

Super 7 Invitational - 2/24/2024
Ygnacio Valley High School
Session Report

Session: 2 Field Events
 Day 1 - Saturday 2/24/2024 - Starts at 09:00 AM

Starts at	Event	Round	Entries	Heats
9:00 AM	#39 Boys Shot Put Frosh/Soph	Finals	13	1
9:00 AM	#40 Girls Shot Put Frosh/Soph	Finals	5	1
9:00 AM	#41 Boys Shot Put Varsity	Finals	29	2
9:00 AM	#42 Girls Shot Put Varsity	Finals	13	1
9:00 AM	#43 Girls Discus Throw Frosh/Soph	Finals	4	1
9:00 AM	#44 Boys Discus Throw Frosh/Soph	Finals	12	1
9:00 AM	#45 Girls Discus Throw Varsity	Finals	13	1
9:00 AM	#46 Boys Discus Throw Varsity	Finals	28	2
9:00 AM	#47 Girls Long Jump Frosh/Soph	Finals	12	1
9:00 AM	#48 Boys Long Jump Frosh/Soph	Finals	10	1
9:00 AM	#49 Girls Long Jump Varsity	Finals	6	1
9:00 AM	#50 Boys Long Jump Varsity	Finals	24	2
9:00 AM	#51 Boys Triple Jump Frosh/Soph	Finals	5	1
9:00 AM	#53 Boys Triple Jump Varsity	Finals	17	1
9:00 AM	#54 Girls Triple Jump Varsity	Finals	4	1
9:00 AM	#55 Girls High Jump Frosh/Soph	Finals	1	1
9:00 AM	#56 Girls High Jump Varsity	Finals	2	1
9:00 AM	#57 Boys High Jump Frosh/Soph	Finals	6	1
9:00 AM	#58 Boys High Jump Varsity	Finals	13	1
	Athlete Count: 143		=====	=====
	Entry / Heat Totals:		217	22

Super 7 Invitational - 2/24/2024
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Session Report

Session: 1 Track Events
 Day 1 - Saturday 2/24/2024 - Starts at 09:30 AM

Starts at	Event	Round	Entries	Heats
9:30 AM	#1 Girls 4x100 Meter Relay Frosh/Soph	Finals	10	2
9:38 AM	#2 Boys 4x100 Meter Relay Frosh/Soph	Finals	6	1
9:42 AM	#3 Girls 4x100 Meter Relay Varsity	Finals	9	2
9:50 AM	#4 Boys 4x100 Meter Relay Varsity	Finals	14	2
9:56 AM	#5 Girls 1600 Meter Run Frosh/Soph	Finals	16	1
10:06 AM	#6 Boys 1600 Meter Run Frosh/Soph	Finals	32	2
10:21 AM	#7 Girls 1600 Meter Run Varsity	Finals	23	1
10:29 AM	#8 Boys 1600 Meter Run Varsity	Finals	37	2
10:49 AM	#9 Girls 100 Meter Hurdles Frosh/Soph	Finals	4	1
10:54 AM	#10 Girls 100 Meter Hurdles Varsity	Finals	12	2
11:06 AM	#11 Boys 110 Meter Hurdles Frosh/Soph	Finals	3	1
11:10 AM	#12 Boys 110 Meter Hurdles Varsity	Finals	18	3
11:28 AM	#13 Girls 100 Meter Dash Frosh/Soph	Finals	23	3
11:40 AM	#14 Boys 100 Meter Dash Frosh/Soph	Finals	25	4
11:56 AM	#15 Girls 100 Meter Dash Varsity	Finals	25	4
12:12 PM	#16 Boys 100 Meter Dash Varsity	Finals	37	5
12:32 PM	#17 Boys Distance Medley Frosh/Soph	Finals	7	1
12:47 PM	#18 Boys Distance Medley Varsity	Finals	13	1
1:02 PM	#19 Girls Distance Medley Frosh/Soph	Finals	1	1
1:02 PM	#20 Girls Distance Medley Varsity	Finals	6	1
1:22 PM	#21 Girls 300 Meter Hurdles Frosh/Soph	Finals	4	1
1:25 PM	#22 Girls 300 Meter Hurdles Varsity	Finals	12	2
1:37 PM	#23 Boys 300 Meter Hurdles Frosh/Soph	Finals	7	1
1:40 PM	#24 Boys 300 Meter Hurdles Varsity	Finals	19	3
1:57 PM	#25 Girls 4x800 Meter Relay Frosh/Soph	Finals	1	1
1:57 PM	#26 Girls 4x800 Meter Relay Varsity	Finals	4	1
2:07 PM	#27 Boys 4x800 Meter Relay Frosh/Soph	Finals	14	1
2:17 PM	#28 Boys 4x800 Meter Relay Varsity	Finals	12	1
2:32 PM	#29 Girls 4x200 Meter Relay Frosh/Soph	Finals	10	2
2:44 PM	#30 Girls 4x200 Meter Relay Varsity	Finals	7	1
2:50 PM	#31 Boys 4x200 Meter Relay Frosh/Soph	Finals	7	1
2:56 PM	#32 Boys 4x200 Meter Relay Varsity	Finals	16	2
3:07 PM	#33 Girls 3200 Meter Run Varsity	Finals	9	1
3:22 PM	#34 Boys 3200 Meter Run Varsity	Finals	12	1
3:37 PM	#35 Girls 4x400 Meter Relay Frosh/Soph	Finals	2	1
3:37 PM	#36 Girls 4x400 Meter Relay Varsity	Finals	5	1
3:47 PM	#37 Boys 4x400 Meter Relay Frosh/Soph	Finals	6	1
3:57 PM	#38 Boys 4x400 Meter Relay Varsity	Finals	13	2
	Athlete Count: 520		=====	=====
	Entry / Heat Totals:		481	64