

MVAL Track & Field Championships - 5/4/2024

James Logan High School

Results

Girls 100 Meter Dash Varsity

Name	Yr	School	Finals
Finals			
1 Anderson-Brown, Nyarah	12	James Logan	12.88 -0.8
2 Mendoza, Michaelah	11	James Logan	13.04 0.5
3 Anderson-Brown, Essence	10	James Logan	13.09 -0.8
4 Easley, Myla	12	Washington (13.17 -0.8
5 Wiggins, Ava	10	Newark Memor	13.38 -0.8
6 Razi, Ariana	12	Washington (13.41 -0.8
7 Edwards, Chloe	11	Kennedy (Joh	13.56 -0.8
8 Lau, Vivian	12	Washington (13.64 0.5
9 Dangca, Andrea	11	Mission San	13.74 -0.8
10 Isidro, Kylah	11	Moreau Catho	13.93 0.5
11 Romero, Anne	11	Washington (14.06 -0.9
12 Atkins, Mahlaysia	10	Moreau Catho	14.26 0.5
13 Yu, Stephanie	10	Mission San	14.32 0.5
14 Salwan, Esha	11	James Logan	14.33 -0.9
15 Cassidy White, Leah	9	Newark Memor	14.48 0.5
16 Walton, Camilla	9	Moreau Catho	14.58 0.5
17 Zaballero, Izabel	11	Newark Memor	14.59 -1.7
18 Dalman, Camryn	12	James Logan	14.60 -0.9
19 Coloma, Shaila	12	Kennedy (Joh	14.62 -0.9
20 Ho, Allison	12	Mission San	14.70 -0.9
21 Merel, Annaliese	11	Kennedy (Joh	14.76 -1.7
22 De Guzman, Katriella	12	Kennedy (Joh	14.78 -0.9
23 Chu, Justine	11	American	14.88 -0.9
24 Rodriguez Gonzalez, Jade	11	Kennedy (Joh	15.03 -1.7
25 Lewis, Addison	10	Kennedy (Joh	15.33 -1.7
26 Delaney, Kanfadence	11	Kennedy (Joh	15.36 -1.7
27 Chandrahasan, Deepika	10	Irvington (N	15.49 -1.7

Girls 200 Meter Dash Varsity

Name	Yr	School	Finals
Finals			
1 Jones, Lena	12	James Logan	26.89 -0.3
2 Anderson-Brown, Nyarah	12	James Logan	27.00 -0.3
3 Mendoza, Michaelah	11	James Logan	27.34 -0.3
4 Atulobi, Margaret	10	James Logan	27.68 -0.3
5 Valle, Eliana	12	Moreau Catho	27.83 -0.3
6 Wiggins, Ava	10	Newark Memor	27.86 -0.3
7 Easley, Myla	12	Washington (28.01 -0.3
8 Stifanos, Sneet	10	Moreau Catho	28.87 -0.3
9 Razi, Ariana	12	Washington (28.89 -0.3
10 Edwards, Chloe	11	Kennedy (Joh	29.34 -0.3
11 Walton, Camilla	9	Moreau Catho	29.83 -0.9
12 Salwan, Esha	11	James Logan	30.04 -0.9
13 Mejia, Sophie	11	Moreau Catho	30.22 -0.6
14 McComb, Maya	9	Moreau Catho	30.30 -0.3
15 Romero, Anne	11	Washington (30.45 -0.6
16 Dalman, Camryn	12	James Logan	30.59 -0.3
17 Ruiz, Jianna	11	Moreau Catho	30.70 -0.9
18 Isidro, Kylah	11	Moreau Catho	30.75 -0.6
19 Rodriguez Gonzalez, Jade	11	Kennedy (Joh	31.40 -0.9
20 Dangca, Andrea	11	Mission San	31.75 -0.3
21 Zaballero, Izabel	11	Newark Memor	32.22 -0.9

22 Merel, Annaliese 11 Kennedy (Joh 32.61 -0.9

Girls 400 Meter Dash Varsity

Name	Yr	School	Finals
Finals			
1 Jones, Lena	12	James Logan	60.86
2 Atulobi, Margaret	10	James Logan	63.08
3 Valle, Eliana	12	Moreau Catho	64.24
4 Aravindhan, Varsha	11	Irvington (N	64.52
5 Stifanos, Sneet	10	Moreau Catho	66.00
6 McComb, Maya	9	Moreau Catho	68.42
7 Castro, Kayla	12	James Logan	68.80
8 Defaai, Daria	12	James Logan	68.94
9 Mejia, Sophie	11	Moreau Catho	69.39
10 Sampath, Srinidhi	12	American	70.26
11 Purohit, Kunjal	11	American	72.88
12 Mullick, Isabelle	12	Washington (72.94
13 Healy, Abigail	12	Mission San	72.96
14 Gonsalvez, Lexi	12	Newark Memor	74.14
15 Sanchez, Alexia	11	Newark Memor	74.71
16 Imura, Isabella	12	Moreau Catho	77.71
17 Willyerd, Madeleine	12	American	78.14
18 Ruiz, Jianna	11	Moreau Catho	1:20.99

Girls 800 Meter Run Varsity

Name	Yr	School	Finals
Finals			
1 Wong, Ania	12	Mission San	2:26.73
2 Teo, Estee	12	Mission San	2:27.82
3 Tokubo, Kara	12	Newark Memor	2:36.21
4 Hastings, Chloe	11	Newark Memor	2:41.97
5 Sampath, Srinidhi	12	American	2:43.33
6 Teo, Kaylin	9	Mission San	2:43.62
7 Forsyth, Emma	10	Kennedy (Joh	2:44.36
8 Pinedo, Jimena	11	Newark Memor	2:49.16
9 Cheetancheri, Isha	9	Mission San	2:51.83
10 Paje, Alana	12	Kennedy (Joh	2:52.87
11 Medina, Soleil	11	Washington (2:58.39
12 Krishnasami, Nila	11	Mission San	3:00.99
13 Yang, Ella	12	Washington (3:01.50
14 Lewis, Gabriella	12	Kennedy (Joh	3:02.59
15 Fan, Crystal	12	American	3:03.86
16 Lam, Mia	11	Mission San	3:07.04
17 Hsu, Fiona	11	Mission San	3:09.60
18 Willyerd, Madeleine	12	American	3:13.52
19 Lee, Allison	12	Mission San	3:17.13
20 Zou, Christina	12	American	4:06.27

Girls 1600 Meter Run Varsity

Name	Yr	School	Finals
Finals			
1 Wong, Ania	12	Mission San	5:24.07
2 McCarty, Alice	10	Newark Memor	5:24.12
3 Ott, Hope	11	James Logan	5:29.14
4 Tokubo, Kara	12	Newark Memor	5:48.24
5 Fekadu, Rahwa	11	Newark Memor	5:49.97

MVAL Track & Field Championships - 5/4/2024

James Logan High School

Results

Finals ... (Girls 1600 Meter Run Varsity)

Name	Yr	School	Finals
6 Veloza, Grace	11	Newark Memor	5:57.22
7 Exley, Rene	12	Newark Memor	5:59.73
8 Forsyth, Emma	10	Kennedy (Joh	6:00.30
9 Hastings, Chloe	11	Newark Memor	6:03.75
10 Teo, Kaylin	9	Mission San	6:05.51
11 Teo, Estee	12	Mission San	6:05.71
12 Pinedo, Jimena	11	Newark Memor	6:19.31
13 Paje, Alana	12	Kennedy (Joh	6:22.53
14 Bamford, Julia	12	American	6:25.36
15 Hsu, Fiona	11	Mission San	6:36.13
16 Kawabata, Lilly	12	Newark Memor	6:38.93
17 Tran, Sarah	11	Mission San	6:43.53
18 Krishnasami, Nila	11	Mission San	6:44.03
19 Fan, Crystal	12	American	6:51.47
20 Lam, Mia	11	Mission San	6:59.78
21 Lewis, Gabriella	12	Kennedy (Joh	7:01.62
22 Zou, Christina	12	American	8:47.04

Girls 3200 Meter Run Varsity

Name	Yr	School	Finals
1 McCarty, Alice	10	Newark Memor	11:37.49
2 Ott, Hope	11	James Logan	11:38.63
3 Fekadu, Rahwa	11	Newark Memor	12:04.59
4 Forsyth, Emma	10	Kennedy (Joh	13:04.12
5 Bamford, Julia	12	American	14:28.57
6 Lewis, Gabriella	12	Kennedy (Joh	14:50.86

Girls 100 Meter Hurdles Varsity

Name	Yr	School	Finals
1 Bui, Annie	12	Washington (17.51 -0.7
2 Atkins, Mahlaysia	10	Moreau Catho	17.87 -0.7
3 Yeung, Cynthia	11	American	18.61 -0.7
4 Yu, Stephanie	10	Mission San	18.77 -0.7
5 Willey, Harmony	11	Irvington (N	19.74 -0.7
6 Khunkhun, Amrita	12	Washington (19.84 -2.7
7 Kamboj, Sneha	11	Washington (20.03 -2.7
8 Brahan, Natalie	11	Irvington (N	20.05 -2.7
9 Shrowty, Tanvi	9	American	20.30 -0.7
10 Delaney, Kanfadence	11	Kennedy (Joh	20.67 -2.2
11 Lewis, Addison	10	Kennedy (Joh	20.70 -2.7
12 Sachanandani, Aleesha	12	Washington (20.75 -2.2
13 Dangca, Andrea	11	Mission San	20.83 -0.7
14 Ta, Trina	12	Washington (21.03 -2.2
15 Campos, Abby	12	Kennedy (Joh	21.86 -2.2
16 Pangal, Aditi	10	Mission San	22.93 -2.2

Girls 300 Meter Hurdles Varsity

Name	Yr	School	Finals
1 Bui, Annie	12	Washington (50.74
2 Yeung, Cynthia	11	American	55.46
3 Aravindhan, Varsha	11	Irvington (N	56.95

4 Kamboj, Sneha	11	Washington (59.33
5 Cruz, Angelica	11	Newark Memor	59.43
6 Shrowty, Tanvi	9	American	59.98
7 Brahan, Natalie	11	Irvington (N	60.37
8 Willey, Harmony	11	Irvington (N	61.65
9 Lewis, Addison	10	Kennedy (Joh	65.98
10 Lewis, Gabriella	12	Kennedy (Joh	68.11
11 Merel, Annaliese	11	Kennedy (Joh	75.78

Girls 4x100 Meter Relay Varsity

Team	Relay	Finals
1 James Logan		50.43
1) Mendoza, Michaelah 11	2) Anderson-Brown, Nyarah 12	
3) Jones, Lena 12	4) Anderson-Brown, Essence 10	
2 Washington (Nc)		51.66
1) Bui, Annie 12	2) Lau, Vivian 12	
3) Razi, Ariana 12	4) Easley, Myla 12	
3 Moreau Catholic (Nc)		51.86
1) Valle, Eliana 12	2) Edwards, Alexa 9	
3) McComb, Maya 9	4) Walton, Camilla 9	
4 Mission San Jose (Nc)		53.44
1) Ho, Allison 12	2) Dangca, Andrea 11	
3) Yu, Stephanie 10	4) Menon, Sophie 12	
5 Kennedy (Joh		54.45
1) Edwards, Chloe 11	2) Coloma, Shaila 12	
3) Fathi, Hanna 12	4) Orobiyi, Deborah 10	
6 American		55.69
1) Chu, Justine 11	2) Yeung, Cynthia 11	
3) Purohit, Kunjal 11	4) Sampath, Srinidhi 12	
7 Irvington (Nc)		62.83
1) Willey, Harmony 11	2) Brahan, Natalie 11	
3) Chandrahasan, Deepika 10	4) vu, mary 11	
--- Newark Memorial (Nc)		DQ
1) Wijangco, Bella 11	2) Cassidy White, Leah 9	
3) Zaballero, Izabel 11	4) Wiggins, Ava 10	

Girls 4x400 Meter Relay Varsity

Team	Relay	Finals
1 James Logan		4:17.43
1) Castro, Kayla 12	2) Atulobi, Margaret 10	
3) Jones, Lena 12	4) Mendoza, Michaelah 11	
2 Moreau Catholic (Nc)		4:29.88
1) Valle, Eliana 12	2) Stifanos, Sneet 10	
3) Edwards, Alexa 9	4) McComb, Maya 9	
3 American		4:47.04
1) Yeung, Cynthia 11	2) Chu, Justine 11	
3) Purohit, Kunjal 11	4) Sampath, Srinidhi 12	
4 Newark Memorial (Nc)		4:55.97
1) Wijangco, Bella 11	2) McCarty, Alice 10	
3) Tokubo, Kara 12	4) Wiggins, Ava 10	

MVAL Track & Field Championships - 5/4/2024

James Logan High School

Results

Girls 4x800 Meter Relay Varsity

Team	Relay	Finals
1 Newark Memorial (Nc)		11:18.26
1) Tokubo, Kara 12	2) Hastings, Chloe 11	
3) Pinedo, Jimena 11	4) Veloza, Grace 11	

Girls High Jump Varsity

Name	Yr	School	Finals
1 Chandrahasan, Deepika	10	Irvington (N	J4-08.00
2 Navarro, Malia	12	Newark Memor	J4-04.00
3 Wong, Matilda	10	Irvington (N	J4-02.00
4 Vargas, Rianna	11	Newark Memor	J4-02.00
5 Scott, Sydney	11	Newark Memor	J4-02.00
6 Khunkhun, Amrita	12	Washington (J4-02.00
7 Chan, Emily	9	James Logan	J4-02.00
--- Walker, Nia	12	Moreau Catho	NH
--- Advincula, Taytum	11	Moreau Catho	NH

Girls Pole Vault Varsity

Name	Yr	School	Finals
1 Menon, Sophie	12	Mission San	J10-01.00
1 Patel, Mya	12	Irvington (N	J10-01.00
3 Hancock, Kaitlyn	10	Washington (J9-01.00
4 Mullick, Isabelle	12	Washington (J8-07.00
5 Ferrer, Tiffany	9	Moreau Catho	J8-01.00
5 Wong, Matilda	10	Irvington (N	J8-01.00
5 Martins, Mia	12	Moreau Catho	J8-01.00
8 Zelinski, April	12	Washington (J7-07.00
8 Hopkins, Kaia	12	Moreau Catho	J7-07.00
8 Interiano, Catalina	12	Moreau Catho	J7-07.00
11 Szeto, Elisabeth	11	American	J7-01.00
--- Saha, Tiana	12	Mission San	NH

Girls Long Jump Varsity

Name	Yr	School	Finals
1 Easley, Myla	12	Washington (17-00.00 NWI
2 Menon, Sophie	12	Mission San	15-11.50 NWI
3 Tran, Natalie	11	Mission San	15-09.00 NWI
4 Edwards, Chloe	11	Kennedy (Joh	15-07.50 NWI
5 Wijangco, Bella	11	Newark Memor	15-01.50 NWI
6 Aravindhan, Varsha	11	Irvington (N	14-11.50 NWI
7 De Guzman, Katriella	12	Kennedy (Joh	14-07.50 NWI
8 Zelinski, April	12	Washington (14-02.50 NWI
9 Coloma, Shaila	12	Kennedy (Joh	14-01.50 NWI
10 Scott, Sydney	11	Newark Memor	13-09.00 NWI
11 Vargas, Rianna	11	Newark Memor	13-03.50 NWI
12 Yolangco, Jasmine Reese	11	Irvington (N	13-01.50 NWI
13 Rodriguez Gonzalez, Jade	11	Kennedy (Joh	12-10.00 NWI
14 Navarro, Malia	12	Newark Memor	12-08.00 NWI
15 Agustin, Angela	12	Newark Memor	12-06.00 NWI
16 Wang, Ellena	12	Mission San	12-03.00 NWI

17 Chan, Emily	9	James Logan	11-09.50 NWI
18 Martin, Kendall	12	James Logan	11-07.00 NWI

Girls Triple Jump Varsity

Name	Yr	School	Finals
1 Martin, Kendall	12	James Logan	33-02.75 0.8
2 Villareal, Regina	9	Washington (32-11.75 1.0
3 Tran, Natalie	11	Mission San	32-08.00 1.2
4 Menon, Sophie	12	Mission San	32-02.50 0.4
5 Aravindhan, Varsha	11	Irvington (N	31-11.50 2.2
6 Shrowty, Tanvi	9	American	31-05.25 1.6
7 Peregrino, Jasmine	12	Newark Memor	30-11.50 +0.0
8 Navarro, Malia	12	Newark Memor	30-04.75 1.2
9 Wang, Ellena	12	Mission San	30-03.75 1.3
10 Vargas, Rianna	11	Newark Memor	29-08.00 NWI
11 Wijangco, Bella	11	Newark Memor	29-05.50 NWI
12 Rodriguez Gonzalez, Jade	11	Kennedy (Joh	28-01.25 NWI
13 Coloma, Shaila	12	Kennedy (Joh	28-00.00 NWI
14 Agustin, Angela	12	Newark Memor	27-10.50 NWI
15 Scott, Sydney	11	Newark Memor	27-06.25 NWI
16 Yolangco, Jasmine Reese	11	Irvington (N	27-03.00 NWI

Girls Shot Put Varsity

Name	Yr	School	Finals
1 Taufa, Sisilia	12	James Logan	33-01.00
2 Pole, Amelia	11	James Logan	31-01.00
3 Owens, Nia	12	Washington (30-10.00
4 Sass, Cierra	12	American	28-01.00
5 Tapia, Jimena	10	Newark Memor	24-08.50
6 Reed, Katherine	9	Mission San	24-07.00
7 Abdussamy, Maryah	11	Irvington (N	24-03.00
8 Campos, Sofia	12	Kennedy (Joh	24-00.00
9 Sirur, Aishwari	12	Moreau Catho	21-06.00
10 Kwok, Elyssa	9	James Logan	21-04.00
11 Chong, Chloe	11	James Logan	20-11.00
12 Zavala, Giana	11	James Logan	19-10.00
13 Daniel, Michelle	11	James Logan	19-05.00
14 Nabizad, Sara	12	Irvington (N	18-09.00
15 Camacho, Joselyn	11	Washington (14-00.00

Girls Discus Throw Varsity

Name	Yr	School	Finals
1 Owens, Nia	12	Washington (107-06
2 Sass, Cierra	12	American	98-05
3 Taufa, Sisilia	12	James Logan	92-02
4 Sirur, Aishwari	12	Moreau Catho	86-03
5 Kwok, Elyssa	9	James Logan	80-11
6 Abdussamy, Maryah	11	Irvington (N	78-11
7 Wang, Ellena	12	Mission San	72-07
8 Reed, Katherine	9	Mission San	72-05
9 Nabizad, Sara	12	Irvington (N	70-02
10 Daniel, Michelle	11	James Logan	67-08
11 Zavala, Giana	11	James Logan	67-01

MVAL Track & Field Championships - 5/4/2024

James Logan High School

Results

Finals ... (Girls Discus Throw Varsity)

Name	Yr	School	Finals
12 Tapia, Jimena	10	Newark Memor	58-04
13 Chong, Chloe	11	James Logan	45-09
14 Camacho, Joselyn	11	Washington (40-04

Girls 100 Meter Dash Frosh/Soph

Name	Yr	School	Finals
Finals			
1 Castro, Olivia	10	James Logan	13.66 -1.5
2 Bautista, Jordyn	10	Washington (14.08 -1.5
3 Gurney, Caitlyn	9	Kennedy (Joh	14.35 -1.5
4 Buchanan, Le'yonni	9	Newark Memor	14.50 -1.5
5 Jenkins, Sydney	9	Washington (14.51 -1.1
6 Gutierrez, Daniella	9	James Logan	14.54 -1.5
7 Qiu, Ella	10	Washington (14.74 -0.7
8 Quinines, Azaylia	10	Kennedy (Joh	14.82 -1.5
9 Hebbur, Swanika	9	Washington (14.90 -1.1
10 Saini, Shfalika	10	Kennedy (Joh	14.97 -1.1
11 Sha, Linna	10	Irvington (N	15.00 -1.5
12 Huang, Nicole	10	Washington (15.13 -0.7
13 Kelley, Kylee	9	Washington (15.17 -0.7
14 Nomura, Jessica	10	Kennedy (Joh	15.21 -1.1
15 Thangeswaran, Varshaa	9	Mission San	15.24 -0.2
16 Leung, Felicia	9	Washington (15.26 -1.1
17 Nguyen, Clairra	9	Irvington (N	15.28 -1.1
18 Pandya, Sahana	9	Irvington (N	15.31 -1.1
19 Hulog, Jasmine	10	Washington (15.37 -0.2
20 Jayasheela, Ruhi	10	Washington (15.43 -0.7
21 Bagunu, Kai	9	Newark Memor	15.44 -0.7
22 Edwards, Emily	9	Kennedy (Joh	15.46 -0.2
23 Bernal, Chloe	10	James Logan	15.47 -0.7
24 Bowker, Rianna	9	Newark Memor	15.57 -0.7
25 Anand, Meera	9	Mission San	15.93 -0.2
26 Binu, Prarthana	10	American	15.95 -0.7
27 Abarro, Janel	10	Washington (15.99 -0.2
28 Gautam, Aanya	9	Washington (16.06 -0.2

Girls 200 Meter Dash Frosh/Soph

Name	Yr	School	Finals
Finals			
1 Randhawa, Anaya	9	James Logan	28.83 0.2
2 Castro, Olivia	10	James Logan	29.05 0.2
3 Zarate, Daniela	9	James Logan	29.73 -0.3
4 Delaney, Konchence	10	Kennedy (Joh	30.16 0.2
5 Jenkins, Sydney	9	Washington (30.36 -0.3
6 Buchanan, Le'yonni	9	Newark Memor	30.45 -0.3
7 Bautista, Jordyn	10	Washington (30.48 0.2
8 Tsui, Sonia	9	Newark Memor	30.52 -0.3
9 Cooper, Christina	9	James Logan	30.82 0.2
10 Staffaroni, Arabella	10	Newark Memor	30.96 0.2
11 Zamarippa, Liliana	10	Kennedy (Joh	30.99 -0.8
12 Sha, Linna	10	Irvington (N	31.26 -0.3
13 Huang, Nicole	10	Washington (31.33 -0.8
14 Bahia, Harsirat	10	James Logan	31.37 -0.8
15 Gutierrez, Daniella	9	James Logan	31.41 -0.8

16 Qiu, Ella	10	Washington (31.44 -0.3
17 Saini, Shfalika	10	Kennedy (Joh	31.64 -0.8
18 Quinines, Azaylia	10	Kennedy (Joh	31.99 -0.3
19 Bernal, Chloe	10	James Logan	32.38 -1.0
20 Foronda, Kaleigh	10	Kennedy (Joh	32.85 -1.0
21 Ashok, Anagha	10	American	33.11 -1.0
22 Jayasheela, Ruhi	10	Washington (33.13 -1.0
23 Hebbur, Swanika	9	Washington (33.15 -0.8
24 Gandesiri, Anwita	10	Washington (35.24 -1.0

Girls 400 Meter Dash Frosh/Soph

Name	Yr	School	Finals
Finals			
1 Zarate, Daniela	9	James Logan	68.13
2 Cotten, Sadie	10	Moreau Catho	69.10
3 Randhawa, Anaya	9	James Logan	71.25
4 Staffaroni, Arabella	10	Newark Memor	71.55
5 Delaney, Konchence	10	Kennedy (Joh	71.59
6 Bahia, Harsirat	10	James Logan	71.60
7 Sha, Linna	10	Irvington (N	72.37
8 Cooper, Christina	9	James Logan	72.49
9 Howard, Adriana	9	Moreau Catho	72.62
10 Ashok, Anagha	10	American	72.63
11 Ishananto-Ritsidis, Andrea	10	Mission San	73.48
12 Chu, Yumi	10	American	73.62
13 Putta, Ishanvi	9	American	77.30
14 Gandesiri, Anwita	10	Washington (79.89

Girls 800 Meter Run Frosh/Soph

Name	Yr	School	Finals
Finals			
1 Barillas, Emily	9	Moreau Catho	2:41.22
2 Zeng, Yimei	9	Moreau Catho	2:47.97
3 Luo, Phoebe	9	American	2:50.47
4 Ott, Clara	9	James Logan	2:50.82
5 Putta, Ishanvi	9	American	2:54.58
6 Tancinco, Jamie	9	American	2:54.80
7 Su, Brianna	9	American	2:55.13
8 Ishananto-Ritsidis, Andrea	10	Mission San	2:59.44
9 Kulkarni, Samyukta	10	American	3:04.61
10 Chan, Kaitlyn	9	Newark Memor	3:05.41
11 Dai, Elaine	9	Mission San	3:05.47
12 Liao, Jenni	9	American	3:06.33
13 Ong, Shan	9	American	3:06.81
14 Chu, Yumi	10	American	3:07.06
15 Sharma, Aayra	9	James Logan	3:07.45
16 Cadelina Moral, Kiara	9	American	3:08.16
17 Barragan, Bianca	10	American	3:09.09
18 Oo, Evelyn	9	Irvington (N	3:09.12
19 Ho, Kandace	9	American	3:09.62
20 Prabhu, Samhita	9	Newark Memor	3:09.92
21 Tung, Cassidy	9	American	3:10.69
22 Zhu, Annie	9	American	3:12.35
23 Tran, Sophia	9	Mission San	3:12.37
24 Tatikonda, Lahari	10	American	3:16.28
25 Wu, Jessica	9	American	3:17.75

MVAL Track & Field Championships - 5/4/2024

James Logan High School

Results

Finals ... (Girls 800 Meter Run Frosh/Soph)

Name	Yr	School	Finals
26 Hernandez, Jordan	10	Newark Memor	3:20.18
27 Trivedi, Aashi	10	Mission San	3:20.32
28 Lor, Ashleigh	9	Newark Memor	3:23.85
29 Rahman, Suha	9	Newark Memor	3:24.25

Girls 1600 Meter Run Frosh/Soph

Name	Yr	School	Finals
Finals			
1 Luo, Phoebe	9	American	6:06.29
2 Ott, Clara	9	James Logan	6:12.17
3 Su, Brianna	9	American	6:12.99
4 Ong, Shan	9	American	6:24.17
5 Kulkarni, Samyukta	10	American	6:28.12
6 Dai, Elaine	9	Mission San	6:28.70
7 Turlapati, Ankita	10	Moreau Catho	6:31.90
8 Ho, Kandace	9	American	6:33.64
9 Barragan, Bianca	10	American	6:33.69
10 Liao, Jenni	9	American	6:35.13
11 Truong, Madeleine	9	Newark Memor	6:35.71
12 Kuruvilla, Abigail	9	Irvington (N	6:36.54
13 Chan, Kaitlyn	9	Newark Memor	6:43.10
14 Chu, Yumi	10	American	6:43.67
15 Prabhu, Samhita	9	Newark Memor	6:44.43
16 Bapat, Jui	10	Irvington (N	6:44.52
17 Tancinco, Jamie	9	American	6:46.00
18 Cadelina Moral, Kiara	9	American	6:49.02
19 Trivedi, Aashi	10	Mission San	6:49.81
20 Zhu, Annie	9	American	6:51.27
21 Tung, Cassidy	9	American	6:54.35
22 Hernandez, Jordan	10	Newark Memor	6:56.76
23 Tatikonda, Lahari	10	American	6:57.73
24 Sharma, Aayra	9	James Logan	6:58.34
25 Wu, Jessica	9	American	7:01.21
26 Shih, Maya	10	Moreau Catho	7:02.19
27 Tran, Sophia	9	Mission San	7:16.81
28 Chowdhury, Zoya	9	Mission San	7:18.56
29 Ngai, Sarah	9	Mission San	7:20.39
30 Gebrekidan, Saron	10	American	8:01.60

Girls 3200 Meter Run Frosh/Soph

Name	Yr	School	Finals
Finals			
1 Su, Brianna	9	American	13:25.99
2 Turlapati, Ankita	10	Moreau Catho	13:50.03
3 Luo, Phoebe	9	American	13:50.87
4 Ong, Shan	9	American	14:14.91
5 Ho, Kandace	9	American	14:18.43
6 Barragan, Bianca	10	American	14:18.96
7 Maheshwari, Geetika	9	Irvington (N	14:29.23
8 Tung, Cassidy	9	American	14:30.01
9 Kuruvilla, Abigail	9	Irvington (N	14:35.06
10 Kulkarni, Samyukta	10	American	14:45.68
11 Tatikonda, Lahari	10	American	14:57.24
12 Liao, Jenni	9	American	14:59.76

13 Tancinco, Jamie	9	American	15:52.37
14 Wu, Melody	9	American	15:59.06
15 Ngai, Sarah	9	Mission San	16:01.91
16 Shih, Maya	10	Moreau Catho	16:05.47
17 Rajesh, Mahima	10	Moreau Catho	16:08.07
18 Hernandez-Pare, Josefina	10	Kennedy (Joh	17:10.95

Girls 100 Meter Hurdles Frosh/Soph

Name	Yr	School	Finals
Finals			
1 Notice, Tiffany	10	American	20.34 -1.4
2 Saboo, Anvita	9	Washington (20.54 -1.4
3 Lin, Annabelle	10	Irvington (N	20.67 -1.4
4 Lin, Lily	9	Mission San	20.73 -1.4
5 Aye, Natalie	9	Mission San	21.69 -1.4
6 Taylor, Mecca	10	Moreau Catho	21.96 -1.4
7 Liao, Alicia	10	American	21.97 -1.4
8 Eberly, Julia-Marie	10	Moreau Catho	22.03 -1.4
9 Patel, Tulsi	9	Washington (23.12 -1.4
10 Harvey, Makena	9	Moreau Catho	23.25 -1.4
11 Bradley, Traivana	9	Moreau Catho	23.30 -1.4

Girls 300 Meter Hurdles Frosh/Soph

Name	Yr	School	Finals
Finals			
1 Lin, Annabelle	10	Irvington (N	58.37
2 Liao, Alicia	10	American	60.67
3 Notice, Tiffany	10	American	60.95
4 Lin, Lily	9	Mission San	63.57
5 Bradley, Traivana	9	Moreau Catho	63.83
6 Taylor, Mecca	10	Moreau Catho	64.76
7 Harvey, Makena	9	Moreau Catho	64.88
8 Aye, Natalie	9	Mission San	65.02

Girls 4x100 Meter Relay Frosh/Soph

Team	Relay	Finals
Finals		
1 James Logan		53.61
1) Yap, Emily Jolie 10	2) Zarate, Daniela 9	
3) Randhawa, Anaya 9	4) Castro, Olivia 10	
2 Newark Memorial (Nc)		54.79
1) Staffaroni, Arabella 10	2) Tsui, Sonia 9	
3) Bowker, Rianna 9	4) Buchanan, Le'yonni 9	
3 Washington (Nc)		54.98
1) Bautista, Jordyn 10	2) Jenkins, Sydney 9	
3) Leung, Felicia 9	4) Huang, Nicole 10	
4 Kennedy (Joh		55.49
1) Gurney, Caitlyn 9	2) Delaney, Konchence 10	
3) Quinines, Azaylia 10	4) Saini, Shfalika 10	
5 Irvington (Nc)		55.54
1) Lin, Annabelle 10	2) Lee, Nicole 10	
3) Sha, Linna 10	4) Nguyen, Clairra 9	
6 Moreau Catholic (Nc)		56.16
1) Cotten, Sadie 10	2) Medina, Ariel 9	
3) Bradley, Traivana 9	4) Kirkwood, Kaliya 10	

MVAL Track & Field Championships - 5/4/2024

James Logan High School

Results

Finals ... (Girls 4x100 Meter Relay Frosh/Soph)

Team	Relay	Finals
7 American		58.25
1) Notice, Tiffany 9	2) Liao, Alicia 10	
3) Putta, Ishanvi 9	4) Binu, Prarthana 10	

Girls 4x400 Meter Relay Frosh/Soph

Team	Relay	Finals
1 Moreau Catholic (Nc)		4:36.26
1) Barillas, Emily 9	2) Cotten, Sadie 10	
3) Lopez, Elexa 10	4) Zeng, Yimei 9	
2 James Logan		4:44.67
1) Zarate, Daniela 9	2) Randhawa, Anaya 9	
3) Cooper, Christina 9	4) Bahia, Harsirat 10	
3 American		4:52.74
1) Putta, Ishanvi 9	2) Ashok, Anagha 10	
3) Binu, Prarthana 10	4) Luo, Phoebe 9	

Girls 4x800 Meter Relay Frosh/Soph

Team	Relay	Finals
1 American		12:20.04
1) Cadelina Moral, Kiara 9	2) Tancinco, Jamie 9	
3) Wu, Melody 9	4) Chu, Yumi 10	
2 Irvington (Nc)		12:48.58
1) Oo, Evelyn 9	2) Kuruvilla, Abigail 9	
3) Maheshwari, Geetika 9	4) Bapat, Jui 10	
3 Newark Memorial (Nc)		12:55.81
1) Prabhhu, Samhita 9	2) Hernandez, Jordan 10	
3) Truong, Madeleine 9	4) Chan, Kaitlyn 9	

Girls High Jump Frosh/Soph

Name	Yr	School	Finals
1 Taylor, Mecca	10	Moreau Catho	J4-02.00
1 Kirkwood, Kaliya	10	Moreau Catho	J4-02.00
3 Shome, Nivedita	8	Irvington (N	J4-00.00

Girls Pole Vault Frosh/Soph

Name	Yr	School	Finals
1 Howard, Adriana	9	Moreau Catho	6-10.00
2 Magana, Breanna	9	Moreau Catho	J6-07.00
2 Alberdin Del Rio, Andrea	9	Moreau Catho	J6-07.00
4 Hopkins, Roxy	9	Moreau Catho	5-01.00

Girls Long Jump Frosh/Soph

Name	Yr	School	Finals
1 Hebbur, Swanika	9	Washington (14-07.50 NWI
2 Nomura, Jessica	10	Kennedy (Joh	14-03.50 NWI
3 Kirkwood, Kaliya	10	Moreau Catho	14-01.00 NWI
4 Zelinski, Kara	9	Washington (13-06.50 NWI
5 Ruparelia, Aahana	9	Washington (12-09.00 NWI
6 Kelley, Kylee	9	Washington (12-07.00 NWI
7 Gupta, Ria	9	Mission San	12-03.50 NWI

8 Han, Lilly	9	Mission San	12-00.50 NWI
9 Taylor, Mecca	10	Moreau Catho	11-06.50 NWI

Girls Triple Jump Frosh/Soph

Name	Yr	School	Finals
1 Kirkwood, Kaliya	10	Moreau Catho	29-01.75 NWI
2 Zelinski, Kara	9	Washington (29-00.00 NWI
3 Nomura, Jessica	10	Kennedy (Joh	28-09.25 NWI
4 Gupta, Ria	9	Mission San	27-02.00 NWI

Girls Shot Put Frosh/Soph

Name	Yr	School	Finals
1 Naidu, Arushi	10	American	25-01.00
2 Siquig, Payton	9	Kennedy (Joh	24-09.00
3 Ramirez, Nayeli	9	Kennedy (Joh	22-01.00
4 Moscon, Giada	10	Kennedy (Joh	19-07.00
5 Bailey, Maile	10	Moreau Catho	19-00.00
6 Mulabagal, Medha	9	American	18-05.00
7 Shahi, Ajooni	10	Moreau Catho	17-06.00
8 Kulkarni, Diya	10	American	17-04.00
9 Ho, Lillian	9	James Logan	13-04.00

Girls Discus Throw Frosh/Soph

Name	Yr	School	Finals
1 Naidu, Arushi	10	American	84-00
2 Siquig, Payton	9	Kennedy (Joh	69-00
3 Shahi, Ajooni	10	Moreau Catho	57-01
4 Bailey, Maile	10	Moreau Catho	56-09
5 Kulkarni, Diya	10	American	48-06
6 Moscon, Giada	10	Kennedy (Joh	48-02
7 Ho, Lillian	9	James Logan	41-11
7 Mulabagal, Medha	9	American	41-11

Boys 100 Meter Dash Varsity

Name	Yr	School	Finals
1 Hin, Phoenix	12	Mission San	11.31 0.4
2 Craft, Jonathan	11	James Logan	11.32 0.4
3 Bryant, Jayden	11	Moreau Catho	11.58 0.4
4 San Pedro, Isaiah	10	Newark Memor	11.67 0.4
5 Gastelum, Gabriel	11	Mission San	11.82 -1.1
6 McChristian, Ayden	11	James Logan	11.84 0.4
7 Perkins, Ben	12	Washington (11.88 0.4
8 Chase Navarro, Brandon	11	Kennedy (Joh	11.93 -2.7
9 Haastrup, Casey	12	Washington (12.04 -2.7
10 Evans, Seth	10	Moreau Catho	12.04 -2.7
11 Collins, Peyton	11	Moreau Catho	12.16 -1.1
12 Lealao, Keiden	11	James Logan	12.18 -1.1
13 Ransburg, Jameson	11	Moreau Catho	12.27 0.4
14 Chew, Calvin	12	American	12.34 -1.1
15 Wang, Aidan	11	Mission San	12.35 -1.1
16 Nomura, Jason	12	Kennedy (Joh	12.35 -1.1
17 Swamy, Steven	10	James Logan	12.36 -2.7

MVAL Track & Field Championships - 5/4/2024

James Logan High School

Results

Finals ... (Boys 100 Meter Dash Varsity)

Name	Yr	School	Finals
18 Oty, Samuel	11	Washington (12.37 -1.1
19 Ratliff, Christian	12	James Logan	12.38 -1.1
20 Mann, Jassimratpal	12	Washington (12.45 -1.1
21 Castro, Adrian	11	American	12.56 -1.1
22 He, Luis	10	Mission San	12.56 -2.7
23 Kim, Euriel	12	Newark Memor	12.60 -1.1
24 Moore, Miles	11	Moreau Catho	12.65 -2.7
25 Leday, Grayson	11	Washington (12.66 -1.1
26 Okonkwo, Kamsi	12	Moreau Catho	12.73 -2.7
27 Rodriguez, Luciano	11	Kennedy (Joh	12.77 -1.1
28 Yu, Alex	12	Washington (12.83 -2.7
29 Edrada, Sebastian	11	Moreau Catho	12.86 -1.1
30 Okpara, Mitchell	12	Moreau Catho	12.96 -1.1
31 Craft, Jeremy	12	James Logan	13.93 0.4

Boys 200 Meter Dash Varsity

Name	Yr	School	Finals
Finals			
1 Craft, Jonathan	11	James Logan	23.00 -0.9
2 Marshall, Jacob	10	Newark Memor	23.34 -0.9
3 Hin, Phoenix	12	Mission San	23.67 -0.9
4 San Pedro, Isaiah	10	Newark Memor	23.96 -0.9
5 McChristian, Ayden	11	James Logan	24.00 -0.8
6 Gastelum, Gabriel	11	Mission San	24.01 -0.8
7 Chu, Darren	11	Moreau Catho	24.27 -0.8
8 Swamy, Steven	10	James Logan	24.36 -0.8
9 Cheng, Henry	11	Kennedy (Joh	24.48 -0.8
10 Chase Navarro, Brandon	11	Kennedy (Joh	24.56 -0.1
11 Bryant, Jayden	11	Moreau Catho	24.57 -0.9
12 Archibald, Christian	10	Moreau Catho	24.97 -0.1
13 Lealao, Keiden	11	James Logan	25.08 -1.2
14 Moore, Miles	11	Moreau Catho	25.12 -0.1
15 Nomura, Jason	12	Kennedy (Joh	25.38 -1.2
16 Ratliff, Christian	12	James Logan	25.46 -0.1
17 Chew, Calvin	12	American	25.49 -0.1
18 Berry, Zak	11	James Logan	25.50 -1.2
19 Sue, Tyler	11	Irvington (N	25.55 -1.2
20 He, Luis	10	Mission San	25.63 -0.8
21 Oty, Samuel	11	Washington (25.63 -1.2
22 Ransburg, Jameson	11	Moreau Catho	25.70 -0.9
23 Edrada, Sebastian	11	Moreau Catho	25.88 -0.1
24 Collins, Peyton	11	Moreau Catho	26.25 -1.2

Boys 400 Meter Dash Varsity

Name	Yr	School	Finals
Finals			
1 Marshall, Jacob	10	Newark Memor	52.51
2 Riffle, Matthew	12	American	53.23
3 Gowda, Samvrat	11	American	53.47
4 He, Luis	10	Mission San	54.08
5 Chu, Darren	11	Moreau Catho	55.52
6 Lowe, Jamir	12	Moreau Catho	55.54
7 Cheng, Henry	11	Kennedy (Joh	55.60
8 Quintero, Fabricio	12	Washington (56.18

9 Archibald, Christian	10	Moreau Catho	56.51
10 Edrada, Sebastian	11	Moreau Catho	56.75
11 Huilttron, Khaleb	9	James Logan	57.21
12 McCullough, Donyell	9	James Logan	57.89
13 Navarro, Christopher	12	Newark Memor	58.73
14 Takhar, Ivan	11	Newark Memor	60.00
15 Karnik, Akash	11	American	61.59
16 Balakrishnan, Surya	12	Washington (61.91
17 Reyes-Orona, Pablo	11	American	62.50

Boys 800 Meter Run Varsity

Name	Yr	School	Finals
Finals			
1 Alexander, Evan	11	Washington (2:03.00
2 Bazzone, Evan	12	Mission San	2:07.65
3 Johnson, Jacob	10	Irvington (N	2:07.87
4 Riffle, Matthew	12	American	2:08.00
5 King, Logan	12	American	2:08.03
6 Itoi, Rintaro	12	American	2:11.50
7 Mehta, Aarav	12	Kennedy (Joh	2:12.60
8 Gowda, Samvrat	11	American	2:14.18
9 Madlangbayan, Isaiah	11	James Logan	2:14.63
10 Prabhavalkar, Sharva	12	Mission San	2:14.69
11 Del Barrio, Jacob	11	James Logan	2:16.43
12 Daskaloff, Morgan	11	Moreau Catho	2:18.70
13 Chang, Walter	12	Mission San	2:19.41
14 Aye, Nathan	11	Mission San	2:20.07
15 Jay, Narain	10	Kennedy (Joh	2:21.34
16 Luong, Issac	10	Kennedy (Joh	2:21.38
17 Nguyen, Martin	10	James Logan	2:21.78
18 Koo, Otis	11	Mission San	2:22.52
19 Kyi, Daylen	10	Mission San	2:23.25
20 Senthil Kumar, Jishnuu	11	American	2:24.20
21 Mendoza, Joey	11	Mission San	2:24.72
22 Moon, Jinsoo	12	Kennedy (Joh	2:24.75
23 Sheth, Harsh	12	Kennedy (Joh	2:29.51
24 Luo, Youqi	12	American	2:32.76
25 Jain, Tanay	12	Mission San	2:32.85
26 Sanchez, Christian	11	Newark Memor	2:32.93
27 Mathew, Neil	12	Kennedy (Joh	2:33.51
28 Smith, Wesley	12	Kennedy (Joh	2:39.45
29 Ammepalli, Hemal	12	American	2:42.15

Boys 1600 Meter Run Varsity

Name	Yr	School	Finals
Finals			
1 Alexander, Evan	11	Washington (4:34.15
2 Kawabata, Kenji	10	Newark Memor	4:37.74
3 Del Barrio, Jacob	11	James Logan	4:42.38
4 Bazzone, Evan	12	Mission San	4:42.81
5 Luong, Issac	10	Kennedy (Joh	4:44.16
6 King, Logan	12	American	4:46.66
7 Mehta, Aarav	12	Kennedy (Joh	4:47.65
8 Chang, Walter	12	Mission San	4:48.25
9 Davila, Grant	10	Washington (4:50.24
10 Johnson, Jacob	10	Irvington (N	4:52.20

MVAL Track & Field Championships - 5/4/2024

James Logan High School

Results

Finals ... (Boys 1600 Meter Run Varsity)

Name	Yr	School	Finals
11 Tellez, Michael	11	Newark Memor	4:54.80
12 Itoi, Rintaro	12	American	5:04.31
13 Jay, Narain	10	Kennedy (Joh	5:08.63
14 Linares, Gabriel	11	Newark Memor	5:10.40
15 Ahinga, Keoni	11	James Logan	5:11.24
16 Daskaloff, Morgan	11	Moreau Catho	5:11.43
17 Couthren, Jack	12	American	5:12.93
18 Dhivakaran, Aadhavan	10	Newark Memor	5:13.61
19 Koo, Otis	11	Mission San	5:15.63
20 Ramirez, Juan	12	Moreau Catho	5:17.16
21 Mendoza, Joey	11	Mission San	5:17.97
22 Kyi, Daylen	10	Mission San	5:18.50
23 Koller, Zachary	12	Kennedy (Joh	5:21.34
24 Mathew, Neil	12	Kennedy (Joh	5:26.33
25 Rajakumar, Aashish	10	Irvington (N	5:28.50
26 Donn, Eric	12	American	5:32.30
27 Luo, Youqi	12	American	5:33.36
28 Ammepalli, Hemal	12	American	5:48.19
29 Sanchez, Christian	11	Newark Memor	5:58.87
30 Tang, Ryder	11	Newark Memor	6:01.22
31 Abiba, Floyd	11	Washington (6:13.62

Boys 3200 Meter Run Varsity

Name	Yr	School	Finals
1 Kawabata, Kenji	10	Newark Memor	9:56.99
2 Davila, Grant	10	Washington (10:17.66
3 Li, Andrew	10	Mission San	10:22.06
4 Gopisetty, Anish	9	Washington (10:23.13
5 Chang, Walter	12	Mission San	10:30.75
6 Sheth, Saahil	12	Mission San	10:37.20
7 Couthren, Jack	12	American	10:50.55
8 Koller, Zachary	12	Kennedy (Joh	10:59.66
9 Ramirez, Juan	12	Moreau Catho	11:00.55
10 Rajakumar, Aashish	10	Irvington (N	11:03.92
11 Ahinga, Keoni	11	James Logan	11:05.68
12 Donn, Eric	12	American	11:05.86
13 Luo, Youqi	12	American	11:49.58
14 Chen, Daniel	11	Mission San	11:53.77
15 Ammepalli, Hemal	12	American	12:12.47
16 Tang, Ryder	11	Newark Memor	12:19.17

Boys 110 Meter Hurdles Varsity

Name	Yr	School	Finals
1 Dang, Evan	12	Washington (15.78 -0.4
2 Fidel, Mayan	11	Moreau Catho	17.00 -0.4
3 Sandhu, Krish	10	Moreau Catho	17.70 -0.4
4 Yogananda, Aditya Gowda	11	American	17.85 -0.4
5 Beppu, Lucas	12	Irvington (N	17.94 -0.4
6 Evans, Seth	10	Moreau Catho	18.07 -0.4
7 Le, Nolan	12	Washington (18.63 -1.7
8 Sarnobat, Atharva	11	American	19.88 -1.7
9 Modelo, Diego	12	Kennedy (Joh	20.13 -0.4

10 Shin, Joseph	12	Kennedy (Joh	20.21 -1.7
11 Kuruvilla, Jonathan	12	Irvington (N	20.69 -1.7
12 Chaurasia, Ayush	11	American	21.05 -1.7
13 Vargas Santos, Ismael	11	Newark Memor	21.53 -1.2
14 Le, Vincent	11	Irvington (N	22.04 -1.2
15 Okonkwo, Kamsi	12	Moreau Catho	23.52 -1.2
16 Chalmers, Ryan	11	Newark Memor	23.81 -1.2
17 Choi, Jihoon	12	Irvington (N	23.98 -1.2

Boys 300 Meter Hurdles Varsity

Name	Yr	School	Finals
1 Dang, Evan	12	Washington (42.74
2 Chao, Abraham	11	Irvington (N	45.61
3 Sandhu, Krish	10	Moreau Catho	45.65
4 Chaurasia, Ayush	11	American	48.14
5 Modelo, Diego	12	Kennedy (Joh	48.69
6 Beppu, Lucas	12	Irvington (N	48.79
7 Shin, Joseph	12	Kennedy (Joh	49.87
8 Evans, Seth	10	Moreau Catho	50.31
9 Vargas Santos, Ismael	11	Newark Memor	50.61
10 Kuruvilla, Jonathan	12	Irvington (N	51.11
11 Sarnobat, Atharva	11	American	51.32
12 Yogananda, Aditya Gowda	11	American	51.53
13 Okonkwo, Kamsi	12	Moreau Catho	54.45
14 Le, Vincent	11	Irvington (N	57.44
15 Choi, Jihoon	12	Irvington (N	60.44

Boys 4x100 Meter Relay Varsity

Team	Relay	Finals
1 James Logan		43.67
1) Craft, Jeremy 12	2) McChristian, Ayden 11	
3) Craft, Jonathan 11	4) Swamy, Steven 10	
2 Moreau Catholic (Nc)		43.97
1) Chu, Darren 11	2) Bryant, Jayden 11	
3) Ransburg, Jameson 11	4) Okonkwo, Kamsi 12	
3 Mission San Jose (Nc)		44.02
1) He, Luis 10	2) Hin, Phoenix 12	
3) Gastelum, Gabriel 11	4) Wang, Aidan 11	
4 Washington (Nc)		44.14
1) Dang, Evan 12	2) Perkins, Ben 12	
3) Haastrup, Casey 12	4) Razi, Aaron 12	
5 American		44.87
1) Chew, Calvin 12	2) Castro, Adrian 11	
3) Leung, Nathan 12	4) Gowda, Samvrat 11	
6 Newark Memorial (Nc)		45.34
1) Navarro, Christopher 12	2) Marshall, Jacob 10	
3) Kim, Euriel 12	4) San Pedro, Isaiah 10	
7 Kennedy (Joh		45.85
1) Chase Navarro, Brandon 11	2) Nomura, Jason 12	
3) Rodriguez, Luciano 11	4) Cheng, Henry 11	
--- Irvington (Nc)		DQ
1) Sue, Tyler 11	2) Reamico, Nico 11	
3) Insixiengmay, Ethan 10	4) Sung, KaiWei 11	

MVAL Track & Field Championships - 5/4/2024

James Logan High School

Results

Boys 4x400 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 American		3:42.15
1) Riffle, Matthew 12	2) Itoi, Rintaro 12	
3) King, Logan 12	4) Gowda, Samvrat 11	
2 James Logan		3:45.62
1) McChristian, Ayden 11	2) McCullough, Donyell 9	
3) Nguyen, Martin 10	4) Del Barrio, Jacob 11	
3 Kennedy (Joh)		3:49.68
1) Chase Navarro, Brandon 11	2) Luong, Issac 10	
3) Rodriguez, Luciano 11	4) Mehta, Aarav 12	
4 Moreau Catholic (Nc)		3:50.46
1) Lowe, Jamir 12	2) Chu, Darren 11	
3) Archibald, Christian 10	4) Bryant, Jayden 11	

Boys 4x800 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 Newark Memorial (Nc)		9:01.75
1) Linares, Gabriel 11	2) Dhivakaran, Aadhavan 10	
3) Tellez, Michael 11	4) Kawabata, Kenji 10	
2 Mission San Jose (Nc)		9:30.40
1) Bazzone, Evan 12	2) Chang, Walter 12	
3) Prabhavalkar, Sharva 12	4) Mendoza, Joey 11	

Boys High Jump Varsity

Name	Yr	School	Finals
Finals			
1 Khunkhun, Amar	11	Washington (J5-10.00
1 Roy, Navin	12	Irvington (N	J5-10.00
3 Chitlu, Pradyum	12	Mission San	J5-08.00
3 Hopkins, Kyle	12	Newark Memor	J5-08.00
5 Nguyen, Truman	11	Mission San	4-10.00
6 Smith, Sawyer	11	James Logan	4-06.00

Boys Pole Vault Varsity

Name	Yr	School	Finals
Finals			
1 Mitchell, Michael	12	Washington (14-05.00
2 Khan, Tanweer	12	James Logan	13-06.00
3 Madrigal, Cruz	12	American	J9-00.00
4 Martinez, Alex	12	Moreau Catho	J9-00.00
5 Guo, William	12	Moreau Catho	8-06.00
6 Janyavula, Suvir	11	Moreau Catho	7-06.00

Boys Long Jump Varsity

Name	Yr	School	Finals
Finals			
1 Craft, Jonathan	11	James Logan	22-00.50 NWI
2 Craft, Jeremy	12	James Logan	21-08.50 NWI
3 Swamy, Steven	10	James Logan	19-05.00 NWI
4 Berry, Zak	11	James Logan	19-04.50 NWI
5 Ransburg, Jameson	11	Moreau Catho	18-10.00 NWI
6 Chitlu, Pradyum	12	Mission San	18-09.50 NWI
7 Yu, Alex	12	Washington (18-04.50 NWI

7 Anand, Neshanth	11	Kennedy (Joh	18-04.50 NWI
9 Lorenzo, Maynard	12	Kennedy (Joh	18-04.00 NWI
10 Okpara, Mitchell	12	Moreau Catho	18-00.50 NWI
11 Roy, Navin	12	Irvington (N	17-08.50 NWI
12 Sue, Tyler	11	Irvington (N	17-06.50 NWI
13 Hopkins, Kyle	12	Newark Memor	17-04.00 NWI
14 Ratliff, Christian	12	James Logan	17-01.50 NWI
15 Parrish, James	12	Washington (16-08.00 NWI
16 Preza, Harleigh	11	Irvington (N	16-07.00 NWI
17 Huang, Jiaheng	11	Mission San	16-05.50 NWI
18 Balla, Roshan	12	Mission San	16-01.50 NWI
19 Nguyen, Truman	11	Mission San	15-07.50 NWI
20 Reamico, Nico	11	Irvington (N	15-07.00 NWI

Boys Triple Jump Varsity

Name	Yr	School	Finals
Finals			
1 Mitiku, Jonathan	11	Newark Memor	40-11.50 NWI
2 Chitlu, Pradyum	12	Mission San	40-10.00 NWI
3 Berry, Zak	11	James Logan	40-03.50 NWI
4 Huang, Jiaheng	11	Mission San	39-08.50 NWI
5 Hopkins, Kyle	12	Newark Memor	38-05.00 NWI
6 Nguyen, Truman	11	Mission San	36-02.00 NWI
7 Parrish, James	12	Washington (34-11.50 NWI
8 Sue, Tyler	11	Irvington (N	34-02.50 NWI
9 Sarino, Kanoa	11	Newark Memor	34-00.50 NWI
10 Balla, Rohan	12	Mission San	30-09.25 NWI

Boys Shot Put Varsity

Name	Yr	School	Finals
Finals			
1 Bailey, Jeremiah	12	Moreau Catho	43-02.00
2 Moore, Mateo	12	James Logan	41-05.50
3 Kasir, Hasib	12	James Logan	40-00.00
4 Soto, Jesus	11	James Logan	38-06.00
5 Iremia, Marc	12	Newark Memor	36-03.00
6 Mercado, Samuel James	12	American	36-02.50
7 Dominguez, Jacob	10	Kennedy (Joh	34-08.50
8 Nguyen, Nicholas	11	Irvington (N	33-09.00
9 Garcia, Alex	11	Newark Memor	33-01.00
10 Vongchanh, Tiger	11	James Logan	32-10.00
11 Parikh, Om	10	James Logan	32-07.00
12 Kapoor, Aditya	12	James Logan	32-00.00
13 Clark, Christian	12	Moreau Catho	26-01.00
14 Felix, Frank	11	Newark Memor	24-08.00

Boys Discus Throw Varsity

Name	Yr	School	Finals
Finals			
1 Moore, Mateo	12	James Logan	115-01
2 Bailey, Jeremiah	12	Moreau Catho	114-04
3 Kapila, Rishan	11	Mission San	113-04
4 Parikh, Om	10	James Logan	112-03
5 Mercado, Samuel James	12	American	109-04
6 Soto, Jesus	11	James Logan	109-01
7 Kasir, Hasib	12	James Logan	107-07

MVAL Track & Field Championships - 5/4/2024

James Logan High School

Results

Finals ... (Boys Discus Throw Varsity)

Name	Yr	School	Finals
8 Clark, Christian	12	Moreau Catho	89-09
9 Nguyen, Nicholas	11	Irvington (N	86-02
10 Dominguez, Jacob	10	Kennedy (Joh	82-07
11 Vongchanh, Tiger	11	James Logan	80-09
12 Leao, Petelo	11	James Logan	77-08
13 Kapoor, Aditya	12	James Logan	72-03
14 Iremia, Marc	12	Newark Memor	71-06
15 Garcia, Alex	11	Newark Memor	69-04
16 Kong, Camron	11	Irvington (N	60-06

Boys 100 Meter Dash Frosh/Soph

Name	Yr	School	Finals
1 Dillon, Asa	10	James Logan	11.64 -0.9
2 Ellis, Purvis	9	James Logan	12.03 -0.9
3 Calica, Caleb	10	Moreau Catho	12.49 -0.9
4 Cardenas, Emilio	10	Washington (12.54 -0.9
5 Carter, Cameron	10	Washington (12.65 -2.2
6 Chau, Orion	9	Mission San	12.68 -0.9
7 Morkved, Victor	10	Washington (12.70 -1.8
8 Kwong, Boaz	10	American	12.73 -1.8
9 Yadav, Aadi	10	Mission San	12.73 -1.8
9 Zhang, Aden	9	American	12.73 -0.9
11 Rashid, Elias	10	Mission San	12.74 -1.8
12 Mann, Adhiraj	9	American	12.76 -2.2
13 Sudhir, Aryan	9	Mission San	12.88 -0.9
14 Khapre, Areen	9	Washington (12.94 -1.8
15 Lee, Evan	10	American	13.05 -2.2
16 Grant, Peter	10	Kennedy (Joh	13.10 -1.8
17 White, Doonewey	11	Washington (13.11 -2.2
18 Sok, Jesiah	10	Kennedy (Joh	13.12 -2.2
19 Sandoval, David	9	Kennedy (Joh	13.14 -0.9
20 Corpuz, Chad	10	Washington (13.15 -0.9
21 Sugano, Kai	10	American	13.17 -0.9
22 Tango, Aeden	9	Newark Memor	13.33 -1.8
23 Sue, Russell	9	Irvington (N	13.37 -2.2
24 Kao, Zerek	9	Mission San	13.39 -0.9
25 Kassamali, Ayaan	10	Mission San	13.41 -0.9
26 Lee, Nolan	10	Mission San	13.51 -1.8
27 Leday, Ryland	9	Washington (13.87 -2.2

Boys 200 Meter Dash Frosh/Soph

Name	Yr	School	Finals
1 Dillon, Asa	10	James Logan	24.25 -0.7
2 Ellis, Purvis	9	James Logan	25.42 -0.7
3 Cardenas, Emilio	10	Washington (25.46 -0.7
4 Bridges, Joseph	10	Moreau Catho	26.04 -0.9
5 Khapre, Areen	9	Washington (26.06 -0.7
6 Yadav, Aadi	10	Mission San	26.23 -0.7
7 Carter, Cameron	10	Washington (26.26 -0.4
8 Surdilla, Dominic	9	Moreau Catho	26.38 -1.5
9 Smith, Quinten	9	Washington (26.41 -1.5
10 Leung, Isaac	10	American	26.62 -1.5

11 Mann, Adhiraj	9	American	26.76 -0.4
12 Rashid, Elias	10	Mission San	26.80 -0.9
13 Johnsen, Isaak	10	American	26.81 -0.9
14 Joshi, Arjun	10	American	27.03 -0.4
15 Saravanakumar, Arun	9	American	27.18 -0.9
16 Tango, Aeden	9	Newark Memor	27.80 -0.4
17 Cooper, Blake	9	Irvington (N	27.84 -1.5
18 Kao, Zerek	9	Mission San	28.04 -1.5
19 Lee, Nolan	10	Mission San	28.63 -0.9
20 Morkved, Victor	10	Washington (29.29 -0.4

Boys 400 Meter Dash Frosh/Soph

Name	Yr	School	Finals
1 Zhang, Aden	9	American	56.29
2 Surdilla, Dominic	9	Moreau Catho	57.20
3 Saravanakumar, Arun	9	American	57.34
4 Xu, Chenyi	10	Irvington (N	57.45
5 Rodriguez, Emilio	10	Newark Memor	57.67
6 More, Daksh	10	Washington (57.90
7 Johnsen, Isaak	10	American	58.54
8 Leung, Isaac	10	American	59.65
9 Guha, Ryan	10	Washington (60.47
10 Nguyen, Edward	9	Moreau Catho	60.63
11 Arif, Ayaan	9	American	61.32
12 Chen, Archy	10	Mission San	61.40
13 Das, Aditya	10	American	61.52
14 Orlina, Elijah	10	Moreau Catho	61.52
15 Natividad, Alexander	10	American	61.94
16 Cooper, Blake	9	Irvington (N	63.09
17 Muirhead, Jemario	10	Kennedy (Joh	63.47
18 Bruno, Johnathan	10	Irvington (N	64.71
19 Aung, Thiha	12	Irvington (N	64.86
20 Khoo, Kai	9	Moreau Catho	65.54

Boys 800 Meter Run Frosh/Soph

Name	Yr	School	Finals
1 Hwang, Guan Ming	9	Mission San	2:20.33
2 Arichwal, Hardik	10	Kennedy (Joh	2:21.27
3 Qureshi, Armaan	10	James Logan	2:21.40
4 Xu, Chenyi	10	Irvington (N	2:23.21
5 Mathew, Shaun	9	American	2:23.33
6 Khasnin, Adam	10	James Logan	2:24.44
7 Kwok, Aidan	9	Irvington (N	2:24.59
8 Sood, Ahaan	9	Mission San	2:25.89
9 Tan, Konnor Steven	10	American	2:26.61
10 Mandal, Aneck	10	American	2:27.30
11 Aquino, JJ	9	James Logan	2:28.52
12 Retana, Manuel	9	James Logan	2:29.64
13 Shimomura, Ryan	9	American	2:30.57
14 Nguyen, Brandon	10	James Logan	2:31.26
15 Trejo Rivas, Iverson	9	Newark Memor	2:31.61
16 Martinez, Noah	10	James Logan	2:32.21
17 Shinde, Arjun	9	Kennedy (Joh	2:35.30
18 Samra, Zoravar	9	American	2:36.88

MVAL Track & Field Championships - 5/4/2024

James Logan High School

Results

Finals ... (Boys 800 Meter Run Frosh/Soph)

Name	Yr	School	Finals
19 Samuel, Joseph Ethan	10	American	2:37.00
20 Ng, Collin	9	American	2:37.07
21 Parekh, Aaryan	9	American	2:38.15
22 Bathini, Suhas	10	American	2:38.39
23 Praburam, Madhwesh	9	Mission San	2:41.58
24 Waller, Jack	9	Kennedy (Joh	2:44.00
25 Kumar, Vyom	10	Kennedy (Joh	2:55.86

Boys 1600 Meter Run Frosh/Soph

Name	Yr	School	Finals
1 Wasser, Evrin	9	American	5:01.42
2 Oglimen, Jeremy	10	James Logan	5:01.75
3 Hwang, Guan Ming	9	Mission San	5:04.74
4 Kolpur, Nihar	9	American	5:06.59
5 Wei, Justin	9	James Logan	5:07.08
6 Mandal, Aneek	10	American	5:07.09
7 Baruah, Arav	9	Washington (5:07.48
8 Qureshi, Armaan	10	James Logan	5:08.04
9 Aquino, JJ	9	James Logan	5:08.63
10 Mathew, Shaun	9	American	5:10.78
11 Reilly V, John	10	Washington (5:11.73
12 Lulu, Mohammed	10	Newark Memor	5:12.79
13 Arichwal, Hardik	10	Kennedy (Joh	5:15.66
14 Sood, Ahaan	9	Mission San	5:16.15
15 Salhi, Zaky	10	Mission San	5:16.39
16 Roman, Lorenzo	10	Newark Memor	5:16.51
17 Khasnin, Adam	10	James Logan	5:18.77
18 Philippe, Grant	9	American	5:19.01
19 Tan, Konnor Steven	10	American	5:19.91
20 Retana, Manuel	9	James Logan	5:21.39
21 Kumar, Vyom	10	Kennedy (Joh	5:22.63
22 Shoroff, Akshay	10	Irvington (N	5:23.01
23 Thakur, Arjun	9	Mission San	5:26.35
24 Samuel, Joseph Ethan	10	American	5:26.49
25 Samra, Zoravar	9	American	5:27.02
26 Parekh, Aaryan	9	American	5:31.99
27 Martinez, Noah	10	James Logan	5:32.08
28 Bathini, Suhas	10	American	5:33.84
29 Trejo Rivas, Iverson	9	Newark Memor	5:37.23
30 Nguyen, Brandon	10	James Logan	5:38.90

Boys 3200 Meter Run Frosh/Soph

Name	Yr	School	Finals
1 Wasser, Evrin	9	American	10:43.94
2 Oglimen, Jeremy	10	James Logan	10:59.49
3 Kolpur, Nihar	9	American	11:08.89
4 Lulu, Mohammed	10	Newark Memor	11:19.75
5 Salhi, Zaky	10	Mission San	11:21.21
6 Philippe, Grant	9	American	11:22.98
7 Mathew, Shaun	9	American	11:28.85
8 Roman, Lorenzo	10	Newark Memor	11:34.70
9 Shukla, Nikhil	9	Irvington (N	11:43.26

10 Samra, Zoravar	9	American	11:45.49
11 Kwok, Dylan	9	Irvington (N	12:03.21
12 Huang, Ethan	10	Irvington (N	12:04.93
13 Ng, Collin	9	American	12:08.91
14 Shimomura, Ryan	9	American	12:11.11
15 Samuel, Joseph Ethan	10	American	12:11.12
16 Ramirez, Noah	9	American	12:15.68
17 Gandhi, Romir	10	American	12:25.67
18 Chen, Shawn	9	American	12:38.78
19 Kulkarni, Vidit	10	American	13:32.85

Boys 110 Meter Hurdles Frosh/Soph

Name	Yr	School	Finals
1 Grant, Peter	10	Kennedy (Joh	18.62 -1.6
2 Arribas-Hidas, Neal	9	Mission San	20.45 -1.6
3 Yu, Jonathan	9	American	20.86 -1.6
4 Jackson, Alijah	10	Moreau Catho	21.03 -1.6
5 Wang, Gabriel	10	American	21.10 NWI
6 Salom, Jaero	9	Irvington (N	21.12 -1.6
7 Chaudhari, Samik	9	Mission San	21.17 -1.6
8 Wang, Matthew	9	Mission San	21.19 NWI
9 Muirhead, Jemario	10	Kennedy (Joh	21.26 -1.6

Boys 300 Meter Hurdles Frosh/Soph

Name	Yr	School	Finals
1 Wang, Gabriel	10	American	50.94
2 Yu, Jonathan	9	American	52.53
3 Salom, Jaero	9	Irvington (N	54.57
4 Muirhead, Jemario	10	Kennedy (Joh	55.15

Boys 4x100 Meter Relay Frosh/Soph

Team	Relay	Finals
1 Mission San Jose (Nc)		47.93
1) Sudhir, Aryan 9	2) Yadav, Aadi 10	
3) Lee, Nolan 10	4) Kao, Zerek 9	
2 Washington (Nc)		48.16
1) Cardenas, Emilio 10	2) Morkved, Victor 10	
3) Corpuz, Chad 10	4) Khapre, Areen 9	
3 American		48.22
1) Lee, Evan 10	2) Kwong, Boaz 10	
3) Sugano, Kai 10	4) Zhang, Aden 9	
4 Kennedy (Joh		49.91
1) Boone, Jai 9	2) Sandoval, David 9	
3) Lako, Zak 9	4) Luong, Ian 9	
5 Irvington (Nc)		50.22
1) Sue, Russell 9	2) Aung, Thiha 12	
3) Sagun, McChesley 9	4) Cooper, Blake 9	

MVAL Track & Field Championships - 5/4/2024

James Logan High School

Results

Boys 4x400 Meter Relay Frosh/Soph

Team	Relay	Finals
Finals		
1 American		3:54.94
1) Zhang, Aden 9	2) Leung, Isaac 10	
3) Johnsen, Isaak 10	4) Saravanakumar, Arun 9	
2 Moreau Catholic (Nc)		4:03.06
1) Surdilla, Dominic 9	2) Dozier, Okorie 10	
3) Bridges, Joseph 10	4) Khoo, Kai 9	

Boys 4x800 Meter Relay Frosh/Soph

Team	Relay	Finals
Finals		
1 American		10:33.85
1) Mandal, Aneek 10	2) Tan, Konnor Steven 10	
3) Samuel, Joseph Ethan 10	4) Bathini, Suhas 10	

Boys High Jump Frosh/Soph

Name	Yr	School	Finals
Finals			
1 Lee, Nolan	10	Mission San	J4-10.00
1 Ali, Aaryan	10	Moreau Catho	J4-10.00
3 Cooper, Blake	9	Irvington (N	J4-06.00
--- Yadav, Aadi	10	Mission San	NH

Boys Long Jump Frosh/Soph

Name	Yr	School	Finals
Finals			
1 Sue, Russell	9	Irvington (N	18-08.50 NWI
2 Cequena, Aaron	10	James Logan	18-06.00 NWI
3 Yu, Elijah	9	James Logan	18-05.50 NWI
4 Grant, Peter	10	Kennedy (Joh	18-00.00 NWI
5 Rashid, Elias	10	Mission San	17-06.00 NWI
6 Natividad, Alexander	10	American	17-01.50 NWI
7 Patel, Kash	9	Irvington (N	16-05.50 NWI
8 Muralidharan, Aravind	10	Mission San	16-04.50 NWI
9 Calica, Caleb	10	Moreau Catho	16-03.00 NWI
10 Sagun, McChesley	9	Irvington (N	15-10.00 NWI
11 Zhang, Kai	9	Moreau Catho	15-04.00 NWI
12 Wiedenmann, Justin	10	Mission San	15-01.00 NWI
13 Khattak, Hannan	9	Mission San	14-10.00 NWI
14 Orlina, Elijah	10	Moreau Catho	12-05.50 NWI

Boys Triple Jump Frosh/Soph

Name	Yr	School	Finals
Finals			
1 Muralidharan, Aravind	10	Mission San	36-02.50 NWI
2 Khattak, Hannan	9	Mission San	35-10.00 NWI
3 Wiedenmann, Justin	10	Mission San	32-11.00 NWI

Boys Shot Put Frosh/Soph

Name	Yr	School	Finals
Finals			
1 Uk, Kai	10	American	39-07.00
2 Ortiz, Jaden	10	James Logan	39-06.00
3 Salemi, Wali	9	Newark Memor	39-05.00

4 Velasquez, Jose	11	Kennedy (Joh	33-03.00
5 Lucio, Luis	9	James Logan	32-08.00
6 Petersen, Isaiah	10	James Logan	32-06.00
7 Lee, Martin	10	James Logan	32-03.00
7 Torres, Jose	10	Washington (32-03.00
9 Antonio, Marvin	9	American	29-03.50
10 Burgos, Carlos	10	Moreau Catho	25-09.75
11 Nguyen, Kenneth	9	James Logan	25-08.00
12 Khoury, Justin	10	Irvington (N	25-00.50
13 Catalan, Diego	9	Moreau Catho	24-04.00
14 Le, Binh	9	James Logan	22-07.50

Boys Discus Throw Frosh/Soph

Name	Yr	School	Finals
Finals			
1 Uk, Kai	10	American	107-08
2 Salemi, Wali	9	Newark Memor	106-01
3 Antonio, Marvin	9	American	99-09
4 Petersen, Isaiah	10	James Logan	91-09
5 Torres, Jose	10	Washington (86-03
6 Ortiz, Jaden	10	James Logan	84-06
7 Lucio, Luis	9	James Logan	84-00
8 Chavez, Nicholas	9	Moreau Catho	83-10
9 Velasquez, Jose	11	Kennedy (Joh	80-06
10 Nguyen, Kenneth	9	James Logan	69-03
10 Lee, Martin	10	James Logan	69-03
12 Evangelista, Gabriel	10	James Logan	60-10
13 Burgos, Carlos	10	Moreau Catho	59-11
14 Catalan, Diego	9	Moreau Catho	56-05
15 Sarabhai, Aditya	9	Irvington (N	53-07
16 Khoury, Justin	10	Irvington (N	52-00
17 Johnson, Deverrick	9	Moreau Catho	49-08
18 Le, Binh	9	James Logan	41-02

Women - Varsity - Team Rankings - 17 Events Scored

1) James Logan	140
2) Washington (NC)	83
3) Newark Memorial (NC)	78
4) Mission San Jose (NC)	72
5) Irvington (NC)	41
6) Moreau Catholic (NC)	40
7) American	39
8) Kennedy (John F.) - Fremont (N	11

Women - Frosh/Soph - Team Rankings - 17 Events Scored

1) Moreau Catholic (NC)	119
2) American	117
3) James Logan	82
4) Kennedy (John F.) - Fremont (N	57
5) Washington (NC)	51
6) Irvington (NC)	36
7) Newark Memorial (NC)	23
8) Mission San Jose (NC)	15

MVAL Track & Field Championships - 5/4/2024**James Logan High School****Results**

Men - Varsity - Team Rankings - 17 Events Scored

1) James Logan	121
2) Mission San Jose (NC)	84
3) Newark Memorial (NC)	75
4) Washington (NC)	74
5) Moreau Catholic (NC)	69
6) American	51
7) Irvington (NC)	27
8) Kennedy (John F.) - Fremont (N	10

Men - Frosh/Soph - Team Rankings - 16 Events Scored

1) American	129
2) James Logan	91
3) Mission San Jose (NC)	74
4) Moreau Catholic (NC)	38
5) Kennedy (John F.) - Fremont (N	34
6) Irvington (NC)	33
7) Washington (NC)	25
8) Newark Memorial (NC)	20