

MVAL Center Meet #3 - 4/18/2026**James Logan High School****Session Report**

Session: 1 Track

Day 1 - Saturday 4/18/2026 - Starts at 08:00 AM

Event	Round
8:00 AM #38 Girls 1600 Meter Run Varsity 2	Finals
8:14 AM #39 Boys 1600 Meter Run Varsity 2	Finals
9:00 AM #1 Girls 4x100 Meter Relay Varsity	Finals
9:10 AM #2 Boys 4x100 Meter Relay Varsity	Finals
9:20 AM #3 Girls 1600 Meter Run Varsity	Finals
9:26 AM #4 Boys 1600 Meter Run Varsity	Finals
9:35 AM #5 Girls 100 Meter Hurdles Varsity	Finals
9:47 AM #6 Boys 110 Meter Hurdles Varsity	Finals
10:02 AM #7 Girls 400 Meter Dash Varsity	Finals
10:24 AM #8 Boys 400 Meter Dash Varsity	Finals
10:55 AM #9 Girls 100 Meter Dash Varsity	Finals
11:34 AM #10 Boys 100 Meter Dash Varsity	Finals
12:31 AM #11 Girls 800 Meter Run Varsity	Finals
12:38 AM #12 Boys 800 Meter Run Varsity	Finals
12:57 AM #13 Girls 300 Meter Hurdles Varsity	Finals
1:07 AM #14 Boys 300 Meter Hurdles Varsity	Finals
1:15 AM #15 Girls 200 Meter Dash Varsity	Finals
1:52 PM #16 Boys 200 Meter Dash Varsity	Finals
2:55 PM #35 Boys 4x800 Meter Relay Varsity	Finals
3:07 PM #17 Girls 3200 Meter Run Varsity	Finals
3:25 PM #18 Boys 3200 Meter Run Varsity	Finals
3:53 PM #19 Girls 4x400 Meter Relay Varsity	Finals
4:00 PM #20 Boys 4x400 Meter Relay Varsity	Finals

MVAL Center Meet #3 - 4/18/2026
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Session Report

Session: 2 Field
Day 1 - Saturday 4/18/2026 - Starts at 08:30 AM

Event	Round
8:30 AM #33 Boys Discus Throw Varsity	Finals
8:30 AM #29 Girls Shot Put Varsity	Finals
8:30 AM #28 Boys Pole Vault Varsity	Finals
8:30 AM #24 Boys Triple Jump Varsity	Finals
8:30 AM #21 Girls Long Jump Varsity	Finals
8:30 AM #25 Girls High Jump Varsity	Finals
10:30 AM #27 Girls Pole Vault Varsity	Finals
12:00 PM #32 Girls Discus Throw Varsity	Finals
12:00 PM #30 Boys Shot Put Varsity	Finals
12:00 PM #31 Boys Shot Put 10 lb Frosh/Soph	Finals
12:00 PM #23 Girls Triple Jump Varsity	Finals
12:00 PM #22 Boys Long Jump Varsity	Finals
12:00 PM #26 Boys High Jump Varsity	Finals