

NCS Tri-Valley Area Track & Field Championships - 5/11/2024
Pittsburg High School
Meet Program - Track Events

Event 37 Girls 4x100 Meter Relay Unified

Saturday 5/11/2024 - 9:00 AM

NCS TV: 64.05 5/13/2023 Pittsburg (Nc)

C Hernandez, N Moore, M Jones, C Ubiera

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
4	Pittsburg		62.04
	1) Batiste, Jayla 11	2) Leonard, Salina 9	
	3) Jamison, LouOlle 9	4) Hatcher, Lamayah 9	
	5) Houston, McKayla 9	6) Alvarado, Keiry 11	
5	Acalanes (Nc)		NT
	1) DeCredico, Alyvia 11	2) Cain, Emma 11	
	3) Dodge, Ainsley 11	4) Boyle, Chloe 12	
	5) Sunderland, Charlotte 11	6) Baker, Anne 11	

Event 38 Boys 4x100 Meter Relay Unified

Saturday 5/11/2024 - 9:30 AM

NCS TV: 54.72 5/13/2023 Pittsburg (Nc)

N Ducksworth, J Holland, N Quesada, C Imoka

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
4	Pittsburg		59.63
	1) Martinez, Jesus 11	2) Imoka, Charles 11	
	3) Thompson, Ahmaud 11	4) Green, Savion 11	
	5) Moffett, Sin'cere 9	6) Villanueva, Jhonny 9	
5	Benicia		NT
	1) Broom, David 12	2) Berg, Quinnlan 12	
	3) McGee, Liam 12	4) Zuniga, Elias 11	
	5) Paterno, Lucas 10	6) Jouvenot-Sells, Albert 11	

Event 1 Girls 4x100 Meter Relay Varsity

Saturday 5/11/2024 - 10:00 AM

NCS TV: 47.10 5/13/2023 Pittsburg (Nc)

B Jenkins, M Bell, J Rockmore, A Aganju

49.79 NCS At-Large

Lane	Team	Relay	Seed Time
Section 1 of 3 Finals			
2	Freedom		58.00
	1) Henry, Arielle 10	2) Trevino, Jolyna 12	
	3) Hine, Makenzie 11	4) Chasteen, Makayla 11	
	5) Helm, Sydney 11	6) Joachim, Emiley 11	
	7) Muckleroy, Ayani 9	8) Butler, Amaya 10	
3	College Park		53.45
	1) Gurske, Madyson 9	2) Marker, Taylor 9	
	3) Tymo, Grace 12	4) Lee, Arianna 10	
4	Granada		53.22
	1) Walston, Savannah 10	2) Bertolo, Sophia 11	
	3) Parr, Megan 9	4) Clarin, Kayla 11	
	5) Samara, Lena 9	6) Kowal, Isabella 10	
	7) Wade, Ainsley 12	8) Miller, Sophia 10	
5	Miramonte		53.28
	1) Howe, Sophia 10	2) Chambers, Jessica 11	
	3) Dennis, Gabrielle 11	4) Stott, Grace 9	
	5) Braitberg, Addison 12	6) Cortesio, Mia 9	
6	Concord		56.85
	1) Frias Valadez, Stephanie 11	2) Jordan, Kiaraa 12	
	3) Corson, Taylor 10	4) Bordelon, Camille 11	

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Section 2 of 3 Finals...(Event 1 Girls 4x100 Meter Relay Varsity)

1	Northgate	52.10
	1) Javidi Parsijani, Armita 10	2) Thomas, Reagan 12
	3) Hosler, Hannah 10	4) Scattergood, Ava 10
	5) Sale, Keira 10	6) Sardelich, Maddison 9
	7) Gargenta, Lana 9	8) Chao, Julia 9
2	Foothill (Nc)	51.41
	1) Diwan, Reva 12	2) Xu, Alisia 12
	3) Oh, Allison 12	4) Fraher, Elizabeth 11
	5) Burstein, Ariel 12	6) Diwan, Mira 9
	7) McHugh, Avery 10	8) Claitman, Alison 10
3	Clayton Vall	50.92
	1) Magu, Vivienne 11	2) Ramos, Kaelyn 11
	3) Ali, Santia 11	4) Vojtenyi, Stephanie 12
	5) Costacurta, Ruby 11	6) McDonald, Kimora 12
4	Dougherty Va	50.06
	1) Hernandez, Danielle 11	2) Caranto, Janika Reese 10
	3) Tummala, Bhavya 10	4) Nishanth, Nikita 9
	5) Gendron, Brooke 10	6) Jiang, Raelyn 10
	7) Koganti, Tanvi 12	8) Reymann, Jada 12
5	California	50.39
	1) Lee, Elise 10	2) Love, Lillie 9
	3) Sehring, Kaelah 11	4) Okorie, Jessica 12
	5) Osicka, Rachael 10	6) Dalmada, Jacqueline 9
	7) Young, Olivia 11	8) Cervantes, Lola 9
6	Acalanes (Nc)	51.23
	1) Lyons, Natalie 12	2) Chelemedos, Haley 11
	3) Thornton, Cameron 10	4) Tarsa, Genevieve 10
	5) Decredico, Malory 9	6) Hiatt, Victoria 10
	7) Munter, Julia 10	8) Green, Danica 10
7	Campolindo	51.47
	1) Worster, Sierra 10	2) McCasland, Jasmine 9
	3) Doane, Eloise 11	4) Graves, Sarah 10
	5) Ross, Lucy 9	6) Hilaski, Jasia 10
	7) Stankus, Giorgia 11	8) Joseph, Renee 9
8	Livermore (N)	52.85
	1) Goodwin, Sydney 12	2) Becerra, Bailey 10
	3) Macedo, Lauren 12	4) Johnson, Delainey 9
	5) McAllister, Nola 12	6) San Juan, Reese 10
	7) Luciano Lollis, Aletheia 9	

Section 3 of 3 Finals

1	Deer Valley	49.83
	1) Hauley, Joi-Lyn 12	2) Owens, Kasina 12
	3) Owens, Tamia 11	4) Wilkins, Jaelyn 10
	5) Page, Amari 12	6) Flores, Yaretzi 11
2	Heritage	49.28 NCS
	1) Diaz, Allison 11	2) Haynes, Giani 12
	3) O'Neal, Isharie 12	4) Doss, Tahtiyana 12
	5) Enoru, Eden 11	6) Baldwin, Elyse 11
3	San Ramon Va	49.00 NCS
	1) Coupland, Merryn 10	2) Diekmann, Hope 10
	3) Gonzalez, Sophia 11	4) Harvey, India 10
	5) Hansen, Kyra 10	6) Noden, Holly 11
	7) Yee, Onessa 11	8) McMullen, Riley 9
4	Pittsburg	47.76 NCS
	1) Rockmore, Janai 11	2) Jenkins, Billie 10
	3) Bell, Milani 12	4) Aganju, Amirat Temi 10
	5) Thomas, Jakarah 9	6) Thornton, Nyah 11
	7) Cox, Jurnee 9	8) Muhammad, Jathiyah 12
5	Dublin	48.97 NCS
	1) Chee, Kathryn 12	2) Gomes, Angelica 12
	3) Grant-Gurganious, Naeemah 9	4) Hasni, Aaliyah 11
	5) Doria, Hannah 11	6) Inamdar, Ria 10
	7) Phillips, Kayci 9	8) Gomes, Angelina 12
6	Monte Vista	49.17 NCS
	1) McGowan, Natalia 12	2) Miller, Cate 11
	3) DeCosta, Parker 12	4) Moriyama, Isabella 11
	5) Ahern, Ava 10	6) Sefidi, Naliyah 9
7	Liberty	49.81
	1) Neal, Michaela 12	2) Simms, Selah 11
	3) Tate, Taylor 9	4) Shedd, London 9
	5) West, Mariya 12	6) Oji, Michelle 12
8	Carondelet	49.97
	1) Luna, Jaycelyn 10	2) Kenion, Kiana 10
	3) Margate, Ayla 11	4) Velasco, Malia 10
	5) Smith, Olivia 10	6) Yakaitis, Gretchen 10

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Event 2 Boys 4x100 Meter Relay Varsity

Saturday 5/11/2024 - 10:15 AM

NCS TV: 41.28 5/13/2023 Acalanes (Nc)

E Torres, K Bielawski, T Rogers, P Kuhner

43.34 NCS At-Large

Lane	Team	Relay	Seed Time
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Section 1 of 3 Finals

3	Concord		45.65
	1) Tranate, Mhyco 12	2) Beam, Monte 12	
	3) Harris, William 12	4) Harris, Willie 12	
	5) Cortez-Bridges, Salvador 11		
4	Clayton Vall		45.02
	1) Christy, Ryan 12	2) Watts, Andres 10	
	3) Smith, Charles 11	4) Perez, Fernando 12	
	5) Ghbeish, Jad 10	6) De Avila, Giovanni 12	
5	Antioch		45.35
	1) Tucker, Curtis 11	2) Gaines, Issac 12	
	3) Umozurike, kel 12	4) Hanif, Tariq 10	
	5) Johnson, Kiante 10		
6	Alhambra (Nc)		47.10
	1) Cedeno, Oscar Justin 11	2) Klapperich, Michael 12	
	3) Tapia, Sergio 12	4) Salazar, Andres 12	
	5) Jones, Mason 12	6) Navarro, Zachary 12	

Section 2 of 3 Finals

1	Las Lomas		44.87
	1) Mercado, Roman 11	2) Thomas, Dylan 10	
	3) Gilmore, Landon 11	4) Wilson, Maverick 12	
	5) Browning, Dylan 12	6) Lin, Kevin 11	
	7) Jurgens, Jack 10		
2	Heritage		44.59
	1) Wilson, Jaxson 11	2) Adanandus, Mekhi 11	
	3) Douglas-Brown, Wilson 9	4) Baldwin, Gavyn 11	
	5) Hilton, Andrew 11	6) Dunbar, Raja 9	
3	Benicia		44.43
	1) Espejo, Logan 11	2) Tyson III, Eric 12	
	3) Scott, Emilio 11	4) Minnieweather Jr., Truedell 12	
	5) Geary, Conan 12	6) McCleskey, Tai 11	
4	Foothill (Nc)		43.74
	1) Salehi, Yousef 12	2) Bongiorno, Ryan 12	
	3) Karnik, Shiven 12	4) Payne, Zach 11	
	5) Yamashita, Landon 9	6) O'Donoghue, Mikey 11	
	7) Boeschstein, Ej 11	8) LeCount, Cristian 11	
5	Dougherty Va		44.39
	1) Sun, Chris 11	2) Yang, Aaron 12	
	3) Srivastava, Ashmit 10	4) Banzon, Vincent 11	
	5) okere, ernest 9	6) Krishna, Rohit 12	
6	Campolindo		44.57
	1) Dong, Andrew 11	2) Berg, Thomas 10	
	3) Fossen, Kyle 12	4) Parker, Micah 10	
	5) Parker, Sean 10	6) Young, Ben 12	
	7) Dang, Danny 10		
7	Amador Valle		44.85
	1) Ling, Ethan 11	2) Stout, Benjamin 11	
	3) Harrington, Anthony 10	4) Samanta, Reyansh 11	
	5) Olebe, Anthony 11	6) Ranjit, Dhruv 9	
	7) Gyamfi, Gabriel 11	8) Zong, Weston 12	
8	Monte Vista		44.89
	1) Howard, Chase 10	2) Tochilnik, Daniel 12	
	3) Dash, Rohit 9	4) Peters, Owen 11	

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Section 3 of 3 Finals...(Event 2 Boys 4x100 Meter Relay Varsity)

1	Liberty	43.39
	1) Steen, Ryder 12	2) Jones, Andon 9
	3) Connelly, Braydon 10	4) Pratcher, Larry 12
	5) Velez, Emilio 12	6) Rosas, Arturo 11
2	Acalanes (Nc)	43.14 NCS
	1) Littlejohn, Deonte 10	2) Rogers, Trevor 12
	3) Glick, Collin 12	4) Kuhner, Paul 12
	5) Schwarz, Matthew 10	6) Kaplanes Jones, Illias 10
	7) White, Niko 11	8) Copeland, Christopher 10
3	California	43.09 NCS
	1) Williams, Aiden 10	2) Taylor, Luke 10
	3) Luckey, Jhadis 10	4) Waiters Jr., Ladell 9
	5) Brown, Darius 9	6) Fasshauer, Nick 12
	7) Balanay, Ayden 10	8) Varanini, Elijah 9
4	DeLaSalle	41.71 NCS
	1) Jefferson, Jaden 10	2) Nicholas, Jayden 10
	3) Guerrero, Johnathan 12	4) Faavae, Toa 11
	5) Speight, Emery 10	6) Jones-Drew, Duece 9
	7) Rogers, Dylan 10	8) Kelley, Dominic 11
5	Pittsburg	42.67 NCS
	1) Searcy, Jamar 11	2) Stallworth, Michael 12
	3) Tezeno, La'Rico 12	4) Edwards, Tim 11
	5) Parker Jr., Gregg 9	6) Ambriz Rodriguez, Ramses 11
	7) Thompson, Ahmaud 11	
6	Granada	43.09 NCS
	1) Dattilo, Landon 11	2) Hahn, Haven 11
	3) Atwal, Ruhaan 11	4) Ladner, Matthew 12
	5) Mathis, Connor 10	6) Neirmeyer, Brandon 12
7	San Ramon Va	43.36
	1) Garibaldi, Matthew 11	2) Scott, Owen 11
	3) Bowring, Webber 11	4) Kumar, Nishad 12
	5) Pleis, Kaleb 11	6) Avalos, Sammy 11
	7) Deitsch, Dylan 11	8) Shapiro, Scott 11
8	Northgate	43.52
	1) Gainant, Arthur 12	2) Molinelli, Boston 12
	3) Cunningham, Ethan 10	4) Simon, Zachary 11
	5) Shields, Liam 9	6) Dinh, Andrew 11
	7) Faustini, Justin 12	8) Haraguchi, Bradley 12

Event 3 Girls 1600 Meter Run Varsity

Saturday 5/11/2024 - 10:30 AM

NCS TV: 4:49.70 1996 Kristen Gordon
 5:15.62 NCS At-Large

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	Kopper, Ella	12	Northgate	5:12.56 NCS
2	Carcamo, Elena	10	Northgate	5:12.83 NCS
3	Montilla, Lily	11	Las Lomas	5:13.49 NCS
4	Barron, Jana	12	Granada	5:13.88 NCS
5	Lee, Liana	12	Dougherty Va	5:15.46 NCS
6	Sauder, Kerrigan	11	Granada	5:23.27
7	Jennings, Tessa	12	Amador Valle	5:23.72
8	Balupari, Laasya	11	Dublin	5:23.95
9	Wisely, Kylie	11	Heritage	5:35.35
10	Redman, Sarah	12	Liberty	5:39.59
11	Faulkner, Brynn	9	Heritage	5:40.35
12	Buttitta, Samantha	11	Heritage	5:47.75

Section 2 of 2 Finals

1	Volkmer, Shea	12	Campolindo	5:03.14 NCS
2	Gunderson, Hailey	11	San Ramon Va	5:03.53 NCS
3	Bumpus, Sade	9	Granada	5:05.30 NCS
4	Smith, Alexandra	10	San Ramon Va	5:05.36 NCS
5	Kabenina, Kate	12	Campolindo	5:05.73 NCS
6	Searls, Renae	12	Alhambra (Nc)	5:07.23 NCS
7	Williams, Olivia	12	Acalanes (Nc)	5:07.38 NCS
8	Penney, Daisy	12	Campolindo	5:07.93 NCS
9	Yee, Megan	12	Acalanes (Nc)	5:08.30 NCS
10	Murphy, Nevis	10	Acalanes (Nc)	5:09.20 NCS
11	Bennett, Skylar	12	Clayton Vall	5:10.91 NCS
12	Foxworthy, Kendall	12	Carondelet	5:11.75 NCS

Event 4 Boys 1600 Meter Run Varsity

Saturday 5/11/2024 - 10:46 AM

NCS TV: 4:07.99 5/24/2014 Tyler Olson
 4:25.58 NCS At-Large

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	Farzan, Logan	12	Acalanes (Nc)	4:25.63
2	Murray, Tadhg	11	DeLaSalle	4:26.46
3	Jenkins, James	11	Miramonte	4:28.97
4	Knisley, Nicholas	12	Northgate	4:29.02
5	Pruitt, Andrew	12	California	4:29.29
6	Lowe, Cooper	10	Monte Vista	4:29.68
7	Letulle, Logan	10	Miramonte	4:30.10
8	Choi, Won	12	Dublin	4:30.33
9	Simpson, Michael	12	Heritage	4:46.42
10	Weiler, Jackson	11	Heritage	4:52.96
11	Nair, Aadit	9	Heritage	4:55.15
12	Sarwari, Tameem	11	Heritage	5:01.29

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Section 2 of 2 Finals...(Event 4 Boys 1600 Meter Run Varsity)

1	Sagiraju, Arrin	11	Dougherty Va	4:14.07	NCS
2	Schade, Aleksander	12	Granada	4:16.67	NCS
3	Benard, Elias	12	Foothill (Nc)	4:17.39	NCS
4	Bromley, Erik	12	Granada	4:18.86	NCS
5	Stone, Aidan	12	Dublin	4:19.08	NCS
6	Griffin-Yeh, Nate	11	Las Lomas	4:21.29	NCS
7	Martinez, Daniel	12	Clayton Vall	4:22.72	NCS
8	Messer, Daniel	12	Clayton Vall	4:23.59	NCS
9	DeCoite, Brennan	11	Foothill (Nc)	4:23.96	NCS
10	Singh, Eshaan	12	Granada	4:24.18	NCS
11	Thomasson, Alex	12	Campolindo	4:24.54	NCS
12	Gray, Tanner	12	Granada	4:25.50	NCS

Event 5 Girls 100 Meter Hurdles Varsity**Saturday 5/11/2024 - 11:02 AM**

NCS TV: 13.86 5/23/2015 Mecca Mcglaston

16.35 NCS At-Large

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

1	Urmson, Carmen	11	Northgate	18.61
2	Reyman, Jada	12	Dougherty Va	18.27
3	Jiang, Raelyn	10	Dougherty Va	18.06
4	Gonzalez, Sophia	11	San Ramon Va	17.76
5	Yee, Onessa	11	San Ramon Va	17.82
6	Gendron, Brooke	10	Dougherty Va	18.10
7	Sale, Keira	10	Northgate	18.61
8	Azcueta, Ashlee	12	Northgate	18.71

Section 2 of 3 Finals

1	Simmons, Samantha	11	California	17.69
2	Tringe, Laurel	12	Campolindo	17.64
3	Neal, Michaela	12	Liberty	17.36
4	Lebreton, Lia	11	Amador Valle	17.08
5	Oh, Allison	12	Foothill (Nc)	17.26
6	Braswell, Brooklyn	10	Heritage	17.53
7	McMullen, Riley	9	San Ramon Va	17.66
8	Scattergood, Ava	10	Northgate	17.71

Section 3 of 3 Finals

1	Carlson, Finn	12	Northgate	16.87	
2	Xu, Alisia	12	Foothill (Nc)	16.24	NCS
3	Russell, Anaya	11	Pittsburg	16.00	NCS
4	Thomas, Jakarah	9	Pittsburg	15.43	NCS
5	Velasco, Malia	10	Carondelet	15.90	NCS
6	Hall, Keneyia	12	Deer Valley	16.02	NCS
7	Tims, Nyla	11	Pittsburg	16.82	
8	Osicka, Rachael	10	California	16.92	

Event 6 Boys 110 Meter Hurdles Varsity**Saturday 5/11/2024 - 11:14 AM**

NCS TV: 13.85 2006 David Klech

15.55 NCS At-Large

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

1	Sadowski, Nick	11	Las Lomas	17.41
2	Chaudhary, Muhammad Hass:	12	Foothill (Nc)	17.14
3	Ranjit, Dhruv	9	Amador Valle	17.00
4	Finn, Desmond	11	Amador Valle	16.73
5	Tochilnik, Daniel	12	Monte Vista	16.89
6	Raja, Karthikram	12	Foothill (Nc)	17.02
7	Long, Eli	12	College Park	17.35
8	Hearn, Liam	12	Campolindo	18.27

Section 2 of 3 Finals

1	Hill, Cleashaun	11	Freedom	16.50
2	Ghbeish, Jad	10	Clayton Vall	16.40
3	Bridgeman, Devyn	11	DeLaSalle	15.85
4	Featherstone, Jordan	12	Livermore (N	15.75
5	Adamos, Aaron	11	Dublin	15.80
6	Smith, Isaiah	12	Freedom	16.19
7	Lockwood, River	10	Acalanes (Nc)	16.41
8	Narayan, Rithik	11	Campolindo	16.64

Section 3 of 3 Finals

1	Young, Chase	9	DeLaSalle	15.64	
2	Karnley, Ephraim	12	Pittsburg	15.48	NCS
3	Cenido, Darrell	12	DeLaSalle	15.22	NCS
4	Tezeno, La'Rico	12	Pittsburg	14.64	NCS
5	Maddox, Nathaniel	11	Dublin	14.86	NCS
6	Ambriz Rodriguez, Ramses	11	Pittsburg	15.24	NCS
7	Boeschstein, Ej	11	Foothill (Nc)	15.49	NCS
8	Ruffin, Elijah	11	Heritage	15.69	

Event 7 Girls 400 Meter Dash Varsity**Saturday 5/11/2024 - 11:26 AM**

NCS TV: 54.80 2010 Chizoba Okodogbe

59.85 NCS At-Large

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

1	Shreve, Nina	11	Las Lomas	64.41
2	Diaz, Allison	11	Heritage	62.94
3	Noden, Holly	11	San Ramon Va	61.89
4	Hurd, Shaina	10	Las Lomas	61.06
5	Fraher, Elizabeth	11	Foothill (Nc)	61.71
6	Hall, Keneyia	12	Deer Valley	61.97
7	Ramos, Kaelyn	11	Clayton Vall	63.64
8	Doane, Eloise	11	Campolindo	66.76

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Section 2 of 3 Finals...(Event 7 Girls 400 Meter Dash Varsity)

1	Lee, Elise	10 California	60.74
2	Hasni, Aaliyah	11 Dublin	60.46
3	Magu, Vivienne	11 Clayton Vall	59.87
4	Hernandez, Danielle	11 Dougherty Va	59.71 NCS
5	Phillips, Kayci	9 Dublin	59.77 NCS
6	Miller, Cate	11 Monte Vista	60.08
7	Chapman, Allison	10 Foothill (Nc)	60.62
8	Hempel, Lanie	10 Livermore (N)	60.78

Section 3 of 3 Finals

1	Yakaitis, Gretchen	10 Carondelet	59.55 NCS
2	Moriyama, Isabella	11 Monte Vista	58.49 NCS
3	Bell, Milani	12 Pittsburg	57.40 NCS
4	Gomes, Angelica	12 Dublin	57.28 NCS
5	Enoru, Eden	11 Heritage	57.34 NCS
6	Lahanas, Zoe	12 Clayton Vall	58.06 NCS
7	Guerrero, Izabella	11 San Ramon Va	58.99 NCS
8	Addison, Jayla	12 Carondelet	59.68 NCS

Event 8 Boys 400 Meter Dash Varsity

Saturday 5/11/2024 - 11:38 AM

NCS TV: 47.64 2006 David Klech
50.69 NCS At-Large

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

1	Clements, Tyler	10 Heritage	54.45
2	Gholson, Wesley	11 DeLaSalle	52.39
3	Boyd, Bryce	9 Dublin	52.27
4	Williams, Aiden	10 California	52.21
5	Harris, Willie	12 Concord	52.23
6	Dellinger, Ashlan	11 San Ramon Va	52.31
7	Smith, Charles	11 Clayton Vall	52.48
8	Thompson, Ahmaud	11 Pittsburg	54.46

Section 2 of 3 Finals

1	Edwards, Tim	11 Pittsburg	51.90
2	Watts, Andres	10 Clayton Vall	51.86
3	Espejo, Logan	11 Benicia	51.36
4	Kalmon, Demi	12 Freedom	51.32
5	McMullen, Chase	11 San Ramon Va	51.36
6	Atwal, Ruhaan	11 Granada	51.81
7	Ralston, Liam	12 San Ramon Va	51.89
8	Deitsch, Dylan	11 San Ramon Va	51.94

Section 3 of 3 Finals

1	Christy, Ryan	12 Clayton Vall	51.14
2	Tyson III, Eric	12 Benicia	50.47 NCS
3	Peters, Owen	11 Monte Vista	49.68 NCS
4	Nicholas, Jayden	10 DeLaSalle	49.28 NCS
5	Payne, Zach	11 Foothill (Nc)	49.55 NCS
6	Karnik, Shiven	12 Foothill (Nc)	49.83 NCS
7	Arevalo, Joshua	12 Dublin	50.59 NCS
8	Ling, Ethan	11 Amador Valle	51.18

Event 9 Girls 100 Meter Dash Varsity

Saturday 5/11/2024 - 11:50 AM

NCS TV: 11.60 5/11/2019 Chinyere Okoro
12.50 NCS At-Large

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

1	Graves, Sarah	10 Campolindo	13.23
2	Wilkins, Jaelyn	10 Deer Valley	13.19
3	Hansen, Kyra	10 San Ramon Va	13.16
4	Margate, Ayla	11 Carondelet	13.12
5	Javidi Parsijani, Armita	10 Northgate	13.13
6	Smith, Morgan	11 Freedom	13.18
7	Chelemados, Haley	11 Acalanes (Nc)	13.23
8	Garcia, Isabelle	11 Las Lomas	13.28

Section 2 of 3 Finals

1	Chee, Kathryn	12 Dublin	13.08
2	Gonzalez, Sophia	11 San Ramon Va	13.03
3	Luna, Jacyelyn	10 Carondelet	12.99
4	Caranto, Janika Reese	10 Dougherty Va	12.93
5	McCasland, Jasmine	9 Campolindo	12.99
6	Rockmore, Janai	11 Pittsburg	13.02
7	DeCosta, Parker	12 Monte Vista	13.07
8	Owens, Tamia	11 Deer Valley	13.12

Section 3 of 3 Finals

1	Grant-Gurganious, Naeemah	9 Dublin	12.87
2	Aganju, Amirat Temi	10 Pittsburg	12.66
3	Kenion, Kiana	10 Carondelet	12.59
4	Okorie, Jessica	12 California	12.47 NCS
5	Diekmann, Hope	10 San Ramon Va	12.59
6	Jenkins, Billie	10 Pittsburg	12.66
7	Shedd, London	9 Liberty	12.68
8	Sawyer, Savannah	11 Ygnacio Vall	12.89

Event 10 Boys 100 Meter Dash Varsity

Saturday 5/11/2024 - 12:02 PM

NCS TV: 10.64 2008 Taiwan Jones
11.03 NCS At-Large

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

1	Robinson, Kamarri	11 Livermore (N)	11.36
2	Searcy, Jamar	11 Pittsburg	11.35
3	Rogers, Dylan	10 DeLaSalle	11.32
4	Schwarz, Matthew	10 Acalanes (Nc)	11.26
5	Wilson, Kai	11 DeLaSalle	11.31
6	Mercado, Roman	11 Las Lomas	11.32
7	Bjornson, Andrew	10 Miramonte	11.36
8	Wilson, Jaxson	11 Heritage	11.51

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Section 2 of 3 Finals...(Event 10 Boys 100 Meter Dash Varsity)

1	Molinelli, Boston	12 Northgate	11.24	
2	Stallworth, Michael	12 Pittsburg	11.11	
3	Taylor, Luke	10 California	11.01	NCS
4	Cunningham, Ethan	10 Northgate	10.97	NCS
5	Gainant, Arthur	12 Northgate	10.98	NCS
6	Ladner, Matthew	12 Granada	11.04	
7	Berg, Thomas	10 Campolindo	11.12	
8	Tezeno, La'Rico	12 Pittsburg	11.24	

Section 3 of 3 Finals

1	Minnieweather Jr., Truedell	12 Benicia	10.83	NCS
2	Speight, Emery	10 DeLaSalle	10.81	NCS
3	Kuhner, Paul	12 Acalanes (Nc)	10.58	NCS
4	Jefferson, Jaden	10 DeLaSalle	10.40	NCS
5	Faavae, Toa	11 DeLaSalle	10.58	NCS
6	Guerrero, Johnathan	12 DeLaSalle	10.74	NCS
7	Yang, Aaron	12 Dougherty Va	10.81	NCS
8	Jones-Drew, Duece	9 DeLaSalle	10.87	NCS

Event 33 Girls 100 Meter Dash Unified

Saturday 5/11/2024 - 12:14 PM

Lane	Name	Yr	School	Seed	Time
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Section 1 of 3 Finals

3	Chelemedos, Hana	11	Acalanes (Nc)		NT
4	Lackowski, Reese	9	Acalanes (Nc)		NT
5	Hamidi, Leila	11	Acalanes (Nc)		NT
6	Jensen, Lulu	10	Acalanes (Nc)		NT

Section 2 of 3 Finals

1	Bordi, Gianna	11	Acalanes (Nc)		NT
2	Quinella, Leah	9	Acalanes (Nc)		NT
3	Hartman, Hailey	12	Benicia		NT
4	Williams, Valentina	9	Benicia		NT
5	Baker, Anne	11	Acalanes (Nc)		NT
6	Dodge, Ainsley	11	Acalanes (Nc)		NT

Section 3 of 3 Finals

1	Hernandez, Conifer		Pittsburg		17.48
2	Ramirez, Brenda	12	Pittsburg		19.66
3	Houston, McKayla	9	Pittsburg		14.93
4	Hatcher, Lamayah	9	Pittsburg		15.24
5	Jamison, LouOlle	9	Pittsburg		15.24
6	Leonard, Salina	9	Pittsburg		16.99
7	Cain, Emma	11	Acalanes (Nc)		NT
8	DeCredico, Alyvia	11	Acalanes (Nc)		NT

Event 34 Boys 100 Meter Dash Unified

Saturday 5/11/2024 - 12:38 PM

Lane	Name	Yr	School	Seed	Time
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Section 1 of 3 Finals

1	Guerrero, Diego	12	Concord		NT
2	Cook, Tyler	11	Concord		NT
3	Jouvenot-Sells, Albert	11	Benicia		NT
4	McGee, Liam	12	Benicia		NT
5	Takenouchi, Dylan	9	Acalanes (Nc)		NT
6	Imasuem, Bethel	11	Acalanes (Nc)		NT

Section 2 of 3 Finals

1	Paterno, Lucas	10	Benicia		NT
2	Berg, Quinnlan	12	Benicia		NT
3	Broom, David	12	Benicia		NT
4	Zuniga, Elias	11	Benicia		NT
5	Islas, Gustavo	12	Amador Valle		16.76
6	Vathul, Anuraag	10	Amador Valle		19.87
7	Mcgadney, Marcus	12	Acalanes (Nc)		NT
8	Lockwood, River	10	Acalanes (Nc)		NT

Section 3 of 3 Finals

1	Imoka, Charles	11	Pittsburg		14.53
2	Martinez, Jesus	11	Pittsburg		16.23
3	Moffett, Sin'cere	9	Pittsburg		13.72
4	Green, Savion	11	Pittsburg		16.51
5	Villanueva, Jhonny	9	Pittsburg		15.61
6	Perez, Jonathan	10	Pittsburg		18.61
7	Ramirez, Diego	11	Livermore (N)		16.72
8	Valenton, Karl-Ioseph	11	Livermore (N)		16.86

Event 11 Girls 800 Meter Run Varsity

Saturday 5/11/2024 - 1:02 PM

NCS TV: 2:07.59 5/20/2017 Alyssa Brewer
 2:20.95 NCS At-Large

Lane	Name	Yr	School	Seed	Time
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Section 1 of 2 Finals

1	Foxworthy, Kendall	12	Carondelet		2:22.31
2	Yee, Megan	12	Acalanes (Nc)		2:22.94
3	Yakaitis, Gretchen	10	Carondelet		2:23.97
4	Larson, Katelyn	11	San Ramon Va		2:25.29
5	Mendez, Elena	11	Las Lomas		2:25.72
6	Prenton, Melia	11	Dublin		2:26.25
7	Hempel, Lanie	10	Livermore (N)		2:26.82
8	Diaz, Allison	11	Heritage		2:33.84
9	Martinez-Cruz, Yareli	11	Pittsburg		2:35.10
10	Faulkner, Brynn	9	Heritage		2:36.70
11	Redman, Sarah	12	Liberty		2:36.73
12	Leininger, Lucy	11	Northgate		2:37.36

Section 2 of 2 Finals

1	Orr, Charlotte	11	Las Lomas		2:15.51	NCS
2	Addison, Jayla	12	Carondelet		2:16.56	NCS
3	Dolan, Peyton	12	Monte Vista		2:17.62	NCS
4	Fernandez, Sofia	11	Monte Vista		2:18.08	NCS
5	Barron, Jana	12	Granada		2:18.25	NCS
6	Lahanas, Zoe	12	Clayton Vall		2:18.26	NCS
7	Andrzejek, Claire	10	Campolindo		2:18.82	NCS
8	Chapman, Allison	10	Foothill (Nc)		2:18.85	NCS
9	Ruckmann-Barnes, Evelyn	12	Granada		2:18.87	NCS
10	Bellinger, Emily	9	California		2:19.60	NCS
11	Lnenicka, Mia	12	Granada		2:20.71	NCS
12	Espino, Katelyn	12	Foothill (Nc)		2:21.50	

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Event 12 Boys 800 Meter Run Varsity**Saturday 5/11/2024 - 1:12 PM**

NCS TV: 1:53.70 5/20/2017 Jett Charvet

2:00.16 NCS At-Large

Lane	Name	Yr	School	Seed Time	
Section 1 of 2 Finals					
1	Karnik, Shiven	12	Foothill (Nc)	1:59.69	NCS
2	Coats, Duke	10	San Ramon Va	1:59.75	NCS
3	Martinez, Daniel	12	Clayton Vall	1:59.90	NCS
4	Cuevas Gomez, Adrian	12	Granada	1:59.93	NCS
5	Messer, Daniel	12	Clayton Vall	2:00.13	NCS
6	Bliss, Carter	11	Dougherty Va	2:00.27	
7	Baxter, Andrew	12	Las Lomas	2:00.40	
8	De la Cruz, Cody	10	Campolindo	2:00.87	
9	Lockrem, Brady	10	Heritage	2:09.92	
10	Tekum, Kingswill	12	Pittsburg	2:15.73	
11	Truitt, Jailen	11	Deer Valley	2:16.39	
12	Wilson, Amarye	12	Pittsburg	2:16.87	

Section 2 of 2 Finals

1	Sagiraju, Arrin	11	Dougherty Va	1:53.57	NCS
2	Benard, Elias	12	Foothill (Nc)	1:56.47	NCS
3	Camacho, Jacob	12	Amador Valle	1:56.52	NCS
4	Boutaleb, Elias	11	Dougherty Va	1:57.01	NCS
5	DeCoite, Brennan	11	Foothill (Nc)	1:57.20	NCS
6	Stone, Aidan	12	Dublin	1:58.19	NCS
7	Marino, Max	12	Campolindo	1:58.31	NCS
8	Dube, Aidan	11	California	1:58.42	NCS
9	Hekl, Thomas	10	Amador Valle	1:58.66	NCS
10	Griffin-Yeh, Nate	11	Las Lomas	1:58.85	NCS
11	Schade, Aleksander	12	Granada	1:58.94	NCS
12	Rajesh, Prithvij	12	Amador Valle	1:59.69	NCS

Event 13 Girls 300 Meter Hurdles Varsity**Saturday 5/11/2024 - 1:22 PM**

NCS TV: 43.96 5/11/2019 Taylor Weidinger

48.56 NCS At-Large

Lane	Name	Yr	School	Seed Time	
Section 1 of 3 Finals					
1	Sale, Keira	10	Northgate	51.75	
2	Wu, Sophie	9	Dublin	50.93	
3	Oh, Allison	12	Foothill (Nc)	50.34	
4	Yee, Onessa	11	San Ramon Va	49.68	
5	Samara, Lena	9	Granada	50.18	
6	Gale, Sydney	11	Liberty	50.45	
7	Tims, Nyla	11	Pittsburg	51.38	
8	Scattergood, Ava	10	Northgate	52.80	

Section 2 of 3 Finals

1	Carlson, Finn	12	Northgate	49.52	
2	Bertolo, Sophia	11	Granada	49.27	
3	Reymann, Jada	12	Dougherty Va	49.01	
4	Velasco, Malia	10	Carondelet	47.95	NCS
5	Neal, Michaela	12	Liberty	48.24	NCS
6	Sawyer, Savannah	11	Ygnacio Vall	49.06	
7	Thomas, Jakarah	9	Pittsburg	49.36	
8	Vojtenyi, Stephanie	12	Clayton Vall	49.65	

Section 3 of 3 Finals

1	Simms, Selah	11	Liberty	47.28	NCS
2	Casey, Morgan	12	Las Lomas	46.84	NCS
3	Hall, Keneyia	12	Deer Valley	46.37	NCS
4	Williams, Camille	12	Heritage	45.44	NCS
5	Xu, Alisia	12	Foothill (Nc)	45.79	NCS
6	Russell, Anaya	11	Pittsburg	46.72	NCS
7	Lebreton, Lia	11	Amador Valle	47.04	NCS
8	Simmons, Samantha	11	California	47.65	NCS

Event 14 Boys 300 Meter Hurdles Varsity**Saturday 5/11/2024 - 1:34 PM**

NCS TV: 36.18 2005 David Klech

41.43 NCS At-Large

Lane	Name	Yr	School	Seed Time	
Section 1 of 3 Finals					
1	Karnley, Ephraim	12	Pittsburg	45.74	
2	Dinh, Andrew	11	Northgate	44.56	
3	Faustini, Justin	12	Northgate	44.04	
4	Ahmer, Syed Ali	11	Dublin	43.54	
5	Balla, Vishwas	12	California	43.77	
6	Ghbeish, Jad	10	Clayton Vall	44.28	
7	Fon, Sergio	9	Acalanes (Nc)	45.73	
8	Baker, Cameron	11	Las Lomas	46.11	
Section 2 of 3 Finals					
1	Adamos, Aaron	11	Dublin	43.44	
2	Ruffin, Elijah	11	Heritage	42.77	
3	Raja, Karthikram	12	Foothill (Nc)	42.43	
4	Smith, Isaiah	12	Freedom	42.07	
5	Zong, Weston	12	Amador Valle	42.34	
6	Lockwood, River	10	Acalanes (Nc)	42.63	
7	Bridgeman, Devyn	11	DeLaSalle	43.10	
8	Fuentes, Ozzy	11	Liberty	43.48	
Section 3 of 3 Finals					
1	Wineinger, Wesley	11	California	41.37	NCS
2	Ambriz Rodriguez, Ramses	11	Pittsburg	40.91	NCS
3	Young, Chase	9	DeLaSalle	40.38	NCS
4	Boeschstein, Ej	11	Foothill (Nc)	39.05	NCS
5	Tezeno, La'Rico	12	Pittsburg	40.02	NCS
6	Cenido, Darrell	12	DeLaSalle	40.48	NCS
7	Tochilnik, Daniel	12	Monte Vista	41.24	NCS
8	King, Markese	11	DeLaSalle	41.93	

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Event 15 Girls 200 Meter Dash Varsity**Saturday 5/11/2024 - 1:46 PM**

NCS TV: 24.07 5/20/2017 Mikayla Scott

26.06 NCS At-Large

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

1	Thornton, Cameron	10	Acalanes (Nc)	27.36
2	Doria, Hannah	11	Dublin	27.17
3	Diaz, Allison	11	Heritage	27.07
4	Shedd, London	9	Liberty	26.95
5	Nishanth, Nikita	9	Dougherty Va	27.02
6	Braitberg, Addison	12	Miramonte	27.16
7	Thomas, Reagan	12	Northgate	27.21
8	Graves, Sarah	10	Campolindo	27.48

Section 2 of 3 Finals

1	Enoru, Eden	11	Heritage	26.70
2	Fraher, Elizabeth	11	Foothill (Nc)	26.62
3	Chee, Kathryn	12	Dublin	26.46
4	Jenkins, Billie	10	Pittsburg	26.19
5	Grant-Gurganious, Naeemah	9	Dublin	26.29
6	Aganju, Amirat Temi	10	Pittsburg	26.51
7	Hartman, Hailey	12	Benicia	26.68
8	Sawyer, Savannah	11	Ygnacio Vall	26.89

Section 3 of 3 Finals

1	Caranto, Janika Reese	10	Dougherty Va	25.97	NCS
2	Kenion, Kiana	10	Carondelet	25.76	NCS
3	Moriyama, Isabella	11	Monte Vista	25.18	NCS
4	Gomes, Angelica	12	Dublin	24.91	NCS
5	Okorie, Jessica	12	California	25.04	NCS
6	McGowan, Natalia	12	Monte Vista	25.49	NCS
7	Harvey, India	10	San Ramon Va	25.76	NCS
8	Luna, Jaycelyn	10	Carondelet	26.07	

Event 16 Boys 200 Meter Dash Varsity**Saturday 5/11/2024 - 1:58 PM**

NCS TV: 21.58 2001 Chris Costa

22.50 NCS At-Large

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

1	Wilson, Jaxson	11	Heritage	24.31
2	Stallworth, Michael	12	Pittsburg	23.26
3	Glick, Collin	12	Acalanes (Nc)	22.88
4	Ladner, Matthew	12	Granada	22.78
5	Cunningham, Ethan	10	Northgate	22.86
6	Gainant, Arthur	12	Northgate	22.88
7	Kalmon, Demi	12	Freedom	24.13
8	Jones, Andon	9	Liberty	24.79

Section 2 of 3 Finals

1	Taylor, Luke	10	California	22.57	
2	Minnieweather Jr., Truedell	12	Benicia	22.43	NCS
3	Tyson III, Eric	12	Benicia	22.31	NCS
4	Speight, Emery	10	DeLaSalle	22.27	NCS
5	Arevalo, Joshua	12	Dublin	22.29	NCS
6	Walters Jr., Ladell	9	California	22.33	NCS
7	Berg, Thomas	10	Campolindo	22.56	
8	Yang, Aaron	12	Dougherty Va	22.71	

Section 3 of 3 Finals

1	Faavae, Toa	11	DeLaSalle	22.01	NCS
2	Rogers, Trevor	12	Acalanes (Nc)	21.97	NCS
3	Kuhner, Paul	12	Acalanes (Nc)	21.84	NCS
4	Jefferson, Jaden	10	DeLaSalle	21.12	NCS
5	Peters, Owen	11	Monte Vista	21.48	NCS
6	Nicholas, Jayden	10	DeLaSalle	21.88	NCS
7	Payne, Zach	11	Foothill (Nc)	21.99	NCS
8	Jones-Drew, Duece	9	DeLaSalle	22.27	NCS

NCS Tri-Valley Area Track & Field Championships - 5/11/2024
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Event 41 Girls 4x800 Meter Relay Varsity

Saturday 5/11/2024 - 2:10 PM

NCS TV: 9:36.71 5/13/2023 Clayton Valley (Nc)

Z Lahanas, I Ruff, S Bennett, K McDonald

Lane	Team	Relay	Seed Time
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Section 1 of 1 Finals

1	Campolindo		9:31.93
	1) Andrzejek, Claire 10	2) McCasland, Kiona 9	
	3) Contreras, Amalia 9	4) Tseng, Angele 9	
	5) Lawrence, Nora 9	6) Kinsey, Kaitlyn 9	
	7) Volkmer, Shea 12	8) Gill, Meeran 11	
2	Granada		9:34.05
	1) Ruckmann-Barnes, Evelyn 12	2) Gurusamy, Esha 10	
	3) Lnenicka, Mia 12	4) Barron, Jana 12	
	5) Sauder, Kerrigan 11	6) Bumpus, Sade 9	
	7) Espinoza, Grace 9	8) Conover, Taylor 9	
3	Monte Vista		9:42.15
	1) Fernandez, Sofia 11	2) Tang, Emilyn 10	
	3) Dolan, Peyton 12	4) Miller, Cate 11	
	5) Powell, Alexandra 11	6) Madej, Daria 9	
	7) Leonard, Juliette 9	8) Amare, Maraki 12	
4	Las Lomas		10:01.36
	1) Mendez, Elena 11	2) Montilla, Lily 11	
	3) Shreve, Nina 11	4) Orr, Charlotte 11	
	5) Madigan, Genevieve 12	6) Tracey, Shae 12	
	7) Heras, Anya 10	8) Eglan, Grace 9	
5	Northgate		10:01.97
	1) Carcamo, Elena 10	2) Palmer, Maddison 9	
	3) Manning, Gabriela 12	4) Kopper, Ella 12	
	5) Carcamo, Sophia 12	6) Leininger, Lucy 11	
	7) Cohen, Natasha 10	8) Fox, Emma 9	
6	San Ramon Va		10:03.69
	1) Noden, Holly 11	2) Larson, Katelyn 11	
	3) Roesgen, Emily 9	4) Gunderson, Hailey 11	
	5) Davidson, Emma 11	6) Roesgen, Grace 12	
	7) Davalle, Sierra 9	8) Smith, Alexandra 10	
7	Heritage		10:19.46
	1) Enoru, Eden 11	2) Diaz, Allison 11	
	3) Wisely, Kylie 11	4) Faulkner, Brynn 9	
	5) Buttiitta, Samantha 11	6) Rinaldo, Isabella 10	
8	Dublin		10:25.86
	1) Bayer, Josephine 9	2) Yu, Alessandra 11	
	3) Martinez, Alyson 10	4) Prenton, Melia 11	
	5) Johnson, Sasha 11	6) Wong, Kylene 10	
	7) Magana, Yarelli 9	8) Nayyar, Kiran 10	
9	Dougherty Va		10:28.16
	1) Kapur, Abigail 12	2) Richards, Sara 10	
	3) Nuthi, Varshaa 10	4) Shah, Alyssa 10	
	5) Lee, Liana 12	6) Natraj, Anusha 9	
	7) Krishnan, Ananya 10	8) Malali, Diya 9	
10	California		10:36.24
	1) Bellinger, Emily 9	2) Ackermann, Audrey 12	
	3) Nubla, Isabella 11	4) Dutta, Kria 11	
	5) Maldonado, Isabella 9	6) Richhariya, Advika 9	
	7) Mitchell, Layla 9		
11	Liberty		10:38.16
	1) Johnson, Samantha 11	2) West, Mariya 12	
	3) Redman, Molly 9	4) Redman, Sarah 12	
	5) Gonzalez, Samantha 10	6) Gale, Sydney 11	

7) Luker, Cambree 11	
12 Foothill (Nc)	11:02.47
1) Espino, Katelyn 12	2) Tsai, Jessica 11
3) Miller, Vivian 10	4) Chapman, Allison 10
5) Alzayyata, Leamar 9	6) Umentum, Amelia 10
7) Izuhara, Lisa 12	8) Singh, Arshiya 12

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Event 42 Boys 4x800 Meter Relay Varsity**Saturday 5/11/2024 - 2:26 PM**

NCS TV: 8:02.96 5/13/2023 Clayton Valley (Nc)

D Messer, D Martinez, A Walker, A Solari

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Granada		7:55.55
	1) Singh, Eshaan 12	2) Cuevas Gomez, Adrian 12	
	3) Bromley, Erik 12	4) Schade, Aleksander 12	
	5) Nellis Torres, Gabriel 12	6) Bertrand, Matthew 10	
	7) Eichenberger, Matthew 11	8) McLaughlin, Jacob 12	
2	Foothill (Nc)		8:05.81
	1) Benard, Elias 12	2) DeCoite, Brennan 11	
	3) Karnik, Shiven 12	4) Chavez, Nolan 11	
	5) Surridge, Colin 12	6) Helms Jr., Michael 11	
	7) Rosado, Diego 12	8) Kuluvalli, Agastya 9	
3	Amador Valle		8:08.43
	1) Klokkenga, Alex 11	2) Ilkal, Azim 12	
	3) Wogsland, Everett 11	4) Rajesh, Prithvij 12	
	5) Nickel, Zevyn 10	6) Raju, Sattvik 10	
	7) Mak, Callan 10	8) Gondkoff, Jared 12	
4	Dougherty Va		8:12.69
	1) Bliss, Carter 11	2) TozulAhmad, Noor 11	
	3) Lee, Matthew 11	4) Jones, Nicholas 11	
	5) Sagiraju, Arrin 11	6) Boutaleb, Elias 11	
	7) Lee, Zachary 10	8) Tozulahmad, Robi 11	
5	Campolindo		8:16.43
	1) Marino, Max 12	2) De la Cruz, Cody 10	
	3) Thomasson, Alex 12	4) Wang, Russell 11	
	5) Chung, Taejin 10	6) Young, Ben 12	
	7) Floyd, Joseph 12	8) Henwood, Nolan 11	
6	Dublin		8:22.71
	1) Zutshi, Tanish 11	2) Imbo, Jeremy 9	
	3) Choi, Won 12	4) Gan, Tristan 11	
	5) Kumar, Mayank 12	6) Wong, Kaden 12	
	7) Janyavula, Srikar 10	8) Burrows, Enkhtaivan 12	
7	California		8:24.22
	1) Lemmon, Blake 12	2) Pruitt, Andrew 12	
	3) Tirrell, Andrew 12	4) Dube, Aidan 11	
	5) Mills-Lawrence, Jonathan 11	6) Nunes, Ty 10	
8	Las Lomas		8:25.42
	1) Baxter, Andrew 12	2) Griffin-Yeh, Nate 11	
	3) Hurley, Kieran 10	4) Springer, Zack 11	
	5) Gandhi, Akash 11	6) Shargel, Andrew 12	
	7) Sonoda, Joshua 10	8) Freitag, Porter 11	
9	DeLaSalle		8:30.94
	1) Glueck, Joshua 11	2) Lee, Jake 11	
	3) Rubino, Tyler 11	4) Murray, Tadhg 11	
	5) Accardo, Danny 10	6) Salter, Heath 10	
	7) Massa, Leonardo 10	8) Gaber, Dillon 10	
10	Monte Vista		8:31.04
	1) Lowe, Cooper 10	2) Tieu, Leo 11	
	3) Sachdeva, Rishab 11	4) Prabhu, Ronak 11	
	5) Brandeis, Owen 11	6) Cafaro, Mateo 10	
	7) Kingston, Seamus 10	8) Rathkanthiwar, Aryan 11	
11	San Ramon Va		8:33.30
	1) Williams, Jack 11	2) Sadur, Brandon 12	
	3) Burleson, Ben 10	4) Coats, Duke 10	
	5) Benhamida, Abbas 11	6) Dunn, Hayden 9	

7) McMullen, Chase 11	8) Earni, Saket 10
12 Miramonte	8:38.51
1) Letulle, Logan 10	2) Collins, Brendon 9
3) Wagner, Jason 12	4) Verity, Gabe 9
5) Montanez, Kieran 9	6) Mac, Ryan 9
7) Hjortsvang, Parker 10	8) Repulles, Preston 10
13 Heritage	8:44.10
1) Simpson, Michael 12	2) Weiler, Jackson 11
3) Sarwari, Tameem 11	4) Lockrem, Brady 10
5) Fisher, Mythias 12	6) Kibiwot, Eddie 9
7) Tiwari, Aditya 12	
14 Alhambra (Nc)	8:51.35
1) Knutson, Ian 12	2) Hussey, Ethan 12
3) Allan, Daniel 11	4) Flood, Mickey 11
5) Ng, Derek 12	6) Doughtie, Nathan 12
7) Morales, Paolo 12	
15 Deer Valley	8:55.81
1) Hernandez, Jobanny 12	2) Kessler, Draven 10
3) Pouncil, Joseph 11	4) Truitt, Jailen 11
5) Kapur, Bhargav 12	6) Ugwu, Ekenechukwu 9
7) Bess, Jacob 9	
16 Pittsburg	9:06.65
1) Amaro Alvarez, Isaias 12	2) Ramos, Jared 11
3) Wilson, Amarye 12	4) Tekum, Kingswill 12
5) Kirya, Ethan 11	6) Grant, Aaron 9

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Event 17 Girls 3200 Meter Run Varsity**Saturday 5/11/2024 - 2:40 PM**

NCS TV: 10:29.43 1996 Kristen Gordon

11:11.25 NCS At-Large

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Volkmer, Shea	12	Campolindo	10:20.45 NCS
2	Kabenina, Kate	12	Campolindo	11:03.85 NCS
3	Williams, Olivia	12	Acalanes (Nc)	11:07.33 NCS
4	Bumpus, Sade	9	Granada	11:07.42 NCS
5	Powell, Alexandra	11	Monte Vista	11:10.19 NCS
6	Smith, Alexandra	10	San Ramon Va	11:14.98
7	Stein, Abby	11	Granada	11:22.20
8	Wong, Kacie	10	Amador Valle	11:24.51
9	Lee, Liana	12	Dougherty Va	11:25.39
10	Searls, Renae	12	Alhambra (Nc)	11:26.98
11	Penney, Daisy	12	Campolindo	11:28.65
12	Bennett, Skylar	12	Clayton Vall	11:30.62
13	Moen, Rachel	12	Campolindo	11:33.36
14	Carcamo, Elena	10	Northgate	11:38.21
15	Beamon, Susie	10	Granada	11:45.59
16	Schultz, Margot	10	San Ramon Va	11:58.84
17	Carcamo, Sophia	12	Northgate	12:01.51
18	Espino, Katelyn	12	Foothill (Nc)	12:02.37
19	Bell, Grace	12	Miramonte	12:02.48
20	Balupari, Laasya	11	Dublin	12:11.44
21	Redman, Molly	9	Liberty	13:20.19
22	Alderete, Elliana	11	Heritage	13:30.33
23	Gonzalez, Samantha	10	Liberty	14:52.90
24	Dibartolo, Anastasia	11	Liberty	16:52.10

Event 18 Boys 3200 Meter Run Varsity**Saturday 5/11/2024 - 2:54 PM**

NCS TV: 9:13.71 5/24/2014 Blair Hurlock

9:24.14 NCS At-Large

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Caldwell, Trey	11	DeLaSalle	9:17.33 NCS
2	Herrerias, Desi	12	San Ramon Va	9:33.29
3	Bromley, Erik	12	Granada	9:33.39
4	Cafaro, Mateo	10	Monte Vista	9:33.72
5	Gill Gulati, Arran	11	Amador Valle	9:36.63
6	Hussain, Eshaan	11	California	9:37.51
7	Gray, Tanner	12	Granada	9:37.66
8	Salter, Heath	10	DeLaSalle	9:39.70
9	Brandeis, Owen	11	Monte Vista	9:43.66
10	Rattary, Jack	11	College Park	9:46.75
11	Benard, Robert	12	Northgate	9:47.25
12	Murray, Tadhg	11	DeLaSalle	9:47.38
13	Singh, Eshaan	12	Granada	9:48.33
14	Versteeg, Aiden	10	Amador Valle	9:48.50
15	Lalani, Zayaan	11	Dublin	9:48.82
16	Mikhael, George	11	Granada	9:49.16
17	Knisley, Nicholas	12	Northgate	9:53.21
18	Vensko, Jake	10	College Park	9:54.85
19	Cook, Maxson	11	Campolindo	9:56.51
20	Morales, Paolo	12	Alhambra (Nc)	10:01.54
21	Headley-Pouard, Caleb	11	Antioch	11:06.85
22	Kessler, Draven	10	Deer Valley	11:07.23
23	Nair, Aadit	9	Heritage	11:09.61
24	Dizon, Carter	9	Liberty	11:29.10

Event 19 Girls 4x400 Meter Relay Varsity**Saturday 5/11/2024 - 3:06 PM**

NCS TV: 3:50.91 5/23/2015 Carondelet

M Scott, J Ruotolo, M Avila, A Avina

4:07.88 NCS At-Large

Lane	Team	Relay	Seed Time
Section 1 of 3 Finals			
3	Deer Valley		4:42.70
	1) Haulcy, Joi-Lyn 12	2) Wilkins, Jaelyn 10	
	3) Flores, Yaretzi 11	4) Hall, Keneyia 12	
	5) Owens, Tamia 11		
4	Heritage		4:29.02
	1) Diaz, Allison 11	2) Haynes, Giani 12	
	3) O'Neal, Isharie 12	4) Williams, Camille 12	
	5) Enoru, Eden 11	6) Faulkner, Brynn 9	
	7) Gascie, Ciara 12		
5	Miramonte		4:35.41
	1) Bell, Grace 12	2) Byrne, Addison 12	
	3) Inesi, Inara 10	4) Howe, Sophia 10	
	5) Braitberg, Addison 12	6) Cortesio, Mia 9	

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Section 2 of 3 Finals...(Event 19 Girls 4x400 Meter Relay Varsity)

1	Livermore (N)	4:24.39
	1) Becerra, Bailey 10	2) Goodwin, Sydney 12
	3) Hempel, Lanie 10	4) Macedo, Lauren 12
	5) Johnson, Delainey 9	6) San Juan, Reese 10
	7) McAllister, Nola 12	
2	Campolindo	4:23.25
	1) Worster, Sierra 10	2) Doane, Eloise 11
	3) Graves, Sarah 10	4) Hilaski, Jasia 10
	5) Getze, Grace 10	6) Stankus, Giorgia 11
	7) Joseph, Renee 9	8) Ross, Lucy 9
3	Foothill (Nc)	4:22.28
	1) Burstein, Ariel 12	2) Fraher, Elizabeth 11
	3) McHugh, Avery 10	4) Chapman, Allison 10
	5) Espino, Katelyn 12	6) Claitman, Alison 10
	7) Diwan, Reva 12	8) Izuhara, Lisa 12
4	Pittsburg	4:15.71
	1) Jenkins, Billie 10	2) Bell, Milani 12
	3) Rockmore, Janai 11	4) Aganju, Amirat Temi 10
	5) Russell, Anaya 11	6) Martinez-Cruz, Yareli 11
	7) Thornton, Nyah 11	8) Batiste, Jayla 11
5	Northgate	4:21.91
	1) Thomas, Reagan 12	2) Kopper, Ella 12
	3) Javidi Parsijani, Armita 10	4) Palmer, Maddison 9
	5) Manning, Gabriela 12	6) Fox, Emma 9
	7) Ahonen-Lytaal, Maren 9	8) Gargenta, Lana 9
6	Liberty	4:22.41
	1) Gale, Sydney 11	2) West, Mariya 12
	3) Shedd, London 9	4) Oji, Michelle 12
	5) Pazdel, Brooke 11	6) Meyokovich, Molly Rose 11
7	Amador Valle	4:23.88
	1) Burleson-Billante, Kaitl --	2) Fogarty, Reese 9
	3) Jennings, Tessa 12	4) Lebreton, Lia 11
	5) Lu, Celine 12	6) Santos, Helen 11
	7) Shah, Dhruvi 11	8) Saini, Simaran
8	Granada	4:27.23
	1) Ogle, Addison 11	2) Aluzzi, Avery 11
	3) Parr, Megan 9	4) Roa, Victoria 10
	5) Miller, Sophia 10	6) Samara, Lena 9
	7) Ruckmann-Barnes, Evelyn 12	8) Barron, Jana 12

Section 3 of 3 Finals

1	Carondelet	4:12.84
	1) Yakaitis, Gretchen 10	2) Addison, Jayla 12
	3) Foxworthy, Kendall 12	4) Velasco, Malia 10
	5) Luna, Jaycelyn 10	6) Margate, Ayla 11
	7) Smith, Olivia 10	8) Kelley, Jade 11
2	Clayton Vall	4:06.34 NCS
	1) Ali, Santia 11	2) Magu, Vivienne 11
	3) Vojtenyi, Stephanie 12	4) Ramos, Kaelyn 11
	5) Lahanas, Zoe 12	6) McDonald, Kimora 12
	7) Bennett, Skylar 12	
3	Dublin	4:03.22 NCS
	1) Gomes, Angelica 12	2) Hasni, Aaliyah 11
	3) Inamdar, Ria 10	4) Phillips, Kayci 9
	5) Bayer, Josephine 9	6) Umene, Jolie 10
	7) Lezine, Aneria 10	8) Grant-Gurganious, Naemah 9
4	California	4:00.73 NCS
	1) Lee, Elise 10	2) Love, Lillie 9
	3) Cervantes, Lola 9	4) Okorie, Jessica 12
	5) Bellingier, Emily 9	6) Osicka, Rachael 10
	7) Sehring, Kaelah 11	8) Dalmada, Jacqueline 9
5	Monte Vista	4:01.18 NCS
	1) Ahern, Ava 10	2) McGowan, Natalia 12
	3) Dolan, Peyton 12	4) Moriyama, Isabella 11
	5) Miller, Cate 11	6) Fernandez, Sofia 11
	7) DeCosta, Parker 12	8) Leonard, Juliette 9
6	San Ramon Va	4:06.06 NCS
	1) Noden, Holly 11	2) Diekmann, Hope 10
	3) Harvey, India 10	4) Guerrero, Izabella 11
	5) Gonzalez, Sophia 11	6) Coupland, Merryn 10
	7) Davidson, Emma 11	8) McGinnis, Katelyn 9
7	Las Lomas	4:10.47
	1) Casey, Morgan 12	2) Hurd, Shaina 10
	3) Mendez, Elena 11	4) Orr, Charlotte 11
	5) Shreve, Nina 11	6) Sadigh, Ava 9
	7) Rajendran, Amita 9	
8	Dougherty Va	4:15.03
	1) Caranto, Janika Reese 10	2) Tummala, Bhavya 10
	3) Nishanth, Nikita 9	4) Hernandez, Danielle 11
	5) Koganti, Tanvi 12	6) Jiang, Raelyn 10
	7) Reymann, Jada 12	

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Event 20 Boys 4x400 Meter Relay Varsity**Saturday 5/11/2024 - 3:30 PM**

NCS TV: 3:17.44 2014 Amador Valley

J Chen, J Slaton, D Roberson, N Bayley

3:27.67 NCS At-Large

Lane	Team	Relay	Seed Time
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Section 1 of 3 Finals

1	Deer Valley		4:00.48
	1) Bryant, Jaylan	2) Truitt, Jailen 11	
	3) Anderson, Carvay 10	4) Anderson, Carzhon 12	
	5) Pouncil, Joseph 11	6) Hernandez, Jobanny 12	
	7) Fosselman, Coby 12		
2	Antioch		3:54.37
	1) Umozurike, kel 12	2) Johnson, Kiante 10	
	3) Hanif, Tariq 10	4) Tucker, Curtis 11	
	5) Gaines, Issac 12		
3	Concord		3:51.38
	1) Harris, Willie 12	2) Solis, Fernando 10	
	3) Crow, Landon 9	4) Hawley, Andre 11	
	5) Crow, Cameron 12	6) Harris, William 12	
4	Heritage		3:47.77
	1) Ruffin, Elijah 11	2) Clements, Tyler 10	
	3) Fisher, Mythias 12	4) Baldwin, Gavyn 11	
	5) Wilson, Jaxson 11	6) Blomseth, Kyle 11	
5	Alhambra (Nc)		3:49.11
	1) Ng, Derek 12	2) Yasul, Max 12	
	3) Doughtie, Nathan 12	4) Allan, Daniel 11	
	5) Hussey, Ethan 12	6) Knutson, Ian 12	
	7) Flood, Mickey 11		
6	Livermore (N)		3:53.28
	1) Benson, Matthew 11	2) Indrebo, Joel 12	
	3) Valverde, Diego 11	4) Robinson, Kamarri 11	
	5) Lininger, Zachary 10		
7	Miramonte		3:58.35
	1) Kreutzer, Caleb 11	2) Schlichting, Oscar 12	
	3) Marsh, Taylor 11	4) Godinez, Angel 11	
	5) Wagner, Jason 12	6) Wu, Daniel 12	
	7) Reader-Taatjes, Isaac 12		

Section 2 of 3 Finals

1	Pittsburg		3:47.14
	1) Thompson, Ahmaud 11	2) Stallworth, Michael 12	
	3) Parker Jr., Gregg 9	4) Edwards, Tim 11	
	5) Tekum, Kingswill 12	6) Ambriz Rodriguez, Ramses 11	
	7) Kenion, Makari 11		
2	Dougherty Va		3:40.29
	1) Tozulahmad, Robi 11	2) Kumaran, Srivath 10	
	3) Krishna, Rohit 12	4) Banzon, Vincent 11	
	5) Yang, Aaron 12	6) Roxas, Shawn 12	
3	Acalanes (Nc)		3:35.35
	1) White, Niko 11	2) Lockwood, River 10	
	3) Farzan, Logan 12	4) Rogers, Trevor 12	
	5) Zimmerman, Harry 10	6) Glick, Collin 12	
	7) Copeland, Christopher 10	8) Fon, Sergio 9	
4	Benicia		3:33.30
	1) Espejo, Logan 11	2) Geary, Conan 12	
	3) Minnieweather Jr., Truedell 12	4) Tyson III, Eric 12	
	5) McCleskey, Tai 11	6) Scott, Emilio 11	
5	Campolindo		3:34.15
	1) Young, Ben 12	2) Fuller, Harrison 11	
	3) Dang, Danny 10	4) Parker, Micah 10	
	5) Parker, Sean 10	6) Klisura, Anton 9	
	7) Linnen, Hendrik 9	8) Dong, Andrew 11	
6	California		3:37.27
	1) Williams, Aiden 10	2) Taylor, Luke 10	
	3) Wineinger, Wesley 11	4) Waiters Jr., Ladell 9	
	5) Henderson, Noah 12	6) Brown, Darius 9	
	7) Varanini, Elijah 9	8) Dube, Aidan 11	
7	Northgate		3:42.31
	1) Gainant, Arthur 12	2) Cunningham, Ethan 10	
	3) Makedonsky, David 11	4) Dinh, Andrew 11	
	5) Haraguchi, Bradley 12	6) Faustini, Justin 12	
	7) Benard, Robert 12	8) Knisley, Nicholas 12	
8	Liberty		3:47.38
	1) Pratcher, Larry 12	2) Rosas, Arturo 11	
	3) Jackson, Devinair 11	4) Fuentes, Ozzy 11	
	5) Wise, Drake 10	6) Thigpen, Kayden 11	
	7) Jacobs, Austin 10		

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Section 3 of 3 Finals...(Event 20 Boys 4x400 Meter Relay Varsity)

1	Dublin	3:31.03
	1) Arevalo, Joshua 12	2) Lane, Logan 9
	3) Boyd, Bryce 9	4) Spies, Aidan 12
	5) Ayerdis, Maddox 9	6) Davis, Robert 10
	7) Ahmer, Syed Ali 11	8) Lee, Joshua 11
2	Clayton Vall	3:30.14
	1) Christy, Ryan 12	2) Smith, Charles 11
	3) Krause, Coleman 11	4) Watts, Andres 10
	5) Martinez, Daniel 12	6) Ghbeish, Jad 10
	7) Messer, Daniel 12	
3	Amador Valle	3:29.60
	1) Camacho, Jacob 12	2) Hekl, Thomas 10
	3) Ling, Ethan 11	4) Samanta, Reyansh 11
	5) Zong, Weston 12	6) Ilkal, Azim 12
	7) Kundu, Shriyan	8) Ji, Andrew 11
4	DeLaSalle	3:28.12
	1) Gholson, Wesley 11	2) Kelley, Dominic 11
	3) Young, Chase 9	4) Speight, Emery 10
	5) Rogers, Dylan 10	6) Jones-Drew, Duece 9
	7) Cenido, Darrell 12	8) Farro, Josh 10
5	San Ramon Va	3:28.67
	1) Dellinger, Ashlan 11	2) Ralston, Liam 12
	3) Deitsch, Dylan 11	4) McMullen, Chase 11
	5) Coats, Duke 10	6) Lieb, Ben
	7) Eichten, Cole	8) Shapiro, Scott 11
6	Foothill (Nc)	3:29.62
	1) Karnik, Shiven 12	2) Boeschstein, Ej 11
	3) Surridge, Colin 12	4) Payne, Zach 11
	5) DeCoite, Brennan 11	6) Baylis, Adam 9
	7) Brigham, Christian 9	8) Rajoura, Ranveer 12
7	Las Lomas	3:30.72
	1) Freitag, Porter 11	2) Baxter, Andrew 12
	3) Springer, Zack 11	4) Griffin-Yeh, Nate 11
	5) Baker, Cameron 11	6) Hurley, Kieran 10
	7) Geotina, Max 12	
8	Monte Vista	3:33.16
	1) Howard, Chase 10	2) Tochilnik, Daniel 12
	3) Dash, Rohit 9	4) Peters, Owen 11
	5) Sachdeva, Rishab 11	6) Prabhu, Ronak 11
	7) Lowe, Cooper 10	