	Doherty, Shane	St. Mary's C	NT
12	Valle, Kai	St. Mary's C	NT
13	Cumbelich, Johnny	De La Salle	NT
14	Bosio, Brandon	St. Mary's C	NT
15	Schmitt, Javin	St. Mary's C	NT

Section 2 of 2 Finals

1	Durban, Josh	Granada (Nc)	4:50.00
2	Chou, Hao-Cheng Henry	Foothill - P	4:59.30
3	Eichenberger, Matthew	Granada (Nc)	5:04.00
4	Yan, Zilin	Granada (Nc)	5:09.00
5	Arun, Dev	Foothill - P	5:10.63
6	Rath, Jonathan	Maria Carril	5:13.40
7	Martin, Logan	Amador Valle	5:15.59
8	Medrano, Julian	Granada (Nc)	5:16.00
9	Indrayan, Sameer	Amador Valle	5:18.00
10	Muir, James	Maria Carril	5:19.56
11	Fillat, Gilbert	Tamalpais (N)	5:20.00
12	Small, Noah	Amador Valle	5:21.00
13	Krishnakumar, Narain	Foothill - P	5:23.86
14	Emig, Jonas	Amador Valle	5:25.00
15	Maggiotto, Elliott	Urban of San	5:31.00
16	Gonzalez, Richard	Foothill - P	5:31.87

Event 69 Girls 1 Mile Run Varsity**Saturday 3/25/2023 - 4:25 PM**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Turns, Alyssa	Monte Vista	5:17.31
2	Punz, Annika	St. Mary's C	5:20.00
3	Barnes, Ellery	Tamalpais (N)	5:25.00
4	Goyal, Juhi	Amador Valle	5:54.45
5	Zuniga, Milla	Amador Valle	5:55.00
6	Hu, Adah	Granada (Nc)	5:57.00
7	Seman, Abigail	Northgate (N)	5:58.00
8	Rosenberg, Alexis	Granada (Nc)	5:59.00
9	Mandala, Shaina	Tamalpais (N)	6:00.00
10	Yoon, Heejee	Amador Valle	6:00.33
11	Ye, Linda	Urban of San	6:05.00
12	May, Natalie	Granada (Nc)	6:08.00
13	Tsai, Jessica	Foothill - P	6:10.63
14	Clark, Katy	Amador Valle	6:20.80
15	Dong, Yu Xin	Foothill - P	6:32.98
16	Urmson, Carmen	Northgate (N)	6:36.00
17	Edmondson, Mia	Tamalpais (N)	6:40.00
18	Hoover, Lilah	St. Mary's C	7:00.00
19	Urban, Maeve	St. Mary's C	7:05.00
20	Rippe, Hadia	Lower Lake (8:00.00
21	Mehru, Saumya	Kennedy (Joh	NT

Event 70 Boys 1 Mile Run Varsity**Saturday 3/25/2023 - 4:33 PM**

Lane	Name	School	Seed Time
Section 1 of 2 Finals			
1	Shoroff, Akshay	Irvington (N)	5:18.00
2	Isaiah, Daco	De La Salle	5:21.85
3	Goldmacher, Bennett	Tamalpais (N)	5:30.00
4	Wong, Evan	Amador Valle	5:30.00
5	Daniel, Corral	De La Salle	5:35.34
6	Gondkoff, Jared	Amador Valle	5:37.00
7	Angus, Foster	Tamalpais (N)	5:40.00
8	Thomas, Aidan	Foothill - P	5:51.96
9	Mejia, Jessi	Amador Valle	5:54.00
10	Shepatin, Jude	Tamalpais (N)	6:15.00
11	Vass, Jurgis	St. Mary's C	NT
12	Kopchik, Colin	St. Mary's C	NT
13	Chang, Gavin	Northgate (N)	NT
14	Markovich, Drew	Redwood (Nc)	NT
15	Licea, Adrian	St. Mary's C	NT

Bay Area Relays - 3/25/2023
Foothill High School
Meet Program - Track Events

Section 2 of 2 Finals

1	Malko-Allen, Mateo	St. Mary's C	4:14.68
2	DeCoite, Brennan	Foothill - P	4:34.52
3	Prasanna, Rahul	Granada (Nc)	4:35.00
4	Jaydan, Sanchez	De La Salle	4:51.37
5	Wafadar, Sammy	Northgate (N	4:53.00
6	Rosado, Diego	Foothill - P	4:58.59
7	Sheinis, Ian	Granada (Nc)	4:59.00
8	Holdren, Brady	Foothill - P	4:59.77
9	Manley, Liam	Granada (Nc)	5:00.00
10	Chong, Alex	Granada (Nc)	5:00.00
11	Joseph, Joshua	Foothill - P	5:09.68
12	Helms Jr, Michael	Foothill - P	5:11.02
13	Jake, Nuti	De La Salle	5:14.15
14	dhuria, saksham	Irvington (N	5:15.00
15	Sommerfield, Kyle	Amador Valle	5:16.00