

Spring Fling - 4/3/2024
Amador Valley High School
Session Report

Session: 1 Field

Day 1 - Wednesday 4/3/2024 - Starts at 10:00 AM

Event	Round
11:00 AM #55 Girls Long Jump Frosh/Soph	Finals
11:45 AM #23 Girls Long Jump Varsity	Finals
12:30 PM #56 Girls Triple Jump Frosh/Soph	Finals
12:30 PM #24 Girls Triple Jump Varsity	Finals
11:00 AM #61 Boys Long Jump Frosh/Soph	Finals
11:45 AM #29 Boys Long Jump Varsity	Finals
12:30 PM #62 Boys Triple Jump Frosh/Soph	Finals
1:00 PM #30 Boys Triple Jump Varsity	Finals
12:00 PM #53 Girls High Jump Frosh/Soph	Finals
12:00 PM #21 Girls High Jump Varsity	Finals
1:30 PM #59 Boys High Jump Frosh/Soph	Finals
1:30 PM #27 Boys High Jump Varsity	Finals
12:00 PM #54 Girls Pole Vault Frosh/Soph	Finals
12:00 PM #22 Girls Pole Vault Varsity	Finals
1:00 PM #60 Boys Pole Vault Frosh/Soph	Finals
1:00 PM #28 Boys Pole Vault Varsity	Finals
10:00 AM #57 Girls Shot Put Frosh/Soph	Finals
10:00 AM #25 Girls Shot Put Varsity	Finals
10:45 AM #63 Boys Shot Put Frosh/Soph	Finals
11:30 AM #31 Boys Shot Put Varsity	Finals
12:30 PM #58 Girls Discus Throw Frosh/Soph	Finals
12:30 PM #26 Girls Discus Throw Varsity	Finals
1:30 PM #64 Boys Discus Throw Frosh/Soph	Finals
2:15 PM #32 Boys Discus Throw Varsity	Finals

Spring Fling - 4/3/2024
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Session: 2 Track
Day 1 - Wednesday 4/3/2024 - Starts at 12:00 PM

Event	Round
12:00 PM #33 Girls 4x100 Meter Relay Frosh/Soph	Finals
12:00 PM #1 Girls 4x100 Meter Relay Varsity	Finals
12:05 PM #34 Boys 4x100 Meter Relay Frosh/Soph	Finals
12:05 PM #2 Boys 4x100 Meter Relay Varsity	Finals
12:10 PM #36 Boys 1600 Meter Run Frosh/Soph	Finals
12:18 PM #35 Girls 1600 Meter Run Frosh/Soph	Finals
12:18 PM #3 Girls 1600 Meter Run Varsity	Finals
12:28 PM #4 Boys 1600 Meter Run Varsity	Finals
12:40 PM #37 Girls 100 Meter Hurdles Frosh/Soph	Finals
12:40 PM #5 Girls 100 Meter Hurdles Varsity	Finals
12:50 PM #38 Boys 110 Meter Hurdles Frosh/Soph	Finals
12:53 PM #6 Boys 110 Meter Hurdles Varsity	Finals
1:00 PM #39 Girls 400 Meter Dash Frosh/Soph	Finals
1:07 PM #40 Boys 400 Meter Dash Frosh/Soph	Finals
1:13 PM #7 Girls 400 Meter Dash Varsity	Finals
1:18 PM #8 Boys 400 Meter Dash Varsity	Finals
1:30 PM #41 Girls 100 Meter Dash Frosh/Soph	Finals
1:40 PM #42 Boys 100 Meter Dash Frosh/Soph	Finals
1:55 PM #9 Girls 100 Meter Dash Varsity	Finals
2:07 PM #10 Boys 100 Meter Dash Varsity	Finals
2:28 PM #43 Girls 800 Meter Run Frosh/Soph	Finals
2:28 PM #11 Girls 800 Meter Run Varsity	Finals
2:32 PM #44 Boys 800 Meter Run Frosh/Soph	Finals
2:32 PM #12 Boys 800 Meter Run Varsity	Finals
2:40 PM #45 Girls 300 Meter Hurdles Frosh/Soph	Finals
2:40 PM #13 Girls 300 Meter Hurdles Varsity	Finals
2:50 PM #46 Boys 300 Meter Hurdles Frosh/Soph	Finals
2:53 PM #14 Boys 300 Meter Hurdles Varsity	Finals
3:03 PM #47 Girls 200 Meter Dash Frosh/Soph	Finals
3:11 PM #48 Boys 200 Meter Dash Frosh/Soph	Finals
3:23 PM #15 Girls 200 Meter Dash Varsity	Finals
3:33 PM #16 Boys 200 Meter Dash Varsity	Finals
3:53 PM #49 Girls 3200 Meter Run Frosh/Soph	Finals
3:53 PM #17 Girls 3200 Meter Run Varsity	Finals
4:08 PM #50 Boys 3200 Meter Run Frosh/Soph	Finals
4:08 PM #18 Boys 3200 Meter Run Varsity	Finals
4:21 PM #51 Girls 4x400 Meter Relay Frosh/Soph	Finals
4:21 PM #19 Girls 4x400 Meter Relay Varsity	Finals
4:28 PM #52 Boys 4x400 Meter Relay Frosh/Soph	Finals
4:28 PM #20 Boys 4x400 Meter Relay Varsity	Finals