

Super 7 Invitational - 2/25/2023
Ygnacio Valley High School
Session Report

Session: 1 Track Events

Day 1 - Saturday 2/25/2023 - Starts at 09:30 AM

Event	Round
9:30 AM #1 Girls 4x100 Meter Relay Frosh/Soph	Finals
9:38 AM #2 Boys 4x100 Meter Relay Frosh/Soph	Finals
9:46 AM #3 Girls 4x100 Meter Relay Varsity	Finals
9:54 AM #4 Boys 4x100 Meter Relay Varsity	Finals
10:00 AM #5 Girls 1600 Meter Run Frosh/Soph	Finals
10:10 AM #6 Boys 1600 Meter Run Frosh/Soph	Finals
10:25 AM #7 Girls 1600 Meter Run Varsity	Finals
10:35 AM #8 Boys 1600 Meter Run Varsity	Finals
10:55 AM #9 Girls 100 Meter Hurdles Frosh/Soph	Finals
11:00 AM #10 Girls 100 Meter Hurdles Varsity	Finals
11:10 AM #11 Boys 110 Meter Hurdles Frosh/Soph	Finals
11:15 AM #12 Boys 110 Meter Hurdles Varsity	Finals
11:30 AM #13 Girls 100 Meter Dash Frosh/Soph	Finals
11:48 AM #14 Boys 100 Meter Dash Frosh/Soph	Finals
12:09 PM #15 Girls 100 Meter Dash Varsity	Finals
12:21 PM #16 Boys 100 Meter Dash Varsity	Finals
12:40 PM #17 Boys Distance Medley Frosh/Soph	Finals
12:55 PM #18 Boys Distance Medley Varsity	Finals
1:10 PM #19 Girls Distance Medley Frosh/Soph	Finals
1:25 PM #20 Girls Distance Medley Varsity	Finals
1:45 PM #21 Girls 300 Meter Hurdles Frosh/Soph	Finals
1:48 PM #22 Girls 300 Meter Hurdles Varsity	Finals
2:00 PM #23 Boys 300 Meter Hurdles Frosh/Soph	Finals
2:06 PM #24 Boys 300 Meter Hurdles Varsity	Finals
2:20 PM #25 Girls 4x800 Meter Relay Frosh/Soph	Finals
2:30 PM #26 Girls 4x800 Meter Relay Varsity	Finals
2:40 PM #27 Boys 4x800 Meter Relay Frosh/Soph	Finals
2:50 PM #28 Boys 4x800 Meter Relay Varsity	Finals
3:05 PM #29 Girls 4x200 Meter Relay Frosh/Soph	Finals
3:15 PM #30 Girls 4x200 Meter Relay Varsity	Finals
3:25 PM #31 Boys 4x200 Meter Relay Frosh/Soph	Finals
3:40 PM #32 Boys 4x200 Meter Relay Varsity	Finals
3:55 PM #33 Girls 3200 Meter Run Varsity	Finals
4:10 PM #34 Boys 3200 Meter Run Varsity	Finals
4:25 PM #35 Girls 4x400 Meter Relay Frosh/Soph	Finals
4:35 PM #36 Girls 4x400 Meter Relay Varsity	Finals
4:45 PM #37 Boys 4x400 Meter Relay Frosh/Soph	Finals
4:55 PM #38 Boys 4x400 Meter Relay Varsity	Finals