

NBL Track & Field Championship - 5/2/2023 to 5/4/2023

Rancho Cotate High School

Meet Program - Day 1

Event 37 Girls 100 Meter Hurdles Junior Varsity**Top 8 Advance by Time**

Tuesday 5/2/2023 - 4:00 PM

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
1	Emily Ricci	9	Rancho Cotate	
2	Taylor Clawson	10	Maria Carrillo	
3	Lauren Van Artsdalen	11	Windsor (Nc)	
4	Mieke Verspecht	9	Santa Rosa (Nc)	
5	Joie Kozubal	10	Healdsburg (Nc)	
6	Mony Neang	11	Piner (Nc)	
7	Alisa Strykowski	10	Healdsburg (Nc)	
Heat 2 of 2 Prelims				
1	Lindsey Tyler	10	Montgomery (Nc)	
2	Jasmine Tran	10	Analy (Nc)	
3	Jenna Sannar	10	Maria Carrillo	
4	Taiye Fahnbulleh	10	Maria Carrillo	
5	Nell Krombholz	9	Maria Carrillo	
6	Lyla Hanauer	9	Analy (Nc)	
7	Tallulah Ayton	10	Montgomery (Nc)	

Event 5 Girls 100 Meter Hurdles Varsity**16 Advance: Top 1 Each Heat plus Next 13 Best Times**

Tuesday 5/2/2023 - 4:06 PM

16.24 NCS At-Large

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
1	Ella Baldwin	9	Analy (Nc)	
2	Niki Domasz	12	Piner (Nc)	
3	Jamie Gage	10	Montgomery (Nc)	
4	Anyia Halkovich	10	Cardinal Newman	
5	Payton McGarva	12	Maria Carrillo	
6	Kate Wallace	10	Santa Rosa (Nc)	
7	Elena Marquez	10	Analy (Nc)	
Heat 2 of 3 Prelims				
1	Savannah Nelson	10	Ukiah (Nc)	
2	Jasmine Caballero-Luna	11	Piner (Nc)	
3	Lily Cuniberti	11	Maria Carrillo	
4	Natalie Wilmarth	12	Montgomery (Nc)	
5	Beatrice Belt	9	Maria Carrillo	
6	Nola McGarva	11	Maria Carrillo	
7	Juliet Allen	9	Montgomery (Nc)	
Heat 3 of 3 Prelims				
1	Victoria Gutanu	11	Windsor (Nc)	
2	Stacy Le	10	Piner (Nc)	
3	Kori Simpson	10	Rancho Cotate	
4	Ariana Rogina	10	Montgomery (Nc)	
5	Natalie Rosetti	11	Cardinal Newman	
6	Reese Kapustka	11	Maria Carrillo	
7	Jasmin Baptista	12	Analy (Nc)	

Event 38 Boys 110 Meter Hurdles Junior Varsity**Top 8 Advance by Time**

Tuesday 5/2/2023 - 4:20 PM

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
1	Azzam Sandoval	9	Montgomery (Nc)	
2	Jose Miguel Vasquez	11	Piner (Nc)	
3	Parker Mitchell	9	Ukiah (Nc)	
4	Matthew Donlon	10	Maria Carrillo	
5	Adarius Brooke	10	Rancho Cotate	
6	Jason Dennis	9	Santa Rosa (Nc)	
7	Tate Triola	9	Montgomery (Nc)	
Heat 2 of 2 Prelims				
1	Silmon Arefaine	9	Montgomery (Nc)	
2	Junior Ballinas Jimenez	11	Piner (Nc)	
3	Brice Allsup	10	Rancho Cotate	
4	Andrew McNiel	10	Ukiah (Nc)	
5	Joey Martinez	10	Piner (Nc)	
6	Eljay Broderick	9	Santa Rosa (Nc)	
7	Tavian Beeson	10	Rancho Cotate	

Event 39 Girls 400 Meter Dash Junior Varsity**Top 8 Advance by Time**

Tuesday 5/2/2023 - 4:30 PM

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
3	Jasmin Orozco Abonce	10	Santa Rosa (Nc)	
4	Cielo Marron	10	Maria Carrillo	
5	Savannah Fogg	9	Maria Carrillo	
6	Kira Nielson	10	Healdsburg (Nc)	
Heat 2 of 2 Prelims				
2	Lauren Pounds	9	Rancho Cotate	
3	Anjuli Kumthekar	9	Montgomery (Nc)	
4	Emily Baker	10	Maria Carrillo	
5	Mariana Eakle	11	Santa Rosa (Nc)	
6	Willow Aquila	9	Piner (Nc)	

Event 40 Boys 400 Meter Dash Junior Varsity**Top 8 Advance by Time**

Tuesday 5/2/2023 - 4:35 PM

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
1	Cody Carmichael	12	Elsie Allen (Nc)	
2	Samuel Weeks	11	Montgomery (Nc)	
3	Christopher Gutierrez	10	Santa Rosa (Nc)	
4	Joshua Moe	9	Maria Carrillo	
5	Eric Rodriguez	10	Santa Rosa (Nc)	
6	Jaiden Gay	11	Windsor (Nc)	
7	Ryan Mertens	12	Piner (Nc)	
8	Alexis Molina Arango	9	Elsie Allen (Nc)	

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Heat 2 of 2 Prelims...(Event 40 Boys 400 Meter Dash Junior Varsity)

1	Shravan Sundaram	10	Maria Carrillo
2	Giezi Guerero	12	Elsie Allen (Nc)
3	Zion Radford	10	Santa Rosa (Nc)
4	John McClellan	9	Rancho Cotate
5	Levi Hensley	10	Analy (Nc)
6	Wyatt Drew	9	Healdsburg (Nc)
7	William Do	9	Santa Rosa (Nc)

Event 7 Girls 400 Meter Dash Varsity**16 Advance: Top 1 Each Heat plus Next 13 Best Times**

Tuesday 5/2/2023 - 4:40 PM

59.55 NCS At-Large

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Karris Morasch	11	Analy (Nc)
2	Ruby Trione	11	Santa Rosa (Nc)
3	Elena Marquez	10	Analy (Nc)
4	Elena King	12	Analy (Nc)
5	Kehlen Eubanks	11	Montgomery (Nc)
6	Kylie Malm	11	Maria Carrillo
7	Cheyann Cena	10	Santa Rosa (Nc)

Heat 2 of 3 Prelims

1	Amelia Wickersham	9	Healdsburg (Nc)
2	Ruby Laughlin	9	Maria Carrillo
3	Kaelyn Malsbary	10	Windsor (Nc)
4	Elizabeth Beiswanger	12	Montgomery (Nc)
5	Bella D'Amico	--	Cardinal Newman
6	Adeline Waterman	12	Healdsburg (Nc)
7	Valeria Ramirez Contreras	12	Piner (Nc)

Heat 3 of 3 Prelims

1	Josalyn Schmidt	12	Piner (Nc)
2	Jasmine Mansfield	10	Montgomery (Nc)
3	Maiya Wienert Bardell	11	Santa Rosa (Nc)
4	Elianah DeMange	12	Maria Carrillo
5	Emma Moore	11	Maria Carrillo
6	Ella Chong	12	Maria Carrillo
7	Leila Youngblood	12	Rancho Cotate

Event 8 Boys 400 Meter Dash Varsity**16 Advance: Top 1 Each Heat plus Next 13 Best Times**

Tuesday 5/2/2023 - 4:45 PM

50.38 NCS At-Large

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

2	Sovonn Eng	9	Montgomery (Nc)
3	Estefan Ramirez	9	Maria Carrillo
4	Dylan Arendt	11	Analy (Nc)
5	Liam Currie	11	Cardinal Newman
6	Hunter Contrell	11	Rancho Cotate
7	William Voss	12	Analy (Nc)

Heat 2 of 3 Prelims

2	Azriel Cuevas-Martinez	10	Piner (Nc)
3	Cole Ouimette	11	Santa Rosa (Nc)
4	Owen Foley	11	Analy (Nc)
5	Xavius Lanford	11	Montgomery (Nc)
6	Jackson Giglio	10	Ukiah (Nc)
7	Alexander Rodriguez	11	Piner (Nc)

Heat 3 of 3 Prelims

2	Guy Glenzer	10	Ukiah (Nc)
3	Jacob Patterson	10	Cardinal Newman
4	Joseph Bowser	12	Montgomery (Nc)
5	Julius Skamarack	10	Cardinal Newman
6	Max Winchell	10	Rancho Cotate
7	Erick Gutierrez	12	Healdsburg (Nc)

Event 41 Girls 100 Meter Dash Junior Varsity**Top 8 Advance by Time**

Tuesday 5/2/2023 - 5:05 PM

Lane	Name	Yr	School	Seed Time
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Heat 1 of 7 Prelims

1	Tailiyah Baring	11	Rancho Cotate
2	Dakota Kenoyer-Hawkyard	10	Montgomery (Nc)
3	Yanely Tejada	9	Piner (Nc)
4	Mia Nunez	12	Rancho Cotate
5	Brooklyn Chiu	9	Analy (Nc)
6	Liliana Villafana	10	Montgomery (Nc)
7	Hilary Garcia Mejia	9	Piner (Nc)
8	Deanna Aquila	12	Rancho Cotate

Heat 2 of 7 Prelims

1	Yvette Ojeda Jimenez	10	Santa Rosa (Nc)
2	Kokob Moges	10	Montgomery (Nc)
3	Mireya Mosqueda Damian	10	Piner (Nc)
4	Amelia Leslie	10	Maria Carrillo
5	Xoe Thompson	11	Santa Rosa (Nc)
6	Olivia O'Toole Barber	10	Montgomery (Nc)
7	Addison Hageman	10	Windsor (Nc)
8	Leena Martinez	10	Piner (Nc)

Heat 3 of 7 Prelims

1	Kimberly Murillo Dominga	11	Piner (Nc)
2	Keelyn Walker	10	Santa Rosa (Nc)
3	Cassidy Whitestone	9	Analy (Nc)
4	Kiara Asti	10	Montgomery (Nc)
5	Katja Simpson	10	Maria Carrillo
6	Olivia Smith	10	Rancho Cotate
7	Jayden Greer	9	Rancho Cotate
8	Fia Huebel	9	Healdsburg (Nc)

Heat 4 of 7 Prelims

1	Ximena Mateos	9	Piner (Nc)
2	Annabelle Demarest	11	Maria Carrillo
3	Grace Goodrich	10	Maria Carrillo
4	Chloe Gallagher	10	Santa Rosa (Nc)
5	Jenna Sannar	10	Maria Carrillo
6	Grace Voit	10	Maria Carrillo
7	Tessa Costamagna	11	Santa Rosa (Nc)

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Heat 5 of 7 Prelims...(Event 41 Girls 100 Meter Dash Junior Varsity)

1	Jaqueline Hurtado	12	Piner (Nc)
2	Addison Clark	9	Rancho Cotate
3	Emma Choe	10	Piner (Nc)
4	Zoe Chisler	10	Maria Carrillo
5	Payton Gramm	9	Analy (Nc)
6	Mony Neang	11	Piner (Nc)
7	Vanessa Meza Martinez	9	Piner (Nc)

Heat 6 of 7 Prelims

1	Lindsey Tyler	10	Montgomery (Nc)
2	Angela Garcia	10	Montgomery (Nc)
3	Ava Bolacito	9	Maria Carrillo
4	Makenna Runyan	10	Santa Rosa (Nc)
5	Calais Cuellar	11	Maria Carrillo
6	Ella Des Bordes	10	Piner (Nc)
7	Kimberly Camacho Landero	11	Piner (Nc)

Heat 7 of 7 Prelims

1	Jocelyn Baltazar Altamirano	10	Elsie Allen (Nc)
2	Olivia Fountain	9	Rancho Cotate
3	Mannat Kaur	9	Windsor (Nc)
4	Perla Ramirez Luna	10	Piner (Nc)
5	Pricellis Alvarado	9	Piner (Nc)
6	Kalea Morales	9	Analy (Nc)
7	Fernanda Contreras	9	Piner (Nc)

Event 42 Boys 100 Meter Dash Junior Varsity**Top 8 Advance by Time**

Tuesday 5/2/2023 - 5:30 PM

Lane	Name	Yr	School	Seed Time
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Heat 1 of 11 Prelims

1	Shravan Sundaram	10	Maria Carrillo
2	Ian Hernandez-Fernandez	10	Maria Carrillo
3	Matthew Sphabmixay	12	Santa Rosa (Nc)
4	Julian Perez	10	Piner (Nc)
5	Parker Mitchell	9	Ukiah (Nc)
6	Ian Stanley	9	Windsor (Nc)
7	Jade Garcia-Glover	10	Santa Rosa (Nc)
8	James Henningsen	10	Maria Carrillo

Heat 2 of 11 Prelims

1	Uriel Morales	11	Piner (Nc)
2	Freddy Zarco Nunez	11	Piner (Nc)
3	Riley Hallin	10	Montgomery (Nc)
4	August Gesell	10	Montgomery (Nc)
5	Tamatoa Halle	9	Rancho Cotate
6	Antolin Vasquez-Mendoza	10	Maria Carrillo
7	Christopher Soeters	9	Windsor (Nc)
8	Lorenzo Lopez	9	Analy (Nc)

Heat 3 of 11 Prelims

1	Tyler Baldwin	9	Maria Carrillo
2	Connor Masuno	10	Maria Carrillo
3	Ryan Yeager	10	Montgomery (Nc)
4	Caelan Brown	9	Ukiah (Nc)
5	Mason Rake	10	Maria Carrillo
6	Alex Nguyen	9	Piner (Nc)
7	Ivan Flores	9	Maria Carrillo
8	Alexis Molina Arango	9	Elsie Allen (Nc)

Heat 4 of 11 Prelims

1	Ignacio Enriquez	11	Piner (Nc)
2	Christoper Gillaly	10	Piner (Nc)
3	Khilil Shabazz Hubbard	11	Montgomery (Nc)
4	Gavin Naminachanty	10	Rancho Cotate
5	Miles Bergum	10	Montgomery (Nc)
6	Ghazi Sandoval	10	Montgomery (Nc)
7	Maxwell Cook	10	Maria Carrillo
8	Ross Fitzpatrick	10	Healdsburg (Nc)

Heat 5 of 11 Prelims

1	Jared Garcia	11	Montgomery (Nc)
2	Stryder Ridout	9	Piner (Nc)
3	Nael Tesfamariam	11	Piner (Nc)
4	Kai Jordan	9	Rancho Cotate
5	Oswaldo Adame Sanchez	9	Rancho Cotate
6	Giovanni Miguel Lopez	11	Windsor (Nc)
7	Austin Cianci	10	Maria Carrillo
8	Earl Battle	10	Rancho Cotate

Heat 6 of 11 Prelims

1	Peter Moessing	10	Maria Carrillo
2	Liam Small	9	Rancho Cotate
3	Salvador Manzanorez	10	Rancho Cotate
4	Evan Ehly	10	Maria Carrillo
5	Brice Allsup	10	Rancho Cotate
6	Lucas Sihota	10	Maria Carrillo
7	Oscar Teng	10	Maria Carrillo

Heat 7 of 11 Prelims

1	Aaron Poeng	9	Piner (Nc)
2	Caleb Swaby-Pierce	11	Santa Rosa (Nc)
3	Owen Jones	10	Montgomery (Nc)
4	Andres Oandason	10	Maria Carrillo
5	Emmanuel Dominguez	11	Piner (Nc)
6	Joey Martinez	10	Piner (Nc)
7	Patrick Considine	9	Maria Carrillo

Heat 8 of 11 Prelims

1	Tate Triola	9	Montgomery (Nc)
2	Jose Miguel Vasquez	11	Piner (Nc)
3	Kacey Miles	10	Windsor (Nc)
4	Elliott Egerton	10	Maria Carrillo
5	Tristian Crawley	10	Elsie Allen (Nc)
6	Alejandro AJ Lopez	9	Windsor (Nc)
7	Dominic Milan	11	Piner (Nc)

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Meet Program - Day 1

Heat 9 of 11 Prelims...(Event 42 Boys 100 Meter Dash Junior Varsity)

1	Junior Ballinas Jimenez	11	Piner (Nc)
2	Lucas Estrada	10	Montgomery (Nc)
3	Mark Pennarroyo	10	Windsor (Nc)
4	Xavier Fierro	10	Ukiah (Nc)
5	Yamil Jimenez	9	Rancho Cotate
6	Dereck Pinalez-Vera	10	Santa Rosa (Nc)
7	Anthony Flores	10	Santa Rosa (Nc)

Heat 10 of 11 Prelims

1	Wyatt Drew	9	Healdsburg (Nc)
2	Micah Stewart	9	Montgomery (Nc)
3	Jake Anderson	10	Maria Carrillo
4	Adarius Brooke	10	Rancho Cotate
5	Tilio Conti	10	Maria Carrillo
6	Cooper Prior-Hodenfield	10	Montgomery (Nc)
7	Giovanni Martinez Castil	10	Piner (Nc)

Heat 11 of 11 Prelims

1	Darwin Ramirez Sanchez	9	Piner (Nc)
2	Bradly George	10	Montgomery (Nc)
3	Tavian Beeson	10	Rancho Cotate
4	Jalen Chan	10	Santa Rosa (Nc)
5	Christian Matamoros	10	Windsor (Nc)
6	Andreas Peterson	10	Santa Rosa (Nc)
7	Milo Timmsen-Miller	9	Healdsburg (Nc)

Event 9 Girls 100 Meter Dash Varsity**16 Advance: Top 1 Each Heat plus Next 11 Best Times****Tuesday 5/2/2023 - 5:45 PM**

12.49 NCS At-Large

Lane	Name	Yr	School	Seed Time
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Heat 1 of 5 Prelims

1	Scarlett Oliva	10	Piner (Nc)
2	Chloe Cunningham	11	Maria Carrillo
3	Mia Costa	10	Maria Carrillo
4	Hannah Maida	9	Cardinal Newman
5	Sydney Moore	11	Maria Carrillo
6	Hennessey Saunders	11	Cardinal Newman
7	Megan Kinsey	9	Montgomery (Nc)
8	Julia Dolph	10	Healdsburg (Nc)

Heat 2 of 5 Prelims

1	Sofia Mercado	9	Windsor (Nc)
2	Vivien Jordan	12	Cardinal Newman
3	Diana Valencia Dimas	12	Santa Rosa (Nc)
4	Ysabella Roscyl Galisanao	11	Santa Rosa (Nc)
5	Lily Costa	10	Maria Carrillo
6	Sophie Vella	10	Rancho Cotate
7	Jaiden Brooner-Furia	12	Santa Rosa (Nc)
8	Amelia Low	9	Healdsburg (Nc)

Heat 3 of 5 Prelims

1	Violet Bowser	10	Montgomery (Nc)
2	Shayla Sowerby	11	Santa Rosa (Nc)
3	Gianna Morley	9	Maria Carrillo
4	Bailey Bronston	12	Maria Carrillo
5	Ashley Reed	10	Ukiah (Nc)
6	Lily Ratliff	10	Windsor (Nc)
7	Katelynn Anderson	10	Montgomery (Nc)
8	Keira Theiss	11	Windsor (Nc)

Heat 4 of 5 Prelims

1	Paulina Luna	12	Piner (Nc)
2	Gracie Fisher-Pappas	11	Santa Rosa (Nc)
3	Bella Woicicki	10	Maria Carrillo
4	Kathryn O'Malley	12	Maria Carrillo
5	Anastacia Mikhailova	12	Rancho Cotate
6	Mila Martin	9	Montgomery (Nc)
7	Brianna Henry	12	Windsor (Nc)
8	Cassidy Avila	11	Analy (Nc)

Heat 5 of 5 Prelims

1	Kameryn Torres	10	Santa Rosa (Nc)
2	Ava Jones	10	Cardinal Newman
3	Alejandra Chavez Roque	12	Santa Rosa (Nc)
4	Abbie Mullins	12	Cardinal Newman
5	Carlene Malone	10	Montgomery (Nc)
6	Ruby Laughlin	9	Maria Carrillo
7	Madison Shaw	11	Windsor (Nc)
8	Tatum Kiff	12	Healdsburg (Nc)

Event 10 Boys 100 Meter Dash Varsity**16 Advance: Top 1 Each Heat plus Next 11 Best Times****Tuesday 5/2/2023 - 5:55 PM**

11.02 NCS At-Large

Lane	Name	Yr	School	Seed Time
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Heat 1 of 5 Prelims

1	Wyatt Morris	10	Windsor (Nc)
2	Airik Parker	11	Montgomery (Nc)
3	Gunnar Erickson	11	Windsor (Nc)
4	August Kingwell	11	Windsor (Nc)
5	Evan Foley	9	Analy (Nc)
6	Curtis Kovacevich	11	Santa Rosa (Nc)
7	Nathan Sanders	11	Maria Carrillo
8	Mark Strattman	11	Ukiah (Nc)

Heat 2 of 5 Prelims

1	Antonio Gonsalves	10	Windsor (Nc)
2	Logan Rodriguez	10	Cardinal Newman
3	Cadel Sacher	11	Santa Rosa (Nc)
4	Jonah Bertoli	9	Cardinal Newman
5	Cohen Ferrari	12	Maria Carrillo
6	Jayke Fightmaster	12	Santa Rosa (Nc)
7	Dominic Morris	11	Windsor (Nc)
8	Noah Switzer	10	Montgomery (Nc)

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Heat 3 of 5 Prelims...(Event 10 Boys 100 Meter Dash Varsity)

1	Glencarlo Sibbu	10	Montgomery (Nc)
2	Kerry Fernando	11	Windsor (Nc)
3	Dominic Torres	--	Cardinal Newman
4	Trenton Lloyd	12	Cardinal Newman
5	William Bonzi	12	Cardinal Newman
6	Elliott Phengsy	11	Piner (Nc)
7	Kevin Wei	11	Maria Carrillo
8	Kristofer Torres-Lebeau	11	Montgomery (Nc)

Heat 4 of 5 Prelims

1	Preston Woolman	10	Windsor (Nc)
2	Wyatt Olsen	11	Maria Carrillo
3	Kit Parker		Pacific Union Co
4	Elijah Hansen	11	Santa Rosa (Nc)
5	Jesse Meyers	10	Cardinal Newman
6	Austin Gunter	12	Montgomery (Nc)
7	Matthew Nunez	11	Maria Carrillo
8	Cruz Tuso	9	Montgomery (Nc)

Heat 5 of 5 Prelims

1	Liam Kelly	12	Analy (Nc)
2	Talan Patrick	11	Santa Rosa (Nc)
3	Giovanni Martinez	10	Rancho Cotate
4	Jacob Pruitt	11	Rancho Cotate
5	Christian Kirumira	12	Rancho Cotate
6	Malachi Cole	9	Maria Carrillo
7	Andrew Luong	10	Piner (Nc)
8	Owen Efram	12	Healdsburg (Nc)

Event 13 Girls 300 Meter Hurdles Varsity

16 Advance: Top 1 Each Heat plus Next 13 Best Times

Tuesday 5/2/2023 - 6:15 PM

47.90 NCS At-Large

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Stacy Le	10	Piner (Nc)
2	Ida May Likitprakong	10	Montgomery (Nc)
3	Kori Simpson	10	Rancho Cotate
4	Ella Baldwin	9	Analy (Nc)
5	Natalie Rosetti	11	Cardinal Newman
6	Natalie Wilmarth	12	Montgomery (Nc)
7	Jasmine Caballero-Luna	11	Piner (Nc)

Heat 2 of 3 Prelims

1	Grace Shaw	10	Windsor (Nc)
2	Naomi Ruiz Hernandez	11	Piner (Nc)
3	Beatrice Belt	9	Maria Carrillo
4	Ariana Rogina	10	Montgomery (Nc)
5	Lily Cuniberti	11	Maria Carrillo
6	Zoey Blake	9	Santa Rosa (Nc)
7	Jasmin Baptista	12	Analy (Nc)

Heat 3 of 3 Prelims

1	Victoria Gutanu	11	Windsor (Nc)
2	Jamie Gage	10	Montgomery (Nc)
3	Nola McGarva	11	Maria Carrillo
4	Payton McGarva	12	Maria Carrillo
5	Anya Halkovich	10	Cardinal Newman
6	Kate Wallace	10	Santa Rosa (Nc)
7	Niki Domasz	12	Piner (Nc)

Event 47 Girls 200 Meter Dash Junior Varsity

Top 8 Advance by Time

Tuesday 5/2/2023 - 6:24 PM

Lane	Name	Yr	School	Seed Time
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Heat 1 of 6 Prelims

1	Yvette Ojeda Jimenez	10	Santa Rosa (Nc)
2	Keelyn Walker	10	Santa Rosa (Nc)
3	Allison Prather	10	Maria Carrillo
4	Alejandra Cuatlehuatl	9	Analy (Nc)
5	Brooklyn Chiu	9	Analy (Nc)
6	Mannat Kaur	9	Windsor (Nc)
7	Annabelle Demarest	11	Maria Carrillo

Heat 2 of 6 Prelims

1	Jocelyn Baltazar Altamirano	10	Elsie Allen (Nc)
2	Grace Goodrich	10	Maria Carrillo
3	Lauren Pounds	9	Rancho Cotate
4	Perla Ramirez Luna	10	Piner (Nc)
5	Xoe Thompson	11	Santa Rosa (Nc)
6	Jasmin Orozco Abonce	10	Santa Rosa (Nc)
7	Lauren Van Artsdalen	11	Windsor (Nc)

Heat 3 of 6 Prelims

1	Fernanda Contreras	9	Piner (Nc)
2	Pricellis Alvarado	9	Piner (Nc)
3	Calais Cuellar	11	Maria Carrillo
4	Emily Baker	10	Maria Carrillo
5	Kalea Morales	9	Analy (Nc)
6	Ava Bolacito	9	Maria Carrillo
7	Grace Voit	10	Maria Carrillo

Heat 4 of 6 Prelims

1	Jaqueline Hurtado	12	Piner (Nc)
2	Leena Martinez	10	Piner (Nc)
3	Jenna Sannar	10	Maria Carrillo
4	Jazylyn Alinas	9	Rancho Cotate
5	Taylor Clawson	10	Maria Carrillo
6	Mariana Eakle	11	Santa Rosa (Nc)
7	Yanely Tejada	9	Piner (Nc)

Heat 5 of 6 Prelims

1	Tessa Costamagna	11	Santa Rosa (Nc)
2	Taiye Fahnbulleh	10	Maria Carrillo
3	Kiara Asti	10	Montgomery (Nc)
4	Zoe Chisler	10	Maria Carrillo
5	Amelia Leslie	10	Maria Carrillo
6	Mireya Mosqueda Damian	10	Piner (Nc)
7	Addison Hageman	10	Windsor (Nc)

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Heat 6 of 6 Prelims...(Event 47 Girls 200 Meter Dash Junior Varsity)

1	Hilary Garcia Mejia	9	Piner (Nc)
2	Joie Kozubal	10	Healdsburg (Nc)
3	Katja Simpson	10	Maria Carrillo
4	Cielo Marron	10	Maria Carrillo
5	Willow Aquila	9	Piner (Nc)
6	Jayden Greer	9	Rancho Cotate
7	Ella Des Bordes	10	Piner (Nc)

Event 48 Boys 200 Meter Dash Junior Varsity**Top 8 Advance by Time****Tuesday 5/2/2023 - 6:39 PM**

Lane	Name	Yr	School	Seed Time
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Heat 1 of 8 Prelims

1	James Henningsen	10	Maria Carrillo
2	Jose Miguel Vasquez	11	Piner (Nc)
3	Oswaldo Adame Sanchez	9	Rancho Cotate
4	Mark Pennarroyo	10	Windsor (Nc)
5	Joshua Moe	9	Maria Carrillo
6	August Gesell	10	Montgomery (Nc)
7	Christopher Soeters	9	Windsor (Nc)
8	Salvador Manzanorez	10	Rancho Cotate

Heat 2 of 8 Prelims

1	Giezi Guerrero	12	Elsie Allen (Nc)
2	Ivan Flores	9	Maria Carrillo
3	Caleb Swaby-Pierce	11	Santa Rosa (Nc)
4	John McClellan	9	Rancho Cotate
5	Mason Rake	10	Maria Carrillo
6	Kacey Miles	10	Windsor (Nc)
7	Owen Jones	10	Montgomery (Nc)

Heat 3 of 8 Prelims

1	Shravan Sundaram	10	Maria Carrillo
2	Andreas Peterson	10	Santa Rosa (Nc)
3	Kai Jordan	9	Rancho Cotate
4	Miles Bergum	10	Montgomery (Nc)
5	Christopher Gutierrez	10	Santa Rosa (Nc)
6	Wyatt Drew	9	Healdsburg (Nc)
7	Giovanni Martinez Castil	10	Piner (Nc)

Heat 4 of 8 Prelims

1	Cody Carmichael	12	Elsie Allen (Nc)
2	Lucas Sihota	10	Maria Carrillo
3	Earl Battle	10	Rancho Cotate
4	Zion Radford	10	Santa Rosa (Nc)
5	Tamatoa Halle	9	Rancho Cotate
6	Dereck Pinalez-Vera	10	Santa Rosa (Nc)
7	Liam Small	9	Rancho Cotate

Heat 5 of 8 Prelims

1	Uriel Morales	11	Piner (Nc)
2	Ghazi Sandoval	10	Montgomery (Nc)
3	Riley Hallin	10	Montgomery (Nc)
4	Jalen Chan	10	Santa Rosa (Nc)
5	Nael Tesfamariam	11	Piner (Nc)
6	Giovanni Miguel Lopez	11	Windsor (Nc)
7	Lucas Estrada	10	Montgomery (Nc)

Heat 6 of 8 Prelims

1	Aaron Poeng	9	Piner (Nc)
2	Maxwell Cook	10	Maria Carrillo
3	Antolin Vasquez-Mendoza	10	Maria Carrillo
4	Caelan Brown	9	Ukiah (Nc)
5	Ian Stanley	9	Windsor (Nc)
6	Julian Perez	10	Piner (Nc)
7	Oscar Teng	10	Maria Carrillo

Heat 7 of 8 Prelims

1	Ian Hernandez-Fernandez	10	Maria Carrillo
2	Alex Nguyen	9	Piner (Nc)
3	Jake Anderson	10	Maria Carrillo
4	Andres Oandason	10	Maria Carrillo
5	Christian Matamoros	10	Windsor (Nc)
6	Jaiden Gay	11	Windsor (Nc)
7	William Do	9	Santa Rosa (Nc)

Heat 8 of 8 Prelims

1	Jade Garcia-Glover	10	Santa Rosa (Nc)
2	Christoper Gillaly	10	Piner (Nc)
3	Evan Ehly	10	Maria Carrillo
4	Xavier Fierro	10	Ukiah (Nc)
5	Emmanuel Dominguez	11	Piner (Nc)
6	Matthew Sphabmixay	12	Santa Rosa (Nc)
7	Anthony Flores	10	Santa Rosa (Nc)

Event 15 Girls 200 Meter Dash Varsity**16 Advance: Top 1 Each Heat plus Next 11 Best Times****Tuesday 5/2/2023 - 6:59 PM**

25.85 NCS At-Large

Lane	Name	Yr	School	Seed Time
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Heat 1 of 5 Prelims

1	Sofia Mercado	9	Windsor (Nc)
2	Katelynn Anderson	10	Montgomery (Nc)
3	Anastacia Mikhailova	12	Rancho Cotate
4	Kathryn O'Malley	12	Maria Carrillo
5	Sydney Moore	11	Maria Carrillo
6	Gianna Morley	9	Maria Carrillo
7	Amelia Wickersham	9	Healdsburg (Nc)
8	Paulina Luna	12	Piner (Nc)

Heat 2 of 5 Prelims

1	Leila Youngblood	12	Rancho Cotate
2	Madison Shaw	11	Windsor (Nc)
3	Kylie Malm	11	Maria Carrillo
4	Abbie Mullins	12	Cardinal Newman
5	Bailey Bronston	12	Maria Carrillo
6	Sophie Vella	10	Rancho Cotate
7	Megan Kinsey	9	Montgomery (Nc)

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Heat 3 of 5 Prelims...(Event 15 Girls 200 Meter Dash Varsity)

1	Kameryn Torres	10	Santa Rosa (Nc)
2	Lily Ratliff	10	Windsor (Nc)
3	Lily Costa	10	Maria Carrillo
4	Sadie Sanders	10	Montgomery (Nc)
5	Ysabella Roscyl Galisanao	11	Santa Rosa (Nc)
6	Ruby Trione	11	Santa Rosa (Nc)
7	Paloma Benedetti	12	Maria Carrillo

Heat 4 of 5 Prelims

1	Jaiden Brooner-Furia	12	Santa Rosa (Nc)
2	Mia Costa	10	Maria Carrillo
3	Carlene Malone	10	Montgomery (Nc)
4	Elianah DeMange	12	Maria Carrillo
5	Emma Moore	11	Maria Carrillo
6	Bella Woicicki	10	Maria Carrillo
7	Brianna Henry	12	Windsor (Nc)

Heat 5 of 5 Prelims

1	Valeria Ramirez Contreras	12	Piner (Nc)
2	Kaelyn Malsbary	10	Windsor (Nc)
3	Lily Carinalli	12	Cardinal Newman
4	Elena King	12	Analy (Nc)
5	Kehlen Eubanks	11	Montgomery (Nc)
6	Ruby Laughlin	9	Maria Carrillo
7	Violet Bowser	10	Montgomery (Nc)

Event 16 Boys 200 Meter Dash Varsity**16 Advance: Top 1 Each Heat plus Next 10 Best Times****Tuesday 5/2/2023 - 7:09 PM**

22.47 NCS At-Large

Lane	Name	Yr	School	Seed Time
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Heat 1 of 6 Prelims

1	Glencarlo Sibbu	10	Montgomery (Nc)
2	Kerry Fernando	11	Windsor (Nc)
3	Gunnar Erickson	11	Windsor (Nc)
4	Trenton Lloyd	12	Cardinal Newman
5	Evan Foley	9	Analy (Nc)
6	Curtis Kovacevich	11	Santa Rosa (Nc)
7	Andrew Luong	10	Piner (Nc)
8	Mark Stratman	11	Ukiah (Nc)

Heat 2 of 6 Prelims

1	Wyatt Morris	10	Windsor (Nc)
2	Darius Prince	12	Santa Rosa (Nc)
3	Cadel Sacher	11	Santa Rosa (Nc)
4	Liam Currie	11	Cardinal Newman
5	Tupotu Halle	11	Rancho Cotate
6	Hunter Contrell	11	Rancho Cotate
7	Elliott Phengsy	11	Piner (Nc)
8	Cole Ouimette	11	Santa Rosa (Nc)

Heat 3 of 6 Prelims

1	Noah Switzer	10	Montgomery (Nc)
2	Dominic Morris	11	Windsor (Nc)
3	Jacob Patterson	10	Cardinal Newman
4	Jacob Pruitt	11	Rancho Cotate
5	August Kingwell	11	Windsor (Nc)
6	Kit Parker		Pacific Union Co
7	Guy Glenzer	10	Ukiah (Nc)
8	Owen Efram	12	Healdsburg (Nc)

Heat 4 of 6 Prelims

1	Kristofer Torres-Lebeau	11	Montgomery (Nc)
2	Preston Woolman	10	Windsor (Nc)
3	Jonah Bertoli	9	Cardinal Newman
4	Elijah Hansen	11	Santa Rosa (Nc)
5	Christian Kirumira	12	Rancho Cotate
6	Gio Martinez	10	Rancho Cotate
7	Estefan Ramirez	9	Maria Carrillo

Heat 5 of 6 Prelims

1	Liam Kelly	12	Analy (Nc)
2	Kevin Wei	11	Maria Carrillo
3	Jayke Fightmaster	12	Santa Rosa (Nc)
4	Jai Gray	12	Maria Carrillo
5	Dave Baraka	12	Piner (Nc)
6	Alexander Rodriguez	11	Piner (Nc)
7	Matthew Nunez	11	Maria Carrillo

Heat 6 of 6 Prelims

1	Antonio Gonsalves	10	Windsor (Nc)
2	Jackson Giglio	10	Ukiah (Nc)
3	Dominic Torres	--	Cardinal Newman
4	Joseph Bowser	12	Montgomery (Nc)
5	William Bonzi	12	Cardinal Newman
6	Patrick Logue	11	Windsor (Nc)
7	Sovonn Eng	9	Montgomery (Nc)

Event 69 Girls 4x800 Meter Relay Junior Varsity**Tuesday 5/2/2023 - 7:24 PM**

Lane	Team	Relay	Seed Time
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Section 1 of 1 Finals

5	Rancho Cotate		
	1) Kate Carter 10		2) Deisy Garcia 10
	3) Emily Ricci 9		4) Olivia Youngblood 12

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Event 71 Girls 4x800 Meter Relay Varsity

Tuesday 5/2/2023 - 7:24 PM

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Montgomery (Nc)		
	1) Amrie Lacefield 10	2) Hope Martin 12	
	3) Seelah Kittelstrom 10	4) Hanne Thomsen 10	
	5) Jasmine Mansfield 10	6) Ida May Likitprakong 10	
	7) Sydney Stroud 10		
2	Maria Carrillo		
	1) Rebekah Taylor 12	2) Brooke Szczekocki 10	
	3) Ella Chong 12	4) Andi Fogg 9	
	5) Mia Carra 11	6) Carley Schubert 10	
	7) Kira Moe 11	8) Isabelle Gross 9	
3	Santa Rosa (Nc)		
	1) Zoey Blake 9	2) Gavriella Geffner 10	
	3) Camille Newhall 11	4) Kristi Smith 11	
	5) Lee Corey 10	6) Cheyann Cena 10	
4	Piner (Nc)		
	1) Jocelyn Uraje 9	2) Josalyn Schmidt 12	
	3) Valeria Ramirez Contreras 12	4) Perla Ramirez Luna 10	
	5) Jasmine Caballero-Luna 11	6) Paulina Luna 12	

Event 70 Boys 4x800 Meter Relay Junior Varsity

Tuesday 5/2/2023 - 7:40 PM

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
6	Piner (Nc)		
	1) Carlos Espinoza 9	2) Alex Perez 10	
	3) Ethan Vera 10	4) Sergio Ramirez 11	
	5) Ryan Mertens 12	6) Darwin Ramirez Sanchez 9	

Event 72 Boys 4x800 Meter Relay Varsity

Tuesday 5/2/2023 - 7:40 PM

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Piner (Nc)		
	1) Leonardo Vasquez 12	2) Bryce Ward 12	
	3) Derek Sadorra 12	4) Jared Hayes 12	
	5) Azriel Cuevas-Martinez 10	6) Alexander Cambou 10	
	7) Gabriel Mote-Recor 12	8) Jaden Vera 11	
2	Santa Rosa (Nc)		
	1) Johnny Ando 11	2) Adam Joseph 11	
	3) Theodore Broome 12	4) Ben Dethlefsen 12	
	5) Jack Fightmaster 11	6) Mason Gaspar 11	
	7) Cyrus Gentry 11	8) Holden Williams 10	
3	Montgomery (Nc)		
	1) Max Azevedo 11	2) Jude Devries 12	
	3) Graham Gregory 10	4) Ryan LaFrance 10	
	5) Xavius Lanford 11	6) Austin Brusco 10	
	7) Bodhi Finnerty 10		
4	Maria Carrillo		
	1) Sean Gubera 12	2) Jonathan Donohue 12	
	3) Gabriel Sitton 11	4) Rami Nacouzi 12	
	5) Austin Petrik 9	6) Kevin Trenam 9	
	7) Tristen Tiernan 9	8) Deion Mattice 11	
5	Rancho Cotate		
	1) Aaron Barzed 9	2) Ramsay Hernandez 11	
	3) Hunter James 9	4) Jaiden Ortega 11	

Event 53 Girls High Jump Junior Varsity

Tuesday 5/2/2023 - 3:00 PM

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Fia Huebel	9	Healdsburg (Nc)	
2	Olivia Smith	10	Rancho Cotate	
3	Sophia Broadbent-Bell	9	Analy (Nc)	
4	Julia Sanabria	10	Santa Rosa (Nc)	
5	Addison Clark	9	Rancho Cotate	
6	Lauren Pounds	9	Rancho Cotate	

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Event 21 Girls High Jump Varsity

Tuesday 5/2/2023 - 4:15 PM

5-00.00 NCS At-Large

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Ashley Vigil	12	Cardinal Newman	
2	Anne Meisler	11	Montgomery (Nc)	
3	Tatum Kiff	12	Healdsburg (Nc)	
4	Talia Brayton	10	Santa Rosa (Nc)	
5	Alissa Sommer	11	Healdsburg (Nc)	
6	Ariana Rogina	10	Montgomery (Nc)	
7	Nicole Muniz	10	Ukiah (Nc)	
8	Pia Sallee	10	Windsor (Nc)	
9	Anastacia Mikhailova	12	Rancho Cotate	
10	Maiya Wienert Bardell	11	Santa Rosa (Nc)	
11	Taylor Sittner	12	Maria Carrillo	
12	Allison Tito	11	Maria Carrillo	
13	Alexis Hunt	12	Maria Carrillo	

Event 60 Boys Pole Vault Junior Varsity

Tuesday 5/2/2023 - 3:00 PM

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Austin Cianci	10	Maria Carrillo	
2	Tyler Baldwin	9	Maria Carrillo	
3	Jonah Whaley	11	Montgomery (Nc)	
4	Eric Rodriguez	10	Santa Rosa (Nc)	
5	Peter Moessing	10	Maria Carrillo	
6	Giovanni Martinez Castil	10	Piner (Nc)	
7	Mason Calvert	9	Montgomery (Nc)	
8	Micah Stewart	9	Montgomery (Nc)	
9	Darren Smith	10	Maria Carrillo	
10	Jeffrey Ong	10	Maria Carrillo	
11	Tilio Conti	10	Maria Carrillo	
12	Neal Sullivan	9	Maria Carrillo	
13	Grayson Rosenburg	9	Ukiah (Nc)	

Event 28 Boys Pole Vault Varsity

Tuesday 5/2/2023 - 4:15 PM

13-00.00 NCS At-Large

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Connor Judd	12	Ukiah (Nc)	
2	Gavin Moore	10	Santa Rosa (Nc)	
3	NJ Robert	12	Piner (Nc)	
4	Quinlan Sauter	10	Santa Rosa (Nc)	
5	Jonathan Lacefield	12	Montgomery (Nc)	
6	Jared Hayes	12	Piner (Nc)	

Event 61 Boys Long Jump Junior Varsity

Top 8 Advance by Mark

Tuesday 5/2/2023 - 3:00 PM

Pos	Name	Yr	School	Seed Mark
Flight 1 of 4 Prelims				
1	Giezi Guerero	12	Elsie Allen (Nc)	
2	Jake Husary	9	Analy (Nc)	
3	James Henningsen	10	Maria Carrillo	
4	Anthony Flores	10	Santa Rosa (Nc)	
5	Jared Garcia	11	Montgomery (Nc)	
6	Liam Small	9	Rancho Cotate	
7	Owen Jones	10	Montgomery (Nc)	
8	William Do	9	Santa Rosa (Nc)	
Flight 2 of 4 Prelims				
1	Mark Pennarroyo	10	Windsor (Nc)	
2	Tyler Baldwin	9	Maria Carrillo	
3	Aiden Salmon	9	Maria Carrillo	
4	Joey Martinez	10	Piner (Nc)	
5	Tatum Charest	10	Maria Carrillo	
6	Mason Calvert	9	Montgomery (Nc)	
7	Ivan Flores	9	Maria Carrillo	
8	Matthew Sphabmixay	12	Santa Rosa (Nc)	
Flight 3 of 4 Prelims				
1	Jade Garcia-Glover	10	Santa Rosa (Nc)	
2	Eljay Broderick	9	Santa Rosa (Nc)	
3	Connor Masuno	10	Maria Carrillo	
4	Jason Dennis	9	Santa Rosa (Nc)	
5	Caleb Swaby-Pierce	11	Santa Rosa (Nc)	
6	Antolin Vasquez-Mendoza	10	Maria Carrillo	
7	Josh Milani	9	Rancho Cotate	
8	Jonah Whaley	11	Montgomery (Nc)	
9	Jordan Perkins	10	Montgomery (Nc)	
Flight 4 of 4 Prelims				
1	Cooper Prior-Hodenfield	10	Montgomery (Nc)	
2	Kacey Miles	10	Windsor (Nc)	
3	Zack Walsh	9	Analy (Nc)	
4	Jadon Black	10	Montgomery (Nc)	
5	Cheveyo Minz	9	Ukiah (Nc)	
6	Richard Quiroz Marquez	11	Piner (Nc)	
7	Yamil Jimenez	9	Rancho Cotate	
8	Tristian Crawley	10	Elsie Allen (Nc)	
9	Zack Martinez	9	Ukiah (Nc)	

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Event 29 Boys Long Jump Varsity**Top 16 Advance by Mark**

Tuesday 5/2/2023 - 4:15 PM

21-02.25 NCS At-Large

Pos	Name	Yr	School	Seed Mark
Flight 1 of 3 Prelims				
1	Owen Efram	12	Healdsburg (Nc)	
2	Wyatt Olsen	11	Maria Carrillo	
3	Jonathan Lacefield	12	Montgomery (Nc)	
4	Jorge Cuellar Mendoza	10	Piner (Nc)	
5	Caden Quinn	9	Analy (Nc)	
6	Isaac Mulder	10	Santa Rosa (Nc)	
7	Xavier Mendez	11	Santa Rosa (Nc)	

Flight 2 of 3 Prelims

1	Bk Souvannasay Keobounl	12	Piner (Nc)	
2	Cole Pastene	10	Healdsburg (Nc)	
3	Austin Brusco	10	Montgomery (Nc)	
4	Kerry Fernando	11	Windsor (Nc)	
5	August Kingwell	11	Windsor (Nc)	
6	Cannan Winters	11	Maria Carrillo	
7	Nehemiah Holiday	11	Maria Carrillo	
8	William Grafe	11	Montgomery (Nc)	

Flight 3 of 3 Prelims

1	Caden Devries	11	Montgomery (Nc)	
2	Kristopher Adams	11	Montgomery (Nc)	
3	Oliver Currie	9	Cardinal Newman	
4	Braedon Josephs	11	Santa Rosa (Nc)	
5	Liam Currie	11	Cardinal Newman	
6	Izeyah Wright	11	Montgomery (Nc)	
7	Jai Gray	12	Maria Carrillo	
8	Jacob Pruitt	11	Rancho Cotate	

Event 55 Girls Long Jump Junior Varsity**Top 8 Advance by Mark**

Tuesday 5/2/2023 - 5:30 PM

Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Prelims				
1	Kimberly Camacho Landero	11	Piner (Nc)	
2	Addison Hageman	10	Windsor (Nc)	
3	Emma Choe	10	Piner (Nc)	
4	Yvette Ojeda Jimenez	10	Santa Rosa (Nc)	
5	Cassidy Whitestone	9	Analy (Nc)	
6	Olivia O'Toole Barber	10	Montgomery (Nc)	
7	Tessa Costamagna	11	Santa Rosa (Nc)	
8	Kokob Moges	10	Montgomery (Nc)	

Flight 2 of 2 Prelims

1	Kira Nielson	10	Healdsburg (Nc)
2	Payton Gramm	9	Analy (Nc)
3	Angela Garcia	10	Montgomery (Nc)
4	Julia Sanabria	10	Santa Rosa (Nc)
5	Megan Johnson	9	Windsor (Nc)
6	Nell Krombholz	9	Maria Carrillo
7	Lauren Van Artsdalen	11	Windsor (Nc)
8	Tallulah Ayton	10	Montgomery (Nc)
9	Keelyn Walker	10	Santa Rosa (Nc)

Event 23 Girls Long Jump Varsity**Top 16 Advance by Mark**

Tuesday 5/2/2023 - 6:45 PM

16-07.75 NCS At-Large

Pos	Name	Yr	School	Seed Mark
Flight 1 of 4 Prelims				
1	Julia Dolph	10	Healdsburg (Nc)	
2	Tatum Kiff	12	Healdsburg (Nc)	
3	Victoria Gutanu	11	Windsor (Nc)	
4	Julet Allen	9	Montgomery (Nc)	
5	Scarlett Oliva	10	Piner (Nc)	
6	Anne Meisler	11	Montgomery (Nc)	
7	Alissa Sommer	11	Healdsburg (Nc)	
8	Amelia Low	9	Healdsburg (Nc)	

Flight 2 of 4 Prelims

1	Auriane Teri	11	Santa Rosa (Nc)
2	Cheyann Cena	10	Santa Rosa (Nc)
3	Jillian Ebner	11	Maria Carrillo
4	Naomi Ruiz Hernandez	11	Piner (Nc)
5	Shayla Sowerby	11	Santa Rosa (Nc)
6	Keira Theiss	11	Windsor (Nc)
7	Ava Jones	10	Cardinal Newman
8	Chloe Cunningham	11	Maria Carrillo

Flight 3 of 4 Prelims

1	Vivien Jordan	12	Cardinal Newman
2	Madison Shaw	11	Windsor (Nc)
3	Sophia Delgado	12	Maria Carrillo
4	Leyna Goraskas	11	Maria Carrillo
5	Mila Martin	9	Montgomery (Nc)
6	Makenna Ripple	12	Rancho Cotate
7	Carlie Trenam	9	Maria Carrillo
8	Hannah Maida	9	Cardinal Newman

Flight 4 of 4 Prelims

1	Maiya Wienert Bardell	11	Santa Rosa (Nc)
2	Lily Carinalli	12	Cardinal Newman
3	Carlyana Kwong	11	Maria Carrillo
4	Nicole Muniz	10	Ukiah (Nc)
5	Natalie Rosetti	11	Cardinal Newman
6	Tatiana Avila	12	Analy (Nc)
7	Allison Tito	11	Maria Carrillo
8	Lily Mulligan	12	Maria Carrillo

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Event 57 Girls Shot Put Junior Varsity**Top 8 Advance by Mark**

Tuesday 5/2/2023 - 3:00 PM

Pos	Name	Yr	School	Seed Mark
Flight 1 of 4 Prelims				
1	Han Nguyen	11	Piner (Nc)	
2	Eva Constantine	9	Santa Rosa (Nc)	
3	Jaaziel Matias	9	Windsor (Nc)	
4	Celeste Virelas Corona	11	Piner (Nc)	
5	Susanna Conway	12	Healdsburg (Nc)	
6	Nashelly Guerrero	11	Maria Carrillo	
7	Alexa Bannister	9	Santa Rosa (Nc)	
8	Angelique Agular	--	Rancho Cotate	
Flight 2 of 4 Prelims				
1	Karyn Sanchez	9	Montgomery (Nc)	
2	Ahlna Climaco	11	Piner (Nc)	
3	Victoria Gartner	11	Healdsburg (Nc)	
4	Elizet Gallegos	10	Elsie Allen (Nc)	
5	Daniella Hinojos	11	Maria Carrillo	
6	Paige Thompson	10	Montgomery (Nc)	
7	Brenna Scott	11	Healdsburg (Nc)	
8	Angela Garcia	10	Montgomery (Nc)	
Flight 3 of 4 Prelims				
1	Jocelyn Orozco	11	Piner (Nc)	
2	Karla Castillejo R	10	Piner (Nc)	
3	Liliana Villafana	10	Montgomery (Nc)	
4	Katherine Thomas	10	Montgomery (Nc)	
5	Kimberly Murillo Domingue	11	Piner (Nc)	
6	Pualena Halle	10	Rancho Cotate	
7	Jessica Kraemer	--	Ukiah (Nc)	
8	Hilary Garcia Mejia	9	Piner (Nc)	
Flight 4 of 4 Prelims				
1	Natalie Pushkarev	9	Santa Rosa (Nc)	
2	Chiara Puddu	12	Santa Rosa (Nc)	
3	Isabella Ghirardelli	11	Analy (Nc)	
4	Lindsey Tyler	10	Montgomery (Nc)	
5	Julia Sanabria	10	Santa Rosa (Nc)	
6	Faith Ennis-Madyun	9	Santa Rosa (Nc)	
7	Shilo Payne	11	Santa Rosa (Nc)	
8	Skyler Fitzgerald	12	Santa Rosa (Nc)	

Event 25 Girls Shot Put Varsity**Top 16 Advance by Mark**

Tuesday 5/2/2023 - 4:15 PM

35-03.75 NCS At-Large

Pos	Name	Yr	School	Seed Mark
Flight 1 of 3 Prelims				
1	Jocelyn Diaz Santos	10	Piner (Nc)	
2	Rawni Self	--	Windsor (Nc)	
3	Katherine Cornelius	11	Santa Rosa (Nc)	
4	Carol Estrella	12	Montgomery (Nc)	
5	Samantha Hatfield	9	Maria Carrillo	
6	Grace Zucco	12	Maria Carrillo	
7	Jady Diaz	11	Ukiah (Nc)	
8	Alex Loxly	--	Cardinal Newman	
Flight 2 of 3 Prelims				
1	Cassidy Avila	11	Analy (Nc)	
2	Rachel Reynolds	12	Maria Carrillo	
3	Savanna Conwell	11	Analy (Nc)	
4	Anaiya Agbayani	11	Santa Rosa (Nc)	
5	Nina Boblitt	10	Rancho Cotate	
6	Reese Bartolomei	12	Ukiah (Nc)	
7	Sofia Henderson	12	Santa Rosa (Nc)	
8	Janelle Pena	11	Cardinal Newman	
Flight 3 of 3 Prelims				
1	Arlena Franco	11	Ukiah (Nc)	
2	Grace Shaw	10	Windsor (Nc)	
3	Mili Pickering	12	Elsie Allen (Nc)	
4	Savannah Nelson	10	Ukiah (Nc)	
5	Elizabeth Beiswanger	12	Montgomery (Nc)	
6	Airiana Adams	12	Ukiah (Nc)	
7	Addison Hackett	12	Maria Carrillo	
8	Siolo Lua	12	Rancho Cotate	

Event 63 Boys Shot Put Junior Varsity**Top 8 Advance by Mark**

Tuesday 5/2/2023 - 5:30 PM

Pos	Name	Yr	School	Seed Mark
Flight 1 of 4 Prelims				
1	Malaki Johnson	9	Windsor (Nc)	
2	Zayn Guillory	9	Analy (Nc)	
3	Ignacio Enriquez	11	Piner (Nc)	
4	Erik Villagomez-Loza	9	Piner (Nc)	
5	Jared Garcia	11	Montgomery (Nc)	
6	Nicolas Robert	9	Piner (Nc)	
7	Daniel Ruiz Lucero	9	Piner (Nc)	
8	Sean Miles	9	Windsor (Nc)	
9	Jonah Whaley	11	Montgomery (Nc)	

NBL Track & Field Championship - 5/2/2023 to 5/4/2023

Rancho Cotate High School

Meet Program - Day 1

Flight 2 of 4 Prelims...(Event 63 Boys Shot Put Junior Varsity)

1	Valentin Castro	11	Piner (Nc)
2	Angel Ornelas	--	Rancho Cotate
3	Jonathan Alvarado	9	Piner (Nc)
4	Juelz Perez	10	Santa Rosa (Nc)
5	Matthew Koenig	--	Analy (Nc)
6	Philip Gutteridge	12	Maria Carrillo
7	Kade Cannedy	9	Maria Carrillo
8	Jose Fernando Tenorio Zar	9	Piner (Nc)
9	Cody Peters	12	Maria Carrillo

Flight 3 of 4 Prelims

1	Jessie Padilla	11	Piner (Nc)
2	Cooper Prior-Hodenfield	10	Montgomery (Nc)
3	Adam Moges	12	Montgomery (Nc)
4	Darren Smith	10	Maria Carrillo
5	Max Bessire	11	Montgomery (Nc)
6	Will Lantz	12	Rancho Cotate
7	Khilil Shabazz Hubbard	11	Montgomery (Nc)
8	Richard Quiroz Marquez	11	Piner (Nc)
9	Tennor Messick	10	Maria Carrillo
10	Miles Johnston	10	Maria Carrillo

Flight 4 of 4 Prelims

1	Nicholas George	11	Montgomery (Nc)
2	Ken Hong	11	Piner (Nc)
3	Michael Naja	--	Ukiah (Nc)
4	Anthony Davis	10	Rancho Cotate
5	Freddy Zarco Nunez	11	Piner (Nc)
6	Kyle Barrisford	10	Maria Carrillo
7	Hunter Ellison	10	Montgomery (Nc)
8	Conal Moran	11	Piner (Nc)
9	Tyler Crosson	11	Santa Rosa (Nc)
10	Bradly George	10	Montgomery (Nc)

Event 31 Boys Shot Put Varsity**Top 16 Advance by Mark**

Tuesday 5/2/2023 - 6:45 PM

46-11.25 NCS At-Large

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 4 Prelims					
1	Nathan Carlson	11	Windsor (Nc)		
2	Gabriel Mote-Recor	12	Piner (Nc)		
3	Cadel Pruitt	11	Windsor (Nc)		
4	Joshua Jensen	10	Montgomery (Nc)		
5	Sergio Gomez-Neri	11	Analy (Nc)		
6	Zach Anderson	11	Windsor (Nc)		
7	Nicholas Martinez	11	Analy (Nc)		
8	Lucas Rust	10	Windsor (Nc)		

Flight 2 of 4 Prelims

1	Sebastian Cano	11	Piner (Nc)
2	Ryan Moe	10	Maria Carrillo
3	Ulises Garcia Zarate	12	Santa Rosa (Nc)
4	Martin Gutteridge	11	Maria Carrillo
5	Wyatt Morris	10	Windsor (Nc)
6	Daniel Malarich	12	Ukiah (Nc)
7	Dominic Morris	11	Windsor (Nc)
8	Cooper Lee	11	Santa Rosa (Nc)

Flight 3 of 4 Prelims

1	Hardeep Mall	12	Rancho Cotate
2	Julian Maldonado	12	Ukiah (Nc)
3	Andrew Amons	11	Piner (Nc)
4	Beau Gleeson	11	Maria Carrillo
5	Nolan Gulbransen	11	Montgomery (Nc)
6	Santiago Adan	11	Cardinal Newman
7	Giovanni Calleja	11	Rancho Cotate
8	Adan Lemus	11	Santa Rosa (Nc)

Flight 4 of 4 Prelims

1	Nehemiah Holiday	11	Maria Carrillo
2	John Lubas	10	Cardinal Newman
3	Ryan Borro	12	Rancho Cotate
4	Nathan Tyler Kwong	--	Rancho Cotate
5	Devon Bertoli	--	Cardinal Newman
6	Miguel Aguirre	11	Santa Rosa (Nc)
7	Mahdi Camara	10	Cardinal Newman
8	Jake Joerger	11	Cardinal Newman

Event 64 Boys Discus Throw Junior Varsity**Top 8 Advance by Mark**

Tuesday 5/2/2023 - 3:00 PM

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 4 Prelims					
1	Ross Fitzpatrick	10	Healdsburg (Nc)		
2	Axel Quezada Munoz	12	Elsie Allen (Nc)		
3	Milo Timmsen-Miller	9	Healdsburg (Nc)		
4	Malaki Johnson	9	Windsor (Nc)		
5	Ignacio Enriquez	11	Piner (Nc)		
6	Dominic Milan	11	Piner (Nc)		
7	Daniel Ruiz Lucero	9	Piner (Nc)		
8	Ryan Yeager	10	Montgomery (Nc)		
9	Nicolas Robert	9	Piner (Nc)		

Flight 2 of 4 Prelims

1	Christian Matamoros	10	Windsor (Nc)
2	Sean Miles	9	Windsor (Nc)
3	Ken Hong	11	Piner (Nc)
4	Jose Fernando Tenorio Zar	9	Piner (Nc)
5	Erik Villagomez-Loza	9	Piner (Nc)
6	Will Lantz	12	Rancho Cotate
7	Kade Cannedy	9	Maria Carrillo
8	Zayn Guillory	9	Analy (Nc)
9	Adam Moges	12	Montgomery (Nc)

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Rancho Cotate High School

Meet Program - Day 1

Flight 3 of 4 Prelims...(Event 64 Boys Discus Throw Junior Varsity)

1	Matthew Koenig	--	Analy (Nc)
2	Angel Ornelas	--	Rancho Cotate
3	Freddy Zarco Nunez	11	Piner (Nc)
4	Juelz Perez	10	Santa Rosa (Nc)
5	Conal Moran	11	Piner (Nc)
6	Michael Naja	--	Ukiah (Nc)
7	Miles Johnston	10	Maria Carrillo
8	Jonathan Alvarado	9	Piner (Nc)
9	Anthony Davis	10	Rancho Cotate

Flight 4 of 4 Prelims

1	Kyle Barrisford	10	Maria Carrillo
2	Tennor Messick	10	Maria Carrillo
3	Bradly George	10	Montgomery (Nc)
4	Valentin Castro	11	Piner (Nc)
5	Philip Gutteridge	12	Maria Carrillo
6	Cody Peters	12	Maria Carrillo
7	Tyler Crosson	11	Santa Rosa (Nc)
8	Hunter Ellison	10	Montgomery (Nc)
9	Nicholas George	11	Montgomery (Nc)

Event 32 Boys Discus Throw Varsity**Top 16 Advance by Mark**

Tuesday 5/2/2023 - 4:15 PM

137-02 NCS At-Large

Pos	Name	Yr	School	Seed Mark
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Flight 1 of 3 Prelims

1	Cadel Pruitt	11	Windsor (Nc)
2	Zach Anderson	11	Windsor (Nc)
3	Lucas Rust	10	Windsor (Nc)
4	Sergio Gomez-Neri	11	Analy (Nc)
5	Nathan Carlson	11	Windsor (Nc)
6	Daniel Malarich	12	Ukiah (Nc)
7	Jack Kofahl	12	Windsor (Nc)
8	Sebastian Cano	11	Piner (Nc)
9	Giovanni Calleja	11	Rancho Cotate
10	Vilmone Naivalucava	--	Rancho Cotate

Flight 2 of 3 Prelims

1	Joshua Jensen	10	Montgomery (Nc)
2	Miguel Aguirre	11	Santa Rosa (Nc)
3	Nathan Tyler Kwong	--	Rancho Cotate
4	Adan Lemus	11	Santa Rosa (Nc)
5	Martin Gutteridge	11	Maria Carrillo
6	Ryan Moe	10	Maria Carrillo
7	Nicholas Martinez	11	Analy (Nc)
8	Julian Maldonado	12	Ukiah (Nc)
9	Andrew Amons	11	Piner (Nc)
10	Ulises Garcia Zarate	12	Santa Rosa (Nc)

Flight 3 of 3 Prelims

1	John Lubas	10	Cardinal Newman
2	Nolan Gulbransen	11	Montgomery (Nc)
3	Wyatt Chase	10	Cardinal Newman
4	Cooper Lee	11	Santa Rosa (Nc)
5	Aidan Woods	--	Cardinal Newman
6	Beau Gleeson	11	Maria Carrillo
7	Ryan Borro	12	Rancho Cotate
8	Jake Joerger	11	Cardinal Newman
9	Jesse Meyers	10	Cardinal Newman
10	Santiago Adan	11	Cardinal Newman

Event 58 Girls Discus Throw Junior Varsity**Top 8 Advance by Mark**

Tuesday 5/2/2023 - 5:30 PM

Pos	Name	Yr	School	Seed Mark
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Flight 1 of 3 Prelims

1	Jaaziel Matias	9	Windsor (Nc)
2	Celeste Virelas Corona	11	Piner (Nc)
3	Karyn Sanchez	9	Montgomery (Nc)
4	Lindsey Tyler	10	Montgomery (Nc)
5	Alexa Bannister	9	Santa Rosa (Nc)
6	Eva Constantine	9	Santa Rosa (Nc)
7	Ahlna Climaco	11	Piner (Nc)
8	Elizet Gallegos	10	Elsie Allen (Nc)
9	Jocelyn Orozco	11	Piner (Nc)

Flight 2 of 3 Prelims

1	Kimberly Murillo Dominga	11	Piner (Nc)
2	Nashelly Guerrero	11	Maria Carrillo
3	Hilary Garcia Mejia	9	Piner (Nc)
4	Susanna Conway	12	Healdsburg (Nc)
5	Karla Castillejo R	10	Piner (Nc)
6	Kimberly Camacho Landero	11	Piner (Nc)
7	Angelique Agular	--	Rancho Cotate
8	Victoria Gartner	11	Healdsburg (Nc)
9	Isabella Ghirardelli	11	Analy (Nc)
10	Pualena Halle	10	Rancho Cotate

Flight 3 of 3 Prelims

1	Daniella Hinojos	11	Maria Carrillo
2	Brenna Scott	11	Healdsburg (Nc)
3	Katherine Thomas	10	Montgomery (Nc)
4	Paige Thompson	10	Montgomery (Nc)
5	Chiara Puddu	12	Santa Rosa (Nc)
6	Jessica Kraemer	--	Ukiah (Nc)
7	Shilo Payne	11	Santa Rosa (Nc)
8	Skyler Fitzgerald	12	Santa Rosa (Nc)
9	Natalie Pushkarev	9	Santa Rosa (Nc)
10	Faith Ennis-Madyun	9	Santa Rosa (Nc)

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Rancho Cotate High School

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Event 26 Girls Discus Throw Varsity**Top 16 Advance by Mark**

Tuesday 5/2/2023 - 6:45 PM

110-01 NCS At-Large

Pos	Name	Yr	School	Seed Mark
Flight 1 of 3 Prelims				
1	Rawni Self	--	Windsor (Nc)	
2	Reese Bartolomei	12	Ukiah (Nc)	
3	Carol Estrella	12	Montgomery (Nc)	
4	Jocelyn Diaz Santos	10	Piner (Nc)	
5	Nina Boblitt	10	Rancho Cotate	
6	Samantha Hatfield	9	Maria Carrillo	
7	Arlena Franco	11	Ukiah (Nc)	

Flight 2 of 3 Prelims

1	Cassidy Avila	11	Analy (Nc)	
2	Grace Shaw	10	Windsor (Nc)	
3	Mili Pickering	12	Elsie Allen (Nc)	
4	Savannah Nelson	10	Ukiah (Nc)	
5	Jaiden Brooner-Furia	12	Santa Rosa (Nc)	
6	Savanna Conwell	11	Analy (Nc)	
7	Grace Zucco	12	Maria Carrillo	
8	Jadyn Diaz	11	Ukiah (Nc)	

Flight 3 of 3 Prelims

1	Katherine Cornelius	11	Santa Rosa (Nc)	
2	Janelle Pena	11	Cardinal Newman	
3	Siolo Lua	12	Rancho Cotate	
4	Anaiya Agbayani	11	Santa Rosa (Nc)	
5	Addison Hackett	12	Maria Carrillo	
6	Airiana Adams	12	Ukiah (Nc)	
7	Rachel Reynolds	12	Maria Carrillo	
8	Sofia Henderson	12	Santa Rosa (Nc)	

Event 24 Girls Triple Jump Varsity**Top 16 Advance by Mark**

Tuesday 5/2/2023 - 4:15 PM

35-07.25 NCS At-Large

Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Prelims				
1	Isabella Campos	11	Analy (Nc)	
2	Lee Corey	10	Santa Rosa (Nc)	
3	Dacey Howe	10	Santa Rosa (Nc)	
4	Ashley Vigil	12	Cardinal Newman	
5	Auriane Teri	11	Santa Rosa (Nc)	
6	Scarlett Oliva	10	Piner (Nc)	
7	Keira Theiss	11	Windsor (Nc)	
8	Juliet Allen	9	Montgomery (Nc)	
9	Carlie Trenam	9	Maria Carrillo	

Flight 2 of 2 Prelims

1	Jillian Ebner	11	Maria Carrillo	
2	Carlyana Kwong	11	Maria Carrillo	
3	Makenna Ripple	12	Rancho Cotate	
4	Nicole Muniz	10	Ukiah (Nc)	
5	Leyna Goraskas	11	Maria Carrillo	
6	Allison Tito	11	Maria Carrillo	
7	Sadie Sanders	10	Montgomery (Nc)	
8	Karris Morasch	11	Analy (Nc)	
9	Tatiana Avila	12	Analy (Nc)	

Event 30 Boys Triple Jump Varsity**Top 16 Advance by Mark**

Tuesday 5/2/2023 - 6:45 PM

43-03.25 NCS At-Large

Pos	Name	Yr	School	Seed Mark
Flight 1 of 3 Prelims				
1	Nathan Sanders	11	Maria Carrillo	
2	Cooper Lee	11	Santa Rosa (Nc)	
3	Kevin Wei	11	Maria Carrillo	
4	Jackson Giglio	10	Ukiah (Nc)	
5	Leonardo Vasquez	12	Piner (Nc)	
6	Cole Pastene	10	Healdsburg (Nc)	
7	Qipei Zhong	12	Maria Carrillo	
8	Isaac Mulder	10	Santa Rosa (Nc)	

Flight 2 of 3 Prelims

1	Marin Broadbent-Bell	12	Analy (Nc)	
2	Jorge Cuellar Mendoza	10	Piner (Nc)	
3	Jaden Vera	11	Piner (Nc)	
4	Austin Brusco	10	Montgomery (Nc)	
5	Bk Souvannasay Keobounl	12	Piner (Nc)	
6	Ben Dethlefsen	12	Santa Rosa (Nc)	
7	Caden Quinn	9	Analy (Nc)	
8	Kenyon Hanlon-Strane	11	Cardinal Newman	

Flight 3 of 3 Prelims

1	Talan Patrick	11	Santa Rosa (Nc)	
2	Patrick Logue	11	Windsor (Nc)	
3	Gunnar Erickson	11	Windsor (Nc)	
4	Kristopher Adams	11	Montgomery (Nc)	
5	Nehemiah Holiday	11	Maria Carrillo	
6	Cannan Winters	11	Maria Carrillo	
7	Xander Newman	11	Montgomery (Nc)	
8	Caden Devries	11	Montgomery (Nc)	