

NCS Bayshore - 5/11/2024
Track and Field Championships
James Logan High School
Meet Program - Track Events

Event 1 Girls 4x100 Meter Relay Varsity**Saturday 5/11/2024 - 10:30 AM**

49.79 NCS At-Large

Lane	Team	Relay	Seed Time
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Section 1 of 3 Finals

2	Hercules		56.57
	1) Johnson, Genesis 10	2) Pralgausky, Phoenix 9	
	3) Gee, Kaira 9	4) Fank, Monique 10	
	5) Calmorin, Frenchelle 10		
3	American		55.69
	1) Purohit, Kunjal 11	2) Yeung, Cynthia 11	
	3) Chu, Justine 11	4) Sampath, Srinidhi 12	
	5) Shrowty, Tanvi 9	6) Putta, Ishanvi 9	
4	Hayward		54.65
	1) Boston, Leniya 12	2) Zaragoza, Isabela 11	
	3) Owens, Mia 11	4) Pitchford, London 9	
	5) Sandoval, Ariadna 11	6) Hourel Flores, Ava 10	
5	Albany		55.39
	1) Chum, Adreanna 11	2) Lam, Mabyn 11	
	3) Doty, Katherine 11	4) Wallach, Noga 9	
	5) Botello, Sophia 9		
6	Tennyson		56.09
	1) Oliver, Tianna 12	2) Ford, Ahmeenah 9	
	3) Evans, Aniyah 9	4) Igiehon, Efosa 12	
7	San Lorenzo		56.79
	1) Walker, Cassandra 10	2) Uribe, Nina 12	
	3) Torres, Mia 11	4) Nguyen, An 12	
	5) Owens, Nye 11	6) Gutierrez, Jocelyn 12	
	7) Bynum, Breanna 12		

Section 2 of 3 Finals

1	Alameda		54.57
	1) Canes, Ayzell 10	2) San Juan, Adrienne 9	
	3) Lawson, Makena 10	4) Myerhoff, Elsa 10	
	5) Brack, Lilia 12	6) Seefeldt, Adele 9	
2	Mission San		53.44
	1) Ho, Allison 12	2) Dangca, Andrea 11	
	3) Yu, Stephanie 10	4) Menon, Sophie 12	
3	Arroyo (Nc)		52.83
	1) Prim, Alexis 11	2) Rogers, Tyla 11	
	3) Vidal, Marysol 12	4) Rivera, Isabella 11	
	5) Cazares Tamayo, Valeria 9	6) Chen, Dalene 12	
4	Moreau Catho		51.86
	1) Valle, Eliana 12	2) Edwards, Alexa 9	
	3) McComb, Maya 9	4) Walton, Camilla 9	
	5) Isidro, Kylah 11	6) Atkins, Mahlaysia 10	
	7) Stifanos, Sneet 10	8) Cotten, Sadie 10	
5	John F. Kenn		51.96
	1) Cook, Ja'Tasiah 11	2) Powell, Nyla 10	
	3) Washington, Ne'ari 11	4) Wiggins, Ka'Mya 12	
6	Berkeley		52.88
	1) Patterson, Zoe 11	2) Manns, Felicity 12	
	3) Jaggat, Tegan 10	4) Nelbree, Victoria 11	
	5) Pett-Ridge Hennessy, Tess 9	6) Hull, Rahki 9	
	7) Sweeney Banks, Asha 9	8) Aradom, Armana 10	
7	Kennedy (Fre.)		54.45
	1) Orobiyi, Deborah 10	2) Coloma, Shaila 12	
	3) De Guzman, Katriella 12	4) Edwards, Chloe 11	
	5) Gurney, Caitlyn 9	6) Delaney, Konchence 10	
8	Jesse Bethel		54.62
	1) Price, Mikayla 10	2) Crumby, Mya 11	
	3) Eddings, Roneyisha 11	4) Pete, Celina 11	
	5) Barton, Taylor 11		

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Section 3 of 3 Finals...(Event 1 Girls 4x100 Meter Relay Varsity)

1	Washington (51.66
	1) Bui, Annie 12	2) Lau, Vivian 12
	3) Razi, Ariana 12	4) Easley, Myla 12
	5) Mullick, Isabelle 12	
2	Piedmont	50.89
	1) Liu, Miranda 10	2) Yasar, Ella 11
	3) Aubrecht, Claire 9	4) Bell, Brea 12
	5) McKee, Darcy 10	6) Wallway, Elsa 9
	7) Prata Baack, Skye 9	8) Dao-Hoang, Mina 10
3	James Logan	50.43
	1) Mendoza, Michaelah 11	2) Anderson-Brown, Nyarah 12
	3) Jones, Lena 12	4) Anderson-Brown, Essence 10
	5) Dalman, Camryn 12	6) Castro, Olivia 10
	7) Yap, Emily Jolie 10	
4	Castro Valle	49.49 NCS
	1) Meza, Marissa 12	2) Essien, Idara 10
	3) Kovacs, Mia 9	4) Smith, Hailey 11
	5) Ayllon, Kiana 11	6) Lee, Carrie 11
	7) Quick, Kennedy 10	
5	Bishop O'Dow	50.24
	1) Mitchell, Lanai 10	2) Piard, Chelsea 10
	3) Harris, Ilana 10	4) Villavicencio, Elyse 9
	5) Sanders, Daia 9	6) DeFlorimonte, Amaya 10
6	St Mary's Co	50.65
	1) Gant Hatcher, Kira 10	2) Dwyer, Brooklyn 11
	3) Lawson, Alexa 11	4) Bey, Maleah 10
	5) Jackson, Sabrina 9	6) Fite, Niassa 11
	7) Reed, Jaiden 11	8) Harris, Tori 11
7	Vallejo	51.06
	1) Asbby, Aliyah 11	2) Jejeloye, Gbemisola 11
	3) Finley, Nyele 11	4) Allen, Nweka 11
	5) Washington, Zurrie 10	
8	San Leandro	51.84
	1) Torrance, Bella 12	2) Gaffney, Zoe 11
	3) Daly, Alana 10	4) Goynes, Emonee 9
	5) Roach, Faith 12	6) Horwitz, Eden 10
	7) Okoronkwo, Blessing 11	

Event 2 Boys 4x100 Meter Relay Varsity

Saturday 5/11/2024 - 10:45 AM

43.34 NCS At-Large

<u>Lane</u>	<u>Team</u>	<u>Relay</u>	<u>Seed Time</u>
Section 1 of 3 Finals			
2	San Lorenzo		47.51
	1) Sepulveda, Juan 12	2) Diago, Liam 12	
	3) Anye, Leslie 11	4) Calhoun, Zach 12	
	5) Valderama, Marco 11	6) Tran, Justin 12	
	7) Jackson, Chaz 11		
3	Kennedy (Fre.)		45.85
	1) Chase Navarro, Brandon 11	2) Nomura, Jason 12	
	3) Rodriguez, Luciano 11	4) Cheng, Henry 11	
	5) Aung, Thiha 12		
4	Newark Memor		45.34
	1) Sarino, Kanoa 11	2) Marshall, Jacob 10	
	3) Navarro, Christopher 12	4) San Pedro, Isaiah 10	
	5) Rodriguez, Emilio 10	6) Sereni, Matteo 11	
	7) Takhar, Ivan 11	8) Kim, Euriel 12	
5	Piedmont		45.58
	1) Saxonov, Isaac 12	2) Venner, Eric 9	
	3) Mumtaz, Rehan 9	4) Olliphant, Dean 11	
	5) McKee, Sean 10	6) Bellingrath, Albert 10	
	7) Shum, Jason 10	8) Ma, Maddox 10	
6	Arroyo (Nc)		45.93
	1) De Boda, Johann 12	2) Sanders, Taariq 11	
	3) Reguyal, Christopher 11	4) Wu, Edward 11	
	5) Diago, Ethan 9		
7	Albany		NT
	1) Ahmed, Saahir 11	2) Morris, Theodore 9	
	3) Lyon, Dalen 12	4) Hu, Cooper 11	
	5) Fredrickson, Baylor 12		

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Section 2 of 3 Finals...(Event 2 Boys 4x100 Meter Relay Varsity)

1	American	44.87
	1) Chew, Calvin 12	2) Castro, Adrian 11
	3) Zhang, Aden 9	4) Gowda, Samvrat 11
	5) Riffle, Matthew 12	6) Kwong, Boaz 10
	7) Lee, Evan 10	8) Sugano, Kai 10
2	St Mary's Co	44.82
	1) Owens, Devin 12	2) Turner, Leo 11
	3) Swanson, Luke 12	4) Kettler, Myles` 12
	5) Harris, Ethan 11	6) Gabriel, Ahmad 11
	7) Scott, Samahdi 12	8) Masket, Reggie 11
3	Hayward	44.69
	1) Hurd, Dakota 12	2) Goncalves, Eusebio 12
	3) Taylor, Darryl 9	4) Wilson, Jordyn 10
	5) Robinson, Khalid 9	6) Briones, Brandon 10
	7) Whitlock, Javon 9	
4	Vallejo	44.31
	1) Johnson, Keisean 12	2) Hollingsworth, Cameron 12
	3) Prack, DeShawn 12	4) Minter, Micah 9
	5) Pope, Shaheem 11	6) Williams, David 12
	7) Wallace, Jakhari 12	
5	Bishop O'Dow	44.40
	1) Jones, Cameron P 11	2) Vu, Spencer 11
	3) Ajose, Ayodeji 11	4) Scarlett II, Juan 11
	5) Orias, Aidan 12	6) Thome, Cole 12
	7) Prater, Benjamin 11	
6	Jesse Bethel	44.78
	1) Belk, Moses 11	2) Carter, Graeson 11
	3) McNeal, Kylan 10	4) Dixon, Cassel 11
	5) Brown, D'Aarion 11	6) Howard, Hassan 12
	7) Brussard, Myka 11	8) Scott, Darius 11
7	Encinal	44.85
	1) Carson, Shakale 12	2) Harte, Levi 11
	3) Kiuchi, August 11	4) Marston, Alexander 11
	5) Brown, Cairo 12	
8	Castro Valle	44.91
	1) Olson, Aiden 11	2) Kovacs, Ayden 12
	3) Yeh, Isaiah 11	4) Hodges, Dominic 11
	5) Guzman, Adrian 11	6) Tam, Brandon 10

Section 3 of 3 Finals

1	Washington (44.14
	1) Yu, Alex 12	2) Perkins, Ben 12
	3) Haastrup, Casey 12	4) Razi, Aaron 12
	5) Dang, Evan 12	
2	Mission San	44.02
	1) He, Luis 10	2) Hin, Phoenix 12
	3) Gastelum, Gabriel 11	4) Wang, Aidan 11
3	Berkeley	43.73
	1) Fahey, Tyler 11	2) Gohlke, Finn 12
	3) Morris, Hayden 12	4) Harris, Jalen 12
	5) Coutrayer, Cameron 10	6) Cokes, Finus 9
	7) Tai, Nathaniel 11	
4	El Cerrito	43.00 NCS
	1) Avery, Micah 12	2) Harper, Daniel 12
	3) Lewis, Donavyn 12	4) Works-Wright, Chad 9
	5) Smallwood, Jaylyn 9	6) Bolts, Jayvon 12
	7) Harris, Keon 11	8) Shelton, Zion 12
5	James Logan	43.67
	1) Craft, Jeremy 12	2) McChristian, Ayden 11
	3) Craft, Jonathan 11	4) Swamy, Steven 10
	5) Dillon, Asa 10	6) Ratliff, Christian 12
6	Moreau Catho	43.97
	1) Chu, Darren 11	2) Bryant, Jayden 11
	3) Okonkwo, Kamsi 12	4) Ransburg, Jameson 11
	5) Evans, Seth 10	6) Moore, Miles 11
	7) Collins, Peyton 11	8) Jackson, William 10
7	San Leandro	44.09
	1) Newton, Trevion 12	2) Perry, Jamal 12
	3) Ammons, Justin 10	4) Dagadzi, Kevin 10
	5) Woodbury, Micaiah 10	
8	Salesian Col	44.18
	1) Blakely, Cahmari 11	2) Bright, Darius 9
	3) Jimenez, Elijah 10	4) Jimenez, Zander 12
	5) Traylor, Barry 10	6) Ojo, Obatare 10

Event 3 Girls 1600 Meter Run Varsity

Saturday 5/11/2024 - 11:00 AM

5:15.62 NCS At-Large

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	Geisert, Sophia	9	Bishop O'Dow	5:39.12
2	Chun, Cora	10	Piedmont	5:39.81
3	Best, Skylar	10	Piedmont	5:43.76
4	Punz, Annika	12	St Mary's Co	5:48.10
5	Tokubo, Kara	12	Newark Memor	5:48.24
6	Veloza, Grace	11	Newark Memor	5:57.22
7	Li-Chou, Jing	11	St Mary's Co	5:57.33
8	Forsyth, Emma	10	Kennedy (Fre.)	6:00.30
9	Fox, Sonia	11	Albany	6:01.22
10	Teo, Kaylin	9	Mission San	6:05.51
11	Teo, Estee	12	Mission San	6:05.71
12	Leong, Edie	10	Albany	6:15.56

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Section 2 of 2 Finals...(Event 3 Girls 1600 Meter Run Varsity)

1	Hougan, Magnolia	11 Berkeley	5:05.81	NCS
2	Nierengarten, Iliana	9 Castro Valle	5:07.22	NCS
3	Nottingham, Carina	10 Berkeley	5:09.22	NCS
4	Teitelbaum, Sara	12 Berkeley	5:09.89	NCS
5	Rodgers, Isabella	9 Bishop O'Dow	5:14.84	NCS
6	Nordenholz, Audrey	11 Albany	5:19.32	
7	Schwarz, Jamie	12 Piedmont	5:23.32	
8	Gomes, Mika	10 Castro Valle	5:32.39	
9	Mand, Leighton	9 Piedmont	5:32.57	
10	Chen, Alyssa	12 Castro Valle	5:34.67	
11	Dietz, Elsa	10 Berkeley	5:34.82	
12	Taylor, Caroline	11 Piedmont	5:35.66	

Event 4 Boys 1600 Meter Run Varsity**Saturday 5/11/2024 - 11:15 AM**

4:25.58 NCS At-Large

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

1	Mullen, Preston	11 Berkeley	4:31.97	
2	Taylor, Sebastian	10 Bishop O'Dow	4:32.06	
3	Alexander, Evan	11 Washington (4:34.15	
4	Tesfai, Jmel	10 San Leandro	4:34.15	
5	Valle, Kai	11 St Mary's Co	4:35.57	
6	Kawabata, Kenji	10 Newark Memor	4:37.74	
7	Demissie, Jacob	11 St Mary's Co	4:38.32	
8	Petersen, Lars	11 Alameda	4:39.23	
9	Friesen, Levi	11 Castro Valle	4:39.95	
10	Gonzalez, Ethan	12 Bishop O'Dow	4:40.12	
11	Del Barrio, Jacob	11 James Logan	4:42.38	
12	Luong, Issac	10 Kennedy (Fre.)	4:44.16	

Section 2 of 2 Finals

1	Swain, Sebastien	9 Piedmont	4:18.58	NCS
2	Cohen, Lucas	12 Albany	4:20.50	NCS
3	Mullen, Mason	12 Berkeley	4:22.02	NCS
4	Carter, Nathaniel	12 Alameda	4:22.73	NCS
5	Bellotti, Max	12 Alameda	4:23.28	NCS
6	Schulte-Sasse, Xander	12 Piedmont	4:24.35	NCS
7	Chang, Lucas	12 Castro Valle	4:28.74	
8	McBride, Callum	11 Albany	4:28.93	
9	Dawson, Naveen	11 Alameda	4:30.43	
10	Monteleone, Niall	12 El Cerrito	4:30.94	
11	Schmitt, Javin	11 St Mary's Co	4:31.65	
12	Nickelsen, Oliver	12 Berkeley	4:31.66	

Event 5 Girls 100 Meter Hurdles Varsity**Saturday 5/11/2024 - 11:30 AM**

16.35 NCS At-Large

Lane	Name	Yr	School	Seed Time
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Section 1 of 4 Finals

3	Lewis, Addison	10 Kennedy (Fre.)	20.70	
4	Delaney, Kanfadence	11 Kennedy (Fre.)	20.67	
5	Bahram, Anisa	11 San Leandro	20.70	

Section 2 of 4 Finals

2	Hernandez, Nataani	11 Castro Valle	20.29	
3	Brahan, Natalie	11 Irvington (N	20.05	
4	Cooper, Ashley	11 Castro Valle	19.96	
5	Kamboj, Sneha	11 Washington (20.03	
6	Allen, Nweka	11 Vallejo	20.26	
7	Shrowty, Tanvi	9 American	20.30	

Section 3 of 4 Finals

1	Murray, Carmelita	12 Vallejo	19.76	
2	Nguyen, Ngan T	10 Arroyo (Nc)	19.60	
3	Cisneros, Angelica	11 Arroyo (Nc)	18.97	
4	Okoronkwo, Blessing	11 San Leandro	18.74	
5	Yu, Stephanie	10 Mission San	18.77	
6	Seefeldt, Adele	9 Alameda	19.23	
7	Willey, Harmony	11 Irvington (N	19.74	
8	Khunkhun, Amrita	12 Washington (19.84	

Section 4 of 4 Finals

1	Miles-Wang, Annika	12 Berkeley	18.56	
2	Brack, Lilia	12 Alameda	17.54	
3	Asbby, Aliyah	11 Vallejo	17.49	
4	Ayllon, Kiana	11 Castro Valle	17.25	
5	Sanders, Daia	9 Bishop O'Dow	17.32	
6	Bui, Annie	12 Washington (17.51	
7	Atkins, Mahlaysia	10 Moreau Catho	17.87	
8	Yeung, Cynthia	11 American	18.61	

Event 6 Boys 110 Meter Hurdles Varsity**Saturday 5/11/2024 - 11:45 AM**

15.55 NCS At-Large

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

1	Modelo, Diego	12 Kennedy (Fre.)	20.13	
2	Survine, Walter	9 Berkeley	19.72	
3	Loud, Austin	9 Bishop O'Dow	19.52	
4	Larios, Gael	10 Arroyo (Nc)	19.04	
5	Lackey, Teiji	10 Berkeley	19.42	
6	Nguyen, Andrew	12 Arroyo (Nc)	19.55	
7	Sarnobat, Atharva	11 American	19.88	
8	Shin, Joseph	12 Kennedy (Fre.)	20.21	

Section 2 of 3 Finals

1	Le, Nolan	12 Washington (18.63	
2	Evans, Seth	10 Moreau Catho	18.07	
3	Yogananda, Aditya Gowda	11 American	17.85	
4	Hollingsworth, Cameron	12 Vallejo	17.67	
5	Sandhu, Krish	10 Moreau Catho	17.70	
6	Beppu, Lucas	12 Irvington (N	17.94	
7	Attebery, Aaron	10 Arroyo (Nc)	18.60	
8	Smith, Josiah	11 Berkeley	18.97	

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Section 3 of 3 Finals...(Event 6 Boys 110 Meter Hurdles Varsity)

1	Robinson, Ahmari	10	San Leandro	17.28
2	Bellingrath, Albert	10	Piedmont	16.20
3	Dang, Evan	12	Washington (15.78
4	Shelton, Zion	12	El Cerrito	14.94 NCS
5	Vu, Spencer	11	Bishop O'Dow	15.68
6	Powell, Larry	11	Berkeley	15.95
7	Fidel, Mayan	11	Moreau Catho	17.00
8	Franklin, Wyatt	11	Castro Valle	17.66

Event 7 Girls 400 Meter Dash Varsity**Saturday 5/11/2024 - 12:00 PM****59.85 NCS At-Large**

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

1	Wilhelm, Adelaide	10	Castro Valle	66.76
2	Stifanos, Sneet	10	Moreau Catho	66.00
3	Garcia, Alyssa	9	San Leandro	65.77
4	Rasmussen, Delaney	12	Castro Valle	65.08
5	Duru, Dior	9	St Patrick/S	65.11
6	Donawa, Cayla	11	San Leandro	65.87
7	Young, Kaitlyn	11	Albany	66.02
8	Estebanez, Ariadna	12	Castro Valle	67.49

Section 2 of 3 Finals

1	Aravindhan, Varsha	11	Irvington (N	64.52
2	Valle, Eliana	12	Moreau Catho	64.24
3	Louie, Sora	11	Castro Valle	63.19
4	Henrikson, Hazel	10	Alameda	62.63
5	Atulobi, Margaret	10	James Logan	63.08
6	Jackson, Sabrina	9	St Mary's Co	63.22
7	Obelton, Elani	12	Pinole Valle	64.52
8	Vidal, Marysol	12	Arroyo (Nc)	64.88

Section 3 of 3 Finals

1	Chukwu, Simdi	11	Bishop O'Dow	61.73
2	Hull, Rahki	9	Berkeley	60.80
3	Horwitz, Eden	10	San Leandro	60.47
4	Washington, Zurrie	10	Vallejo	58.92 NCS
5	Dwyer, Brooklyn	11	St Mary's Co	59.11 NCS
6	Lawson, Alexa	11	St Mary's Co	60.78
7	Jones, Lena	12	James Logan	60.86
8	Harris, Ilana	10	Bishop O'Dow	62.31

Event 8 Boys 400 Meter Dash Varsity**Saturday 5/11/2024 - 12:10 PM****50.69 NCS At-Large**

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

1	Ammons, Justin	10	San Leandro	54.34
2	Johnson, Keller	10	Encinal	54.19
3	Jimenez, Zander	12	Salesian Col	54.08
4	Williams, David	12	Vallejo	54.03
5	Chen, Logan	10	Castro Valle	54.03
6	He, Luis	10	Mission San	54.08
7	Wilson, Jordyn	10	Hayward	54.21
8	Chu, Darren	11	Moreau Catho	55.52

Section 2 of 3 Finals

1	Scott, Kenyatta (Shaka)	9	Alameda	53.72
2	Gowda, Samvrat	11	American	53.47
3	Calhoun, Zach	12	San Lorenzo	53.14
4	Jimenez, Elijah	10	Salesian Col	52.57
5	Pope, Shaheem	11	Vallejo	53.01
6	Prater, Aderion	12	St Patrick/S	53.14
7	Sproul, Leighton	12	Berkeley	53.72
8	Miles, Davion	11	San Leandro	53.85

Section 3 of 3 Finals

1	Kovacs, Ayden	12	Castro Valle	52.34
2	McNeal, Kylan	10	Jesse Bethel	52.14
3	Lewis, Donavyn	12	El Cerrito	51.48
4	Gohlke, Finn	12	Berkeley	50.77
5	Sweeney, Ian	10	Bishop O'Dow	51.23
6	Morris, Hayden	12	Berkeley	51.81
7	Smith, Jayden	10	Encinal	52.33
8	Marshall, Jacob	10	Newark Memor	52.51

Event 9 Girls 100 Meter Dash Varsity**Saturday 5/11/2024 - 12:20 PM****12.50 NCS At-Large**

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

1	McKee, Darcy	10	Piedmont	13.57
2	Edwards, Chloe	11	Kennedy (Fre.)	13.56
3	Marston, Lauren	10	Encinal	13.47
4	Quick, Kennedy	10	Castro Valle	13.39
5	Razi, Ariana	12	Washington (13.41
6	Nelbree, Victoria	11	Berkeley	13.49
7	Tharp, Ariana	12	San Leandro	13.56
8	Lee, Carrie	11	Castro Valle	13.58

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Section 2 of 3 Finals...(Event 9 Girls 100 Meter Dash Varsity)

1	Meza, Marissa	12	Castro Valle	13.37
2	Bowman, Adreyan	10	Salesian Col	13.21
3	Easley, Myla	12	Washington (13.17
4	Mendoza, Michaelah	11	James Logan	13.04
5	Anderson-Brown, Essence	10	James Logan	13.09
6	Cook, Ja'Tasiah	11	John F. Kenn	13.17
7	Butler, Judah	12	Pinole Valle	13.25
8	Wiggins, Ava	10	Newark Memor	13.38

Section 3 of 3 Finals

1	Smith, Hailey	11	Castro Valle	12.99
2	Bell, Breah	12	Piedmont	12.80
3	Essien, Idara	10	Castro Valle	12.73
4	Jejeloye, Gbemisola	11	Vallejo	12.49 NCS
5	Foster, Kaiyah	11	Salesian Col	12.65
6	Pete, Celina	11	Jesse Bethel	12.79
7	Anderson-Brown, Nyarah	12	James Logan	12.88
8	Gaffney, Zoe	11	San Leandro	13.00

Event 10 Boys 100 Meter Dash Varsity**Saturday 5/11/2024 - 12:30 PM****11.03 NCS At-Large**

Lane	Name	Yr	School	Seed Time
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Section 1 of 4 Finals

3	Goncalves, Eusebio	12	Hayward	11.80
4	Dagadzi, Kevin	10	San Leandro	11.77
5	Traylor, Barry	10	Salesian Col	11.80

Section 2 of 4 Finals

2	Harris, Kamari	9	El Cerrito	11.69
3	San Pedro, Isaiah	10	Newark Memor	11.67
4	Bryant, Jayden	11	Moreau Catho	11.58
5	Marston, Alexander	11	Encinal	11.66
6	Turner, Leo	11	St Mary's Co	11.68
7	Harte, Levi	11	Encinal	11.71

Section 3 of 4 Finals

1	Boyer, Micheal	9	El Cerrito	11.51
2	Bolds, Jayvon	12	El Cerrito	11.38
3	Craft, Jonathan	11	James Logan	11.32
4	Orias, Aidan	12	Bishop O'Dow	11.29
5	Hin, Phoenix	12	Mission San	11.31
6	Hu, Cooper	11	Albany	11.37
7	Ajose, Ayodeji	11	Bishop O'Dow	11.40
8	Jones, Cameron P	11	Bishop O'Dow	11.52

Section 4 of 4 Finals

1	Gohlke, Finn	12	Berkeley	11.22
2	Harris, Keon	11	El Cerrito	11.15
3	Works-Wright, Chad	9	El Cerrito	11.04
4	Harper, Daniel	12	El Cerrito	10.73 NCS
5	Avery, Micah	12	El Cerrito	11.00 NCS
6	Perry, Jamal	12	San Leandro	11.14
7	Smallwood, Jaylyn	9	El Cerrito	11.22
8	Kornegay, Davon	12	Hercules	11.25

Event 11 Girls 800 Meter Run Varsity**Saturday 5/11/2024 - 12:40 PM****2:20.95 NCS At-Large**

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

1	Geisert, Sophia	9	Bishop O'Dow	2:31.45
2	Mand, Leighton	9	Piedmont	2:32.08
3	Woltag, Ryo	11	Piedmont	2:32.28
4	Khuu, Laura	12	Hercules	2:33.11
5	Chen, Alyssa	12	Castro Valle	2:33.61
6	Mitchell, Allison	12	Castro Valle	2:34.09
7	Taylor, Caroline	11	Piedmont	2:34.23
8	Cornejo Ayers, Nataliah	12	Pinole Valle	2:38.37
9	Shishima, Jordin	11	Albany	2:39.59
10	Hastings, Chloe	11	Newark Memor	2:41.97
11	Sampath, Srinidhi	12	American	2:43.33
12	Piroth, Freya	9	Albany	2:44.16

Section 2 of 2 Finals

1	Rodgers, Isabella	9	Bishop O'Dow	2:19.61 NCS
2	Teitelbaum, Sara	12	Berkeley	2:20.02 NCS
3	Schwarz, Jamie	12	Piedmont	2:20.97
4	Nelbree, Gwyneth	9	Berkeley	2:24.44
5	Wong, Ania	12	Mission San	2:26.73
6	Teo, Estee	12	Mission San	2:27.82
7	Kohlmeyer, Zoe	10	Berkeley	2:29.25
8	Dietz, Elsa	10	Berkeley	2:29.28
9	Chukwu, Simdi	11	Bishop O'Dow	2:29.29
10	Potter, Madison	11	St Mary's Co	2:29.43
11	Deniz, Yamilet	12	Arroyo (Nc)	2:30.82
12	Sullivan, Lia	11	St Mary's Co	2:31.18

Event 12 Boys 800 Meter Run Varsity**Saturday 5/11/2024 - 12:55 PM****2:00.16 NCS At-Large**

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

1	Hall, Adrian	10	St Mary's Co	2:05.06
2	Mitsuyoshi, Andrew	12	Castro Valle	2:05.28
3	Alvarado, Nestor	10	Salesian Col	2:05.67
4	Bosio, Brandon	11	St Mary's Co	2:05.85
5	Morello, Ryan	9	Berkeley	2:06.74
6	Petersen, Lars	11	Alameda	2:06.76
7	Schult, Elijah	12	Castro Valle	2:06.78
8	Bazzone, Evan	12	Mission San	2:07.65
9	Givner, Sam	11	Albany	2:07.80
10	Johnson, Jacob	10	Irvington (N	2:07.87
11	Riffle, Matthew	12	American	2:08.00
12	Tarango, Joaquin	11	St Mary's Co	2:08.56

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Section 2 of 2 Finals...(Event 12 Boys 800 Meter Run Varsity)

1	Prater, James	9	Bishop O'Dow	1:56.72	NCS
2	Swain, Sebastien	9	Piedmont	1:57.07	NCS
3	Biruk, Nahum	11	Castro Valle	1:58.88	NCS
4	Sproul, Leighton	12	Berkeley	1:59.23	NCS
5	Bellotti, Max	12	Alameda	1:59.45	NCS
6	Feigenbutz, Louie	12	El Cerrito	2:01.21	
7	Carter, Nathaniel	12	Alameda	2:01.71	
8	Lim, Maddeux	11	Castro Valle	2:02.94	
9	Alexander, Evan	11	Washington (2:03.00	
10	Taylor, Sebastian	10	Bishop O'Dow	2:03.68	
11	Horsley, Oliver	11	Piedmont	2:03.78	
12	Smith, Jayden	10	Encinal	2:03.84	

Event 13 Girls 300 Meter Hurdles Varsity**Saturday 5/11/2024 - 1:10 PM****48.56 NCS At-Large**

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

1	Cruz, Angelica	11	Newark Memor	59.43
2	Vukazich, Guilia	12	Alameda	57.16
3	Murray, Carmelita	12	Vallejo	56.43
4	Yeung, Cynthia	11	American	55.46
5	Cisneros, Angelica	11	Arroyo (Nc)	55.68
6	Aravindhan, Varsha	11	Irvington (N	56.95
7	Kamboj, Sneha	11	Washington (59.33
8	Shrowty, Tanvi	9	American	59.98

Section 2 of 3 Finals

1	Wiggins, Ka'Mya	12	John F. Kenn	54.99
2	Harper, Taylor	11	Bishop O'Dow	54.14
3	Brack, Lilia	12	Alameda	52.79
4	Okoronkwo, Blessing	11	San Leandro	51.63
5	Asbby, Aliyah	11	Vallejo	52.71
6	Sapp-Beito, Azsiyah	12	Bishop O'Dow	53.03
7	Wallach, Noga	9	Albany	54.97
8	Zaldana, Amaris	12	Arroyo (Nc)	55.42

Section 3 of 3 Finals

1	Bui, Annie	12	Washington (50.74
2	Dwyer, Brooklyn	11	St Mary's Co	48.80
3	Lawson, Alexa	11	St Mary's Co	47.85 NCS
4	Sanders, Daia	9	Bishop O'Dow	47.59 NCS
5	Yasar, Ella	11	Piedmont	47.74 NCS
6	Li, Zoie	11	Castro Valle	48.03 NCS
7	Torrance, Bella	12	San Leandro	50.19
8	Miles-Wang, Annika	12	Berkeley	50.86

Event 14 Boys 300 Meter Hurdles Varsity**Saturday 5/11/2024 - 1:20 PM****41.43 NCS At-Large**

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

1	Orias, Nico	9	Bishop O'Dow	47.52
2	Waters Worthen, Dash	10	Piedmont	47.03
3	Foster, Cruz	10	Berkeley	46.48
4	Attebery, Aaron	10	Arroyo (Nc)	45.67
5	Williams, Tyson	10	El Cerrito	46.18
6	Salaam, Deji	11	Encinal	46.70
7	Loud, Austin	9	Bishop O'Dow	47.03
8	Chaurasia, Ayush	11	American	48.14

Section 2 of 3 Finals

1	Sandhu, Krish	10	Moreau Catho	45.65
2	Larios, Gael	10	Arroyo (Nc)	45.53
3	Hu, Cooper	11	Albany	45.32
4	Calhoun, Zach	12	San Lorenzo	43.70
5	Bellingrath, Albert	10	Piedmont	45.25
6	Robinson, Ahmari	10	San Leandro	45.34
7	Chao, Abraham	11	Irvington (N	45.61
8	Hollingsworth, Cameron	12	Vallejo	45.66

Section 3 of 3 Finals

1	Sunoo, Miguel	12	Castro Valle	42.55
2	Hazer, Jackson	11	Bishop O'Dow	42.34
3	Jimenez, Zander	12	Salesian Col	41.23 NCS
4	Shelton, Zion	12	El Cerrito	39.76 NCS
5	Vu, Spencer	11	Bishop O'Dow	40.98 NCS
6	Powell, Larry	11	Berkeley	41.66
7	Rodgers, Finn	11	Encinal	42.47
8	Dang, Evan	12	Washington (42.74

Event 15 Girls 200 Meter Dash Varsity**Saturday 5/11/2024 - 1:35 PM****26.06 NCS At-Large**

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

1	Easley, Myla	12	Washington (28.01
2	Louie, Sora	11	Castro Valle	27.90
3	Harris, Ilana	10	Bishop O'Dow	27.78
4	Atulobi, Margaret	10	James Logan	27.68
5	Quick, Kennedy	10	Castro Valle	27.77
6	Wiggins, Ava	10	Newark Memor	27.86
7	Washington, Ne'ari	11	John F. Kenn	27.94
8	Villavicencio, Elyse	9	Bishop O'Dow	28.04

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Section 2 of 3 Finals...(Event 15 Girls 200 Meter Dash Varsity)

1	Marston, Lauren	10	Encinal	27.60
2	Gaffney, Zoe	11	San Leandro	27.48
3	Butler, Judah	12	Pinole Valle	27.42
4	Bowman, Adreyan	10	Salesian Col	27.35
5	Meza, Marissa	12	Castro Valle	27.36
6	Bell, BreaH	12	Piedmont	27.43
7	Cook, Ja'Tasiah	11	John F. Kenn	27.57
8	Tharp, Ariana	12	San Leandro	27.61

Section 3 of 3 Finals

1	Pete, Celina	11	Jesse Bethel	27.04
2	Jones, Lena	12	James Logan	26.89
3	Jejeloye, Gbemisola	11	Vallejo	26.68
4	Essien, Idara	10	Castro Valle	26.14
5	Foster, Kaiyah	11	Salesian Col	26.54
6	Smith, Hailey	11	Castro Valle	26.72
7	Anderson-Brown, Nyarah	12	James Logan	27.00
8	Mendoza, Michaelah	11	James Logan	27.34

Event 16 Boys 200 Meter Dash Varsity

Saturday 5/11/2024 - 1:45 PM

22.50 NCS At-Large

Lane	Name	Yr	School	Seed Time
Section 1 of 3 Finals				
1	San Pedro, Isaiah	10	Newark Memor	23.96
2	Kovacs, Ayden	12	Castro Valle	23.81
3	Kornegay, Davon	12	Hercules	23.77
4	Bolds, Jayvon	12	El Cerrito	23.67
5	Harris, Kamari	9	El Cerrito	23.76
6	Turner, Leo	11	St Mary's Co	23.79
7	Newton, Trevion	12	San Leandro	23.83
8	McChristian, Ayden	11	James Logan	24.00
Section 2 of 3 Finals				
1	Morris, Hayden	12	Berkeley	23.63
2	Goncalves, Eusebio	12	Hayward	23.50
3	Harte, Levi	11	Encinal	23.35
4	Boyer, Micheal	9	El Cerrito	23.31
5	Marshall, Jacob	10	Newark Memor	23.34
6	Works-Wright, Chad	9	El Cerrito	23.37
7	Marston, Alexander	11	Encinal	23.58
8	Hin, Phoenix	12	Mission San	23.67
Section 3 of 3 Finals				
1	Lewis, Donavyn	12	El Cerrito	23.07
2	Harris, Keon	11	El Cerrito	22.85
3	Orias, Aidan	12	Bishop O'Dow	22.79
4	Harper, Daniel	12	El Cerrito	22.11 NCS
5	Ajose, Ayodeji	11	Bishop O'Dow	22.42 NCS
6	Avery, Micah	12	El Cerrito	22.81
7	Perry, Jamal	12	San Leandro	23.05
8	Smallwood, Jaylyn	9	El Cerrito	23.08

Event 41 Girls 4x800 Meter Relay Varsity

Saturday 5/11/2024 - 1:55 PM

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Berkeley		10:23.35
	1) Nelbree, Gwyneth 9	2) Kohlmeyer, Zoe 10	
	3) Birbach, Molly 9	4) Herbelin, Alex 9	
	5) Koch, Gracie 11	6) Cohan-Schiff, Dahlia 10	
	7) Dietz, Elsa 10	8) Vasquez Acosta, Camila 10	
2	Castro Valle		10:24.64
	1) Gomes, Mika 10	2) Nierengarten, Iliana 9	
	3) Leber, Samantha 11	4) Chen, Alyssa 12	
	5) Choy, Abigail 11	6) Mitchell, Allison 12	
	7) Wakabayashi, Dawn 12	8) Rasmussen, Delaney 12	
3	Piedmont		10:25.72
	1) Woltag, Ryo 11	2) Taylor, Caroline 11	
	3) Horsley, Gladwin 9	4) Schulze, Nasreen 11	
	5) Gray, Amalia 9	6) Chun, Cora 10	
	7) Mand, Leighton 9	8) Wallway, Elsa 9	
4	Newark Memor		10:34.59
	1) Tokubo, Kara 12	2) Veloza, Grace 11	
	3) Hastings, Chloe 11	4) Pinedo, Jimena 11	
	5) McCarty, Alice 10	6) Chan, Kaitlyn 9	
	7) Truong, Madeleine 9	8) Prabhu, Samhita 9	
5	Arroyo (Nc)		10:49.46
	1) Deniz, Yamilet 12	2) Vidal, Marysol 12	
	3) Valdivia, Jordan 10	4) Nguyen, Ngan P 10	
	5) Kim, Malia 10		
6	Alameda		10:57.21
	1) Nguyen, Amy 11	2) Todaro, Lindsay 12	
	3) Bostrom, Alyson 12	4) Fong, Isabella 9	
	5) Henrikson, Hazel 10		
7	St Mary's Co		11:04.53
	1) Sullivan, Lia 11	2) Potter, Madison 11	
	3) Scannell, Katherine 11	4) Li-Chou, Jing 11	
	5) Punz, Annika 12	6) Graham, Charlotte 10	
	7) Nemerson-Hoover, Lilah 12	8) Lawson, Alexa 11	
8	Bishop O'Dow		11:06.82
	1) Chukwu, Simdi 11	2) Geisert, Sophia 9	
	3) Rodgers, Isabella 9	4) Harris, Ilana 10	
	5) Jarosz, Anna 10	6) Miller, Lila 9	
	7) Leung, Phoebe 10	8) Shimoguchi, Sam 9	
9	Albany		11:24.35
	1) Shishima, Jordin 11	2) Leong, Edie 10	
	3) Piroth, Freya 9	4) Fox, Sonia 11	
	5) Reinhardt, Hailey 10		
10	American		11:32.26
	1) Bamford, Julia 12	2) Putta, Ishanvi 9	
	3) Luo, Phoebe 9	4) Zhu, Annie 9	
	5) Sampath, Srinidhi 12	6) Chu, Yumi 10	
	7) Tung, Cassidy 9	8) Liao, Jenni 9	
11	San Leandro		11:48.93
	1) Lau, Violet 10	2) Garcia, Maya 10	
	3) Green, Romi 10	4) Garcia, Alyssa 9	
	5) Probasco, Lola 12	6) Washburn, Violet 9	
	7) Washburn, Olive 9	8) Siebert, Sophia 9	
12	Pinole Valle		12:11.16
	1) Marquez Jimenez, Maribel 11	2) Goncalves, Larissa 10	

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Section 1 of 1 Finals

3) Cornejo Ayers, Nataliah 12	4) Obelton, Elani 12	
5) Cortez, Kayla 10	6) Vazquez, Chenea 11	
13 Hercules		12:58.39
1) Khuu, Laura 12	2) Fesseha, Romina 12	
3) Fesseha, Letina 11	4) Calmorin, Frenchelle 10	
5) Le, Trina 10	6) Lopez, Kacey 10	
7) Khouri, Sophie 10	8) Johnson, Genesis 10	

Event 42 Boys 4x800 Meter Relay Varsity**Saturday 5/11/2024 - 2:20 PM**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Castro Valle		8:31.32
	1) Lim, Maddeux 11	2) Chang, Lucas 12	
	3) Biruk, Nahum 11	4) Mitsuyoshi, Andrew 12	
	5) Friesen, Levi 11	6) Choy, Joshua 12	
	7) McMurray, Will 12	8) Emerson, Kai 12	
2	Alameda		8:32.55
	1) Bellotti, Max 12	2) Carter, Nathaniel 12	
	3) Petersen, Lars 11	4) Wooton, Christopher 12	
	5) Dawson, Naveen 11	6) Dudzinski, Michael 12	
	7) Clocksin, Michael 11	8) Liao, Wesley 10	
3	St Mary's Co		8:33.21
	1) Schmitt, Javin 11	2) Valle, Kai 11	
	3) Hall, Adrian 10	4) Demissie, Jacob 11	
	5) Tarango, Joaquin 11	6) Bosio, Brandon 11	
	7) Mazin, Mika 10	8) Basler, Finley 9	
4	Piedmont		8:43.04
	1) Horsley, Oliver 11	2) Sohn, Noah 10	
	3) Murdock, Peter 10	4) Ero, Thomas 9	
	5) Thai, Devon 10	6) Horsley, Henry 11	
	7) Ichimaru, Joseph 10		
5	Albany		8:50.34
	1) Givner, Sam 11	2) Willits-Musell, Finn 10	
	3) Yee, Marcus 9	4) Yang, Nickolas 12	
	5) Chien, Kyle 10	6) Graf, Jasper 10	
6	Bishop O'Dow		8:53.01
	1) Taylor, Sebastian 10	2) Prater, James 9	
	3) Gonzalez, Ethan 12	4) Gregg, Andrew 12	
	5) Wright, Liam 10	6) Hudson, Ivan 11	
	7) Dever, Owen 11	8) Blout, Dylan 9	
7	Arroyo (Nc)		8:53.45
	1) Maldonado, Sergio 12	2) Larios, Damian 12	
	3) Sun, Derek So	4) Ramirez, Aaron 10	
8	Berkeley		8:56.60
	1) Morello, Ryan 9	2) Lam, Theo 10	
	3) Rhew, Zephyr 11	4) Wong, Daniel 11	
	5) Ely, Ian 11	6) Giovannetti, Lucca 12	
	7) Kehat, Ariel 11	8) Vasquez Acosta, Alejandro 11	
9	American		8:59.09
	1) Wasser, Evrin 9	2) Mathew, Shaun 9	
	3) Mandal, Aneek 10	4) Senthil Kumar, Jishnuu 11	
	5) Lu, Youqi 12	6) Gowda, Samvrat 11	
	7) Itoi, Rintaro 12	8) King, Logan 12	
10	Newark Memor		9:01.75
	1) Tellez, Michael 11	2) Linares, Gabriel 11	
	3) Dhivakaran, Aadhavan 10	4) Kawabata, Kenji 10	
	5) Lulu, Mohammed 10	6) Trejo Rivas, Iverson 9	
	7) Sanchez, Christian 11	8) Roman, Lorenzo 10	
11	Kennedy (Fre.)		9:04.63
	1) Luong, Issac 10	2) Jay, Narain 10	
	3) Moon, Jinsoo 12	4) Mehta, Aarav 12	
	5) Arichwal, Hardik 10	6) Koller, Zachary 12	
	7) Cheng, Henry 11	8) Sheth, Harsh 12	
12	Mission San		9:05.10
	1) Bazzone, Evan 12	2) Chang, Walter 12	

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Section 1 of 1 Finals

3) Prabhavalkar, Sharva 12	4) Mendoza, Joey 11
5) Kyi, Daylen 10	6) Li, Andrew 10
7) Sood, Ahaan 9	8) Hwang, Guan Ming 9
13 Pinole Valle 9:07.06	
1) Delgado, Adrian 11	2) Brown, Orion 9
3) Parra, Julian 12	4) Johnson, Justice 10
5) Kennis, Joaquin 11	6) Kula, Dorian 11
7) Campbell, Cole 9	
14 San Leandro 9:08.22	
1) Tesfai, Jmel 10	2) Brambila, Enrique 9
3) St. James, Randolph 10	4) Atienza, Matthew 12
5) Maes, Jude 12	6) Maes, Sebastian 10
7) Washburn, Luke 12	8) Hernandez Monroy, John 10
15 Hayward 9:22.61	
1) Fontana, Benicio 11	2) Maldonado, Zachary 10
3) Nair, Varun 10	4) Omwamba, Jayden 10
5) Zenon, Joshua 11	6) Cruz Trejo, Alexander 10
16 Hercules 9:29.83	
1) Ear, Jansun 12	2) Escudero, Alberto 12
3) Jung, Tyler 12	4) Villanueva, Nathaniel 10
5) Cauton, Zachary 10	6) Reyes, Javier 10
7) Lee, Brandon 10	8) Smith, Benjamin 9

Event 17 Girls 3200 Meter Run Varsity

Saturday 5/11/2024 - 2:40 PM

11:11.25 NCS At-Large

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Nottingham, Carina	10	Berkeley	11:19.18
2	Hougan, Magnolia	11	Berkeley	11:22.72
3	Nierengarten, Iliana	9	Castro Valle	11:34.46
4	McCarty, Alice	10	Newark Memor	11:37.49
5	Ott, Hope	11	James Logan	11:38.63
6	Gomes, Mika	10	Castro Valle	12:04.40
7	Fekadu, Rahwa	11	Newark Memor	12:04.59
8	Chen, Alyssa	12	Castro Valle	12:14.26
9	Probasco, Lola	12	San Leandro	12:33.22
10	Koch, Gracie	11	Berkeley	12:33.61
11	Jarosz, Anna	10	Bishop O'Dow	12:39.66
12	Murry, Hannah	11	Castro Valle	12:50.24
13	Bostrom, Alyson	12	Alameda	12:50.65
14	Antaya, Quincy	10	Piedmont	13:02.70
15	Mills, Alexandra	12	Alameda	13:18.51
16	Frank, Mattea	11	Albany	13:22.34
17	Khuu, Laura	12	Hercules	13:24.37
18	King, Lucy	10	Bishop O'Dow	13:25.47
19	Cohan-Schiff, Dahlia	10	Berkeley	13:37.47
20	Nemerson-Hoover, Lilah	12	St Mary's Co	14:20.61
21	Bamford, Julia	12	American	14:28.57
22	Piroth, Freya	9	Albany	14:40.34
23	Fesseha, Romina	12	Hercules	14:48.97
24	Zorehpavuar, Nikki	12	El Cerrito	15:33.36

Event 18 Boys 3200 Meter Run Varsity

Saturday 5/11/2024 - 3:05 PM

9:24.14 NCS At-Large

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Dietz, Olaf	12	Berkeley	9:17.73 NCS
2	Schulte-Sasse, Xander	12	Piedmont	9:22.86 NCS
3	Mullen, Mason	12	Berkeley	9:24.92
4	Cohen, Lucas	12	Albany	9:32.56
5	McBride, Callum	11	Albany	9:32.59
6	Dawson, Naveen	11	Alameda	9:39.47
7	Phillips, Lyle	12	Bishop O'Dow	9:44.27
8	Mullen, Preston	11	Berkeley	9:45.73
9	Lee, Julien	12	Piedmont	9:47.24
10	Chang, Lucas	12	Castro Valle	9:49.59
11	Nickelsen, Oliver	12	Berkeley	9:50.92
12	Kopchik, Collin	12	St Mary's Co	9:54.13
13	Kawabata, Kenji	10	Newark Memor	9:56.99
14	Yang, Nickolas	12	Albany	10:02.56
15	Presnell, Tucker	10	St Mary's Co	10:06.04
16	Maes, Sebastian	10	San Leandro	10:11.75
17	Davila, Grant	10	Washington (10:17.66
18	Li, Andrew	10	Mission San	10:22.06
19	Gopisetty, Anish	9	Washington (10:23.13
20	Maes, Jude	12	San Leandro	10:25.44
21	Monteleone, Niall	12	El Cerrito	10:25.54
22	Chang, Walter	12	Mission San	10:30.75
23	Pearcy, Ben	12	San Leandro	10:31.26
24	Brock, Ovid	9	Encinal	10:32.77

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Event 19 Girls 4x400 Meter Relay Varsity**Saturday 5/11/2024 - 3:25 PM****4:07.88 NCS At-Large**

Lane	Team	Relay	Seed Time
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Section 1 of 2 Finals

1	Newark Memor		4:55.97
	1) Wiggins, Ava 10	2) Staffaroni, Arabella 10	
	3) Tokubo, Kara 12	4) Gonsalvez, Lexi 12	
	5) Buchanan, Le'yonni 9	6) Sanchez, Alexia 11	
	7) Cruz, Angelica 11	8) Wijangco, Bella 11	
2	American		4:47.04
	1) Yeung, Cynthia 11	2) Chu, Justine 11	
	3) Purohit, Kunjal 11	4) Sampath, Srinidhi 12	
	5) Putta, Ishanvi 9	6) Shrowty, Tanvi 9	
	7) Luo, Phoebe 9	8) Ashok, Anagha 10	
3	Albany		4:41.04
	1) Young, Kaitlyn 11	2) Shishima, Jordin 11	
	3) Frank, Mattea 11	4) Nordenholz, Audrey 11	
4	Moreau Catho		4:29.88
	1) Valle, Eliana 12	2) Stifanos, Sneet 10	
	3) Edwards, Alexa 9	4) McComb, Maya 9	
	5) Walton, Camilla 9	6) Cotten, Sadie 10	
	7) Mejia, Sophie 11		
5	Hayward		4:37.80
	1) Pitchford, London 9	2) Owens, Mia 11	
	3) Zaragoza, Isabela 11	4) Sandoval, Ariadna 11	
	5) Boston, Leniya 12	6) Hourel Flores, Ava 10	
6	Vallejo		4:44.35
	1) Asbby, Aliyah 11	2) Jejeloye, Gbemisola 11	
	3) Allen, Nweka 11	4) Murray, Carmelita 12	
	5) Washington, Zurrie 10		
7	San Lorenzo		4:51.15
	1) Walker, Cassandra 10	2) Uribe, Nina 12	
	3) Torres, Mia 11	4) Nguyen, An 12	
	5) Owens, Nye 11	6) Gutierrez, Jocelyn 12	
	7) Bynum, Breanna 12	8) Acevedo, Linda 11	

Section 2 of 2 Finals

1	Encinal		4:25.73
	1) Shafer, Katelyn 11	2) Marston, Lauren 10	
	3) Tucker, Elliot 9	4) Estilaei, Ava 9	
	5) Dieter-Weisman, Wren 10	6) Cabrera, Catalina 10	
2	James Logan		4:17.43
	1) Castro, Kayla 12	2) Atulobi, Margaret 10	
	3) Jones, Lena 12	4) Mendoza, Michaelah 11	
	5) Defaii, Daria 12	6) Anderson-Brown, Essence 10	
	7) Zarate, Daniela 9	8) Randhawa, Anaya 9	
3	Bishop O'Dow		4:16.12
	1) Chukwu, Simdi 11	2) Geisert, Sophia 9	
	3) Harris, Ilana 10	4) Piard, Chelsea 10	
	5) Daniels, Taylor	6) Sanders, Daia 9	
	7) Mitchell, Lanai 10	8) DeFlorimonte, Amaya 10	
4	Castro Valle		4:11.31
	1) Kovacs, Mia 9	2) Li, Zoie 11	
	3) Rasmussen, Delaney 12	4) Louie, Sora 11	
	5) Nierengarten, Iliana 9	6) Smith, Hailey 11	
	7) Wilhelm, Adelaide 10		
5	Piedmont		4:11.68
	1) Lucaccini, Daniela 9	2) Best, Skylar 10	
	3) Schwarz, Jamie 12	4) Yasar, Ella 11	
	5) Wallway, Elsa 9	6) Mand, Leighton 9	
	7) Woltag, Ryo 11	8) Aubrecht, Claire 9	
6	St Mary's Co		4:16.75
	1) Sullivan, Lia 11	2) Lawson, Alexa 11	
	3) Jackson, Sabrina 9	4) Dwyer, Brooklyn 11	
	5) Gant Hatcher, Kira 10	6) Potter, Madison 11	
	7) Fite, Niassa 11	8) Bey, Maleah 10	
7	San Leandro		4:17.79
	1) Torrance, Bella 12	2) Horwitz, Eden 10	
	3) Donawa, Cayla 11	4) Gaffney, Zoe 11	
	5) Okoronkwo, Blessing 11	6) Daly, Alana 10	
8	Berkeley		4:26.67
	1) Dietz, Elsa 10	2) Miles-Wang, Annika 12	
	3) Hull, Rahki 9	4) Nelbree, Gwyneth 9	
	5) Manns, Felicity 12	6) Jaggar, Tegan 10	
	7) Nelbree, Victoria 11		

NCS Bayshore - 5/11/2024
Track and Field Championships
James Logan High School
Meet Program - Track Events

Event 20 Boys 4x400 Meter Relay Varsity**Saturday 5/11/2024 - 3:40 PM**

3:27.67 NCS At-Large

Lane	Team	Relay	Seed Time
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Section 1 of 3 Finals

3	Alameda		3:56.99
	1) Scott, Kenyatta (Shaka) 9	2) Woo, Joshua 12	
	3) Bellotti, Max 12	4) Wooton, Christopher 12	
	5) Carter, Nathaniel 12	6) Clocksin, Michael 11	
	7) Liao, Wesley 10	8) Petersen, Lars 11	
4	Moreau Catho		3:50.46
	1) Lowe, Jamir 12	2) Chu, Darren 11	
	3) Archibald, Christian 10	4) Bryant, Jayden 11	
	5) Edrada, Sebastian 11	6) Surdilla, Dominic 9	
	7) Ransburg, Jameson 11	8) Moore, Miles 11	
5	Hayward		3:51.09
	1) Wilson, Jordyn 10	2) Fontana, Benicio 11	
	3) Goncalves, Eusebio 12	4) Taylor, Darryl 9	
	5) Omwamba, Jayden 10	6) Zenon, Joshua 11	
	7) Gutierrez, Aaron 10	8) Nair, Varun 10	

Section 2 of 3 Finals

1	Encinal		3:48.46
	1) Johnson, Keller 10	2) Holdman, Darian 9	
	3) Lukens, Cole 12	4) Smith, Jayden 10	
	5) Kiuchi, August 11	6) LaFebre, Jonas 9	
	7) Rodgers, Finn 11	8) Marston, Alexander 11	
2	Jesse Bethel		3:46.03
	1) Belk, Moses 11	2) Carter, Graeson 11	
	3) Howard, Hassan 12	4) McNeal, Kylan 10	
	5) Dixon, Cassel 11	6) Brown, D'Aarion 11	
3	San Lorenzo		3:45.54
	1) Jackson, Chaz 11	2) Anye, Leslie 11	
	3) Diago, Liam 12	4) Calhoun, Zach 12	
	5) Valderama, Marco 11	6) Mercado, Nathan 11	
4	American		3:42.15
	1) Riffle, Matthew 12	2) Itoi, Rintaro 12	
	3) King, Logan 12	4) Gowda, Samvrat 11	
	5) Zhang, Aden 9	6) Castro, Adrian 11	
	7) Saravanakumar, Arun 9	8) Johnsen, Isaak 10	
5	Albany		3:42.73
	1) Graf, Jasper 10	2) Givner, Sam 11	
	3) Nakahara, Wade 12	4) Lyon, Dalen 12	
	5) Yang, Nickolas 12	6) Randolph, Thomas (Golden) 10	
6	James Logan		3:45.62
	1) McChristian, Ayden 11	2) Nguyen, Martin 10	
	3) Parikh, Om 10	4) McCullough, Donyell 9	
	5) Del Barrio, Jacob 11	6) Craft, Jonathan 11	
	7) Dillon, Asa 10		
7	St Mary's Co		3:46.74
	1) Kettler, Myles' 12	2) Masket, Reggie 11	
	3) Swanson, Luke 12	4) Daniel, Simon 12	
	5) Bosio, Brandon 11	6) Hall, Adrian 10	
	7) Owens, Devin 12	8) Walton, Trevor 11	
8	Kennedy (Fre.)		3:49.68
	1) Cheng, Henry 11	2) Mehta, Aarav 12	
	3) Luong, Issac 10	4) Chase Navarro, Brandon 11	
	5) Rodriguez, Luciano 11	6) Moon, Jinsoo 12	

NCS Bayshore - 5/11/2024
Track and Field Championships
James Logan High School
Meet Program - Track Events

Section 3 of 3 Finals...(Event 20 Boys 4x400 Meter Relay Varsity)

1	El Cerrito	3:38.36
	1) Harris, Keon 11	2) Lewis, Donavyn 12
	3) Feigenbutz, Louie 12	4) Monteleone, Niall 12
	5) Harper, Daniel 12	6) Shelton, Zion 12
	7) Bolds, Jayvon 12	8) Smallwood, Jaylyn 9
2	Vallejo	3:36.18
	1) Pope, Shaheem 11	2) Hollingsworth, Cameron 12
	3) Prack, DeShawn 12	4) Williams, David 12
	5) Johnson, Keisean 12	6) Colbert, Sikoi 12
3	Salesian Col	3:34.03
	1) Jimenez, Elijah 10	2) Jimenez, Zander 12
	3) Landry, Brycen 10	4) Traylor, Barry 10
	5) Bradford, Caleb 10	6) Alvarado, Nestor 10
	7) Lyles, Amari 10	
4	Berkeley	3:28.07
	1) Morris, Hayden 12	2) Sproul, Leighton 12
	3) Gohlke, Finn 12	4) Almanzan, Joaquin 12
	5) Powell, Larry 11	6) Foster, Cruz 10
	7) Harkin, Huckleberry 12	8) Harris, Jalen 12
5	Castro Valle	3:31.83
	1) Chen, Logan 10	2) Kovacs, Ayden 12
	3) Yeh, Isaiah 11	4) Biruk, Nahum 11
	5) Hodges, Dominic 11	6) Talauta, Julian 10
	7) Sunoo, Miguel 12	
6	Bishop O'Dow	3:35.12
	1) Sweeney, Ian 10	2) Vu, Spencer 11
	3) Baldwin, Christopher 10	4) Prater, James 9
	5) Lacsamana, Calvin 9	6) Jones, Cameron P 11
7	Piedmont	3:37.26
	1) Swain, Sebastien 9	2) Ma, Maddox 10
	3) McKee, Sean 10	4) Olliphant, Dean 11
	5) Saxonov, Isaac 12	6) Horsley, Oliver 11
	7) Sauer, Max 11	8) Venner, Eric 9
8	San Leandro	3:41.27
	1) Branchaud, Aaron 12	2) Miles, Davion 11
	3) Ammons, Justin 10	4) Ampofo, Emmanuel 11
	5) Woodbury, Micaiah 10	6) Robinson, Ahmari 10
	7) Perron, Julian 12	