

**NCS Bayshore - 5/11/2024**  
**Track and Field Championships**  
**James Logan High School**  
**Results**

**Event 1 Girls 4x100 Meter Relay Varsity**

Team	Relay	Finals
<b>Finals</b>		
1 James Logan		47.49
1) Mendoza, Michaelah 11	2) Anderson-Brown, Nyarah 12	
3) Jones, Lena 12	4) Anderson-Brown, Essence 10	
2 Castro Valley		48.86
1) Meza, Marissa 12	2) Essien, Idara 10	
3) Kovacs, Mia 9	4) Smith, Hailey 11	
3 St Mary's College		49.92
1) Gant Hatcher, Kira 10	2) Dwyer, Brooklyn 11	
3) Lawson, Alexa 11	4) Bey, Maleah 10	
4 Piedmont		50.03
1) Liu, Miranda 10	2) Yasar, Ella 11	
3) Aubrecht, Claire 9	4) Bell, Breah 12	
5 Washington (Nc)		50.14
1) Bui, Annie 12	2) Lau, Vivian 12	
3) Razi, Ariana 12	4) Easley, Myla 12	
6 Moreau Catholic (Nc)		50.38
1) Valle, Eliana 12	2) Edwards, Alexa 9	
3) McComb, Maya 9	4) Walton, Camilla 9	
7 San Leandro		50.82
1) Torrance, Bella 12	2) Gaffney, Zoe 11	
3) Daly, Alana 10	4) Goynes, Emonee 9	
8 Bishop O'Dowd		51.11
1) Mitchell, Lanai 10	2) Piard, Chelsea 10	
3) Harris, Ilana 10	4) Villavicencio, Elyse 9	
9 Mission San Jose (Nc)		51.26
1) Ho, Allison 12	2) Dangca, Andrea 11	
3) Yu, Stephanie 10	4) Menon, Sophie 12	
10 John F. Kenn		51.84
1) Cook, Ja'Tasiah 11	2) Powell, Nyla 10	
3) Washington, Ne'ari 11	4) Wiggins, Ka'Mya 12	
11 Berkeley		52.20
1) Patterson, Zoe 11	2) Manns, Felicity 12	
3) Jaggar, Tegan 10	4) Nelbree, Victoria 11	
12 Kennedy (Fremont)		52.50
1) Orobiyi, Deborah 10	2) Coloma, Shaila 12	
3) De Guzman, Katriella 12	4) Edwards, Chloe 11	
13 Hayward		53.26
1) Boston, Leniya 12	2) Zaragoza, Isabela 11	
3) Owens, Mia 11	4) Pitchford, London 9	
14 Arroyo (Nc)		53.28
1) Prim, Alexis 11	2) Rogers, Tyla 11	
3) Vidal, Marysol 12	4) Rivera, Isabella 11	
15 American		53.32
1) Purohit, Kunjal 11	2) Yeung, Cynthia 11	
3) Chu, Justine 11	4) Sampath, Srinidhi 12	
16 Vallejo		53.33
1) Asbby, Aliyah 11	2) Jejeloye, Gbemisola 11	
3) Finley, Nyele 11	4) Allen, Nweka 11	
17 Jesse Bethel		53.74
1) Price, Mikayla 10	2) Crumby, Mya 11	
3) Eddings, Roneyisha 11	4) Pete, Celina 11	

18 Albany		54.84
1) Chum, Adreanna 11	2) Lam, Mabyn 11	
3) Doty, Katherine 11	4) Wallach, Noga 9	
19 Hercules		56.67
1) Johnson, Genesis 10	2) Pralgausky, Phoenix 9	
3) Gee, Kaira 9	4) Fank, Monique 10	
20 San Lorenzo		57.93
1) Walker, Cassandra 10	2) Uribe, Nina 12	
3) Torres, Mia 11	4) Nguyen, An 12	

**Event 2 Boys 4x100 Meter Relay Varsity**

Team	Relay	Finals
<b>Finals</b>		
1 El Cerrito		42.09
1) Avery, Micah 12	2) Harper, Daniel 12	
3) Lewis, Donavyn 12	4) Works-Wright, Chad 9	
2 Bishop O'Dowd		42.33
1) Jones, Cameron P 11	2) Vu, Spencer 11	
3) Ajose, Ayodeji 11	4) Scarlett II, Juan 11	
3 Moreau Catholic (Nc)		42.76
1) Chu, Darren 11	2) Bryant, Jayden 11	
3) Okonkwo, Kamsi 12	4) Ransburg, Jameson 11	
4 Mission San Jose (Nc)		43.27
1) He, Luis 10	2) Hin, Phoenix 12	
3) Gastelum, Gabriel 11	4) Wang, Aidan 11	
5 San Leandro		43.34
1) Newton, Trevion 12	2) Perry, Jamal 12	
3) Ammons, Justin 10	4) Dagadzi, Kevin 10	
6 James Logan		43.43
1) Craft, Jeremy 12	2) McChristian, Ayden 11	
3) Craft, Jonathan 11	4) Swamy, Steven 10	
7 Berkeley		43.57
1) Fahey, Tyler 11	2) Gohlke, Finn 12	
3) Morris, Hayden 12	4) Harris, Jalen 12	
8 Encinal		44.28
1) Carson, Shakale 12	2) Harte, Levi 11	
3) Kiuchi, August 11	4) Marston, Alexander 11	
9 Jesse Bethel		44.51
1) Belk, Moses 11	2) Carter, Graeson 11	
3) McNeal, Kylan 10	4) Dixon, Cassel 11	
10 St Mary's College		44.54
1) Owens, Devin 12	2) Turner, Leo 11	
3) Swanson, Luke 12	4) Kettler, Myles 12	
11 Salesian Col		44.55
1) Blakely, Cahmari 11	2) Bright, Darius 9	
3) Jimenez, Elijah 10	4) Jimenez, Zander 12	
12 Vallejo		44.69
1) Johnson, Keisean 12	2) Hollingsworth, Cameron 12	
3) Prack, DeShawn 12	4) Minter, Micah 9	
13 Hayward		44.70
1) Hurd, Dakota 12	2) Goncalves, Eusebio 12	
3) Taylor, Darryl 9	4) Wilson, Jordyn 10	
14 American		45.00
1) Chew, Calvin 12	2) Castro, Adrian 11	
3) Zhang, Aden 9	4) Gowda, Samvrat 11	

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<b>Finals ... (Event 2 Boys 4x100 Meter Relay Varsity)</b>			
<b>Team</b>	<b>Relay</b>	<b>Finals</b>	
15	Castro Valley		45.01
	1) Olson, Aiden 11	2) Kovacs, Ayden 12	
	3) Yeh, Isaiah 11	4) Hodges, Dominic 11	
16	Piedmont		45.71
	1) Saxonov, Isaac 12	2) Venner, Eric 9	
	3) Mumtaz, Rehan 9	4) Olliphant, Dean 11	
17	Arroyo (Nc)		45.94
	1) De Boda, Johann 12	2) Sanders, Taariq 11	
	3) Reguyal, Christopher 11	4) Wu, Edward 11	
18	Newark Memorial (Nc)		49.22
	1) Sarino, Kanoa 11	2) Marshall, Jacob 10	
	3) Navarro, Christopher 12	4) San Pedro, Isaiah 10	
---	San Lorenzo		DNF
	1) Sepulveda, Juan 12	2) Diago, Liam 12	
	3) Anye, Leslie 11	4) Calhoun, Zach 12	
---	Washington (Nc)		DQ
	1) Yu, Alex 12	2) Perkins, Ben 12	
	3) Haastrup, Casey 12	4) Razi, Aaron 12	
---	Kennedy (Fremont)		DQ
	1) Chase Navarro, Brandon 11	2) Nomura, Jason 12	
	3) Rodriguez, Luciano 11	4) Cheng, Henry 11	

<b>Event 3 Girls 1600 Meter Run Varsity</b>			
<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>			
1	Teitelbaum, Sara	12 Berkeley	5:09.91
2	Nottingham, Carina	10 Berkeley	5:10.00
3	Hougan, Magnolia	11 Berkeley	5:10.59
4	Nierengarten, Iliana	9 Castro Valle	5:17.81
5	Rodgers, Isabella	9 Bishop O'Dow	5:19.71
6	Nordenholz, Audrey	11 Albany	5:20.17
7	Schwarz, Jamie	12 Piedmont	5:21.26
8	Best, Skylar	10 Piedmont	5:26.81
9	Mand, Leighton	9 Piedmont	5:28.39
10	Gomes, Mika	10 Castro Valle	5:28.65
11	Tokubo, Kara	12 Newark Memor	5:29.43
12	Chun, Cora	10 Piedmont	5:31.17
13	Geisert, Sophia	9 Bishop O'Dow	5:33.03
14	Punz, Annika	12 St Mary's Co	5:38.47
15	Chen, Alyssa	12 Castro Valle	5:40.56
16	Taylor, Caroline	11 Piedmont	5:40.64
17	Veloza, Grace	11 Newark Memor	5:41.68
18	Li-Chou, Jing	11 St Mary's Co	5:48.47
19	Fox, Sonia	11 Albany	5:49.21
20	Teo, Kaylin	9 Mission San	5:55.68
21	Dietz, Elsa	10 Berkeley	6:06.98
22	Teo, Estee	12 Mission San	6:11.94

<b>Event 4 Boys 1600 Meter Run Varsity</b>			
<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>			
1	Cohen, Lucas	12 Albany	4:09.39
2	McBride, Callum	11 Albany	4:12.78

3	Bellotti, Max	12 Alameda	4:16.57
4	Monteleone, Niall	12 El Cerrito	4:18.90
5	Swain, Sebastien	9 Piedmont	4:20.97
6	Mullen, Mason	12 Berkeley	4:21.33
7	Schulte-Sasse, Xander	12 Piedmont	4:23.32
8	Alexander, Evan	11 Washington (	4:25.17
9	Schmitt, Javin	11 St Mary's Co	4:26.93
10	Kawabata, Kenji	10 Newark Memor	4:31.04
11	Tesfai, Jmel	10 San Leandro	4:31.15
12	Dawson, Naveen	11 Alameda	4:31.34
13	Demissie, Jacob	11 St Mary's Co	4:31.56
14	Luong, Issac	10 Kennedy (Fre.)	4:33.10
15	Chang, Lucas	12 Castro Valle	4:33.76
16	Nickelsen, Oliver	12 Berkeley	4:33.89
17	Taylor, Sebastian	10 Bishop O'Dow	4:33.90
18	Mullen, Preston	11 Berkeley	4:34.42
19	Petersen, Lars	11 Alameda	4:36.29
20	Gonzalez, Ethan	12 Bishop O'Dow	4:36.69
21	Del Barrio, Jacob	11 James Logan	4:41.72
22	Valle, Kai	11 St Mary's Co	4:41.80
23	Friesen, Levi	11 Castro Valle	4:42.14
24	Carter, Nathaniel	12 Alameda	4:44.99

<b>Event 5 Girls 100 Meter Hurdles Varsity</b>			
<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>			
1	Sanders, Daia	9 Bishop O'Dow	16.02 -0.3
2	Bui, Annie	12 Washington (	16.21 -0.3
3	Yeung, Cynthia	11 American	16.91 -0.3
4	Ayllon, Kiana	11 Castro Valle	17.11 -0.3
5	Atkins, Mahlaysia	10 Moreau Catho	17.12 -0.3
6	Miles-Wang, Annika	12 Berkeley	17.58 -0.3
7	Yu, Stephanie	10 Mission San	17.77 -1.2
8	Willey, Harmony	11 Irvington (N	17.90 -1.2
9	Shrowty, Tanvi	9 American	18.24 0.1
10	Seefeldt, Adele	9 Alameda	18.43 -1.2
11	Brahan, Natalie	11 Irvington (N	18.54 0.1
12	Kamboj, Sneha	11 Washington (	18.60 0.1
13	Cisneros, Angelica	11 Arroyo (Nc)	18.61 -1.2
14	Brack, Lilia	12 Alameda	18.68 -0.3
15	Khunkhun, Amrita	12 Washington (	18.71 -1.2
16	Okoronkwo, Blessing	11 San Leandro	18.96 -1.2
17	Murray, Carmelita	12 Vallejo	19.55 -1.2
18	Nguyen, Ngan T	10 Arroyo (Nc)	19.74 -1.2
19	Allen, Nwaka	11 Vallejo	19.94 0.1
20	Lewis, Addison	10 Kennedy (Fre.)	19.95 -1.9
21	Cooper, Ashley	11 Castro Valle	20.26 0.1
22	Hernandez, Nataani	11 Castro Valle	20.56 0.1
23	Delaney, Kanfadence	11 Kennedy (Fre.)	21.05 -1.9
24	Asbby, Aliyah	11 Vallejo	21.85 -0.3
25	Bahram, Anisa	11 San Leandro	24.14 -1.9

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**Event 6 Boys 110 Meter Hurdles Varsity**

Name	Yr	School	Finals
<b>Finals</b>			
1 Shelton, Zion	12	El Cerrito	14.71 -1.9
2 Dang, Evan	12	Washington (	15.33 -1.9
3 Vu, Spencer	11	Bishop O'Dow	15.59 -1.9
4 Beppu, Lucas	12	Irvington (N	15.68 -1.4
5 Bellingrath, Albert	10	Piedmont	15.99 -1.9
6 Powell, Larry	11	Berkeley	16.12 -1.9
7 Sandhu, Krish	10	Moreau Catho	16.32 -1.4
8 Hollingsworth, Cameron	12	Vallejo	16.32 -1.4
9 Modelo, Diego	12	Kennedy (Fre.)	16.59 -0.9
10 Robinson, Ahmari	10	San Leandro	16.59 -1.9
11 Evans, Seth	10	Moreau Catho	16.88 -1.4
12 Yogananda, Aditya Gowda	11	American	16.94 -1.4
13 Franklin, Wyatt	11	Castro Valle	17.03 -1.9
14 Fidel, Mayan	11	Moreau Catho	17.26 -1.9
15 Loud, Austin	9	Bishop O'Dow	17.66 -0.9
16 Smith, Josiah	11	Berkeley	17.83 -1.4
17 Attebery, Aaron	10	Arroyo (Nc)	18.25 -1.4
18 Sarnobat, Atharva	11	American	18.40 -0.9
19 Larios, Gael	10	Arroyo (Nc)	18.65 -0.9
20 Shin, Joseph	12	Kennedy (Fre.)	19.18 -0.9
21 Nguyen, Andrew	12	Arroyo (Nc)	20.19 -0.9
22 Lackey, Teiji	10	Berkeley	21.27 -0.9

**Event 7 Girls 400 Meter Dash Varsity**

Name	Yr	School	Finals
<b>Finals</b>			
1 Jones, Lena	12	James Logan	58.77
2 Washington, Zurrie	10	Vallejo	59.15
3 Dwyer, Brooklyn	11	St Mary's Co	59.41
4 Chukwu, Simdi	11	Bishop O'Dow	59.61
5 Horwitz, Eden	10	San Leandro	59.63
6 Valle, Eliana	12	Moreau Catho	60.52
7 Lawson, Alexa	11	St Mary's Co	60.59
8 Atulobi, Margaret	10	James Logan	61.06
9 Hull, Rahki	9	Berkeley	61.32
10 Louie, Sora	11	Castro Valle	61.90
11 Aravindhan, Varsha	11	Irvington (N	61.92
12 Henrikson, Hazel	10	Alameda	62.04
13 Jackson, Sabrina	9	St Mary's Co	62.04
14 Stifanos, Sneet	10	Moreau Catho	63.68
15 Vidal, Marysol	12	Arroyo (Nc)	64.46
16 Obelton, Elani	12	Pinole Valle	64.99
17 Duru, Dior	9	St Patrick/S	65.01
18 Harris, Ilana	10	Bishop O'Dow	65.14
19 Rasmussen, Delaney	12	Castro Valle	65.36
20 Wilhelm, Adelaide	10	Castro Valle	65.52
21 Young, Kaitlyn	11	Albany	65.57
22 Garcia, Alyssa	9	San Leandro	65.98
23 Donawa, Cayla	11	San Leandro	66.42
24 Estebanez, Ariadna	12	Castro Valle	67.24

**Event 8 Boys 400 Meter Dash Varsity**

Name	Yr	School	Finals
<b>Finals</b>			
1 Lewis, Donavyn	12	El Cerrito	49.48
2 Sweeney, Ian	10	Bishop O'Dow	49.65
3 Gohlke, Finn	12	Berkeley	50.01
4 Marshall, Jacob	10	Newark Memor	50.33
5 He, Luis	10	Mission San	50.67
6 Jimenez, Elijah	10	Salesian Col	51.13
6 Morris, Hayden	12	Berkeley	51.13
8 Gowda, Samvrat	11	American	51.19
9 Smith, Jayden	10	Encinal	51.40
10 McNeal, Kylan	10	Jesse Bethel	51.43
11 Prater, Aderion	12	St Patrick/S	52.15
12 Kovacs, Ayden	12	Castro Valle	52.26
13 Pope, Shaheem	11	Vallejo	52.81
14 Chen, Logan	10	Castro Valle	53.07
15 Miles, Davion	11	San Leandro	53.61
16 Scott, Kenyatta (Shaka)	9	Alameda	53.78
17 Williams, David	12	Vallejo	54.36
18 Chu, Darren	11	Moreau Catho	54.42
19 Sproul, Leighton	12	Berkeley	54.46
20 Ammons, Justin	10	San Leandro	54.49
21 Johnson, Keller	10	Encinal	55.49

**Event 9 Girls 100 Meter Dash Varsity**

Name	Yr	School	Finals
<b>Finals</b>			
1 Anderson-Brown, Essence	10	James Logan	12.30 -1.1
2 Anderson-Brown, Nyarah	12	James Logan	12.32 -1.4
3 Essien, Idara	10	Castro Valle	12.51 -1.4
4 Bell, BreaH	12	Piedmont	12.55 -1.4
5 Smith, Hailey	11	Castro Valle	12.58 -1.4
6 Gaffney, Zoe	11	San Leandro	12.65 -1.4
7 Mendoza, Michaelah	11	James Logan	12.68 -1.1
8 Jejeloye, Gbemisola	11	Vallejo	12.72 -1.4
9 Easley, Myla	12	Washington (	12.72 -1.1
10 Foster, Kaiyah	11	Salesian Col	12.82 -1.4
11 Pete, Celina	11	Jesse Bethel	12.88 -1.4
12 Wiggins, Ava	10	Newark Memor	12.92 -1.1
13 Bowman, Adreyan	10	Salesian Col	13.07 -1.1
14 Razi, Ariana	12	Washington (	13.10 -0.1
15 Butler, Judah	12	Pinole Valle	13.16 -1.1
16 Marston, Lauren	10	Encinal	13.18 -0.1
17 Edwards, Chloe	11	Kennedy (Fre.)	13.19 -0.1
18 Cook, Ja'Tasiah	11	John F. Kenn	13.22 -1.1
19 Quick, Kennedy	10	Castro Valle	13.23 -0.1
20 McKee, Darcy	10	Piedmont	13.26 -0.1
21 Lee, Carrie	11	Castro Valle	13.26 -0.1
22 Meza, Marissa	12	Castro Valle	13.44 -1.1
23 Nelbree, Victoria	11	Berkeley	13.47 -0.1

**NCS Bayshore - 5/11/2024**  
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**Event 10 Boys 100 Meter Dash Varsity**

Name	Yr	School	Finals
<b>Finals</b>			
1 Perry, Jamal	12	San Leandro	10.77 -1.5
2 Works-Wright, Chad	9	El Cerrito	10.87 -1.5
3 Avery, Micah	12	El Cerrito	10.87 -1.5
4 Ajose, Ayodeji	11	Bishop O'Dow	10.87 -0.8
5 Bryant, Jayden	11	Moreau Catho	10.88 -1.7
6 Orias, Aidan	12	Bishop O'Dow	10.88 -0.8
7 Craft, Jonathan	11	James Logan	10.89 -0.8
8 Hin, Phoenix	12	Mission San	10.90 -0.8
9 Harper, Daniel	12	El Cerrito	10.90 -1.5
10 Harris, Keon	11	El Cerrito	11.01 -1.5
11 Bolds, Jayvon	12	El Cerrito	11.04 -0.8
12 Kornegay, Davon	12	Hercules	11.08 -1.5
13 Jones, Cameron P	11	Bishop O'Dow	11.15 -0.8
14 Boyer, Micheal	9	El Cerrito	11.16 -0.8
15 Hu, Cooper	11	Albany	11.20 -0.8
16 San Pedro, Isaiah	10	Newark Memor	11.22 -1.7
17 Dagadzi, Kevin	10	San Leandro	11.42 -1.1
18 Marston, Alexander	11	Encinal	11.46 -1.7
19 Goncalves, Eusebio	12	Hayward	11.49 -1.1
20 Harte, Levi	11	Encinal	11.51 -1.7
21 Harris, Kamari	9	El Cerrito	11.51 -1.7

**Event 11 Girls 800 Meter Run Varsity**

Name	Yr	School	Finals
<b>Finals</b>			
1 Wong, Ania	12	Mission San	2:20.21
2 Teo, Estee	12	Mission San	2:20.73
3 Chukwu, Simdi	11	Bishop O'Dow	2:22.94
4 Schwarz, Jamie	12	Piedmont	2:23.24
5 Teitelbaum, Sara	12	Berkeley	2:23.80
6 Nelbree, Gwyneth	9	Berkeley	2:24.37
7 Potter, Madison	11	St Mary's Co	2:25.30
8 Deniz, Yamilet	12	Arroyo (Nc)	2:28.66
9 Sullivan, Lia	11	St Mary's Co	2:29.64
10 Woltag, Ryo	11	Piedmont	2:30.87
11 Rodgers, Isabella	9	Bishop O'Dow	2:31.02
12 Khuu, Laura	12	Hercules	2:32.71
13 Mand, Leighton	9	Piedmont	2:33.06
14 Sampath, Srinidhi	12	American	2:33.57
15 Hastings, Chloe	11	Newark Memor	2:33.92
16 Mitchell, Allison	12	Castro Valle	2:34.25
17 Geisert, Sophia	9	Bishop O'Dow	2:35.53
18 Taylor, Caroline	11	Piedmont	2:35.72
19 Shishima, Jordin	11	Albany	2:37.09
20 Cornejo Ayers, Nataliah	12	Pinole Valle	2:39.90
21 Chen, Alyssa	12	Castro Valle	2:40.59
22 Piroth, Freya	9	Albany	2:43.25

**Event 12 Boys 800 Meter Run Varsity**

Name	Yr	School	Finals
<b>Finals</b>			
1 Sproul, Leighton	12	Berkeley	1:58.23
2 Prater, James	9	Bishop O'Dow	1:58.46
3 Swain, Sebastien	9	Piedmont	1:59.03
4 Feigenbutz, Louie	12	El Cerrito	1:59.13
5 Bazzone, Evan	12	Mission San	2:00.07
6 Riffle, Matthew	12	American	2:00.28
7 Carter, Nathaniel	12	Alameda	2:00.57
8 Johnson, Jacob	10	Irvington (N	2:01.01
9 Biruk, Nahum	11	Castro Valle	2:01.29
10 Lim, Maddeux	11	Castro Valle	2:02.17
11 Bellotti, Max	12	Alameda	2:03.50
12 Alvarado, Nestor	10	Salesian Col	2:04.25
13 Hall, Adrian	10	St Mary's Co	2:04.32
14 Petersen, Lars	11	Alameda	2:05.18
15 Bosio, Brandon	11	St Mary's Co	2:05.30
16 Mitsuyoshi, Andrew	12	Castro Valle	2:05.65
17 Taylor, Sebastian	10	Bishop O'Dow	2:06.08
18 Tarango, Joaquin	11	St Mary's Co	2:07.25
19 Horsley, Oliver	11	Piedmont	2:07.45
20 Schult, Elijah	12	Castro Valle	2:07.90
21 Morello, Ryan	9	Berkeley	2:07.95
22 Alexander, Evan	11	Washington (	2:09.43
23 Smith, Jayden	10	Encinal	2:10.72

**Event 13 Girls 300 Meter Hurdles Varsity**

Name	Yr	School	Finals
<b>Finals</b>			
1 Sanders, Daia	9	Bishop O'Dow	46.80
2 Li, Zoie	11	Castro Valle	46.83
3 Yasar, Ella	11	Piedmont	48.47
4 Lawson, Alexa	11	St Mary's Co	48.50
5 Bui, Annie	12	Washington (	48.66
6 Miles-Wang, Annika	12	Berkeley	49.12
7 Torrance, Bella	12	San Leandro	49.31
8 Yeung, Cynthia	11	American	49.37
9 Aravindhan, Varsha	11	Irvington (N	49.39
10 Dwyer, Brooklyn	11	St Mary's Co	49.77
11 Brack, Lilia	12	Alameda	50.65
12 Sapp-Beito, Azsiyah	12	Bishop O'Dow	52.13
13 Okoronkwo, Blessing	11	San Leandro	52.73
14 Asbby, Aliyah	11	Vallejo	53.57
15 Wiggins, Ka'Mya	12	John F. Kenn	53.77
16 Wallach, Noga	9	Albany	54.24
17 Cisneros, Angelica	11	Arroyo (Nc)	54.76
18 Zaldana, Amaris	12	Arroyo (Nc)	54.81
19 Cruz, Angelica	11	Newark Memor	55.10
20 Shrowty, Tanvi	9	American	55.48
21 Murray, Carmelita	12	Vallejo	56.05
22 Kamboj, Sneha	11	Washington (	58.30
23 Vukazich, Guilia	12	Alameda	59.81
24 Harper, Taylor	11	Bishop O'Dow	60.17

**NCS Bayshore - 5/11/2024**  
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**Event 14 Boys 300 Meter Hurdles Varsity**

Name	Yr	School	Finals
<b>Finals</b>			
1	Shelton, Zion	12 El Cerrito	39.27
2	Jimenez, Zander	12 Salesian Col	40.96
3	Vu, Spencer	11 Bishop O'Dow	41.06
4	Hazer, Jackson	11 Bishop O'Dow	41.72
5	Sandhu, Krish	10 Moreau Catho	42.04
6	Powell, Larry	11 Berkeley	42.08
7	Sunoo, Miguel	12 Castro Valle	42.43
8	Dang, Evan	12 Washington (	43.11
9	Chao, Abraham	11 Irvington (N	44.26
10	Foster, Cruz	10 Berkeley	44.82
11	Robinson, Ahmari	10 San Leandro	45.13
12	Attebery, Aaron	10 Arroyo (Nc)	45.16
13	Larios, Gael	10 Arroyo (Nc)	45.73
14	Loud, Austin	9 Bishop O'Dow	45.74
15	Orias, Nico	9 Bishop O'Dow	46.14
16	Hollingsworth, Cameron	12 Vallejo	46.18
17	Waters Worthen, Dash	10 Piedmont	46.84
18	Hu, Cooper	11 Albany	47.65
19	Rodgers, Finn	11 Encinal	47.93
20	Chaurasia, Ayush	11 American	50.24

**Event 15 Girls 200 Meter Dash Varsity**

Name	Yr	School	Finals
<b>Finals</b>			
1	Anderson-Brown, Nyarah	12 James Logan	25.15 -0.8
2	Essien, Idara	10 Castro Valle	25.60 -0.8
3	Easley, Myla	12 Washington (	25.92 1.5
4	Jones, Lena	12 James Logan	26.06 -0.8
5	Gaffney, Zoe	11 San Leandro	26.09 -0.2
6	Smith, Hailey	11 Castro Valle	26.16 -0.8
7	Wiggins, Ava	10 Newark Memor	26.60 1.5
8	Bowman, Adreyan	10 Salesian Col	26.67 -0.2
9	Foster, Kaiyah	11 Salesian Col	26.71 -0.8
10	Marston, Lauren	10 Encinal	26.92 -0.2
11	Butler, Judah	12 Pinole Valle	26.93 -0.2
12	Harris, Ilana	10 Bishop O'Dow	26.94 1.5
13	Washington, Ne'ari	11 John F. Kenn	26.99 1.5
14	Pete, Celina	11 Jesse Bethel	27.19 -0.8
15	Bell, Breah	12 Piedmont	27.28 -0.2
16	Mendoza, Michaelah	11 James Logan	27.39 -0.8
17	Villavicencio, Elyse	9 Bishop O'Dow	27.45 1.5
18	Quick, Kennedy	10 Castro Valle	27.87 1.5
19	Meza, Marissa	12 Castro Valle	27.89 -0.2
20	Jejeloye, Gbemisola	11 Vallejo	28.02 -0.8
21	Atulobi, Margaret	10 James Logan	28.06 1.5
22	Louie, Sora	11 Castro Valle	29.24 1.5

**Event 16 Boys 200 Meter Dash Varsity**

Name	Yr	School	Finals
<b>Finals</b>			
1	Avery, Micah	12 El Cerrito	22.27 -0.7

2	Orias, Aidan	12 Bishop O'Dow	22.41 -0.7
3	Works-Wright, Chad	9 El Cerrito	22.45 -0.9
4	Hin, Phoenix	12 Mission San	22.46 -0.9
5	Harris, Keon	11 El Cerrito	22.62 -0.7
6	San Pedro, Isaiah	10 Newark Memor	22.91 -1.0
7	Boyer, Micheal	9 El Cerrito	23.01 -0.9
8	Bolds, Jayvon	12 El Cerrito	23.16 -1.0
9	Harte, Levi	11 Encinal	23.18 -0.9
10	Lewis, Donavyn	12 El Cerrito	23.20 -0.7
11	Perry, Jamal	12 San Leandro	23.25 -0.7
12	Goncalves, Eusebio	12 Hayward	23.33 -0.9
13	Harris, Kamari	9 El Cerrito	23.54 -1.0
14	McChristian, Ayden	11 James Logan	23.58 -1.0
15	Newton, Trevion	12 San Leandro	23.72 -1.0
16	Morris, Hayden	12 Berkeley	23.77 -0.9
17	Kovacs, Ayden	12 Castro Valle	23.83 -1.0
18	Harper, Daniel	12 El Cerrito	24.45 -0.7
19	Marston, Alexander	11 Encinal	25.00 -0.9
20	Ajose, Ayodeji	11 Bishop O'Dow	28.80 -0.7

**Event 17 Girls 3200 Meter Run Varsity**

Name	Yr	School	Finals
<b>Finals</b>			
1	Nottingham, Carina	10 Berkeley	11:30.60
2	McCarty, Alice	10 Newark Memor	11:32.67
3	Ott, Hope	11 James Logan	11:39.27
4	Nierengarten, Iliana	9 Castro Valle	11:42.29
5	Fekadu, Rahwa	11 Newark Memor	11:46.94
6	Frank, Mattea	11 Albany	12:08.91
7	Gomes, Mika	10 Castro Valle	12:25.89
8	Probasco, Lola	12 San Leandro	12:49.69
9	Chen, Alyssa	12 Castro Valle	12:51.45
10	Murry, Hannah	11 Castro Valle	12:51.94
11	King, Lucy	10 Bishop O'Dow	12:52.76
12	Antaya, Quincy	10 Piedmont	13:08.93
13	Jarosz, Anna	10 Bishop O'Dow	13:11.95
14	Mills, Alexandra	12 Alameda	13:27.23
15	Khuu, Laura	12 Hercules	13:42.77
16	Bamford, Julia	12 American	15:05.52
17	Nemerson-Hoover, Lilah	12 St Mary's Co	15:10.07
18	Piroth, Freya	9 Albany	15:25.51
19	Fesseha, Romina	12 Hercules	15:39.91
---	Koch, Gracie	11 Berkeley	DNF
---	Bostrom, Alyson	12 Alameda	DNF

**Event 18 Boys 3200 Meter Run Varsity**

Name	Yr	School	Finals
<b>Finals</b>			
1	Dietz, Olaf	12 Berkeley	9:16.55
2	Cohen, Lucas	12 Albany	9:28.53
3	Mullen, Mason	12 Berkeley	9:34.97
4	Schulte-Sasse, Xander	12 Piedmont	9:37.46
5	Dawson, Naveen	11 Alameda	9:46.63
6	Kopchik, Collin	12 St Mary's Co	9:47.21
7	Yang, Nickolas	12 Albany	9:50.94

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**Finals ... (Event 18 Boys 3200 Meter Run Varsity)**

Name	Yr	School	Finals
8 Lee, Julien	12	Piedmont	9:55.89
9 Presnell, Tucker	10	St Mary's Co	9:57.85
10 Nickelsen, Oliver	12	Berkeley	10:01.68
11 Davila, Grant	10	Washington (	10:05.69
12 Monteleone, Niall	12	El Cerrito	10:06.93
13 Chang, Lucas	12	Castro Valle	10:08.26
14 Phillips, Lyle	12	Bishop O'Dow	10:12.88
15 Kawabata, Kenji	10	Newark Memor	10:13.75
16 Chang, Walter	12	Mission San	10:15.51
17 Mullen, Preston	11	Berkeley	10:18.06
18 Gopisetty, Anish	9	Washington (	10:28.33
19 McBride, Callum	11	Albany	10:29.52
20 Maes, Jude	12	San Leandro	10:33.40
21 Maes, Sebastian	10	San Leandro	10:33.79
22 Li, Andrew	10	Mission San	10:55.78
23 Brock, Ovid	9	Encinal	10:57.32
24 Percy, Ben	12	San Leandro	10:58.45

**Event 19 Girls 4x400 Meter Relay Varsity**

Team	Relay	Finals
<b>Finals</b>		
1 St Mary's College		4:07.47
1) Sullivan, Lia 11	2) Lawson, Alexa 11	
3) Jackson, Sabrina 9	4) Dwyer, Brooklyn 11	
2 Castro Valley		4:13.46
1) Kovacs, Mia 9	2) Li, Zoie 11	
3) Rasmussen, Delaney 12	4) Louie, Sora 11	
3 Moreau Catholic (Nc)		4:13.48
1) Valle, Eliana 12	2) Stifanos, Sneet 10	
3) Edwards, Alexa 9	4) McComb, Maya 9	
4 Piedmont		4:15.44
1) Lucaccini, Daniela 9	2) Best, Skylar 10	
3) Schwarz, Jamie 12	4) Yasar, Ella 11	
5 San Leandro		4:16.14
1) Torrance, Bella 12	2) Horwitz, Eden 10	
3) Donawa, Cayla 11	4) Gaffney, Zoe 11	
6 Encinal		4:20.76
1) Shafer, Katelyn 11	2) Marston, Lauren 10	
3) Tucker, Elliot 9	4) Estilaci, Ava 9	
7 Bishop O'Dowd		4:20.92
1) Chukwu, Simdi 11	2) Geisert, Sophia 9	
3) Harris, Ilana 10	4) Piard, Chelsea 10	
8 American		4:26.26
1) Yeung, Cynthia 11	2) Chu, Justine 11	
3) Purohit, Kunjal 11	4) Sampath, Srinidhi 12	
9 James Logan		4:30.55
1) Castro, Kayla 12	2) Atulobi, Margaret 10	
3) Jones, Lena 12	4) Mendoza, Michaelah 11	
10 Newark Memorial (Nc)		4:33.51
1) Wiggins, Ava 10	2) Staffaroni, Arabella 10	
3) Tokubo, Kara 12	4) Gonsalvez, Lexi 12	

11 Vallejo		4:37.48
1) Asbby, Aliyah 11	2) Jejeloye, Gbemisola 11	
3) Allen, Nweka 11	4) Murray, Carmelita 12	
12 Albany		4:51.13
1) Young, Kaitlyn 11	2) Shishima, Jordin 11	
3) Frank, Mattea 11	4) Nordenholz, Audrey 11	
13 San Lorenzo		5:08.60
1) Walker, Cassandra 10	2) Uribe, Nina 12	
3) Torres, Mia 11	4) Nguyen, An 12	

**Event 20 Boys 4x400 Meter Relay Varsity**

Team	Relay	Finals
<b>Finals</b>		
1 Berkeley		3:23.95
1) Morris, Hayden 12	2) Sproul, Leighton 12	
3) Gohlke, Finn 12	4) Almanzan, Joaquin 12	
2 Salesian Col		3:29.25
1) Jimenez, Elijah 10	2) Jimenez, Zander 12	
3) Landry, Brycen 10	4) Traylor, Barry 10	
3 American		3:30.51
1) Riffle, Matthew 12	2) Itoi, Rintaro 12	
3) King, Logan 12	4) Gowda, Samvrat 11	
4 Bishop O'Dowd		3:31.72
1) Sweeney, Ian 10	2) Vu, Spencer 11	
3) Baldwin, Christopher 10	4) Prater, James 9	
5 James Logan		3:32.62
1) McChristian, Ayden 11	2) Nguyen, Martin 10	
3) Parikh, Om 10	4) McCullough, Donyell 9	
6 Castro Valley		3:33.97
1) Chen, Logan 10	2) Kovacs, Ayden 12	
3) Yeh, Isaiah 11	4) Biruk, Nahum 11	
7 Piedmont		3:35.43
1) Swain, Sebastien 9	2) Ma, Maddox 10	
3) McKee, Sean 10	4) Olliphant, Dean 11	
8 San Leandro		3:35.72
1) Branchaud, Aaron 12	2) Miles, Davion 11	
3) Ammons, Justin 10	4) Ampofo, Emmanuel 11	
9 St Mary's College		3:37.27
1) Kettler, Myles` 12	2) Masket, Reggie 11	
3) Swanson, Luke 12	4) Daniel, Simon 12	
10 Jesse Bethel		3:45.82
1) Belk, Moses 11	2) Carter, Graeson 11	
3) Howard, Hassan 12	4) McNeal, Kylan 10	
11 Moreau Catholic (Nc)		3:46.62
1) Lowe, Jamir 12	2) Chu, Darren 11	
3) Archibald, Christian 10	4) Bryant, Jayden 11	
12 Alameda		3:47.29
1) Scott, Kenyatta (Shaka) 9	2) Woo, Joshua 12	
3) Bellotti, Max 12	4) Wooton, Christopher 12	
13 San Lorenzo		3:55.73
1) Jackson, Chaz 11	2) Anye, Leslie 11	
3) Diago, Liam 12	4) Calhoun, Zach 12	
14 Encinal		4:02.03
1) Johnson, Keller 10	2) Holdman, Darian 9	
3) Lukens, Cole 12	4) Smith, Jayden 10	

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**Event 21 Girls High Jump Varsity**

Name	Yr	School	Finals
<b>Finals</b>			
1 Rivera, Isabella	11	Arroyo (Nc)	5-01.00
2 Hicks, Saniyya	10	Arroyo (Nc)	5-00.00
3 Staine, Rayniesha	10	Encinal	J4-10.00
4 Mateer, Cadence	12	Berkeley	J4-10.00
5 Marchesini, Sofia	11	Berkeley	J4-10.00
6 Gray, Sarah	12	St Mary's Co	J4-08.00
7 Chandrahasan, Deepika	10	Irvington (N	J4-08.00
8 Platz, Angelina	10	Castro Valle	J4-06.00
8 Navarro, Malia	12	Newark Memor	J4-06.00
10 Estimbre, Jacqueline	12	St Mary's Co	J4-04.00
10 Stewart, Shelby	10	St Mary's Co	J4-04.00
12 McKee, Darcy	10	Piedmont	J4-04.00
12 Williams, Malia	10	Piedmont	J4-04.00
14 Wong, Matilda	10	Irvington (N	J4-04.00
15 Nguyen, Ngan T	10	Arroyo (Nc)	J4-04.00
16 Horvath, Sophie	11	Berkeley	J4-02.00
17 Vargas, Rianna	11	Newark Memor	J4-02.00
17 Khunkhun, Amrita	12	Washington (	J4-02.00
17 Hernandez, Nataani	11	Castro Valle	J4-02.00
20 Mercer, Sydney	12	Albany	J4-02.00
--- Scott, Sydney	11	Newark Memor	NH
--- Estebanez, Ariadna	12	Castro Valle	NH
--- Murray, Carmelita	12	Vallejo	NH

**Event 22 Girls Pole Vault Varsity**

Name	Yr	School	Finals
<b>Finals</b>			
1 Menon, Sophie	12	Mission San	11-01.00
2 Patel, Mya	12	Irvington (N	10-01.00
2 Hancock, Kaitlyn	10	Washington (	10-01.00
4 Mullick, Isabelle	12	Washington (	9-01.00
4 Szeto, Elisabeth	11	American	9-01.00
6 Wong, Matilda	10	Irvington (N	J8-07.00
7 Martins, Mia	12	Moreau Catho	J8-07.00
8 Zelinski, April	12	Washington (	8-01.00
8 Hopkins, Kaia	12	Moreau Catho	8-01.00
8 Chau, Shayna	9	Piedmont	8-01.00
11 Horvath, Sophie	11	Berkeley	7-07.00
11 Ferrer, Tiffany	9	Moreau Catho	7-07.00
13 Interiano, Catalina	12	Moreau Catho	7-01.00
13 Choy, Abigail	11	Castro Valle	7-01.00
13 Murry, Hannah	11	Castro Valle	7-01.00
16 Perez, Giada	10	Berkeley	5-07.00

**Event 23 Girls Long Jump Varsity**

Name	Yr	School	Finals
<b>Finals</b>			
1 Daly, Alana	10	San Leandro	J17-11.00 NWI
2 Mitchell, Lanai	10	Bishop O'Dow	J17-11.00 NWI
3 Gant Hatcher, Kira	10	St Mary's Co	J17-09.50 NWI
4 Tran, Natalie	11	Mission San	J17-01.50 NWI

5 Easley, Myla	12	Washington (	J17-01.00 NWI
6 Essien, Idara	10	Castro Valle	J17-01.00 NWI
7 Edwards, Chloe	11	Kennedy (Fre.)	J17-00.00 NWI
8 Reed, Jaiden	11	St Mary's Co	J17-00.00 NWI
9 Bell, Brea	12	Piedmont	16-07.50 NWI
10 Sanders, Daia	9	Bishop O'Dow	16-01.00 NWI
11 Meza, Marissa	12	Castro Valle	16-00.00 NWI
12 Ballard, Callie	11	St Mary's Co	15-11.00 NWI
13 Platz, Angelina	10	Castro Valle	15-10.00 NWI
14 Menon, Sophie	12	Mission San	15-08.00 NWI
15 Harris, Tori	11	St Mary's Co	15-07.00 NWI
16 Aravindhan, Varsha	11	Irvington (N	15-05.50 NWI
16 Seefeldt, Adele	9	Alameda	15-05.50 NWI
18 De Guzman, Katriella	12	Kennedy (Fre.)	15-05.00 NWI
18 Gray, Sarah	12	St Mary's Co	15-05.00 NWI
20 Finley, Nyele	11	Vallejo	15-02.50 NWI
21 Wijangco, Bella	11	Newark Memor	15-00.00 NWI
22 Marchesini, Sofia	11	Berkeley	14-02.50 NWI
--- Watson, Haley	12	Alameda	FOUL
--- Goynes, Emonee	9	San Leandro	FOUL

**Event 24 Girls Triple Jump Varsity**

Name	Yr	School	Finals
<b>Finals</b>			
1 Mitchell, Lanai	10	Bishop O'Dow	37-01.00 NWI
2 Sanders, Daia	9	Bishop O'Dow	36-11.00 NWI
3 Gant Hatcher, Kira	10	St Mary's Co	36-10.75 NWI
4 Johns, Nia	10	Castro Valle	35-07.00 NWI
5 DeFlorimonte, Amaya	10	Bishop O'Dow	34-11.50 NWI
6 Reed, Jaiden	11	St Mary's Co	34-08.50 NWI
7 Tran, Natalie	11	Mission San	34-08.00 NWI
8 Martin, Kendall	12	James Logan	34-04.50 NWI
9 Shrowty, Tanvi	9	American	33-00.75 NWI
10 Menon, Sophie	12	Mission San	32-11.50 NWI
11 Villareal, Regina	9	Washington (	32-09.75 NWI
12 Ballard, Callie	11	St Mary's Co	32-07.50 NWI
13 Platz, Angelina	10	Castro Valle	32-04.50 NWI
14 Hicks, Saniyya	10	Arroyo (Nc)	32-02.75 NWI
15 Wijangco, Bella	11	Newark Memor	31-09.00 NWI
16 Aravindhan, Varsha	11	Irvington (N	31-06.25 NWI
17 Harris, Tori	11	St Mary's Co	30-11.75 NWI
18 Sandoval, Ariadna	11	Hayward	30-09.75 NWI
19 Wang, Ellena	12	Mission San	30-05.25 NWI
20 Navarro, Malia	12	Newark Memor	30-04.00 NWI
20 Rogers, Tyla	11	Arroyo (Nc)	30-04.00 NWI
22 Peregrino, Jasmine	12	Newark Memor	30-03.00 NWI
23 Vargas, Rianna	11	Newark Memor	29-09.25 NWI
24 Mateer, Cadence	12	Berkeley	28-11.25 NWI

**Event 25 Girls Shot Put Varsity**

Name	Yr	School	Finals
<b>Finals</b>			
1 Pole, Amelia	11	James Logan	35-00.00
2 Owens, Nia	12	Washington (	34-07.25
3 Williams-Brown, Nyah	10	Encinal	31-10.50

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**Finals ... (Event 25 Girls Shot Put Varsity)**

Name	Yr	School	Finals
4 Oliver, Tianna	12	Tennyson	31-00.00
5 Sapp-Beito, Azsiyah	12	Bishop O'Dow	30-11.00
6 Sass, Cierra	12	American	30-09.00
7 Codilla, Mariel	12	Vallejo	30-03.50
8 Cruz, Maillani	11	El Cerrito	30-00.75
9 Mercer, Sydney	12	Albany	28-10.25
10 Cooks, Jamilla	11	Bishop O'Dow	28-07.50
11 Akauola, Telesia	9	St Patrick/S	27-09.00
12 Winding, Daijah	12	Vallejo	27-08.25
13 Mitchell, Lanai	10	Bishop O'Dow	27-00.75
14 Crump, Kimora	11	John F. Kenn	26-01.25
15 Tapia, Jimena	10	Newark Memor	26-00.00
16 Rogers, Zenobia	9	Castro Valle	25-07.50
17 Olevao, Suitaisa	11	San Leandro	25-04.75
18 Worku, Phoeben	12	Berkeley	25-02.25
19 Tinai, Angel	11	Jesse Bethel	25-01.00
20 Guzman, Samantha	11	San Leandro	25-00.50
21 Reed, Katherine	9	Mission San	24-08.75

**Event 26 Girls Discus Throw Varsity**

Name	Yr	School	Finals
1 Sapp-Beito, Azsiyah	12	Bishop O'Dow	113-02
2 Owens, Nia	12	Washington (	106-06
3 Torres, Mia	11	San Lorenzo	105-03
4 Sass, Cierra	12	American	99-06
5 Williams-Brown, Nyah	10	Encinal	97-00
5 Shahid, Alina	11	Piedmont	97-00
7 Akauola, Telesia	9	St Patrick/S	93-05
8 Worku, Phoeben	12	Berkeley	91-06
9 Pereira, Samantha	9	Castro Valle	91-03
10 Cruz, Myra	11	Hayward	89-09
11 Cruz, Maillani	11	El Cerrito	81-00
12 Mercer, Sydney	12	Albany	80-06
13 Winding, Daijah	12	Vallejo	77-05
14 Olevao, Suitaisa	11	San Leandro	76-03
15 Tinai, Angel	11	Jesse Bethel	75-00
16 McDonald, Ella	11	San Leandro	72-04
17 Crump, Kimora	11	John F. Kenn	70-06
18 Kwok, Elyssa	9	James Logan	68-05
19 Sirur, Aishwari	12	Moreau Catho	67-06
20 Gallon, Almbria	11	John F. Kenn	63-00
21 Wang, Ellena	12	Mission San	60-09

**Event 27 Boys High Jump Varsity**

Name	Yr	School	Finals
1 Watson, Zachary	11	Castro Valle	6-00.00
2 Jackson, Miles	11	San Leandro	5-10.00
3 Johnson, Keller	10	Encinal	J5-10.00
4 Roy, Navin	12	Irvington (N	J5-10.00
5 Hopkins, Kyle	12	Newark Memor	J5-10.00
6 Khunkhun, Amar	11	Washington (	J5-10.00

7 Smith, Jasier	12	Vallejo	5-08.00
8 Berhane, Esrom	11	Encinal	J5-08.00
9 Chitlu, Pradyum	12	Mission San	5-06.00
9 Addison, Jacquari	9	Arroyo (Nc)	5-06.00
11 Powell, Larry	11	Berkeley	5-04.00
12 Abeckett, Jacob	12	Castro Valle	J5-04.00
13 Hoops-Rogers, Joshua	12	Castro Valle	J5-04.00
14 Nakahara, Wade	12	Albany	J5-04.00
15 Brown III, Jess	9	Bishop O'Dow	5-02.00
16 Phulps, Wesley	11	Castro Valle	J5-02.00
17 Lumley, Shay	9	Arroyo (Nc)	5-00.00
--- Tombs, Khethani	11	Berkeley	NH
--- Garcia, Hector	11	Castro Valle	NH

**Event 28 Boys Pole Vault Varsity**

Name	Yr	School	Finals
1 Madrigal, Cruz	12	American	J14-01.00
2 Mitchell, Michael	12	Washington (	J13-02.00
3 Ely, Ian	11	Berkeley	J12-08.00
4 Khan, Tanweer	12	James Logan	J12-02.00
5 Watson, Zachary	11	Castro Valle	J11-08.00
6 Foster, Meg	11	Piedmont	J11-08.00
7 Flett, Milo	11	Berkeley	J10-02.00
8 Price, Izaak	9	Berkeley	J9-08.00
9 Mitchell, Henry	10	Piedmont	J9-08.00
10 Gourjian, Avedis	9	Piedmont	J9-08.00
11 Martinez, Alex	12	Moreau Catho	J9-02.00
12 Friesen, Levi	11	Castro Valle	J9-02.00
13 Guo, William	12	Moreau Catho	J8-08.00
14 Janyavula, Suvir	11	Moreau Catho	J7-08.00
15 Nazar, Roshan	9	Berkeley	J7-08.00

**Event 29 Boys Long Jump Varsity**

Name	Yr	School	Finals
1 Craft, Jonathan	11	James Logan	23-05.75 NWI
2 Rush, Brandon	12	Bishop O'Dow	22-06.75 NWI
3 Harte, Levi	11	Encinal	22-02.00 NWI
4 Swamy, Steven	10	James Logan	22-00.75 NWI
5 Jones, Cameron P	11	Bishop O'Dow	21-05.00 NWI
6 Goncalves, Eusebio	12	Hayward	21-02.75 NWI
7 Tai, Nathaniel	11	Berkeley	21-01.75 NWI
8 Tombs, Khethani	11	Berkeley	20-10.50 NWI
9 Prater, Benjamin	11	Bishop O'Dow	20-07.00 NWI
10 Owens, Devin	12	St Mary's Co	20-05.00 NWI
11 Rodriguez, Angelo	11	El Cerrito	20-01.50 NWI
12 Ransburg, Jameson	11	Moreau Catho	19-08.50 NWI
13 De Boda, Johann	12	Arroyo (Nc)	19-06.50 NWI
14 Berry, Zak	11	James Logan	19-03.75 NWI
15 Newell, Leron	11	Hayward	19-02.00 NWI
16 Lacsamana, Calvin	9	Bishop O'Dow	19-01.50 NWI
16 Diallo, Miles	12	El Cerrito	19-01.50 NWI
18 Laxa, Baron	10	St Patrick/S	18-05.00 NWI
19 Rouson, Zendo	12	St Mary's Co	18-03.00 NWI



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**Finals ... (Event 29 Boys Long Jump Varsity)**

Name	Yr	School	Finals
--- Craft, Jeremy	12	James Logan	FOUL
--- Fahey, Tyler	11	Berkeley	FOUL
--- Hoops-Rogers, Joshua	12	Castro Valle	FOUL
--- Jackson, Miles	11	San Leandro	FOUL

**Event 30 Boys Triple Jump Varsity**

Name	Yr	School	Finals
<b>Finals</b>			
1 Rush, Brandon	12	Bishop O'Dow	47-07.75 NWI
2 Tai, Nathaniel	11	Berkeley	45-01.75 NWI
3 Hazer, Jackson	11	Bishop O'Dow	43-03.00 NWI
4 Long, Miguel	11	Piedmont	43-01.00 NWI
5 Rodriguez, Angelo	11	El Cerrito	42-09.75 NWI
6 Berry, Zak	11	James Logan	42-06.75 NWI
7 Chitlu, Pradyum	12	Mission San	42-01.75 NWI
8 Huang, Jiaheng	11	Mission San	41-04.00 NWI
9 Mitiku, Jonathan	11	Newark Memor	41-00.00 NWI
10 Diallo, Miles	12	El Cerrito	40-07.25 NWI
11 Kuang, Anthony	10	Castro Valle	39-08.00 NWI
12 Rouson, Zendo	12	St Mary's Co	39-04.50 NWI
13 Sunoo, Miguel	12	Castro Valle	39-04.00 NWI
14 De Boda, Johann	12	Arroyo (Nc)	39-03.50 NWI
15 Hummer, Dylan	12	Castro Valle	39-03.00 NWI
16 Newell, Leron	11	Hayward	38-09.00 NWI
17 Fahey, Tyler	11	Berkeley	38-08.50 NWI
18 Jones, Cameron P	11	Bishop O'Dow	38-05.00 NWI
19 Berhane, Esrom	11	Encinal	38-03.50 NWI
20 Snell, Charles	11	Encinal	37-05.75 NWI
21 Hopkins, Kyle	12	Newark Memor	36-07.50 NWI

**Event 31 Boys Shot Put Varsity**

Name	Yr	School	Finals
<b>Finals</b>			
1 Fifita, Kamani	12	Arroyo (Nc)	53-06.00
2 Williams, Jullian	12	Vallejo	49-04.00
3 Belli, Nathaniel	11	Castro Valle	48-04.25
4 Fukofuka, James	11	Hayward	45-02.50
5 Bailey, Jeremiah	12	Moreau Catho	44-09.25
6 Schlatter, John	12	Castro Valle	44-00.00
7 Ziino, Luca	11	Pinole Valle	43-01.50
8 Paongo, Tevita	10	Hayward	42-09.25
9 Fesseha, Samuel	10	Berkeley	42-06.00
10 Craft, Jr., Del	11	Salesian Col	41-05.25
11 Kasir, Hasib	12	James Logan	41-03.50
12 Baiter, Ethan	12	St Mary's Co	40-11.00
13 Loza, Micheal	12	San Leandro	40-08.50
14 Moore, Mateo	12	James Logan	39-08.00
15 Sanchez, Joshua	11	San Leandro	38-08.50
16 Soto, Jesus	11	James Logan	38-08.00
17 Moa, Wallace	9	Tennyson	37-10.50
18 Symonds, Gabriel	11	Hercules	37-09.25
19 Rohl, Dominic	12	Hayward	37-03.75
20 Sogelau, Zachery	12	Vallejo	36-05.50

21	Arias, Andrew	11	Castro Valle	36-04.50
22	Patrick, Ramal	12	Encinal	34-03.00
23	Niuatoa, Ayden	12	Hayward	33-09.00

**Event 32 Boys Discus Throw Varsity**

Name	Yr	School	Finals
<b>Finals</b>			
1 Williams, Jullian	12	Vallejo	142-03
2 Paongo, Mateaki	11	Hayward	141-00
3 Arias, Andrew	11	Castro Valle	137-00
4 Moore, Mateo	12	James Logan	132-05
5 Paongo, Tevita	10	Hayward	132-00
6 Brital, Andrew		El Cerrito	130-07
7 Fifita, Kamani	12	Arroyo (Nc)	128-06
8 Bailey, Jeremiah	12	Moreau Catho	128-05
9 Loza, Micheal	12	San Leandro	122-03
10 Rogge, Benjamin	12	Castro Valle	120-05
11 Belli, Nathaniel	11	Castro Valle	120-02
12 Baiter, Ethan	12	St Mary's Co	119-07
13 Brown Jr., Isayah	11	Hayward	114-05
14 Soto, Jesus	11	James Logan	114-00
15 Mercado, Samuel James	12	American	111-07
15 Kasir, Hasib	12	James Logan	111-07
17 Parikh, Om	10	James Logan	110-00
18 Sanchez, Joshua	11	San Leandro	109-10
19 Sogelau, Zachery	12	Vallejo	102-00
20 Saephan, Aiden	10	Castro Valle	100-10
21 Craft, Jr., Del	11	Salesian Col	94-09
22 Ziino, Luca	11	Pinole Valle	88-04
23 Kapila, Rishan	11	Mission San	87-00
24 Rohl, Dominic	12	Hayward	84-11

**Event 40 Boys Shot Put Unified**

Name	Yr	School	Finals
<b>Finals</b>			
1 Villagran, Johnathan	12	Hayward	J38-05.50
1 Flores, Michael Hourel	11	Hayward	J36-11.00

**Event 41 Girls 4x800 Meter Relay Varsity**

Team	Relay	Finals
<b>Finals</b>		
1 St Mary's College		10:14.04
1) Sullivan, Lia 11	2) Potter, Madison 11	
3) Scannell, Katherine 11	4) Li-Chou, Jing 11	
2 Piedmont		10:26.07
1) Woltag, Ryo 11	2) Taylor, Caroline 11	
3) Horsley, Gladwin 9	4) Schulze, Nasreen 11	
3 Castro Valley		10:35.30
1) Gomes, Mika 10	2) Nierengarten, Iliana 9	
3) Leber, Samantha 11	4) Chen, Alyssa 12	
4 Newark Memorial (Nc)		10:45.11
1) Tokubo, Kara 12	2) Veloza, Grace 11	
3) Hastings, Chloe 11	4) Pinedo, Jimena 11	

**NCS Bayshore - 5/11/2024**  
**Track and Field Championships**  
**James Logan High School**  
**Results**

<b>Finals ... (Event 41 Girls 4x800 Meter Relay Varsity)</b>		
<b>Team</b>	<b>Relay</b>	<b>Finals</b>
5 Arroyo (Nc)		10:52.28
1) Deniz, Yamilet 12	2) Vidal, Marysol 12	
3) Valdivia, Jordan 10	4) Nguyen, Ngan P 10	
6 Bishop O'Dowd		10:54.17
1) Chukwu, Simdi 11	2) Geisert, Sophia 9	
3) Rodgers, Isabella 9	4) Harris, Ilana 10	
7 American		10:54.81
1) Bamford, Julia 12	2) Putta, Ishanvi 9	
3) Luo, Phoebe 9	4) Zhu, Annie 9	
8 Berkeley		10:57.12
1) Nelbree, Gwyneth 9	2) Kohlmeyer, Zoe 10	
3) Birbach, Molly 9	4) Herbelin, Alex 9	
9 San Leandro		11:08.29
1) Lau, Violet 10	2) Garcia, Maya 10	
3) Green, Romi 10	4) Garcia, Alyssa 9	
10 Alameda		11:19.23
1) Nguyen, Amy 11	2) Todaro, Lindsay 12	
3) Bostrom, Alyson 12	4) Fong, Isabella 9	
11 Albany		11:21.48
1) Shishima, Jordin 11	2) Leong, Edie 10	
3) Piroth, Freya 9	4) Fox, Sonia 11	
12 Pinole Valley		11:53.37
1) Marquez Jimenez, Maribel 11	2) Goncalves, Larissa 10	
3) Cornejo Ayers, Nataliah 12	4) Obelton, Elani 12	
13 Hercules		12:54.82
1) Khuu, Laura 12	2) Fesseha, Romina 12	
3) Fesseha, Letina 11	4) Calmorin, Frenchelle 10	

<b>Event 42 Boys 4x800 Meter Relay Varsity</b>		
<b>Team</b>	<b>Relay</b>	<b>Finals</b>
<b>Finals</b>		
1 St Mary's College		8:20.78
1) Schmitt, Javin 11	2) Valle, Kai 11	
3) Hall, Adrian 10	4) Demissie, Jacob 11	
2 Kennedy (Fremont)		8:23.03
1) Luong, Issac 10	2) Mehta, Aarav 12	
3) Arichwal, Hardik 10	4) Cheng, Henry 11	
3 Newark Memorial (Nc)		8:23.44
1) Tellez, Michael 11	2) Linares, Gabriel 11	
3) Dhivakaran, Aadhavan 10	4) Kawabata, Kenji 10	
4 Mission San Jose (Nc)		8:29.99
1) Bazzone, Evan 12	2) Chang, Walter 12	
3) Prabhavalkar, Sharva 12	4) Mendoza, Joey 11	
5 Castro Valley		8:36.78
1) Lim, Maddeux 11	2) Chang, Lucas 12	
3) Biruk, Nahum 11	4) Mitsuyoshi, Andrew 12	
6 Alameda		8:37.57
1) Bellotti, Max 12	2) Carter, Nathaniel 12	
3) Petersen, Lars 11	4) Wooton, Christopher 12	
7 Bishop O'Dowd		8:52.50
1) Taylor, Sebastian 10	2) Prater, James 9	
3) Gonzalez, Ethan 12	4) Gregg, Andrew 12	

8 Piedmont		8:55.41
1) Horsley, Oliver 11	2) Sohn, Noah 10	
3) Murdock, Peter 10	4) Ero, Thomas 9	
9 Arroyo (Nc)		8:56.93
1) Maldonado, Sergio 12	2) Larios, Damian 12	
3) Sun, Derek So	4) Ramirez, Aaron 10	
10 Albany		8:58.64
1) Givner, Sam 11	2) Willits-Musell, Finn 10	
3) Yee, Marcus 9	4) Yang, Nickolas 12	
11 San Leandro		9:00.97
1) Tesfai, Jmel 10	2) Brambila, Enrique 9	
3) St. James, Randolph 10	4) Atienza, Matthew 12	
12 Hayward		9:01.49
1) Fontana, Benicio 11	2) Maldonado, Zachary 10	
3) Nair, Varun 10	4) Omwamba, Jayden 10	
13 Berkeley		9:02.74
1) Morello, Ryan 9	2) Lam, Theo 10	
3) Rhew, Zephyr 11	4) Wong, Daniel 11	
14 American		9:04.43
1) Wasser, Evrin 9	2) Mathew, Shaun 9	
3) Mandal, Aneek 10	4) Senthil Kumar, Jishnuu 11	
15 Pinole Valley		9:09.14
1) Delgado, Adrian 11	2) Brown, Orion 9	
3) Parra, Julian 12	4) Johnson, Justice 10	
16 Hercules		9:23.15
1) Ear, Jansun 12	2) Escudero, Alberto 12	
3) Jung, Tyler 12	4) Villanueva, Nathaniel 10	

<b>Women - Varsity - Team Rankings - 17 Events Scored</b>	
1) Bishop O'Dowd	73
2) James Logan	68
3) Castro Valley	64
4) St Mary's College	50
5) Washington (NC)	46
6) Berkeley	45
7) Mission San Jose (NC)	32
8) Piedmont	31.5
9) Arroyo (NC)	20
10) San Leandro	17
11) Encinal	14.5
12) Newark Memorial (NC)	14
12) American	14
14) Moreau Catholic (NC)	10.5
15) Vallejo	8
16) Irvington (NC)	7.5
17) San Lorenzo	6
18) Tennyson	4
19) Albany	2

<b>Men - Varsity - Team Rankings - 17 Events Scored</b>	
1) El Cerrito	83
1) Bishop O'Dowd	83
3) Berkeley	59.5
4) Castro Valley	28
5) Albany	26
5) James Logan	26
7) San Leandro	20
8) Piedmont	19

**NCS Bayshore - 5/11/2024**  
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**James Logan High School**  
**Results**

9) Vallejo	18	10) American	17
10) Washington (NC)	17	12) Salesian College Preparatory	16.5
		13) Mission San Jose (NC)	16
		14) Hayward	15
		15) Newark Memorial (NC)	13
		16) Encinal	12
		16) Moreau Catholic (NC)	12
		18) St Mary's College	11
		19) Arroyo (NC)	10
		20) Alameda	9
		21) Kennedy (Fremont)	8
		21) Irvington (NC)	8
<hr/>			
Men - Unified - Team Rankings - 1 Events Scored			
		1) Hayward	18