

Spring Fling - 4/8/2026
Amador Valley High School
Session Report

Session: 1 Field
 Day 1 - Wednesday 4/8/2026 - Starts at 12:00 PM

Starts at	Event	Round	Entries	Heats
12:00 PM	#55 Girls Long Jump Frosh/Soph	Finals	9	1
12:45 PM	#23 Girls Long Jump Varsity	Finals	14	2
1:45 PM	#56 Girls Triple Jump Frosh/Soph	Finals	2	1
	All FSG & VG TJ together			
1:45 PM	#24 Girls Triple Jump Varsity	Finals	7	1
	All FSG & VG TJ together			
12:00 PM	#61 Boys Long Jump Frosh/Soph	Finals	26	3
1:30 PM	#29 Boys Long Jump Varsity	Finals	26	3
3:00 PM	#62 Boys Triple Jump Frosh/Soph	Finals	13	1
3:00 PM	#30 Boys Triple Jump Varsity	Finals	9	1
12:00 PM	#53 Girls High Jump Frosh/Soph	Finals	1	1
	All FSG & VG HJ together			
12:00 PM	#21 Girls High Jump Varsity	Finals	6	1
	All FSG & VG HJ together			
1:00 PM	#59 Boys High Jump Frosh/Soph	Finals	3	1
	All FSB & VB HJ together			
1:00 PM	#27 Boys High Jump Varsity	Finals	6	1
	All FSB & VB HJ together			
12:00 PM	#22 Girls Pole Vault Varsity	Finals	4	1
	All FSG & VG PV together			
12:00 PM	#54 Girls Pole Vault Frosh/Soph	Finals	3	1
	All FSG & VG PV together			
1:00 PM	#60 Boys Pole Vault Frosh/Soph	Finals	2	1
	All FSB & VB PV together			
1:00 PM	#28 Boys Pole Vault Varsity	Finals	3	1
	All FSB & VB PV together			
12:00 PM	#63 Boys Shot Put Frosh/Soph	Finals	10	1
12:30 PM	#31 Boys Shot Put Varsity	Finals	20	2
1:50 PM	#57 Girls Shot Put Frosh/Soph	Finals	14	1
2:50 PM	#25 Girls Shot Put Varsity	Finals	13	1
12:00 PM	#58 Girls Discus Throw Frosh/Soph	Finals	14	1
1:00 PM	#26 Girls Discus Throw Varsity	Finals	13	1
2:00 PM	#64 Boys Discus Throw Frosh/Soph	Finals	11	1
2:40 PM	#32 Boys Discus Throw Varsity	Finals	15	1
	Athlete Count: 152		=====	=====
	Entry / Heat Totals:		244	30

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Session Report

Session: 2 Track
 Day 1 - Wednesday 4/8/2026 - Starts at 12:00 PM

Starts at	Event	Round	Entries	Heats
12:00 PM	#1 Girls 4x100 Meter Relay Varsity	Finals	2	1
12:05 PM	#34 Boys 4x100 Meter Relay Frosh/Soph	Finals	2	1
12:05 PM	#2 Boys 4x100 Meter Relay Varsity	Finals	3	1
FSB & VB 4x100 Combined				
12:10 PM	#35 Girls 1600 Meter Run Frosh/Soph	Finals	18	1
12:10 PM	#3 Girls 1600 Meter Run Varsity	Finals	7	1
FSG & VG 1600 Combined				
12:18 PM	#36 Boys 1600 Meter Run Frosh/Soph	Finals	32	2
12:34 PM	#4 Boys 1600 Meter Run Varsity	Finals	11	1
12:45 PM	#37 Girls 100 Meter Hurdles Frosh/Soph	Finals	8	1
12:48 PM	#5 Girls 100 Meter Hurdles Varsity	Finals	8	1
12:54 PM	#38 Boys 110 Meter Hurdles Frosh/Soph	Finals	6	1
12:57 PM	#6 Boys 110 Meter Hurdles Varsity	Finals	3	1
1:03 PM	#39 Girls 400 Meter Dash Frosh/Soph	Finals	11	2
1:08 PM	#40 Boys 400 Meter Dash Frosh/Soph	Finals	35	5
1:20 PM	#7 Girls 400 Meter Dash Varsity	Finals	9	2
1:25 PM	#8 Boys 400 Meter Dash Varsity	Finals	30	4
1:38 PM	#41 Girls 100 Meter Dash Frosh/Soph	Finals	31	4
1:47 PM	#42 Boys 100 Meter Dash Frosh/Soph	Finals	66	9
2:06 PM	#9 Girls 100 Meter Dash Varsity	Finals	21	3
2:13 PM	#10 Boys 100 Meter Dash Varsity	Finals	48	6
2:29 PM	#43 Girls 800 Meter Run Frosh/Soph	Finals	14	1
2:32 PM	#11 Girls 800 Meter Run Varsity	Finals	9	1
2:36 PM	#44 Boys 800 Meter Run Frosh/Soph	Finals	24	1
2:39 PM	#12 Boys 800 Meter Run Varsity	Finals	12	1
2:48 PM	#45 Girls 300 Meter Hurdles Frosh/Soph	Finals	7	1
2:51 PM	#13 Girls 300 Meter Hurdles Varsity	Finals	4	1
2:56 PM	#46 Boys 300 Meter Hurdles Frosh/Soph	Finals	10	2
3:01 PM	#14 Boys 300 Meter Hurdles Varsity	Finals	6	1
3:06 PM	#47 Girls 200 Meter Dash Frosh/Soph	Finals	25	4
3:15 PM	#48 Boys 200 Meter Dash Frosh/Soph	Finals	49	7
3:30 PM	#15 Girls 200 Meter Dash Varsity	Finals	20	3
3:37 PM	#16 Boys 200 Meter Dash Varsity	Finals	48	6
3:55 PM	#49 Girls 3200 Meter Run Frosh/Soph	Finals	2	1
3:55 PM	#17 Girls 3200 Meter Run Varsity	Finals	1	1
3:55 PM	#50 Boys 3200 Meter Run Frosh/Soph	Finals	13	1
3:55 PM	#18 Boys 3200 Meter Run Varsity	Finals	2	1
All 3200 Combined				
4:15 PM	#19 Girls 4x400 Meter Relay Varsity	Finals	2	1
4:15 PM	#20 Boys 4x400 Meter Relay Varsity	Finals	2	1
All 4x400 Relays Combined				
Athlete Count: 335			=====	=====
Entry / Heat Totals:			601	82